

## 'Live Your Life of Wow' at the next FUUF service

This Sunday, June 5, from 10 to 11 a.m., at the Florence Unitarian Universalist Fellowship, Amber Rose Dullea will lead the worship service titled "Live your Life of Wow!"

Dullea is an inspiring coach, speaker and author. She combines compassion and humor with her background as a licensed massage therapist, helping those who live with chronic pain.

She guides clients through five practical steps.

"I show them how to go from 'Ow' to 'Wow,' moving from a life of suffering to a thriving way of being," said Dullea. "These concrete

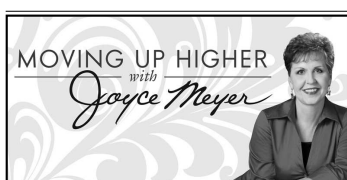
steps can be used every day to move through and beyond barriers, obstacles and challenges."

Dullea will show how one's willingness to explore, observe and act can create a life of connection, purpose and presence.

The UU Fellowship, 87738 Highway 101, at Heceta Beach Road, is wheelchair accessible.

Each service concludes with refreshments and dialogue circle to explore the questions that come up during each service.

For more information, visit [www.uuflorence.org](http://www.uuflorence.org) or call 541-997-2840.



Isaiah 54:17 gives us an amazing promise from God. It says, "No weapon that is formed against you shall prosper, and every tongue that shall rise against you in judgment you shall show to be in the wrong. This is the heritage of the servants of the Lord..." (AMPC).

We have an inheritance from God through a personal relationship with Jesus Christ. It includes His peace, righteousness, security and triumph over opposition. When you get an inheritance, it means you freely receive what someone else has worked for, earned and deserved.

It's a gift. One of the wonderful gifts we get through Christ is God's righteousness. This means we have right standing with Him.

It's so important for us, as believers in Christ, to understand what this really means, because if we don't, the

## The benefits of being right with God

enemy of our souls — the devil — will keep us from enjoying the benefits of righteousness or being made right with God.

*The epidemic only God's righteousness can cure*  
Insecurity is an epidemic in our society today. So many people don't really feel good about themselves or "right."

Nothing in your life is ever right until you feel right about yourself. Sadly, some people spend their whole lives not liking themselves, which creates all kinds of issues they never overcome.

Insecure people often have what I call the Performance-Acceptance Syndrome: they feel like the only way they can be accepted is if they perform the way everybody wants them to perform. The problem with this is that everybody in your life probably wants something different from you.

If you spend all of your time and energy trying to give them what they want from you, you're going to lose yourself and end up not hav-

ing the life you were created by God to have.

You're going to be frustrated, discontent and miserable.

I have a couple of questions for you: Do you like yourself? Do you like to spend time by yourself?

I love to be by myself, but I know what it's like to experience self-rejection bordering on self-hatred because of the abuse I experienced throughout my childhood.

For many years, it caused me to believe something was wrong with me and to have a constant underlying sense of guilt. It made me an insecure, angry adult who was miserable and hard to get along with most of the time.

But until I got serious about my relationship with God and began studying His Word on a regular basis, I was unable to change my behavior and have peace and joy in my life. And as I grew closer to God and came to trust His love for me, I got a revelation that I can feel right about myself because I've been made right with God through the blood of Jesus — not because of the things I do that are right.

*Believe you are who God says you are*

We seem to think it's a "holy" thing to feel down about ourselves. But God wants us to feel good about ourselves and have a healthy, positive view of ourselves because He created us, He loves us and His plans for us are good. If we don't believe we have value or the ability to do anything well, we won't have the confidence to do the great things He has in store for our lives.

Now, I'm not talking about being prideful or being "in love" with yourself. When you experience God's love, it's a very humbling thing that fills your heart with gratitude for

all He's done for you.

You know that He is the source of every good thing in your life, and you want to live out His purpose and plans for you in response to His love.

The best way to break out of an ungodly mindset about yourself is to know who you are in Christ. Jesus shed His blood and died on the cross so you can be forgiven of your sin and have a personal relationship with God.

His sacrifice makes you right with God and gives you access to everything He is so you can grow in your faith and develop the character of Christ in your thoughts, words, attitudes and behaviors.

Scripture says that we inherit the promises of God through faith and patience (Hebrews 6:12). Sometimes we have to believe God's Word for a while before we see it fulfilled in our lives. But if we will be determined not to give up and to trust that God will do everything He says He will do, then we will become what He has destined us to be.

I really want you to get this today, because if you base your worth and value on what you do, you will be an insecure, unstable, unhappy person.

That is NOT God's will for you.

God knows you are not perfect and you don't do everything right all the time. But as you see yourself the way He sees you — as His workmanship, recreated in Christ Jesus to do good works that He predestined you to do (Ephesians 2:10) — you'll produce more and more right behavior because it's who you are in Him.

You'll enjoy the inheritance you have through Christ: peace, righteousness, security and triumph over opposition.

**Watch**  
**"In Search of the Lord's Way"**  
**Sunday, 7:30 AM**  
**KMTR Channel 12**

Then visit the  
**Florence church of Christ**  
1833 Tamarack  
Florence, Oregon

and experience the joy and simplicity of  
pre-denominational New Testament Worship. (Romans 16:16)

Bible Study: Sunday, 10:00 am  
Worship: Sunday, 11:00 am

[www.churchofchristflorence.org](http://www.churchofchristflorence.org)

[www.TheSiuslawNews.com](http://www.TheSiuslawNews.com)

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**Join Us In Worship**  
4 lines, approx 15 words, \$10 a week  
4 week Minimum  
Deadline 3 p.m. Mondays.

To be included in this directory contact  
the Siuslaw News at 997-3441, or drop off  
information at 148 Maple St., Old Town, Florence.

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Located at Munsel Lake Road and North Fork Road  
Worship Services 10:00 AM Sunday  
All are welcome! 541-997-7268

**COMMUNITY BAPTIST CHURCH**  
4590 Hwy. 101, Across from Fred Meyer — 997-7418  
Sunday School, 9:30a.m. — Worship, 10:45  
Wed. Prayer — 6:00 p.m. — Wed. Ministries 1-8 Grade 7 p.m.

**CROSS ROAD ASSEMBLY OF GOD**  
Corner of 10th & Maple — 997-3533  
Bible Study at 9:00 A.M.  
Services: Worship, 10:30 A.M.  
[florencecrossroad.org](http://florencecrossroad.org) • [office@florencecrossroad.org](mailto:office@florencecrossroad.org)

**FIRST BAPTIST CHURCH - SBC**  
1935 25th St. — 997-7660 • Pastor, Dr. Marvin Owen  
Series "People of the Bible." on Wednesdays 6 p.m.  
A friendly place to worship, vacationers welcome.  
Sun.: 11am & 6pm, Sunday school 9:45am.

**FLORENCE CHRISTIAN CHURCH**  
2nd & Ivy — 997-2961 — Non-Denominational  
Worship Service: 9:00 am & 10:30 am  
Middle School and High School youth groups meet on Wednesday.

**FLORENCE CHURCH OF CHRIST**  
Pre-Denominational (Romans 16:16)  
1833 Tamarack Street (2 blocks east of Hwy. 101 on 18th St.)  
Bible Study: Sunday 10 a.m.; Worship: Sunday 11 a.m.  
[www.churchofchristflorence.org](http://www.churchofchristflorence.org)

**FLORENCE CHURCH OF THE NAZARENE**  
12th and Nopal — 997-9020  
Worship Service 10:30 a.m.  
Youth Group Wed. 7-8:30 p.m.  
Online Worship Service@ [www.florencenaz.com](http://www.florencenaz.com)

**FLORENCE EVANGELICAL CHURCH**  
1318 Rhododendron Dr. — 997-2523 — Worship at 11:00 AM — Sunday School at 9:30 AM — Variety of Sunday evening activities - 5 PM  
Wed. Bible & Children classes at 6:00 PM  
Call for details.

**FLORENCE SEVENTH-DAY ADVENTIST**  
4445 Hwy 101 (South of Fred Meyer) — 997-3951  
Worship on Saturday 10:30 A.M.  
Adult/Children's Sabbath School 9:15 A.M.

**FLORENCE UNITED METHODIST CHURCH**  
1st Sunday of Month Worship 10:30  
All other Sundays Worship 9 A.M. & 10:30 A.M.  
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1624 Highway 101 (next to A&W) — 997-6337  
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Sun. Services: 10:45 a.m., Wed. Bible Study 7 p.m. — Youth Group: Sat., 6 p.m.  
Website: [florence4square.com](http://florence4square.com)

**FLORENCE VINEYARD (GOD'S POWER HOUSE)**  
2610 Kingwood, Florence • 541-268-2025  
Sunday Worship @ 10:00 a.m., experience the Power of the Holy Spirit  
Pastors: George & Beverly Sisemore  
Intercessory Prayer & Worship, Thursday night @ 5:00 pm  
[florencevineyardchurch.com](http://florencevineyardchurch.com)

**NEW LIFE CHURCH-UPC**  
1424 15th Street • 541-991-9398  
Sunday Services: 10am and 6pm  
Tues. Bible Study 7:00pm

**NEW LIFE LUTHERAN CHURCH, E.L.C.A.**  
21st & Spruce Street — 997-8113  
Adult Forum 9 a.m. — Sunday School 10:30 a.m.  
Worship services: Sun. 10:30am & Wed. 6pm.  
Pastor Lori Blake  
[www.lutheranchurchflorence.com](http://www.lutheranchurchflorence.com)

**PRESBYTERIAN CHURCH OF THE SIUSLAW**  
Traditional Worship Service 10:00 a.m., Reverend Greg Wood  
Sunday School and Nursery — Organ and Choir  
All Welcome. Come as you are.  
3996 N Hwy 101 997-7136

**RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)**  
"War is still not the answer." FCNL  
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Call 997-4237 or 902-9511 for locations.

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85294 Hwy. 101 S. — 997-8038  
DVD of Weekly worship service available.  
Pastor Randy Bencoter

**ST. ANDREW'S EPISCOPAL CHURCH**  
2135 19th St. — 997-6600  
The Rev. Georgia C. DuBose, Vicar  
8:30am, Tuesdays, Morning Prayer  
Sunday Services: 8 a.m. and 10 a.m. — Wed, 11 a.m.  
Everyone Welcome — Come walk our Labyrinth.

**SAINT MARY, OUR LADY OF THE DUNES CATHOLIC CHURCH**  
Masses: Sat. 5:30 p.m., Sun. 11:00 a.m.  
1.5 miles south of river on Hwy 101 — 997-2312

## Soup's On to discuss meaning of Ramadan

On Monday, June 6, at 6:30 p.m., everyone is invited to join a group from varied spiritual paths to discuss Ramadan.

During the month of Ramadan, Muslims all over the world abstain from all food, drink and other physical needs during the daylight hours. Ramadan is much more than just not eating and drinking; it is a time to purify the soul, refocus attention on God, and practice self-discipline and sacrifice.

We ask all participants to bring a factoid about Islam that the group probably doesn't know.

The main goal of the Baha'i faith is the peaceful unification of the entire human race.

The evening will begin with bowls of Ramadan soup (Harira), homemade sour-dough bread, fruit and vegetables.

The gathering will end at 8:30 p.m. with prayers for the requests left in the Prayer Pole in the garden of the Florence Playhouse and those shared by the group.

The Heintz home is located at 875 Seventh St.

For more information, call Suzanne Mann-Heintz at 541-590-0779.

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P.M.N.P.S.

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