

Coastal Fitness to present annual spring show June 9



On Thursday, June 9, starting at 6:30 p.m., the Florence Events Center will come alive with jumping, tumbling fun with young gymnast students from Coastal Fitness. This year marks the fitness center's 21st annual show and will spotlight skills and talents of local youth of all ages. Come be inspired by the achievements of young people whose tumbling routines will be filled with enthusiasm, energy and fun as they showcase their skills.

All performers featured have trained at Coastal Fitness and Aquatics, where



gymnastics, trampoline and dance classes are offered to children ages three and older.



Tickets are \$10 in advance or \$11 the day of the performance and at the door. For more information, or to learn about summer classes and swim lessons, call Coastal Fitness at 541-997-8086.

FEC to 'Go Green' during annual Green Fair

"Living green" has become more than a catchphrase as more people try to live green. It's the direction people are taking as the importance of protecting the environment becomes a growing focal point for the planet. While "living green" once just meant sorting recyclables, it has evolved into making lifestyle changes that are environmentally friendly and sustainable. To further these efforts, Siuslaw News, KCST Radio and the Florence Area Chamber of Commerce will

host Florence's seventh-annual Green Fair on Saturday, June 11.

Businesses will assemble at the Florence Events Center with information and displays demonstrating how consumers and businesses can choose products and take simple steps to create less waste, save money, be healthful to the environment and leave a smaller carbon footprint on the planet.

Whether it is about recycling, using less energy or protecting the soil, air and foods

we eat, the Florence Green Fair will offer ideas and solutions for adopting a greener lifestyle.

"Businesses will gather to show local consumers how to improve their lifestyle while preserving this planet," said Siuslaw News general manager Jenna Bartlett. "Children and adults will learn how easy it is to be environmentally friendly. Equally

important, the show is an opportunity for vendors to introduce their products and services in a way that is meaningful to people who want to make such changes."

Exhibits, seminars and interactive activities are scheduled through the day, from 10 a.m. to 4 p.m.

Admission to the Florence Green Fair is \$3.



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