

Siuslaw News Sports & Recreation



PHOTOS BY NED HICKSON/SIUSLAW NEWS

The annual event, now in its fourth year, plays host to athletes of all levels, including Olympic-level competition. Volunteers are still needed to help with this year's event.

Dunes City gears up for annual triathlon, duathlon

Dunes City is busily planning its fourth annual Oregon Dunes Triathlon and Duathlon on Saturday, May 7.

The city's signature event is just a few weeks away, and organizers are seeking volunteers to help staff the event.

Volunteers provide invaluable assistance to ensure that the races and venues run smoothly and safely.

Volunteers also play a vital support role for all of the participating athletes by providing encouragement and hospitality; many athletes have returned to the Tri/Du each year because

they appreciate the event's enthusiastic volunteers. The commitment is for half a day and all volunteers will receive a free T-shirt. This year, volunteers' names will also be entered into a drawing for gift certificates and prizes donated by local sponsors.

The drawing will be held after the event and winners will be notified.

Again this year, Dunes City will award a \$250 donation to the organization that provides the most volunteers.

The organization can be a civic club, athletic club, homeowners association or similar type of group.

Be sure to include your organization's name when registering to volunteer. If your group has the most volunteers present on race day, your group will be rewarded with a \$250 check.

Volunteers are needed between about 6 a.m. and 1 p.m. on race day, Saturday, May 7.

Anyone with a few hours to spare who wants to be part of this fun and exciting event can call Dunes City Hall at 541-997-3338 to register as a volunteer.

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TIDE TABLE

Entrance Siuslaw River

High Tide	Low Tide
April 16 8:43am / 6.0 9:54pm / 6.3	3:00am / 2.6 3:22pm / 0.9
April 17 9:48am / 6.0 10:36pm / 6.5	4:01am / 2.0 4:13pm / 1.0
April 18 10:42am / 6.1 11:11pm / 6.8	4:50am / 1.5 4:57pm / 1.1
April 19 11:29am / 6.2 11:43pm / 7.0	5:31am / 1.1 5:35pm / 1.2
April 20 12:11pm / 6.3	6:08am / 0.6 6:10pm / 1.3
April 21 12:12am / 7.1 12:50pm / 6.3	6:43am / 0.3 6:43pm / 1.5
April 22 12:41am / 7.2 1:28pm / 6.3	7:16am / 7.2 7:15pm / 1.8

VIKINGS BLOCKED BY BRUINS

By NED HICKSON
Siuslaw News

SIUSLAW: 0 BROOKINGS: 3

Though Siuslaw's home softball game was canceled due to heavy rains, the Viking baseball team was well ahead of the weather Tuesday when they faced the Bruins in Brookings-Harbor. Unfortunately, the weather was the only thing the Vikings were able to stay ahead of during a low-scoring 3-0 shutout by the Bruins.

The Vikings sent Mapleton freshman left-hander Gabe Simington to the mound, where he pitched a complete game in his first start of the season. Simington walked three batters and struck out nine, but the Bruins' six hits managed to keep them ahead of the Vikings, who claimed five hits — including two from senior shortstop Kenneth Thrall.

In the top of the first inning, Siuslaw stranded three runners after back-to-back strikeouts with the bases loaded. The Vikings eventually left a total of nine runners on base by the seventh inning.

After holding the Viks scoreless for the first two innings, Brookings managed to score one run in the bottom of the third when, with one out, the Bruins singled, then doubled before bringing home the run on a sacrifice deep to center field. Brookings then scored two runs in the bottom of the fifth, on an RBI single and an error.

Tuesday, the Vikings will be home to host North Bend, beginning at 5 p.m.



NED HICKSON/SIUSLAW NEWS

Siuslaw catcher Michael Mason crouches behind the plate looking for the pitch call from the dugout.

Three Viks post PRs at Prefontaine meet

By NED HICKSON
Siuslaw News

It was a day of personal bests for three Viking tracksters competing at Prefontaine Track in Coos Bay last Tuesday. Siuslaw was among five Far West League teams competing at the meet, with only Douglas out of the lineup.

Juniors Carissa Oliver and Destinie Tatum each had personal bests and wins for the day, beginning with Oliver, who threw the shot put 35 feet, 3 inches for a personal record and first place.



NED HICKSON/SIUSLAW NEWS

Viking junior Destinie Tatum cleared 4 feet, 10 inches to set a personal best and win the girls high jump event Tuesday in Coos Bay.

Meanwhile, Tatum cleared 4 feet, 10 inches for a PR and first place.

Across the field in the discus cage, sophomore Trent Reavis was busy letting loose with a throw of 137 feet, 11 inches to win the event and set a new personal best.



LEAGUE STANDINGS
As of 4/14/16

BASEBALL AND SOFTBALL

FWL BASEBALL		FWL SOFTBALL	
N. BEND	2-1	DOUGLAS	3-0
BROOKINGS	2-1	MARSHFIELD	2-0
S. UMPQUA	2-1	N. BEND	1-1
SIUSLAW	1-2	S. UMPQUA	1-2
DOUGLAS	1-2	SIUSLAW	0-2
MARSHFIELD	1-2	BROOKINGS	0-2

SPORTS

Calendar

April 16

- SHS SOFTBALL HOSTS BROOKINGS 1 P.M.
- SHS TRACK AT OREGON RELAYS HAYWARD FIELD 11 A.M.

April 19

- SHS BASEBALL HOSTS N. BEND 5 P.M.
- SHS SOFTBALL AT N. BEND 5 P.M.

April 21

- MHS TRACK HOSTS MWL 4:15 P.M.

SIUSLAW NEWS
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See TRACK 2B