# SPRING SPORTS PREVIEW 2016

# SIUSLAW TRACK AND FIELD

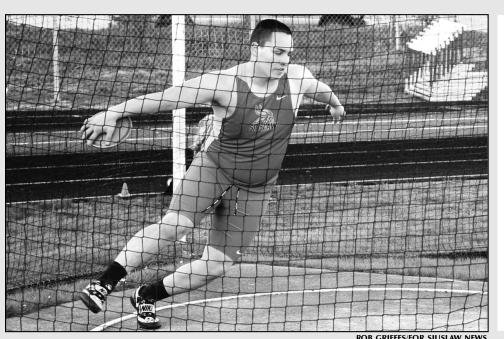
### **Coaching staff:**

• Chris Johnson (head coach); Mary Dodson (jumps); Anna Moser (sprints); Steve Moser, Steve Fandrey and Jack Butler (distance); Max Perry (discus, shot put); Dick Richmond (high jump), Pat Towne (throws)

### Last year's record:

• The Viking girls won the district title and the boys finished third in the Far West. Siuslaw sent 16 athletes to the 4A state meet.

Mikaela Siegel, who won the state 4A title in the 100-meter hurdles, could defend her title again this season.



## **OUTLOOK:**

Once again, the Vikings are returning a solid group from both of last year's teams, including many athletes from this year's district title-winning girls' and second-place boys' cross country programs - each of which made it to state, with the girls winning the state 4A title.

That means another strong field of distance runners, as well as a budding group of throwers, led by



**Coach Chris Johnson** 

sophomore Trent Reavis and junior Carissa Oliver. In the sprints, juniors Destinie Tatum and Annmarie Precht will lead the charge for the girls, with junior Abby Watkins joining Siegel on the jumps runway. For the boys, the short races aren't a strong suit, but the Viks will make up for it in the longer races with freshman Murray Bingham and sophomore Isaac Griffes.

# APLETON TRACK AND FIELD

### Coaching staff:

- Aaron Longo (head coach)
- Assist. coaches: Lucinda Van natta, Johnny Sundstrom, Will and Jesika Crook

## Last season:

• The Sailors sent five athletes to the 1A state meet. District champions Tyler Packebush (110-meter hurdles) and Hunter Simington (pole vault) return this season, along with Hannah Rodet, who advanced to state in the pole vault.

## Top returners:

- Trevver D'Auteuil (Sr.) • Josi Hays (Jr.)
- Hunter Simington (Jr.)
- Hannah Rodet (Sr.) • AJ Foster (Jr.)
- Dominic Wells (soph)



NED HICKSON/SIUSLAW NEWS

## OUTLOOK:

This year's team is one of the larger groups in recent years, thanks to an influx of freshman talent from last season that continues to improve and contribute.

The Sailor girls will be looking for points from multiple-event athletes junior Josi Hays, sophomore Clarissa Triebskorn and freshmen Alyssa Richards and Erin Michael.

Juniors Hunter Simington and AJ Foster will lead the boys team on the track, along with sophomore Dominic Wells. In the throws, sophomore Tanner Wilson and sen-

**Coach Aaron Longo** 

ior Trevvor D'Auteuil will be looking for big marks. This season, Mapleton athletic director Aaron Longo will take over duties for longtime head coach Johnny Sundstrom, who will remain as assistant coach. "It's time to get some new blood in the program," Sundstrom said. "The group of coaches we have assembled this season is going to be a perfect fit."

# **Coaching staff:**

- Sean O'Mara (head coach)
- Assist. coaches: Bob Archer, Jamie Hunt, Ryan Roach, Danielle Hanson, Kim Gibson and Jody O'Mara

# Last year's record:

- 0-13 in league • Finished 6th in FWL
- **Top returners:** Seniors: Anna Stonelake, Taylor Dotson, Hannah Bartlett; Juniors: Heidi

Jones, Nikki Launius, Claire Waggoner, Auriel Hager-Tolle and Katherine Dodson



**OUTLOOK:** 

Siuslaw's trademark aggressive baserunning and explosive offense will again be its foundation this season, with an experienced junior and senior lineup giving it an edge and maturity.

The Vikings return junior standout Heidi Jones to the pitcher's circle. Fellow junior Nikki Launius will be back behind the plate, where



Coach Sean O'Mara

she is a strong presence and leader. The Viks also field strong hitting from seniors Taylor Dotson and Anna Stonelake, along with sophomore Claire Waggoner.

# KRAB KETTLE 280 Hwy. 101 ♥ 541-997-8996 Open Daily, 10-6



P.O.Box 1782 · 4390 Hwy. 101 North · Florence, OR 97439

# 1734 Hwy. 101 Florence, OR glassstash@yahoo.com Upen

Glass Pipes · Vaporizers · E-Cigs · Adult Products

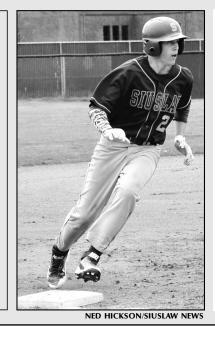
# (541) 997-1087 $10_{am}$ – $7_{pm}$



# **Coaching staff:**

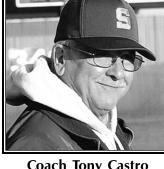
- Tony Castro (head coach)
- Assist. coaches: Dave Snow Randy Paredes
- Last year's record: • 5-8 in league
- Finished fourth in FWL
- **Top returners:** Scott Gordon (Sr.) Kenneth Thrall (Sr.) Caleb Paredes (Jr.)

Michael Larson (Jr.) Kyle Rose (Jr.) Evan Teter (Soph) Jared Brandt (Soph)



# OUTLOOK:

With the core group of last year's team returning along with secondyear coaching staff Tony Castro, Randy Paredes and Dave Snow, the Viks are looking to build on last year's 5-8 league record (7-18 overall) and advance to the league playoffs after narrowly missing them



**Coach Tony Castro** 

last season. Returning are second team all-leaguers Scott Gordon and Kenneth Thrall, and honorable mention recipient Caleb Paredes. Behind the plate, Kyle Rose will be part of the battery with starting pitcher Michael Larson and Mapleton lefthanded freshman Gabe Simington.



# **POTTER'S TIRE** & AUTOMOTIVE

Paul & Kelly Potter, Owners

4515 Hwy. 101 N., Florence

541-997-5049



Paul Potter



