

Wednesday Prime Time

March 30, 2016

F	NP	DT	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
4	-	13 13	KVAL KVAL News at 5pm (N) (CC)	CBS Evening News With Scott Pelley (N)	KVAL News at 6pm (N) (CC)	Inside Edition (N) (HD) (CC)	Jeopardy! (N) (HD) (CC)	Wheel of Fortune "College Road Trip" (N)	Survivor (N) (HD) (CC)		Criminal Minds "Tribute" (N) (HD) (CC) (DVS)		Criminal Minds: Beyond Borders "Denial" A man dies in a gas attack in Cairo. (N) (HD) (CC)		KVAL News at 11pm (N) (CC)	(11:35) The Late Show With Stephen Colbert
-	-	-	KOB NBC 5 News at 5:00 (N) (CC)	NBC Nightly News - Holt	NBC 5 News at 6:00 (N) (CC)	NBC 5 News at 6:30 (N) (CC)	NBC 5 News at 7:00 (N) (CC)	Entertainment Tonight (N)	Heartbeat "Backwards" A man who can only speak backward. (N)		Law & Order: Special Victims Unit "Sheltered Outcasts" (N)		Chicago P.D. The team searches for a kidnapper. (N) (HD)		NBC 5 News at 11:00 (N) (CC)	Tonight Show-J. Fallon
6	-	16 16	KMTR NBC 16 News at 5pm (N)	NBC 16 News at 5:30pm (N)	NBC Nightly News With Lester Holt (N)	NBC 16 News at 6:30pm (N)	The Big Bang Theory (N) (HD) (CC)	The Big Bang Theory (N) (HD) (CC)	Heartbeat "Backwards" A man who can only speak backward. (N) (HD) (CC) (DVS)		Law & Order: Special Victims Unit "Sheltered Outcasts" Carisi looks for a rapist at a shelter. (N)		Chicago P.D. "If We Were Normal" The team searches for a kidnapper. (N) (HD)		NBC 16 News at 11pm (N)	The Tonight Show Starring Jimmy Fallon
7	-	28	KOAC KEZI 9 News at 5:00 (N)	Wild Kratts (EI HDTV) (CC)	Journeys in Japan (N) (CC)	Nightly Business Report (N)		PBS NewsHour (N) (HD) (CC)	Nature "Animal Reunions" Wild animals and caregivers reunite. (N)		NOVA Math's power across the centuries. (N) (HD)		TED Talks Nanotechnology: life beyond Earth. (N) (CC) (DVS)		The Mystery of Matter: Search for the Elements "Into the Atom"	
9	-	9 9	KEZI KEZI 9 News at 5:00 (N)	ABC World News Tonight With David Muir	KEZI 9 News at 6 (N)	KEZI 9 News at 6:30 (N)	Entertainment Tonight (N) (HD) (CC)	The Insider (N) (HD) (CC)	The Middle "The Shirt" (N) (HD) (CC)	The Goldbergs (N) (HD) (CC)	Modern Family "The Verdict" (N) (HD)	(9:31) blackish (N) (HD) (CC)	Nashville "If I Could Do It All Again" Deacon and Frankie butt heads over Vita. (N) (HD)		KEZI 9 News at 11pm (N)	(11:35) Jimmy Kimmel Live (N) (HD) (CC)
-	-	36 36	KTVQ A Sharper Focus		Today Cooking		Paid Program	Prayer Quest	Give Me the Bible		Better Life On Tour		The Book of John		Bible Questions Answered	Melody From My Heart
13	-	34 34	KLSR 2 Broke Girls Max applies to a pastry school.	Mike & Molly "Goin' Fishin'" (N) (HD)	Modern Family "Princess Party" (N) (CC)	The Simpsons (N) (CC)	Fox News at 7 (N)	Who Wants to Be a Millionaire (N) (HD)	Rosewood "Atherosclerosis & the Alabama Film-Flam" Rosewood and Villa investigate a death. (N)		Empire "Death Will Have His Day" A tragedy affects the Lyon family. (N) (HD) (CC)		Fox News at 10 (N)	Fox Sports Report	Modern Family "Regrets Only" (N) (HD)	Mike & Molly "Pie Fight" (N) (HD) (CC)
			5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
8	3	317 226	QVC In the Kitchen With David "PM Edition" Cooking with David Venable.				Denim & Co.				Clarks Footwear		HairMax: The Science		Extraordinary Life Sterling	
10	14	307 -	WGN-A (4:00) *** Backdraft (1991, Action) Kurt Russell, William Baldwin. (CC)				Underground "Firefly" (N) (CC)		Underground "Firefly" (CC)		Outsiders "Day Most Blessed"		Underground "Firefly" (CC)		Underground "Firefly" (CC)	
11	-	23 23	KEVU TMZ (N) (HD) (CC)	Portland News (N) (CC)	The 700 Club (N) (HD) (CC)		Dr. Phil (N) (HD) (CC)		The Dr. Oz Show Jennifer Garner; William Shatner. (N) (HD)		The Closer The squad investigates the death of a teenager.		The Closer "Good Faith" An apparent suicide. (N) (HD) (CC)		Portland News (N) (CC)	Tosh.0 (N) (HD) (CC)
24	36	252 108	LIFE Little Women: LA Peace efforts through pizza. (CC)		Little Women: LA Elena learns that she is pregnant. (CC)		Little Women: LA Briana's bachelorette party in Mexico. (CC)		Little Women: LA "The Party Continues" Ali feels Terra's wrath.		Little Women: LA (N) (CC)		Terra's Little Family	Terra's Little Family	Terra's Little Family	Terra's Little Family
25	25	236 114	EI Keeping Up With the Kardashians		Keeping Up With the Kardashians		EI News (N) (CC)		Hollywood Medium		Hollywood Medium		L.A. Clippers Dance Squad (CC)		EI News (N) (CC)	
26	56	248 137	FX (4:30) ** White House Down (2013, Action) Channing Tatum, Jamie Foxx, Maggie Gyllenhaal. Paramilitary soldiers take over the White House. (N) (CC)					*** World War Z (2013, Horror) Brad Pitt, Mireille Enos, James Badge Dale. A zombie pandemic threatens to destroy humanity. (N) (CC)					The Americans "Experimental Prototype City of Tomorrow" (N)		The Americans "Experimental Prototype City of Tomorrow" (N)	
27	29	206 140	ESPN (4:00) 30 for 30		High School Basketball McDonald's All-American Game: East vs. West. From the United Center in Chicago. (N) (Live)				SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)	
28	30	209 144	ESPN2 (4:00) ATP Tennis Miami Open, Men's and Women's Quarterfinals. From Miami. (N) (Live)						Baseball Tonight (N) (Live) (CC)		TBA	Jalen & Jacoby	NBA Tonight (N)	NFL Live (N) (CC)		The Fab Five
29	66	301 106	TVLAND Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Lopez (N) (CC)	The Soul Man	Jim Gaffigan	King of Queens
30	49	276 886	NGC The '90s: Great Decade?		Final Report	Final Report	The '90s: Great Decade?		Final Report	Final Report	The '90s: Great Decade?		The '90s: Great Decade?		The '90s: Great Decade?	
31	58	360 205	FNC The O'Reilly Factor (N) (CC)		The Kelly File (N)		Hannity (N)		The O'Reilly Factor (CC)		The Kelly File		Hannity		On Record, Greta Van Susteren	
32	60	356 209	MSNBC All In With Chris Hayes (N)		The Rachel Maddow Show (N)		The Last Word		All In With Chris Hayes		The Rachel Maddow Show		The Last Word		Hardball With Chris Matthews	
34	32	290 172	DSNY Austin & Ally (N) (CC)	Austin & Ally (N) (CC)	Jessie (N) (CC)	Best Friends Whenever (N) (CC)	Girl Meets World (N) (CC)	Bunk'd "Luke's Back" (N) (CC)	*** Dr. Seuss' Horton Hears a Who! (2008) Voices of Jim Carrey, Steve Carell, Amy Poehler. (N) (CC)		Austin & Ally (N) (CC)		Liv and Maddie (N) (CC)	K.C. Undercover (N) (CC)	Best Friends Whenever (N) (CC)	Bunk'd "Camp Rules" (N) (CC)
35	43	325 168	SPIKE ** Iron Man 2 (2010, Action) Robert Downey Jr., Gwyneth Paltrow, Don Cheadle. The superhero must forge new alliances and confront a powerful enemy. (N)						*** Pirates of the Caribbean: On Stranger Tides (2011, Adventure) Johnny Depp, Penelope Cruz, Ian McShane. Premiere. Capt. Jack Sparrow searches for the Fountain of Youth. (N)				Depp, Penelope Cruz, Ian McShane. Premiere. Capt. Jack Sparrow searches for the Fountain of Youth. (N)		*** The Incredible Hulk (2008, Action) Edward Norton, Liv Ullmann. (N)	
36	44	249 107	COM South Park (CC)	Futurama (N) (CC)	Futurama "2-D The Terrestrial" (N) (CC)	Futurama "T.: The Terrestrial" (N) (CC)	Futurama (N) (CC)	Futurama "The Inhuman Torch" (N) (CC)	South Park "Grey Dawn" (N) (CC)	South Park "Wing" (N) (CC)	South Park "City Sushi" (N) (CC)	South Park (CC)	Broad City "B&B-NYC" (N)	Broad City "Philadelphia" (N)	The Daily Show	The Nightly Show
37	50	245 138	TNT Castle "Hollander's Woods" Investigating a death in the woods.		Castle A novelist helps police find a killer. (N) (CC) (DVS)		Castle "Nanny McDead" A nanny's body is stashed in a dryer.		Castle "Hedge Fund Homeboys" Death of a teenage boy. (N)		Castle "Hell Hath No Fury" City councilman dies. (N) (CC) (DVS)		Castle Police investigate a frozen corpse. (N) (CC) (DVS)		Castle "Always Buy Retail" Strange murder scene. (N)	
38	20	247 139	WTBS Friends (N)	Friends (N)	Seinfeld (N)	Seinfeld (N)	Seinfeld (N)	Seinfeld (N)	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Conan (N) (CC)	
40	65	244 122	SYFY (4:00) *** Charlie's Angels (2000, Action) Cameron Diaz. (CC)		** Charlie's Angels: Full Throttle (2003, Action) Cameron Diaz, Drew Barrymore. Private detectives try to retrieve cryptic information. (CC)				Face Off "The Art of Warcraft" "World of Warcraft" characters.		Face Off Using the Universal Orlando attraction. (N) (CC)		The Internet Ruined My Life (N)	The Internet Ruined My Life (N)	Face Off Using the Universal Orlando attraction. (CC)	
41	63	273 129	BRAVO The Real Housewives of Orange County "Reunion Part One" (CC)		The Real Housewives of Orange County "Reunion Part Two" (CC)		The Real Housewives of Orange County "Reunion Part Three" (CC)		The Real Housewives of Orange County "Uncensored" (N) (CC)		The Real Housewives of Orange County "Uncensored" (CC)		The Real Housewives of Atlanta The men join the conversation.		The Real Housewives of Orange County "Uncensored" (CC)	
42	54	229 112	HGTV Property Brothers: Buying		Property Brothers: Buying		Property Brothers: Buying		Property Brothers (CC)		Property Brothers (CC)		House Hunters	Hunters Int'l	Property Brothers "Diane & John"	
43	38	687 -	ROOT The Dan Patrick Show (N)		Graham Bensinger	Mariners All Access		MLB Preseason Baseball San Diego Padres at Seattle Mariners. From Peoria Stadium in Peoria, Ariz.					Graham Bensinger	Halls of Fame	MLB Preseason Baseball San Diego Padres at Seattle Mariners.	
44	52	242 105	USA NCIS "Homesick" A mysterious illness. (N) (CC) (DVS)		NCIS "Dressed to Kill" DiNozzo's father has a secret. (N)		NCIS A bomb goes off at a charity concert. (N) (CC) (DVS)		NCIS "Page Not Found" McGee's girlfriend asks for help. (N)		NCIS "Shooter" A Marine photographer goes missing. (N)		NCIS "The Admiral's Daughter" A controversial crime scene. (N)		Modern Family "Up All Night" (N)	Modern Family (N)
46	47	280 183	TLC My 600-Lb. Life "June's Story"		My 600-Lb. Life "Sean's Story"		My 600-Lb. Life "Chad's Story"		My 600-Lb. Life: Extended (N) (HD)		To Be Announced					
48	64	256 132	TCM *** Pennies From Heaven (1936) Bing Crosby. (CC)		*** The Artist (2011) Jean Dujardin. (CC)				(8:15) ** The Sniper (1952) Adolphe Menjou, Arthur Franz. (CC)				*** Pennies From Heaven (1981, Musical) Steve Martin. (CC)			
49	48	278 182	TDC Bering Sea Gold "Baggage" Each operation pulls out all the stops.		Bering Sea Gold "The Blizzard" A massive storm descends. (N)				To Be Announced		Bering Sea Gold "The Gamble" The fleet relies on new tech. (N)		(10:01) Trailblazers (Series Premiere) (N) (HD) (CC)		(11:01) Bering Sea Gold The fleet relies on new tech. (N) (CC)	
50	26	282 184	ANML Rugged Justice (N) (CC)		North Woods Law (N) (CC)		North Woods Law (N) (CC)		North Woods Law (N) (CC)		(9:01) North Woods Law (N) (CC)		(10:02) North Woods Law (N) (CC)		(11:03) North Woods Law (N) (CC)	
51	46	265 118	A&E The First 48 Dismembered body parts are found. (N) (CC)		The First 48 A teenager is murdered. (N) (CC)		Wahlburgers Johnny Drama stars in a music video. (N) (CC)		Wahlburgers: Extra Helping	Wahlburgers: Extra Helping	Wahlburgers: "Nurse Alma" (N) (CC)	Wahlburgers (N) (CC)	(10:01) Donnie Loves Jenny (N)	(10:31) Donnie Loves Jenny (N)	(11:02) Wahlburgers (N) (CC)	(11:32) Wahlburgers (N) (CC)
52	35	258 133	FXM *** True Grit (2010, Western) Jeff Bridges, Matt Damon, Josh Brolin. A crusty lawman helps a teen avenge her father's death. (CC)				(7:15) ** Takers (2010, Action) Matt Dillon, Paul Walker, Idris Elba. Skilled thieves plan the biggest heist of their careers. (CC)					(9:26) *** Argo (2012, Historical Drama) Ben Affleck, agent poses as a producer to rescue Americans in Iran. (CC)		Bryan Cranston, Alan Arkin. A CIA agent poses as a producer to rescue Americans in Iran. (CC)		
55	45	269 120	HIST American Pickers (N) (CC)		American Pickers (N) (CC)		American Pickers (N) (CC)		American Pickers (N) (CC)		American Pickers (N) (CC)		American Pickers (N) (CC)	Pawn Stars (N)	Pawn Stars (N)	Pawn Stars (N)
57	61	355 208	CNBC Shark Tank (N) (CC)		Shark Tank (N) (CC)		Secret Lives	Secret Lives	Secret Lives	Secret Lives	Secret Lives	Secret Lives	Secret Lives	Secret Lives	Paid Program	Paid Program
61	51	254 130	AMC (3:00) *** The Bourne Identity		** The Monuments Men (2014, Historical Drama) George Clooney, Matt Damon, Bill Murray. Art scholars rescue stolen works from the Nazis. (CC)				** The Lost World: Jurassic Park (1997, Adventure) Jeff Goldblum, Julianne Moore, Pete Postlethwaite. An expedition returns to monitor dinosaurs' progress. (CC)					** Rambo III (1988) Sylvester Stallone, Richard Crenna. (CC)		
62	28	277 215	TRAV Bizarre Foods/Zimmer		Expedition Unknown (CC)		Expedition Unknown (CC)		Expedition Unknown (N) (CC)		Expedition Unknown (N) (CC)		Wild Things With Dominic		Expedition Unknown (CC)	
64	62	246 204	TRUTV Carbonaro Eff.		Carbonaro Eff.		Carbonaro Eff.	Carbonaro Eff.	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Carbonaro Eff.	Carbonaro Eff.	Billy-Street	Billy-Street
66	53	231 110	FOOD Pioneer Wo.		Southern Heart	Diners, Drive	Diners, Drive	Restaurant: Impossible	Restaurant: Impossible		Restaurant: Impossible (N)		Mystery Diners	Mystery Diners	Mystery Diners	Mystery Diners
70	34	311 180	FREE The Middle "Wheel of Pain"		*** Back to the Future Part II (1989, Comedy) Michael J. Fox, Christopher Lloyd, Lea Thompson. Marty's time traveling is threatened by a dangerous rival.				Young & Hungry (N) (HD) (CC)	Baby Daddy "Stupid Cupid"		*** 17 Again (2009, Comedy) Zac Efron, Leslie Mann, Thomas Lennon. A 37-year-old man miraculously transforms into a teenager.			The 700 Club (N) (HD) (CC)	
71	31	299 170	NICK Alvinn!!! and	Alvinn!!! and	Henry Danger	Henry Danger	Splitting Adam (2015, Comedy) Jace Norman, Isabela Moner. (N) (CC)		Full House (N)	Full House (N)	Full House (N)	Full House (N)	Full House (N)	Full House (N)	Friends (N)	Friends (N)
72	57	202 200	CNN Anderson Cooper 360 (N) (CC)		Anderson Cooper 360 (N) (CC)		CNN Tonight With Don Lemon (N)		Anderson Cooper 360 (CC)		CNN Newsroom Live (N)		CNN Newsroom Live (N)		CNN Newsroom Live (N)	
87	68	312 185	HALL Little House on the Prairie (CC)		Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	The Middle (N)	The Middle (N)	The Middle (N)	The Middle (N)	Golden Girls	Golden Girls
89	89	603 159	NBCSN NHL Hockey Washington Capitals at Philadelphia Flyers. From Wells Fargo Center in Philadelphia. (N) (Live)				(7:45) NHL Overtime (N) (HD) (Live)		NHL Rivals (N)		Figure Skating World Figure Skating Championships. Men's short. (N) (Same-day Tape)				To Be Announced	To Be Announced
418	418	606 153	OUTD The Gunfather	Shooting Gilry	Shooting USA (N) (CC)		Amer. Rifleman	Sh US Im	The Gunfather	NRA Gun Gurus	Shooting Gilry	Shooting USA (CC)		Best Defense	Amer. Rifleman	Sh US Im
501	501	501 300	HBO (3:45) Joe Versus the Volcano (CC)		Legacy on the Line	The Fight Game With Jim	My Big Fat Greek	(6:50) ** The Longest Ride (2015) Scott Eastwood, Britt Robertson. Conflicting paths and goals test a young couple's bond. (N) (CC)			VICE (N) (CC)	Girls "The Panic in Central Park"	Vinyl "The King and I" Richie and Zak travel to Las Vegas. (N)		** San Andreas (2015, Action) Dwayne Johnson. (N) (CC)	
549	549	512 310	MAX (3:30) *** Miller's Crossing		(5:25) *** Children of Men (2006, Science Fiction) Clive Owen, Julianne Moore. Infertility threatens mankind with extinction. (N) (CC)			(7:20) *** The Drop (2014) Tom Hardy. A bartender finds himself at the center of a heist gone bad. (CC)			(9:10) *** Horrible Bosses 2 (2014) Jason Bateman, Charlie Day, Nick Dale and Kurt plot revenge on a thieving investor. (N) (CC)			Banshee Lucas and his team pull off a heist. (N) (CC)		
579	579	537 318	SHO (4:45) Prophet's Prey (2015) Amy Berg sheds light on FLDS leader Warren Jeffs' abuses. (N) (CC)		Meru (2015, Documentary) Three elite climbers struggle to climb Mount Meru. (N) (CC)				*** Frank Miller's Sin City: A Dame to Kill For (2014) Mickey Rourke. The desperate and the ruthless cross paths in Sin City. (N)				Spring Broke (2016, Documentary) The history of spring break vacation revelries in Daytona. (N) (CC)		*** Pulp Fiction (1994) (CC)	
598	598	544 327	TMC (5:15) ** The Mirror Has Two Faces (1996, Romance-Comedy) Barbra Streisand, Jeff Bridges. A plain professor undergoes a dramatic transformation. (N) (CC)					*** The Talented Mr. Ripley (1999, Drama) Matt Damon, Gwyneth Paltrow, Jude Law. A young man murders then impersonates a wealthy playboy. (N) (CC)					*** Spring Breakers (2012) James Franco. Four friends are bailed out of jail by an arms dealer. (N)		(11:35) Iversen (2014) (N) (CC)	
644	644	526 340	ENC (3:15) Terms of Endearment (CC)		*** Kingdom of Heaven (2005, Historical Drama) Orlando Bloom, Eva Green, Jeremy Irons. iTV. A young knight protects Jerusalem from invaders. (N) (CC)				*** Eraser (1996, Action) Arnold Schwarzenegger, James Caan. iTV. A government agent protects a witness from gunrunners. (N) (CC)				(9:55) ** The Day After Tomorrow (2004, Action) Dennis Quaid. iTV. Global warming leads to worldwide natural disasters. (N) (CC)			