# Sports & Recreation

## Whale Watch Week continues along coast



NED HICKSON/SIUSLAW NEWS

Visitors to the coast for the annual spring migration of gray whales will find dozens of locations manned by volunteers to help with whalewatching tips this week.

Whale Watch volunteers will be available at overlooks all along the coast, as well as at the Cape Perpetua Visitors Center, to help visitors spot whales and share information from 10 a.m.

to 1 p.m. through Saturday, March 26.

Gray whales are traveling past Cape Perpetua as they make their way north to their summer feeding grounds near

This past winter, more than 1,600 whales were sighted by Whale Watch volunteers along the Oregon Coast during the whales' southern migration.

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Films and interpretive materials about gray whales also are available at the visitor center.

Whale Watch Week is part of Oregon State Park's Whale Watch Spoken Here program.

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All presentations and events at Cape Perpetua are free, but a Northwest Forest Pass, Oregon Coast Passport, federal recre-

ation pass or \$5 day-use fee is

required within the Cape

Perpetua Scenic Area.

For more information, contact the Cape Perpetua Visitor Center at 541-547-3289.

## On the **Bite**

A WEEKLY FISHING REPORT FOR THE LOCAL REGION

www.dfw.state.or.us/RR

MID COAST LAKES: Rainbow trout stocking is underway in many loca-

tions along the mid coast. Look at the stocking report to see the full stocking season. Fishing for the various

warm water fish species tends to be slower during the winter month but can

See FISHING 3B

**S**PORTS

### **Calendar**

#### March 23

• SHS SOFTBALL AT C. GROVE NOON (DH)

#### March 29

• SHS BASEBALL HOSTS ELMIRA 4:30 p.m.

• SHS SOFTBALL AT ELMIRA

BY NED HICKSON Siuslaw News

nly one week into this year's track season, and four members of the Siuslaw girls 4x400 relay team have already made Viking

This past Saturday at the IAAF World Indoor Championships in Portland, Siuslaw runners Morgan Bingham, Destinie Tatum, Annmarie Precht and Mikaela Siegel were 30-year history that prep athletes had the opportunity to race on the same track as some of the world's best track and field athletes vying for a spot in

Siuslaw track members (from left) Morgan Bingham, Destinie Tatum, Annmarie Precht and Mikaela Siegel

Siuslaw girls set historic relay mark

the Olympics. Siuslaw's 4x400 girls relay team ran in one of six heats included in the final three days of the four-day world-class meet, with teams competing in one of three divisions: 1A/4A, 5A/6A and Invitational, which included teams throughout the Pacific from including Northwest, Oregon,

Bingham, Tatum, Precht and Siegel ran in the 1A/4A division, finishing 4 minutes, 13.23 seconds to win the event and land a 10-second improvement over their winning time at Thursday's home opener on Hans Petersen Field.

Their wining time in Portland also beat out returning state champion Phoenix, which finished second.

During Thursday's Siuslaw Icebreaker, the same foursome ran a 4:23.93, finishing 18 seconds ahead of

#### TIDE TABLE

**Entrance Siuslaw River** 

High Tide	Low Tide
March 23 12:54am / 7:03pm/ 7.0	7:05am / 1.0 7:17pm/ 0.9

March 24

7:39am / 0.8 1:23am / 7.1 1:40pm/ 6.8 7:47pm / 1.2

March 25 8:14am / 0.7 1:51am / 7.2 2:18pm/ 6.6 8:18pm/ 1.4

March 26

2:19am / 7.1 8:49am / 0.6 2:56pm / 6.3 8:48pm / 1.9

March 27 2:48am / 7.0 3:37pm/ 6.0

9:20pm/ 2.3 March 28

5:19pm/ 5.4

3:20am / 6.9

4:24pm/ 5.7

March 29 3:56am / 6.7

10:53am / 1.0 10:39pm/ 3.1

10:06am / 0.8

9:56pm/ 2.7

9:26am / 0.7



148 Maple St. **Florence** 541-997-3441

#### second-place North Bend. among the 144 prep sprinters making Washington and Idaho. up the 36 teams competing in a special The team made history Saturday Other 1A/4A schools that competed high school relay competition held in night, winning the special 1A/4A race Saturday included East Linn Christian conjunction with the championships at during the IAAF World Track and Academy of Lebanon, Newport, 4:30 P.M. the Oregon Convention Center. Field Championships at the Oregon Molalla and Union high schools. It was the first time in the event's Convention Center in Portland.









