

# Siuslaw News Sports & Recreation

SPORTS  
**Calendar**

**UPCOMING**

**March 14**

• SHS BASEBALL  
HOSTS C. GROVE  
4:30 P.M.

**March 17**

• SHS SOFTBALL  
AT WALDPORST  
4 P.M.

• MHS TRACK/FIELD  
AT REEDSPORT  
2 P.M.

• SHS TRACK/FIELD  
SIUSLAW ICEBREAKER  
4 P.M.

## SHAMROCK RUN TO BENEFIT SMS ATHLETES SATURDAY



PHOTOS BY NED HICKSON/SIUSLAW NEWS

The Shamrock Run is celebrating its seventh anniversary this year. Above, runners from 2012 catch a rare break in the rain, although the event continues rain or shine.

Rain or shine, folks will be celebrating a bit 'O the Irish this Saturday during the seventh annual Shamrock Run 5K and Fun Run in Old Town Florence, hosted by the Siuslaw Middle School (SMS) cross country and track and field programs.

Registration will begin at 7:30 a.m. at the Bridgeport Market parking lot in Old Town Florence, next to the Port of Siuslaw boat ramp.

Proceeds from the fundraiser provide the two SMS programs with their largest source of funding.

The course is terrific for beginners and experienced runners alike and can be previewed online at [www.goo.gl/r6WUYx](http://www.goo.gl/r6WUYx).

There are free races for younger children and a Fun Dash (100m) for ages 5 years old and younger beginning at 8:45 a.m.

The 5K and 2K walk or jog begins at 9 a.m.

Come out and wear your green, although the blamey is optional. Race forms are available at Coastal Fitness and both the Siuslaw Middle and High School offices, or download online at [www.goo.gl/CxeeCI](http://www.goo.gl/CxeeCI).

Sponsors for the race are PeaceHealth Peace Harbor Hospital, Siuslaw Athletic Booster Club, Florence Eye Clinic, Potter's Tire and Automotive, Central Coast Disposal, Community Baptist Church, Card Heating and Air, Florence Dental Clinic, Glo Tanning, The Shippin' Shack, Red Artworks and Florence Kiwanis Club.

Each sponsor has provided either seed money or logistical support for the event.

Participation fees are:

- Ages 5 and under 100M Fun Dash: Free
- Ages 6 through 10 for the 2K or 5K: Preregistered \$5 (with T-shirt, \$17)
- Ages 11 and older for the 5K or 2K: Preregister: \$10 (with T-shirt \$22)
- Ages 6 through 10 for the 2K or 5K on day of race: \$10 (no T-shirt)
- Ages 11 and older for 5K or 2K on day of race \$15 (no T-shirt)

T-shirts can be ordered on the day of race for \$15, and will be available 1 to 2 weeks after the day of the race.

See **RUN 2B**



The annual community event, which raises money for middle school track and cross country programs, encourages participants to show a bit of the green.

## Boys and Girls Club to expand softball program

Boys and Girls Club of Western Lane County is expanding its girls fastpitch softball program.

Until this season, the program has only fielded a U14 team made up of sixth- through eighth-grade girls.

After speaking with a few of the softball leagues on the coast, the B&G Club has decided to expand with the goal of having enough players for three teams: a U10, U12 and U14 team.

The program is looking for girls grades 3 through 8 who are interested in playing softball. Must be age 9 by April 1, 2016, to participate.

See **SOFTBALL 2B**

## On the Bite

A WEEKLY FISHING REPORT FOR THE LOCAL REGION

[www.dfw.state.or.us/RR](http://www.dfw.state.or.us/RR)

**MID COAST LAKES**  
Stocking of rainbow trout will begin soon in many mid coast water bodies. Look at the stocking report to see the full stocking season.

Fishing for the various warm water fish species tends to be slower during the winter months. There are numerous lakes in the Florence area that can provide good opportunity and have both boat and bank access.

**SIUSLAW RIVER:**  
*Steelhead*

The winter steelhead fishery is fair to good for both the Siuslaw and Lake Creek systems. With so much rain this winter, anglers have not had that many quality fishing days so get out there when you can because the next few weeks are typically peak season.

During higher flows, the Lake Creek basin tends to fish better and clear more quickly. Casting lures, bobber fishing or pulling plugs are good options.

**ALSEA RIVER:**  
*Steelhead*

Winter steelhead fishing is good with anglers doing well in the upper to mid river sections. With so much rain this winter, many fish have pushed upstream quickly. During higher flows, the upper river fishes well. During lower clear flows, it's better to focus efforts in the mid to lower river sections. Casting spinners / spoons, or floating bait or a jig are good options.

**SALMON RIVER:**  
*Steelhead*

Winter steelhead fishing is fair and fish can be found throughout the mainstem as river conditions allow. Casting lures, bouncing the bottom or drifting jigs or bait under a bobber are good techniques to consider.

**SILETZ RIVER:** steelhead

Winter steelhead fishing is fair to good with both bank and boat anglers hooking fish through the mainstem as river conditions allow.

The river should fish well most of this week. Side drifting, bouncing bottom or bobber fishing can be productive.

See **FISHING 2B**

## TIDE TABLE

Entrance Siuslaw River

High Tide Low Tide

**March 9**  
8:38am / 7.2 2:43am / 3.1  
10:06pm / 6.2 3:39pm / 0.2

**March 10**  
9:33am / 7.6 3:39am / 2.6  
10:46pm / 6.7 4:24pm / -0.2

**March 11**  
10:25am / 7.9 4:30am / 1.9  
11:24pm / 7.2 5:06pm / -0.5

**March 12**  
2:02am / 8.3 8:32am / -0.2  
2:40pm / 7.1 8:37pm / 1.2

**March 13**  
3:47am / 8.2 10:28am / -0.1  
4:40pm / 6.5 10:26pm / 1.8

**March 14**  
4:37am / 7.9 11:29am / 0.2  
5:49pm / 6.0 11:24pm / 2.5

**March 15**  
5:34am / 7.5 12:37am / 0.4  
7:07pm / 5.7

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