Volunteers needed for fourth annual Dunes City Triathlon, Duathlon

to host its fourth annual Oregon Dunes Triathlon and Duathlon on Saturday, May 7.

Though the City's signature event is several weeks away, organizers are recruiting volunteers to help staff the event.

Volunteers provide invaluable assistance to ensure that the races and venues run smoothly and safely.

Volunteers also play a vital support role for all of the participating athletes by providing encouragement and hospitality. Many of the athletes have returned to the Tri/Du each year because they appreciate the enthusiastic volun-

The commitment is for only half a day and all volunteers will receive a free T-shirt.

Again this year, Dunes City will award a \$250 donation to the organization that provides

Dunes City is making plans the most volunteers. The organization can be a civic club, athletic club, homeowners association or similar type of group.

> Be sure to include your organization's name when registering to volunteer. If your group has the most volunteers present on race day, your group will be awarded with a \$250 check.

Volunteers are needed between about 6 a.m. and 1 p.m. on race day.

Anyone who has a few hours to spare and wants to be part of this exciting event, call Dunes City Hall at 541-997-3338 to register as a volunteer.

You can also register online with the event organizer, Best in the West Events, at www. oregondunestriathlon.com. Just click on the "Volunteer" tab and then the "Registration" button.





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Gem Volkswalkers walking group set for March jaunts

Coastal Gems Volkswalkers invites ister. anyone who like walking to the group's walk for March. The walk will be held on Tuesday, March 1.

Next month's walk will be the Depoe Bay "Three Loops by the Sea" Route. Those who want to carpool to Depoe Bay can meet at the Commons in Yachats at 9 a.m., or be at Gracie's Sea Hag in Depoe Bay at 10:15 a.m. to reg-

The 10K walk is rated 2B because of uneven footing on the forest path and a couple of minor hills. Walkers may mix and match the three loops to create a shorter walk.

The route would be difficult for strollers and wheelchairs.

As always, leashed pets are welcome on walks, but be sure you bring water

and clean up materials. A sturdy 6-foot leash (not the retractable type) is required.

On Wednesday, March 2, the group will hold its monthly meeting at the home of the club president in Yachats at

For more information or directions, call Maryann Brown in Waldport at 541-961-4279.

Run

from 1B

and High School offices, or download on online at www./ goo.gl/CxeeCI.

Sponsors for the race are PeaceHealth Hospital, Siuslaw Athletic Booster Club, Florence Eye Clinic, Potter's Tire and Automotive, Central Coast Disposal, Community Baptist Church, Card Heating and Air, Florence Dental Clinic, Glo Tanning, The Shippin' Shack, Red Artworks and Florence Kiwanis.

Each sponsor has provided either seed money or logistical support for the event.

Participation fees are:

- Ages 5 and under 100M Fun Dash: Free
- Ages 6 through 10 for the 2K or 5K: Preregistered \$5 (with T-shirt, \$17)
- Ages 11 and older for the 5K or 2K: Preregister \$10 (with T-shirt \$22)
- Ages 6 through 10 for the 2K or 5K on day of race:\$10 (no T-shirt)
- Ages 11 and older for 5K or 2K on day of race \$15 (no Tshirt)

T-shirts can be ordered on the day of race for \$15.

T-shirts ordered with preregistration by Saturday, March 5, will be available at the race; T-shirts ordered after then will be available 1 to 2 weeks after

A free Fun Run 100-meter dash will be offered for ages 5 and under during the annual Shamrock Run.

the day of the race.

All proceeds will benefit the Siuslaw Middle School cross country and track and field pro-

The focus of these programs is on attaining better fitness, learning perseverance and realizing personal improvement.

The middle school program prepares athletes for the high school cross country program, which has earned great respect across the state for its success at state competitions.

Fundraising helps provide

the resources needed to keep the program running strong.

For more information, call Eric Tanikawa at 541-997-3518 or email to rachellemcampbell @gmail.com.

STEP

from 1B

2016 Halibut regulations in March-April but the proposed dates that are recommended by ODFW staff are as follows:

May 12-14; May 19-21; May 26-28; and June 2-4. Back-up dates: June 16-18; June 30-July 2; July 14-16; and July 28-30.

STEP volunteers have been busy at the Whittaker Creek steelhead trap. Since the trap started fishing in early January, the group has counted more than 1,550 steelhead coming into Whittaker Creek.

Members live-spawn the fish each Tuesday and the eggs collected will be raised at ODFW hatchery sites until next April, when up to 100,000 steelhead smolt will be returned to the Siuslaw Basin.

For more information about STEP, contact club president Ron Caputo at 541-997-4961.

Fishing

drifting jigs or bait under a bobber are good techniques to

SILETZ RIVER: steelhead Winter steelhead fishing is fair to good with both bank and boat anglers hooking fish through the mainstem as river conditions allow.

The river should fish well most of this week. Side drifting, bouncing bottom or bobber fishing can be productive.

WILSON RIVER: Steelhead, Chinook

Steelhead angling should be

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recent high water. Fish are spread out through the system. Angling for Chinook is closed.

good as the river drops from

An error in the 2016 Fishing Regulations mistakenly lists the river as open for hatchery Chinook beginning Jan. 1; the correct opening date is April 1. YAQUINA RIVER:

Steelhead

The winter steelhead fishery is fair in the Big Elk and should continue to produce over the next few weeks.

Look for the next good rain to push in another batch of fish. Anglers are reminded that there is a lot of private property along the Big Elk. Casting lures or bobbers fishing are the best techniques for this river. **COOS COUNTY LAKES**

Lakes in Coos County are

AND PONDS: Trout

open all year for trout fishing. Last week 30 hatchery steelhead, that returned to Eel Lake trap, were stocked into Butterfield Lake to provide additional fishing opportunity for trout anglers.

These steelhead stocked into Butterfield Lake are no considered trout and may be har-

The daily trout bag limit in Butterfield is five trout per day with only one trout over 20 inches per day.

COOS RIVER BASIN: Dungeness crab, steelhead,

Steelhead anglers are catching lots of steelhead when conditions are right. With the recent rain the river might be fishable today but too high and muddy tomorrow.

Anglers are catching steelhead drift fishing corkies or eggs. Jigs fished under a bobber area also catching several steelhead.

The West Fork Millicoma River is generally the first river to clear after a rain.

...need a friend?

Meet **Kip**

Kip is looking to find a home with a calm-energy person or couple Kip is loyal and protective and promises to be a true companion . He truly loves his people once he's bonded to you. We've discovered it takes just a little bit of time before Kip shows off his teddy bear side, but it's definitely there. He's quite happy to sit next to you and chill, or accompany



nicely on leash). He minds his P's and Q's (as well as sit, stay, down). Kip loves people, and has lived happily with dogs and cats - but he asks for a slow introduction and time to

If you would like to meet Kip any of his friends, please visit us at:

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