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\$1050/mo., + deposits. New home, 3bdrm, 2 full baths near Siltcoos Lake in a nice friendly neighborhood, on Erhart rd. New appliances include side by side refrigerator, super quiet dishwasher. Microwave oven/fan. Stove w/self cleaning oven. Vaulted ceilings. Carpet. Walk in closet in Master bedroom. Inside utility w/washer & dryer hook-ups. Furnace. Skylights. Under cabinet lighting in kitchen. Large deck for entertaining. Free community cable system. Spring water. Double car garage w/ auto opener. Lake access to launch a small boat. N/S. No cats, 1 sm. dog under 12lbs. \$25 ap. Fee. Tuesday-Friday. Call or text 541-484-2542. Sat/Sun call 541-997-9779.

510 ♦ M. HOMES FOR RENT/LEASE

\$700/mo., 2bdrm., 1ba., on 80 acres w/ocean view, W/D, free internet, ready now w/credit check, NP, 1st/last/security. 541-997-3792.

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1100 sq. ft- lease space available next to Coastal Fitness. High Traffic area. 541-997-2713.

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2012 JAYCO JAY FLIGHT 26'
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Mike:
541-268-6981

2004 24' KOMFORT
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541-997-5319

CANOE 17' DAGGER
Royalex, oak trim, yoke, all extras needed for short or long trips.
\$850 obo
Will deliver within 50mi.
541-902-2202

Call the Siuslaw News to find out how you can be included in the Yellow Directory Services at an affordable rate.

850 ♦ VEHICLE/BOAT PROMO

1987 GREGOR 12' & TRAILER
6hp Johnson. Extras.
\$1,500
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2002 REXHALL ROSEAIR 36'
35K mi, 8.1 Workhorse engine, 2 lg slide-outs, hydraulic leveling sys, walk-around Q bed, 2 air cond. corian countertops, too many upgrades to list.
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2004 MONACO-LAKOTA
32ft. 5th Wheel, alum. frame, NS, fiberglass ext.-GC, oak cabs, beige-int, 2-slides, queen, Mint condition.
\$26,900
541-997-9637

13FT. VALCO BOAT
15hp Mercury motors, one-Elec. start. Galv. Trlr. Ready for fishing.
\$1,950 for all.
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With trailer, good conditon.
\$999 obo
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1994 CHEVY 3/4 TON
4X4, auto, Long bed, Clean inside & out.
\$4,500
541-997-4951

1993 NISSAN SENTRA
5 speed, looks & runs great.
\$1,800
541-600-5826

850 ♦ VEHICLE & BOAT PROMO

2004 SEABREEZE LX 35', 2 slide outs, 48K mi., gas, 8.1 Allison trans, new tires, Banks exhaust, steering stabilizer. Reduced - Must Sell \$42,000 obo
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Cell: 559-793-8793 for details.

1990 SEA RAY BOW RIDER 18.6' Mercuriser 4.3 L 197 HP in/out, Alpha One drive w/SS prop. Swim step with fold down ladder, hydraulic Trim Tabs with indicator. Comes with matching trailer. \$4,200 obo
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\$1,050 obo
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2005 DOLPHIN 36'
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1996 GEO METRO
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\$1,400 obo
541-999-0682

SEAWARD FOX
Galv. Trlr, 4hp Yamaha, Cat-Rig Carb. Mast, Wing Keel. \$7,000 offer
541-902-8781

Staying Fit After 50-In The New Year And Beyond

(NAPSA)-Two years ago, 66-year-old Barbara Scott weighed 208 pounds and wasn't happy with not only her appearance but her health. After giving up on other weight loss methods, Scott decided to customize her approach. First, she began tracking her caloric intake every day; then, she layered on a fitness plan. She enrolled in the nation's leading fitness program designed for older Americans and started a five-day-a-week exercise regimen. "I've lost 65 pounds and dramatically improved my overall health, well-being and quality of life," said Scott. "I truly believe I've added

years to my life expectancy and I look forward to exercising until my 90s!" If losing weight or simply getting more active is something you've been thinking about, the New Year is a great opportunity to start anew. To avoid resolution pitfalls put a plan in place following the guide below. **1. Be Honest and Realistic.** If you want to ensure lasting change, you must first assess your current fitness level and then implement reasonable goals to guide you on your way. **2. Be You.** Whether a yogi, marathon runner or someone stepping into the gym for the first time, start

with a fitness routine that works for you. SilverSneakers offers many different fitness options that help older Americans stay active and live their best life. **3. Find the Fun.** Choosing activities that capture your attention is the fuel to keep you motivated. SilverSneakers' varied offerings allow you to tailor the program to your interests. **4. Stick With It.** You will inevitably hit bumps in the road when starting a new routine, but be persistent! Seek new friendships on your path to well-being-peers that will celebrate your successes and provide encouragement when you need it most.

YELLOW DIRECTORY SERVICES

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Wednesday and Saturday in the Siuslaw News

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Graphic Search
Here is how it works...
We will put a graphic or photo in the box to the left. You find it somewhere in the classifieds. Come into our office, Enter your name, phone number and describe where you found the graphic or bring in a clipping to attach to your entry into the drawing for a gift certificate.

Wednesday's Graphic
Pisces
Feb. 19 - March 20

Good Luck
ROSALIE JOHNSON found the Datona 500 Graphic on Page 8B (Coldwell Banker Coast Real Estate - By control room on bridge). She won a gift certificate to Fresh Harvest Cafe.
Gift Certificates must be picked up within 2 weeks of winning
Deadline for today's paper: Monday by 3:00 PM

Saturday's Graphic

CYAN MAGENTA YELLOW BLACK