How to prepare yourself for having a teen (bowler)

Ned Hickson

After seven weeks of attending our oldest son's high school bowling tournaments, I'm passing along a few tips to parents who may find themselves in a similar situation. And by "situation," I mean contemplating suffocating themselves with an empty bowling bag after listening to 24 lanes of crashing pins for five hours.

First, invest in a tall folding chair. The taller the better. In fact, consider purchasing a portable lifeguard stand if possible. That's because getting a prime seat to watch your child bowl depends on how willing you are to take the life of a complete stranger.

Getting a good location is similar to the Oklahoma Land Rush. Once the doors open, parents stampede (some on actual horseback) to the most valuable territory: the midpoint between 1) the center of the bowling lanes, 2) the snack shack and 3) the restrooms.

Parents then frantically stake their claim by jamming giant folding chairs together until the result is something similar to how homes are wedged together in poor sections of Hong Kong. Should something unexpected cause a

panic, such as an earthquake or 300-game, it's doubtful anyone will survive this catastrophic folding-chair collapse.

For this reason, I suggest avoiding the mayhem by investing in that portable lifeguard stand. Sure, it may draw some stares and grumbling. Especially as you arrive moments before the tournament and climb to your seat well above those who clamored for prime territory when the doors opened at 6:30 a.m.

Keep in mind that bowling tournaments are played "baker" style, meaning that your child will only bowl two out of every 10 frames — or

36 times over the course of 160 frames. Or approximately one hour of actually bowling during a five-hour tournament. That leaves four hours to fill, which you can do by:

1) Having food and drinks delivered to your lifeguard

2) Calculating equations to determine how much your child actually bowls during tournaments

3) Watching every bowler's special "strike pose."

If you're not familiar with the strike pose, it's the signature move bowlers give after getting a strike. Think of it as a subtle gesture to let other bowlers know you are on... your... GAME!

For example, pulling an imaginary pistol from your holster and "shooting down" the pins (The Gun Slinger) or dropping to your knees and pretending to tie the legs of a calf before throwing your hands in the air (The Calf Roper). I counted 25 variations, including The Maestro, The Thor's Hammer Slam, The Grenade Toss and The John Cena — when a bowler waves his hand in front of his face while yelling "YOU CAN'T SEE ME!" at the fallen pins.

The truth is, you can't unsee something like that.

Don't get me wrong. It's not that I don't like bowling. In an age when kids spend more time Tweeting and SnapChatting than having actual conversations, anything that encourages them to get out and socialize for several hours without an electronic device is a great thing — and bowling is an activity that is

as much about socializing as it is about being competitive. However, for the uninitiated parents of a teen bowler, it's good to know what you're

getting into.

Especially once they begin practicing their strike pose.

Ned is a syndicated columnist with News Media Corporation. His book, "Humor at the Speed of Life," is available online at Port Hole Publications, Amazon Books and Barnes & Noble. Write to him at nedhickson@icloud.com

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| | Ambula | nce Runs | Feb. 1-7 |
|--------|---------------|--------------------|----------|
| Date | Time | Area | Type |
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| 2/1/16 | 0903 | Hwy 36 | Medical |
| 2/1/16 | 0925 | Spruce St. | Medical |
| 2/1/16 | 1141 | Village St. | Medical |
| 2/1/16 | 1257 | Hwy 101 | Medical |
| 2/1/16 | 1621 | Rhododendron Drive | Trauma |
| 2/1/16 | 2049 | 17th Street | Trauma |
| 2/1/16 | 2236 | Hwy 101 | Medical |
| 2/2/16 | 0217 | Hwy 101 | Medical |
| 2/2/16 | 0514 | 20th St. | Medical |
| 2/2/16 | 0655 | Spruce St. | Trauma |
| 2/2/16 | 0934 | 16th St. | Medical |
| 2/2/16 | 1102 | Oak St. | Trauma |
| 2/2/16 | 1604 | Oak St. | Trauma |
| 2/2/16 | 1823 | 9th St. | Medical |
| 2/3/16 | 0908 | Mariners Lane | Medical |
| 2/3/16 | 1023 | Hwy 101 | Medical |
| 2/3/16 | 1133 | Munsel Lake Road | Medical |
| 2/3/16 | 1352 | Hwy 126 | Medical |
| 2/3/16 | 1400 | Glenbrook Circle | Trauma |
| 2/3/16 | 1617 | 12th St. | Trauma |
| 2/3/16 | 1700 | Transfer To Eugene | Medical |
| 2/3/16 | 1838 | 21st St. | Medical |
| 2/3/16 | 1925 | Transfer To Eugene | Medical |
| 2/4/16 | 0144 | Lake Point Drive | Medical |
| 2/4/16 | 0305 | Rosemary Court | Trauma |
| 2/4/16 | 0430 | Transfer To Eugene | Medical |
| 2/4/16 | 1841 | Rhododendron Drive | Medical |
| 2/4/16 | 2358 | 9th St. | Trauma |
| 2/5/16 | 1159 | Nopal Street | Medical |
| 2/5/16 | 1218 | 35th St. | Trauma |
| 2/5/16 | 1525 | Hwy 101 | Trauma |
| 2/5/16 | 1540 | Hwy 101 | Trauma |
| 2/5/16 | 2119 | Wecoma Loop | Trauma |
| 2/5/16 | 2144 | 21st St. | Trauma |
| 2/6/16 | 0403 | 12th St. | Medical |
| 2/6/16 | 0842 | Rhododendron Drive | Medical |
| 2/6/16 | 1115 | Dahlin Road | Trauma |
| 2/6/16 | 1320 | Spruce St. | Medical |
| 2/6/16 | 1542 | Hwy 126 | Medical |
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