

SIDE SHOW

POPEYE

HEY CFSMAN

AHOY, SONNY... WOT'S TH' OCCASION?

GRANNY INVITED ME FER SUPPER!

WOTCHA DO WRONG?

GRANNY TOL' ME SHE PUT A **NEW** SPIN ON AN **OL'** RECIPE!

UH-OH!

I'M GLAD YA WARNED ME...

...SO'S I KIN GIT ME **NEW** SPIN ON AN **OL' RECIPE KIT**!

IS THET SUM' THIN' T' HELP HER COOK?

NUTHIN' LIKE THET, SONNY!

IT'S A KIT FER TASTIN' **OL'** RECIPES...

...YER GRANNY PUTS A **NEW** SPIN ON!

LET'S GO!

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FLASH GURDON

BY JIM KEEFE

FLASH AND DALE ACCOMPANY KING BARIN TO ALANIA.

THERE THEY MEET UP WITH AN OLD, DEAR FRIEND.

ZARKOV! WHAT BRINGS YOU TO ALANIA?

ALANIA... FORMERLY KNOWN AS MINGO CITY!

ONCE THE CENTER OF MING THE MERCILESS' EMPIRE.

YOU'D NEVER BELIEVE IT IF I TOLD YOU!

COME!

QUITE A SIGHT, AIN'T SHE?

...UNTIL FINALLY... I DON'T UNDERSTAND WHAT SHIP IS THIS?

IT WAS BUILT BY ZARKOV IN AN ATTEMPT TO SAVE OUR HOME PLANET, EARTH, FROM ANNIHILATION.

IT WAS THE SHIP THAT FIRST BROUGHT US HERE TO MONGO?

2-14

NEXT: THE WAY IT BEGAN!

SEA OF MYSTERY

LAND OF THE LION MEN

FRIGIA

SKY CITY HAWKREN

ALANIA

SYK

ARBORIA

WINDS

VOLCANIA

PORTRESS OF GABARUN

TROPICA

PORTRESS OF GUNBAR

JUNGLE

500 MILES

NOW THE CAPITAL OF THE UNITED REPUBLICS OF MONGO.

A SECRET CHAMBER WAS FOUND UNDERNEATH THE PALACE.

APPARENTLY ONE OF MING THE MERCILESS' OLD RESEARCH FACILITIES.

AND FOR A MOMENT, ALL FLASH AND DALE CAN DO IS STARE DUMBSTRUCK AT THE DILAPIDATED CRAFT...

Henry

BY DON TRACHTE

CANDY

DENTIST

DENTIST

PEANUT BRITTLE

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Out on a Limb

by Gary Kopervas

THE EYE OF THE TIGER

THE EYE OF THE COUGAR

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Amber Waves

by Dave T. Phipps

THIS IS DEPRESSING I DO NOTHING BUT STAND AROUND IN THE COLD.

OH GREAT. I'M NOW A PERCH FOR CROWS. I'VE NOW HIT ROCK BOTTOM.

I WAS WRONG...

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TO YOUR GOOD HEALTH

Tremors aren't always a sign of Parkinson's

DEAR DR. ROACH: I have been diagnosed with essential tremor. Propranolol 10 mg has not helped. Sometimes I can write and eat with no shaking, but other times the shaking is so bad that the food falls off the fork or I cannot read my printing or writing. If I drink a beer, it seems to relax me enough that in five minutes I can write or eat quite normally nearly every time. I've been told that it doesn't appear to be Parkinson's. Any suggestions will be enormously appreciated. — J.N.

ANSWER: Essential tremor, sometimes called benign familial tremor, is common. Often, one has a family history of tremor. It is not Parkinson's disease; however, it isn't always "benign" in that, for some people, it can be disabling, preventing a person from not only writing, but, as in your

SALOME'S STARS

ARIES (March 21 to April 19) Whatever decisions you're faced with this week, rely on your strong Aries instincts, and base them on your honest feelings, not necessarily on what others might expect you to do.

TAURUS (April 30 to May 20) Your sensitive Taurean spirit is pained by what you feel is an unwarranted attack by a miffed colleague. But your sensible self should see it as proof that you must be doing something right.

GEMINI (May 21 to June 20) More fine-tuning might be in order before you can be absolutely certain that you're on the right track. Someone close to you might offer to help. The weekend favors family get-togethers.

CANCER (June 21 to July 22) The week continues to be a balancing act 'twixt dreaming and doing. But by

case, activities of daily living such as eating.

Alcohol has long been known to reduce the tremor temporarily, but it must be taken cautiously, since regular use will diminish its effectiveness, requiring higher doses for effectiveness — and, as I have written many times, excess alcohol is a major cause of many medical problems. Occasional use with meals is reasonable.

Other effective treatments for essential tremor include anti-epilepsy medications such as primidone, gabapentin and topiramate. Unfortunately, all of these can have side effects, so they are best prescribed by an expert, such as a neurologist who specializes in movement disorders.

For serious essential tremor not responsive to medications, deep brain stimulation (via electrodes placed surgically) is effective.

DEAR DR. ROACH: My mother was diagnosed with Alzheimer's disease in 2009, and she is taking Namenda and Aricept to help slow the advancement of the disease. I am writing because she complains of being cold all the time. She and my father keep the temperature in their house at 80 degrees, and my mother wears

winter clothes, a coat and a blanket in the house. She sometimes sweats through the clothes, but we can't persuade her to remove any layers. The house is uncomfortably hot for anyone else, and yet she says she is cold.

Her general practitioner has said that this is part of her disease. Is there anything else you have heard of that could explain this? — C.L.

ANSWER: I have seen a lot of people with dementia of all kinds, but I haven't personally seen this degree of intolerance to cold. Her doctor may have more experience than I do, but I didn't find much about it written in the medical literature. Every person is different, and it's possible this is just part of how the dementia is affecting her.

However, cold intolerance to this degree suggests some alternate possibilities. The most important and likely is low thyroid levels, which can also cause a condition that looks like dementia and would certainly make dementia worse. I bet her doctor has checked for it. If not done recently, she should have her thyroid level checked.

Other, less-common causes include Addison's disease (inability to make appropriate amounts of steroid hormones), iron deficiency, anemia from any cause and severe malnutrition.

week's end, you should have a much better idea of what you actually plan to do and how you plan to do it.

LEO (July 23 to August 22) Changing your plans can be risky, but it can also be a necessary move. Recheck your facts before you act. Tense encounters should ease by mid-week, and all should be well by the weekend.

VIRGO (August 23 to September 22) You might still be trying to adjust to recent changes. But things should improve considerably as you get to see some positive results. An uneasy personal matter calls for more patience.

LIBRA (September 23 to October 22) Congratulations. Your good intentions are finally recognized, and long-overdue appreciation should follow. Keep working toward improvements wherever you think they're necessary.

SCORPIO (October 23 to November 2) Try to look at your options without prejudging any of them. Learn the facts, and then make your assessments. Spend the weekend

enjoying films, plays and musical events.

SAGITTARIUS (November 22 to December 21) Someone might want to take advantage of the Sagittarian's sense of fair play. But before you ride off to right what you've been told is a wrong, be sure of your facts.

CAPRICORN (December 22 to January 19) You might be surprised to learn that not everyone agrees with your ideas. But this can prove to be a good thing. Go over them and see where improvements can be made.

AQUARIUS (January 20 to February 18) After taking advice on a number of matters in recent months, expect to be called on to return the gesture. And, by the way, you might be surprised at who makes the request.

PISCES (February 19 to March 20) Reassure everyone concerned that a change of mind isn't necessarily a change of heart. You might still want to pursue a specific goal, but feel a need to change the way you'll get there.

King Crossword

ACROSS

1 Grand tale

5 Slight application

8 Big party

12 Netlike structures

14 Deserlike

15 Accelerator

16 Start a garden

17 That man's

18 Bob and Jakob of music

20 Urge on

23 "Scat, gnat!"

24 Close by

25 Baseball legend Casey

28 "Le Coq —"

29 Ritzy violin, for short

30 Do some lawn work

32 Placed a bet

34 Chinese menu staple

35 Acknowledge

36 Prove false

37 Up

40 Nonstick spray name

41 "And" or "but" (Abbr.)

42 Bergman/Boyer thriller

47 Horse's neck hair

48 "Hamlet" setting

49 Formerly, formerly

50 On pension (Abbr.)

51 Medicinal amount

DOWN

1 Work unit

2 Pellet for a certain shooter

3 "— Complicated"

4 Code

5 Clothing

6 Carte lead-in

7 Trademark for Yul or Telly

8 Fireplace

9 Geometry calculation

10 Legal claim

11 Tosses in

13 Overlay with plaster, perhaps

19 "— Cassius has ..."

20 Third-party abbr.

21 Cat call?

22 Brazilian rubber area

23 Scatter about

25 More mighty

26 Old-time actor

27 Jannings

Centers of

fuel

activity

29 Ballesteros of golf

31 Tiny

33 Nozzle attached to a Bunsen burner

34 Jog one's memory

36 "— Ha!"

37 Pinnacle

38 Bellow

39 Hostels

40 "Hey, you!"

43 Hearty brew

44 Stickum

45 Day fractions (Abbr.)

46 Prop for 29-Down

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King Crossword

Answers

Solution time: 21 mins.

E P I C D A B G A L A

R E T I C U L A A R I D

G A S P E D A L S E E D

H I S D Y L A N S

I M P E L S H O O

N E A R S T E N G E L

D O R S T R A D M O W

W A G E R E D R I C E

A V O W B E L I E

A R I S E N P A M

C O N J G A S L I G H T

M A N E E L S I N O R E

E R S T R E T D O S E

Just Like Cats & Dogs

by Dave T. Phipps

IT'S OK. I JUST THOUGHT THERE WAS A NATIONAL DISASTER. TURNS OUT THE PLAYOFFS ARE JUST OVER.

Siuslaw News

READ IT TODAY!