Community News

On-scene medical care crucial for heart-attack victims

It was cold, windy February night in Florence when the calm of the evening at the Western Lane Ambulance District (WLAD) headquarters was broken by the sound of alarms. Paramedic David Rossi and EMT Intermediate George Lydick were dispatched to a report of a patient having chest pains at a local residence.

Upon arriving on-scene, the medics jumped into action by taking vital signs, exams, 12 lead ECG Monitor to diagnose

heart rhythm and possible heart muscle damage, IV access and blood draw, aspirin for blood platelet thinning to prevent clotting, Nitroglycerine in order to dilate the blood vessels to allow smooth blood flow through the vessels and the heart.

The patient was stabilized on scene and then quickly transported by ambulance to Peace Harbor Hospital for further medical exams and treatment.

In this situation, the patient



COURTESY PHOTO

Western Lane Ambulance District paramedic David Rossi works with a patient in the ambulance en route to PeaceHealth's emergency room.

was fortunate. The emergency department physician determined that the patient was not having a heart attack this time — but that it was essential for the patient to have called 911 and summoned emergency medical services to the scene.

"The paramedics can do cer-

tain things that can help us make the diagnosis fast and start treatment that can be beneficial," said Peace Harbor Hospital Emergency Department physician Dr. Foster.

Heart-attack patients should not attempt to drive themselves

into the hospital because "with a heart attack, it's possible at any minute they can become incapacitated and can cause an accident hurting themselves or others," Dr. Foster added.

It is often difficult for a patient to determine if he or she is actually having a heart attack or if it's something else.

"Part of the problem is the patients think they're not having pain because it could be tightness, pressure, burning, discomfort — but all of that can be consistent with a heart attack. The ER is the best place to rapidly figure out what's going on," said Dr. Foster.

Heart attack deaths are the number one leading causes of mortality in the United States, according to the Centers for Disease Control Prevention. Approximately 1in-3 American adults have one or more types of cardiovascular disease, and over a million will have a heart attack this year.

Approximately half of heart related deaths occur before a patient arrives at a hospital, underscoring the important role

of pre-hospital emergency care in the "chain of survival" for heart attacks.

Time-to-treatment is critical for heart attack patients, and rapid emergency medical services response, intervention and transport to specialized medical facilities is essential for positive outcomes and cannot be emphasized enough.

"It's imperative that treatment for heart attacks is started immediately," said paramedic David Rossi. "A delay in treatment can cause permanent heart muscle damage and lead

"I've seen it before, where I had a patient in his early 40s and he began experiencing chest pain at 7 p.m. but he waited until 7 a.m. before he called 911. By the time he got to the hospital, two thirds of his heart was damaged and he died needlessly two weeks later.

"We are here for you day or night, so don't ever hesitate to call if you think something isn't right," said Rossi.

Submitted by Al Krietz, WLAD

PUBLIC NOTICES Always in your newspaper: Now in your inbox, too. If nobody knows what's going on, nobody can do anything about it. That's why we keep saying your local and state government should keep publishing their public notices in the newspaper. Now you can stay informed AND keep those public notices in the Just go to publicnoticeads.com/or, sign up for the free SmartSearch service, and get all of this paper's public notices delivered to you via email. publicnoticeads.com/or

CERT training to be offered Upriver in April

DEADWOOD - Upriver Community Emergency Response Team trainings are scheduled for April 9, 16, 24, 30. The sessions cover two 3hour modules each meeting, with a 30-minute lunchtime.

Trainings are 9:30 a.m. to response-teams. 3:30 p.m., and Frank Nulty is the instructor. Those unable to attend a session, or have to leave early, can make up those modules online at www.fema. gov/community-emergency-

There is also a 3-hour disaster drill scheduled for May 1 at the Mapleton Fire Station.

The first session will be at the Deadwood Community Center; an alternate site is Grano at 541-268-9954.

available in Mapleton.

Attendees will choose the most convenient for the majority for session two. To enroll in the trainings or

recruit others, contact Jim

12th Street Alano Club Hope Meets 1525 12th Street (Old hospital, back annex). Meeting site for "Open to All" recovery groups: AA, DDA, Al-Anon, Native American AA, GA, Kids caught in the crossfire, Alanohope.org Meetings. Seven Days a week, Call for times & meeting agenda. Contact: 541-9917-9558 or 612-462-1481. Friday 5:30pm. 1525 12th St. (Old hospital, back annex) Contact: 541-(Old hospital, back annex) Contact: 541-999-1243 or 541-991-9588. ALIVE/MATURE DRIVING.

A. Adult Children of Alcoholics (and Addicts). Meets every Monday at 3pm St. Andrews Episcopal Church, 19th & Tamarack. Contact: Loyd or Kyle (612) Гатагаск. 162-1481.

Ada Grange #570 meets second Saturday of each month. Potluck at 5pm. Meeting at 6pm. Enjoy getting together with people involved in helping the community. Ada Grange is 10 miles out Canary Road. Contact: Linda Pugh 541-997-4254, or PO Box 674, Florence, OR 97439.

Aglow International meets first urday, 10am–Noon., at Florence Aglow International interest in a Saturday, 10am–Noon., at Florence Vineyard Fellowship, 2610 Kingwood St., Contact: Judy Murphy 541-997-5849.

Al-Anon Family Group meets every

Thursday at noon, at St. Andrews Episcopal Church, Library Room, 19th & Tamarack. Contact: 541-997-3788

Al-Anon Family Hope Group 1525 th St. (old hospital back annex). Meets days 5:30pm to 6:30 pm. Contact: 541-Al-Anon Siuslaw Family Group meets

every Tuesday at 7pm., at Cross Roads Assembly of God, 10th & Maple St., Rm . Contact: 541-997-1209 or 999-0271. Al-Anon Mapleton Family Group

meets every Monday at 7pm, at the Mapleton Evangelical Church, Riverview ., Mapleton. Access door off rear park-lot. Contact: 541-999-5223. ing lot. Contact: 541-999-5223.

Alcoholics Anonymous meets Mon., Wed. & Thurs., 7pm., Episcopal Church, 19th & Tamarack. Contact: 541-902-0152.

Alcoholics Anonymous meets Mon thru Sun., 5:30-6:30pm., Siuslaw Pacific Ctr., 1445 W. 8th St. Contact: 541-902-0152. Alcoholics Anonymous meets Mon. & 10am., New Life Lutheran Church, 21st & Spruce Streets. Contact: 541-902-

Alcoholics Anonymous meets Tues (closed), Thurs and Sat (open), 7pm., Mapleton Lions Club Annex on River Ave., Mapleton. Contact: 541-902-0152.

Alcoholics Anonymous Open meetings Sunday, 10-11am. 1525 12th St. (Old hospital, back annex). Contact: 541-991-7870 or 541-999-7300. Anonymous Alcoholics

Meeting. Meets Tuesdays, from 5-6pm. at the Methodist Church on the corner of Kingwood & 2nd St. Contact: 541-902-

Alcoholics Anonymous New Beginnings Men's stag. Meets 11:30 am-12:30pm. (Closed) Methodist Church @ Kingwood & 2nd St. Contact: 541-902-0152 Alcoholics Anonymous (SIS) Sisters in

Sobriety Women's meeting. Meets Wednesdays at 5:30-6:30pm, at St. Andrew's Episcopal Church. marack in Library. Contact: 541-590-

2110.
Alzheimer's Support Group meets the 1st & 3rd Wednesdays of every month, 1-2:30pm., Regency Florence. 1951 E. 21st Street, Florence. Contact: Paulette Volkoff

1pm. Contact Tom or Carol 541-999-3219. Persons interested in learning about becoming a Red Cross Volunteer should call and get information. Great opportunity to

American Legion & Aux., Francis M. Yost Post No. 59 meets the 4th Tuesday of every month, 5pm for dinner and 6pm for general membership meeting, at Elks Lodge of Florence, 1686 12th Street. Contact: 541-997-3082

Anger Management for Men, Meets every Tuesday from 6pm to 8pm. on: 1710 Laurel Way, Unit B

upstairs), Florence. For information contact beborah Grigsby, LPCi, MMHC, 541-999 1913, no cost group sessions.

Anger Management for Women, Meets every Tuesday from 12 to 2pm.
on: 1710 Laurel Way, Unit B

1913, no cost group sessions.
Argentine Tango in Newport meets every Monday night at 7-9pm. (7:30pm on second Monday) at South Beach Community Center located east of Community Center located east of LaQuinta motel on 3024 SE Ferryslip Rd First 1/2 hour is a lesson-then dancing. partner needed. All ages welcome. Wear eather bottom shoes, for info contact: 541-

http://www.geocities.com/yesnewporttan-Baha'i Faith of Florence discussion

Beloved Community of Florence Healing Circles, Meditation, Spiritual Coaching, Meets every Saturday, 10:30am., Private Home. Contact: Eleanor 541-999-9870 Cell.

Better Breathers Club, meets 4th Wednesday of each month, Peace Harbor Medical Center in Conference room C. 2-3:30pm. Contact: Karl 541-902-6300 Ext 5635.

Breastfeeding Support Group, second Thursday, 6:30-7:30pm., Siuslaw Area Women's Center, 12th St., Florence.

Cancer Education Group Everyone Welcome. Meets every other Tuesday at 1:30pm @ 1525 12th St., Ste. 4A, Florence,

97439. For further information please Contact: 541-999-6809 or 541-999-8624. Fee: No fee Celebrate Recovery for hurts, habits and hang-ups Starting Nov. 29th. Meets every Friday. 6 PM for a meal, following by meet-

ings at 6:30.PM Meeting. 1st qtr. at Cross Road Church.. 2nd quarter at Florence Christian Church, 3rd qtr. at Florence Evangelical church and 4th qtr at Florence Church of the Nazarene. For more information call Chick 541-997-3370. Central Coast Miniatures Club of

Florence, 1st Thursday of month, 6pm., Siuslaw Public Library, Bromley Room,

Central Oregon Coast Amateur Radio Club meets every Wed. 7-8:30am. at Koffee Klatch @ Driftwood Shores Restaurant.

Klatch @ Drittwood Shores Restaurant. Wed net @ 7 pm. 146.80(-) 100hz tone.

Chronic Pain Group People with chronic pain helping people with chronic pain, meets 1st & 3rd Tuesday, 5:30 to 7:00pm at Community Baptist Church, 4590 Hwy. 101, Florence. Contact: 541-Citizens Democracy Watch, meets

1pm., the last Sunday of the month at the Women's Center. Contact: 541-997-3950. City Club of Florence, Meets 1st & 3rd Fridays of each month. 11:30am small menu & beverages offered, Speaker: 12-1 pm. Ocean Dunes Golf Clubhouse. 3345 Munsel Lake Rd. For information, call 541-Coast Chamber Ensemble, meets

ery Thursday, 3-5pm., Coast Village abhouse. All musical levels welcome. ntact: 541-870-4346.

Coastal Celtic Society, Meets the third

Wednesday of each month. Contact: Carolyn McCord 541-997-9142 for differlocations and time.

Coastal Women Veterans, 2nd Friday,

Place to be announced. Contact: Coastal Writers, 1st and 3rd Thursday, 7-8:30pm. at The Shorewood, 1451 Spruce St. Contact: 541-902-8575.

Community Chorus of Florence meets Mon. 7-8:30pm. at Cross Road Church, 10th & Maple Sts. Florence.

Contact: Laura Merz, 541-902-8567

Diabetes Health & Wellness Group, Meets twice a Week every Wednesday from 9am to 11am AND 8pm to 9:30pm. Location: 1710 Laurel Way, Unit B (upstairs), Florence, For information contact Deborah Grigsby, LPCi, MMHC, 541-999-

1913, no cost group sessions.

Disabled American Veterans and Auxiliary meet first Saturday each month at 2pm., 1715 W. 21st St. Contact: DAV Skip Stitt 541-997-1562.

Family Caregiver, Support Group, Spruce Point Assisted Living, 9th Street, Florence. Meets 2nd & 4th Thursdays 10:30 am. to 11:30/12:00 in the Community Room, Contact Annette at SP 541-997-

6111. Facilitator: Mary Ann Earl RN, BSN

Family Support Group for family
members of chronically mentally ill, meets
the 4th Wednesday of each month, 6:308pm., PeaceHealth counseling Serv.,

Florence Business Center. Fibromyalgia Support Group of Central Oregon Coast, 1st Saturday, 1pm., Pacific Community Hospital, Newport. Contact: 541-563-5240.

Fibromyalgia Support Group of Reedsport meets 3rd Wednesday of every month at the Reedsport Public

Hospitality Program, Respite Care meets Mon., Wed., Thur. from 10am.-2pm., Florence Senior Center, 1570 Kingwood Street, \$10. Contact: Jan landrum 541-902-

Florence Area Chamber of Commerce Noon forum 2nd. Thursday of each month, noon, at Best Western Pier Point Inn. Open to the public. Contact: 541-997-3128.

Florence Area Coordinating Council meets the first Wednesday of the month at the Siuslaw Valley Fire and Rescue Hall on

meetings every Monday evening @ 875 7th Street, 6:30pm. Soup's on supper and inter-faith devotional discussion. No Charge. Contact: Suzanne Mann-Heintz 541-590-0779 or James Heintz 541-590-0616. Hwy. 101, 9am.

Florence Area Democratic Club meets at 11am the 1st Saturday of every month.

Contact: www.florenceareademocrats.org.
Florence Area Humane Society, Low
Cost Spay/Neuter, Wednesdays, Please call
the Shelter for an appointment. 541-997-

the Snelter for an appointment. 371-774
4277.

Florence Caring Pregnancy Center open Mon., Tues & Thurs., 11:00am.-4pm. FREE. 1525 West 12th Street (Florence Business Center). Margaret Getchell, Executive Director, 541-902-2273.

Florence Chapter-Oregon Right to Life Contact: Mona Dick 541-997-2065.

Florence Community PTA meets 2nd

Florence Community PTA meets 2nd Tuesday of the month, 4pm. Siuslaw Elementary School Library. Contact Diane McCalmont, 541-997-1854. Email: flo-rencecommunitypta@yahoo.com. Website: florencepta.org, Facebook: Florence Community PTA.

Florence Dance Guild, meets monthly.
Contact: Angela Palmer 541-997-6839.
Florence Duplicate Bridge (non-smoking), Every Thursday afternoon starting @ 12:30pm. St. Andrews Episcopal Church, 19th & Tamarack, Florence. Contact: John Weatherwax 541-997-2677 (American 19th & rammun.
Weatherwax 541-997-26//. Cannot bridge league (ACBL) sanctioned contract bridge league.

games (Master points awarded) Open to all. Florence Elks Lodge 1858 meets every Thursday at 7:00pm., 1686 12th Street. Florence Garden Club, 2nd Wed. Sept.-June, 1:00pm., Presbyterian Church of the Siuslaw, 3996 Hwy 101. Contact: www.facebook.com/FGCOR.

Florence Herb Enthusiasts meet the 3rd Thursday, 11am. New Life Lutheran Church. For info call Jacquie, 541-997-8311. www.florenceherbenthusiasts.com July-field trip, Nov.-wreath making at Greentrees, Dec.-Community service proj-

Florence Kiwanis meets Wednesday, noon, Florence Elks Lodge, 1686 W. 12th St., Florence. Florence Parkinson's Disease Support Group, Meets 4th Wednesday of every

1:30pm Shorewood Apartments meeting room. Contact: Carole 805-587-

Florence Performing Arts Association Board meeting, 2nd Thursday of each month, 3:15pm. FEC. www.florenceper-formingarts.com

Friends of Poetry, Meets every Wednesday, 3-5pm., in the activity room at Shorewood Retirement Center, 15th & Spruce. All welcome. Contact: Shirley Nelson 541-373-0065.

Florence Rotary Club, Tuesdays, noon, at Florence Events Center, 715 Quince St., Florence. Contact: Ron Caputo, 541-997-

Florence Salmon/Trout Enhancement **Program,** 1st Wed., 7pm, Florence Elks Lodge. Contact Ron Caputo 541-997-4961. Florence Senior Travel Club, Meets Monday, Wednesday & Friday, Noon-3, at Jerry's Hot Rod Grille, 1179 Hwy. 101. 541-999-9700. Florence Siuslaw Lions Club. 1st &

3rd Tuesdays, 6:30pm., Pacific Pines RV Park meeting room, 4044 Hwy. 101. (entrance on 42nd St.) Contact: 541-991-Florence Unitarian Universalist

Fellowship, Sundays, 10am. at the Fellowship Hall located at the NW corner of Heceta Beach Rd. & Hwy 101. Contact: Sally Wantz 541-902-9505. Flying Needles & Hooks of the

Siuslaw, This group does charitable knit-ting & crocheting for schools, SOS, & Helping Hands, All are welcom. Meets 2nd Tuesday in Bromley room Siuslaw Public Library from 3pm-5pm. 4th Tuesday – at Greentrees Community Room from 3pm-5pm. Contact: Suzanne Mann-Heintz, 541-590-0779. Friends of Florence Events Center meets on the last Tuesday of every month,

3pm. at Florence Events Center. Contact: FEC 541-997-1994. Friends of Honeyman State Park,

Meets 3rd Monday of each month at 11:15am. recreational meeting hall at Honeyman, on Canary Rd. A group of volunteers who support projects at Honeyman – activities include park upkeep, planting & clearing, interpretive programs and special events. Everyone Welcome! Contact: Suzanne Mann-Heintz 541-590-1779, or beneumer friends (honeymanfriends@aol.com Friends of the Library meeting, 4th

Thursday of each month, 11am., Bromley Room Siuslaw Public Library. Contact: & Loss for Adults, Meets weekly every Thursday from 9am, to 11am. Location: 1710 Laurel Way, Unit B (upstairs), Florence. For information contact: Deborah Grigsby, LPCi, MMHC, 541-999-3, no cost group sessions. **Grief & loss for Students,** ages 12-18,

THE MEETING PLACE

to 5:00pm. Location: 1710 Laurel Way, Unit B (upstairs), Florence. For information contact: Deborah Grigsby, LPCi, MMHC, 541-999-1913, no cost group sessions.

Grief & Loss Support Group sponsored by Peace Harbor Home Health. Please contact facilitator for information. Contact Deborah Hunt, LCSW. 541-997-3418.

Grief Share Meets at the Florence

Grief Share Meets at the Florence Christian Church, Thursdays, 3pm., 2nd and Ivy streets. Contact: 541-997-2961.

Health Associates, a parenting support group, 3rd Wednesday, 7pm., 340 9th **port group**, 3rd Wednesday, 7pm., 340 9th St. Contact: 541-997-1877 or 541-997-

Helping Hands Coalition is an all-volunteer community organization dedicated to providing services, food, clothing, and a daytime center for the homeless and others with unmet needs. Our small but friendly

facility provides warmth, comfort, and basic services for those in our community. Meets every Mon., Wed., & Fri, from 11am-Meets every Mon., Wed., & Fri, from 11am-2pm, 1339 Rhododendron Dr. Contact: 541-997-5057. Ladies of Elks, second Monday, 7pm., Florence Elks Lodge. Contact: Linda Tank, secretary, 541-997-3352.

secretary, 541-997-3352.
Lower Umpqua Gem & Lapidary
Society Meets the 2nd Tuesday of each
month @ 2pm. Winchester Bay Community
Center, 451 Winchester Ave. Contact: Bill
Hendrickson, 541-271-6816 Reedsport. or
Cam Grow, 541-997-8089 Florence.
Managing Chennic Pair Communication Cam Grow, 541-997-8089 Florence.

Managing Chronic Pain Support

Managing Chronic Lain Supports
Group Forming Starting March 2, 2015.
Meets 1st & 3rd Tuesday of each month
from 5:30-7pm, at Community Baptist
Church, 4590 Highway 101. for information: 541-590-0591.

Mapleton Advisory Committee meets
the second Wadnesday of each month

the second Wednesday of each month, Siuslaw Valley Bank in Mapleton, 4pm. Mapleton Booster Club, Meets 3rd

Mapleton Grange #584 meets second Saturday of each month. The GWA and the

oautuay of each month. The **GWA** and the social pot luck begin at 1pm., Grange meeting starts at 2pm. Contact: Robert Fritson 541-997-6855. Mapleton Lions Club meets 1st and 3rd Mondays of every month.

Masonic Lodge of Florence Stated

Communication, 1st Tuesday. Family dinner 6:30pm. Open Lodge 7:30pm. 84910 Hwy. 101 S. Contact: 541-997-9728 (bus.) Masonic Widows Social Club, last Wednesday, 12 Noon, at the Masonic Temple, 84910 Highway 101 South (1.5 miles south of the bridge). Contact: Phyllis Williams 541-997-7965.

Meditation held Thursdays, 5:30pm. at United Methodist Church, 2nd & Kingwood. Contact: Pip Cole, 541-971-1173. Mid Coast Soldiers. Come ride with us

Christian Motorcycle Association (CMA) Florence, OR. Breakfast meeting/ride, 1st Saturday @ Kathleen & Ninas, 8:30am. meeting, 3rd Tuesday Family Dish, 6:00pm. Contact: Rob 541-NAMI (National Alliance for the Mentally III) of West Lane County, meets

on the 4th Thursday of each month. 6:30pm.-8pm. Hospital Cafeteria. Contact Monica: 541-902-8308. Narcotics Anonymous meets every Friday, 7pm-8:30pm & Wednesdays 7:30pm-8:30pm., at Options Annex, 1445

8th Street. Contact: Carol K: 541-268-4769. National Assn. of Retired Federal Employees (NARFE) Contact: Jim Parrish 541-997-1427. Ocean Dunes Women's Golf Assoc.

Oregon Central Coast Veterans, each Tuesday, 12:30pm., Old Town Coffee Roasters, 125 1/2 Nopal St., Florence. Any veteran or active duty member of the Armed Forces welcome. Contact: Dennis Marsh, 541-997-5169

meets first Tuesday of every month, 8am., at Ocean Dunes Golf Links. Contact: 541-

Coast International Dancers, meet every Wednesday evening 6:30 pm.-7:30pm., Come join the fun! at LCC. Contact: 541-870-4346 for info and direc-Oregon Dunes Chapter Daughters of the American Revolution meets monthly

September–May. For more information, contact: E. F. Westphal - Regent 541-517-Oregon Right to Life please contact Mona Dick at 541-997-2065.

Pacific Coast Wind Ensemble me Monday 6:30-8:30 pm., alternates btw SHS & Waldport HS music rooms. Amateur thru

professional welcome. Contact: Gail

Nichols 541-999-6907.

Pacific Dunes Shrine Club meets for Dinner Socials at Driftwood Shores, for Business Meetings at Bliss' 101. For details, call 541-997-4082.

Pacific Shores Community of Artisans. meets 2nd Wednesday of each month, 10-Noon at Elks Lodge, 1686 12th. St. Florence, (room next to Thrift Store) Topic: Regular membership meeting. Contact: Claudia Ignatieff 541-999-7785.

Contact: Claudia Ignatieff 541-999-7785. Website: www.pscartisans.org.
Pacific Shores Community of Artisans. board, 3rd Wednesday of each month, 10 Jam, at Fire Station on Hwy. 101. Contact: Claudia Ignatieff 541-999-7785. Website: www.pscartisans.org.
Parkinson Support Group meets first Tuesday of each month at Ocean Unity, 834 SW Lee Newport Call 574-656 for more

SW Lee, Newport. Call 574-6560 for more information. Jeff Geiger, Facilitator. Peace Harbor Hospital Auxiliary reace Harbor Hospital Auxiliary meeting, 3rd Thursday, except July/August, luncheon at 11:30, Florence Events Center. Contact: 541-902-9669 or 541-902-1970.

Pointman Veterans Ministries - Support for veterans and their families.

Especially wartime stress. Contact: Bond Hanson, 541-997-2074; Dan Hackett, 541-Professionally Retired Ornery Single

Seniors, (PROSS). For information, contact Damie, 991-6430, or write P.O. Box 572. Florence. Quilt Guild (Rhododendron), 2nd and 4th Wednesdays, 10am., Florence Christian Church. Contact: Cyndie Wenz, President. RAPP Committee meets 3rd

RAPP Committee meets 3rd Wednesday of month at B&G conference room, 1234 Rhododendron Drive, noon-Rainbow Girls, Meet 1st & 3rd Wednesdays, 6pm, Masonic Lodge 84910 Highway 101 South (1.5 miles south of the

bridge) Contact: Sherry 541-915-9382 Reiki Gathering All Reiki students 1st, 2nd, 3rd degree. Time to work on each other. No cost. Meets 2nd Wednesday of the month 6:30-8:30pm in Private Home

Retreads Motorcycle Club, Florence Chapter, meets second Saturday of the month at 9am @ Kathleen & Ninas for breakfast & a ride. Contact: Bill Trapp 541-

call for directions. Contact: Lynette Kristine

Rhododendron Society, Siuslaw Chapter, meets 3rd Tuesday of every month, 7pm., Presbyterian Church of the Siuslaw, 3996 Hwy. 101. Contact: Mike Bones, 541-997-3082. Sept-May only.

SAR (Sons of the American Revolution) Central Coast Chapter, meets 3rd Saturday of each month, at Reedsport Methodist Church at 11am For information call 541-271.3771 or James Ives - President 541-

S.C.O.R.E. (Service Corps Of Retired Executives), free personal consultations with people in or interested in business. Contact: LCC, 541-997-8444.

SHIBA, (Senior Health Insurance Benefits Assistants) Meets in Florence @ DHS & LCC 1st Tuesday & 3rd Friday. Call for an appointment for Medicare help. an appointment f tact: 800-722-4134

Siuslaw Area React meets third Tuesday each month, 7pm. Contact: 541-997-4297. Siuslaw Diabetic Support Group

meets third Tuesday each month, 2pm., Siuslaw Public Library, The Bromley Room. Contact: 541-997-7134 Julianne or Joan. No meetings June, July or August. Start September 20, 2011 Siuslaw Fiber Arts Guild meets the third Wednesday of each month from 10am-Noon at Bromley Room at the Library Contact: Margaret Keith 541-997-4558.

Anyone interested in joining in the knitting hand-spinning, felting, rug-hooking is welcome.
Siuslaw Fisherman's Association, Meets 3rd Monday of each Month at 1536 12th St. Church of the Nazarene, 2nd floor,

6pm. Contact: Annette Smith 541-902-2345. Siuslaw Friendship Club meets the second Thursday of each month at 11am. Contact: Betty Fieldson 541-997-2842.

Siuslaw Genealogical Society meeting, 3rd Wednesday of each month, 7pm. Public Library, Bromley room. Contact: Kevin Mittge 541-902-2376. Mittge 541-902-2376.
Siuslaw Outreach Services. Women's

Empowerment Support Group meets every Tuesday, 4-6pm., 1576 West 12th St. Contact: 541-997-2816. Siuslaw Pioneer Museum meeting,

second Monday of each month, 10am., 2nd & Maple St. 541-997-7884. Siuslaw Public Library's Art Display

Committee meets the second Tuesday of each month at 8:30am., Bromley Room of

each month at 8:30am., Bromley Room of the library.

Siuslaw Rod & Gun Club meets third Thursday of every other month, 7pm., Gun Club, Munsel Lake Road. Contact: Jerry Harpole, 935-5224

Siuslaw Soil & Water Conservation Dist., first Monday, 6:30pm., 1525 12th Street, Suite 10A. Contact: Seth Mead, 541-997-1272.

Siuslaw Viewfinders Photography

Club, meetings 1st Monday of the month at the Siuslaw Public Library, Bromley room, 6pm. Contact: Curt Peters, Digital Dunes Photography 541-902-8748. Siuslaw Watershed Council meets the

last Wednesday of every month, 6:30pm., Contact: 541-268-3044 (Open to public.) Soroptimist International of Florence Meets 2nd & 4th Wednesday, 12:00 noon at Chen's Family Dish, 3620 Hwy. 101. Contact: Pres. Jo Hine 541-997-2233.

Support Group for Families & Friends with Mental Illness, Meets every 4th Thursday of the month from 6:30-8pm., at the Peace Harbor Hospital cafeteria, 400 Ninth St. Mental illness is a very stressful and devastating experience for all involved. Everyone is welcome to come and share with others who are going through the same experiences. Contact: Monica 541-902-8308 or Julia 541-997-2026.

SWING (Siuslaw Womens Investment

Group), Meets every third Tuesday, 12:30pm., New Life Lutheran Church,

spruce & 21st St. Contact: Joyce 541-999-9876 or Karen 541-999-7906. T.O.P.S. - OR #890, Meets Every Wednesday, 8:45-10am., The New Life Lutheran Church, 2100 Spruce St., Florence, OR, Contact: 541-902-7574 Toastmasters International, Siuslaw

Talespinners, meets every Wednesday at the Siuslaw Valley Fire & Rescue Station on 2625 HWY 101, from 5:30pm to 6:30pm. Contact: Irma Geller 541-999-0921 or Jim 541-999-5766. Us Too Prostate Cancer Education and Support Group – Evening Group, meets 2nd Tuesday of each month, 5pm. at Presbyterian Church. Spouses, loved ones

and families are welcome. Contact: Bob Horney 541-997-6626.
Us Too Prostate Cancer Education and Support Group – Lunch Group, meets 3rd Tuesday of each month, 12 Noon at Ichiban Restaurant. Spouses, loved ones

and families are welcome. Contact: Bob Horney 541-997-6626. Van Fans – Meets the 1st Wednesday of each month, 11:45am., at Shorewood for meeting & lunch. Cost \$8.50. Contact: Lea Rudd 541-999-0779.

Veterans of Foreign Wars – Post 3232

meets the 2nd Tuesday of each month, 6:00 pm., Florence Elks Lodge, 1686 12th Street. Contact: 541-991-3394. Veterans of the Florence Area meet every Monday at 11:30am, at Elks Lodge of

Florence, 1686 12th Street. Contact: Tony Cavarno 541-997-1677. Bond Hanson at VFW Auxiliary, Meets 2nd Tuesday, 1pm., 2216 Willow Loop, Florence. Contact: Beryl Foreman - 541-902-8327

Contact: Beryl Foreman - 541-902-832/
Call for information or applications.

Weight Loss Surgery Support Group
meets the 4th Wednesday of each month, 7
pm., Conference Room "C" - Peace Harbor
Hosp. Contact Ron 541-902-8081 or
Marlene 541-997-8801.

Weight Watchers meets Thursday evenings at 5:30 pm. (Meeting weigh-in 5 pm.) at the 1380 10th Street at Cross Road Assembly of God. Contact: 1-800-651-6000

A.A. Meeting, Womans (Sisterhood in Sobriety), Meets every Tuesday 5:30-6:30pm, at 1525 12th St. (Oldhospital, back annex). Contact: 541-902-Open Meeting
Fellowship Women's

Women's Fellowship Circle, Wednesdays, 10am.-noon, Cross Road Assembly of God, 1380 10th Street. Contact: 541-902-8928.

Brought to you by Siuslaw News

148 Maple St., P.O. Box 10, Florence, OR 97439 • (541) 997-3441