



**850 ♦ VEHICLE/BOAT PROMO**



**1987 GREGOR 12' & TRAILER**

6hp Johnson. Extras. \$1,500  
541-997-7591

**850 ♦ VEHICLE & BOAT PROMO**



**1994 CHEVY 3/4 TON**


4X4, auto, Long bed, Clean inside & out. \$4,950  
541-991-4951

**850 ♦ VEHICLE & BOAT PROMO**



**14 1/2' NATIVE WATERCRAFT ULTIMATE**

Prop drive, paddle or peddle. Great for fishing. Will deliver within 50mi. \$1,050 obo  
541-902-9195




**2002 REXHALL ROSEAIR 36'**

35K mi, 8.1 Workhorse engine, 2 lg slide-outs, hydraulic leveling sys, walk-around Q bed, 2 air cond. corian countertops, too many upgrades to list. \$37,500 OBO  
541-997-6797




**1993 NISSAN SENTRA**

5 speed, looks & runs great. \$1,800  
541-600-5826



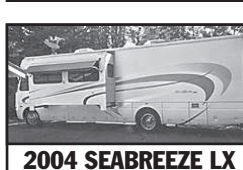
**2005 DOLPHIN 36'**

2 slides, low miles on 8.1GM w/Alison trans. Great cond., many extras. Asking \$49,900  
541-999-2609




**2004 MONACO-LAKOTA**

32ft. 5th Wheel, alum. frame, NS, fiberglass ext.-GC, oak cabs, beige-int, 2-slides, queen, Mint condition. \$26,900  
541-997-9637




**2004 SEABREEZE LX**

35', 2 slide outs, 48K mi., gas, 8.1 Allison trans, new tires, Banks exhaust, steering stabilizer. Reduced - Must Sell \$42,000 obo  
4825 Treewood Dr. Cell: 559-793-8793 for details.




**2005 DOLPHIN 36'**

2 slides, low miles on 8.1GM w/Alison trans. Great cond., many extras. Asking \$49,900  
541-999-2609



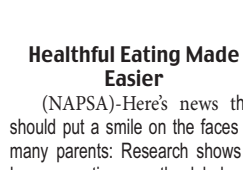
**13FT. VALCO BOAT**

15hp Mercury motors, one-Elec. start. Galv. Trlr. Ready for fishing. \$1,950 for all.  
541-997-0466



**1996 GEO METRO**

40mpg, rebuilt motor. \$1,400 obo  
541-999-0682




**2005 DOLPHIN 36'**

2 slides, low miles on 8.1GM w/Alison trans. Great cond., many extras. Asking \$49,900  
541-999-2609



**14' LIDO SAILBOAT**

With trailer, good conditon. \$999 obo  
541-991-7916



**1990 SEA RAY BOW RIDER 18.6'**

Mer cruiser 4.3 L 197 HP in/out, Alpha One drive w/SS prop. Swim step with fold down ladder, hydraulic Trim Tabs with indicator. Comes with matching trailer. \$4,200 obo  
541-997-6797

**999 ♦ PUBLIC NOTICES**

**PUBLIC NOTICE**

The Western Lane Ambulance District Board of Directors will hold its regular monthly meeting February 25, 2016 at 6:PM, at the District Office located at 410 9th street, Florence, OR. This is a public meeting where the agenda will include General District Business. The board reserves the right to hold an executive session pursuant to ORS 192-660.  
Publication date: February 17, 2016.

**999 ♦ PUBLIC NOTICES**

**PUBLIC NOTICE**

On Friday, March 4, 2016, an auction is scheduled for 12 pm at Florence Mini Storage, 4099 Hwy. 101 N., Florence, OR 97439. The contents of the following storage units will be sold at public auction: Brooks, Unit #C-93 (5x10); Crasper, Unit #I-20 (5x10); Martin, Unit #K-40 (10x11); Olson, Unit #C-87 (10x10); Quinn Jr., Unit #C-97 (10x10) & White, Unit #H-44 (10x30).  
Publication Date: February 17, 2016 & March 2, 2016

**NOTICE TO INTERESTED PERSONS**

**IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF LANE PROBATE DEPARTMENT**

In the Matter of the Estate of ALBERT M. GNAU, Deceased.  
No. 15PB06138

NOTICE IS HEREBY GIVEN that the undersigned, Joan M. Heinemann, has been appointed Personal Representative of the above-entitled estate. All persons having claims against the estate are required to present them, with proper vouchers attached, within four (4) months after the date of first publication of this Notice, as stated below, to the Personal Representative at the offices of THOMAS C. NICHOLSON, Attorney at Law, PO Box 308, Florence, Oregon 97439, or the claims may be barred.

ALL PERSONS WHOSE RIGHTS MAY BE AFFECTED BY THESE PROCEEDINGS MAY OBTAIN ADDITIONAL INFORMATION FROM THE RECORDS OF THE COURT, FROM THE PERSONAL REPRESENTATIVE, OR FROM THE ATTORNEY FOR THE PERSONAL REPRESENTATIVE.  
Dated: January 14, 2016.

Joan M. Heinemann, Personal Representative  
Thomas C. Nicholson, OSB #813265  
552 Laurel Street  
PO Box 308  
Florence, OR 97439  
Telephone: 541-997-7151  
Fax: 541-997-7152  
tnicholson@nicholsonlaw.biz  
Publication Dates: February 3, 10, 17, 2016

**Healthful Eating Made Easier**

(NAPSA)-Here's news that should put a smile on the faces of many parents: Research shows a happy emotion on the label can help get kids to eat foods that are good for them.

After all, successful marketing tactics aimed at children generally include bright colors, cute packaging and smiling, familiar cartoon characters. Now, University of Phoenix School of Advanced Studies University Research Chair Greg Privitera, Ph.D., says the same idea can be used to reduce childhood obesity-which has been labeled an epidemic in the U.S. According to the U.S. Centers for Disease Control and Prevention, approximately 17 percent (or 12.7 million) of children and adolescents are obese.

- The Risks**
- Children who are obese have a greater chance of:
- high blood pressure
  - high cholesterol
  - cardiovascular disease
  - type 2 diabetes
  - sleep apnea
  - asthma
  - joint problems
  - fatty liver disease
  - gallstones
  - heartburn
  - depression
  - behavioral problems
  - low self-esteem.

**An Answer**

Basing his research, published in the International Journal of Child Health and Nutrition and Appetite, on evidence that ecological factors are most predictive of obesity among children, Dr. Privitera and his colleagues showed children aged 3 to 11 years old emolabels, or emotional correlates of health (that is, healthy=happy, unhealthy=sad).

The results? A significant proportion of children in the preliterate and the early literacy grades identified healthy and unhealthy foods using emoticons, and then used them to specifically make healthy food choices. Emolabeling effectively influenced food choices even more than labeling for taste.

For this work, Dr. Privitera won the 2015 Early Career Professional Award from the American Psychological Association.

**What To Do Now**

While waiting for Dr. Privitera's research to be put into practice, consider these five steps:

1. Keep kids active-at least 60 minutes of moderate physical activity most days.
2. Serve reasonably sized portions.
3. Provide plenty of fruits and vegetables.
4. Drink plenty of water and avoid artificially sweetened drinks.
5. Limit consumption of sugar and saturated fat.

**Learn More**

University of Phoenix offers evening classes, flexible scheduling, continuous enrollment, a universitywide academic social network, online classes, a digital library and computer simulations.

Faculty members have both real-world and academic experience, so students can use what they learn in class the very next day they're at work.

For further facts on the study and the school, go to www.phoenix.edu.

# YELLOW DIRECTORY SERVICES

**Need a Contractor?**

**Looking for a Professional?**

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*Wednesday and Saturday in the Siuslaw News*

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Bookkeeping ~ Payroll ~ Bill Pay Services

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**Tweety Sez:** CCB #96660  
Consistent, Quality Cleaning.

For clean as a whistle, call **997-2385.**

**Florence Janitorial Services**  
Bill and Jo Hine, Owners  
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Major credit cards accepted

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Upholstery  
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**SteamWay Carpet Cleaning**  
Carpet & Upholstery Cleaning  
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25 YEARS EXPERIENCE • MONTHLY • WEEKLY • ONE TIME

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smcandrew22@gmail.com

**D-070 CONSTRUCTION/CONTRACTORS**

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Remodeling  
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**D-077 ELECTRICAL**

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Store Hours: Mon. thru Fri., 8 A.M. to Noon  
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Environmentally Responsible  
Free Inspections  
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**Lynnette Wikstrom - Broker**  
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Living in the Florence area since 1979.

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**D-266 WINDOWS**

**Yes! WE DO WINDOWS! Window Cleaning**  
Commercial • Residential  
Connie, Bill & Mike Spinner-997-8721

**Siuslaw News Yellow Directory**  
P.O. Box 10, 148  
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Oregon 97439  
(541) 997-3441  
Fax: (541) 997-7979



Wednesday's Graphic  
National Pet Dental Health Month

**Graphic Search**

Here is how it works...  
We will put a graphic or photo in the box to the left. You find it somewhere in the classifieds. Come into our office, Enter your name, phone number and describe where you found the graphic or bring in a clipping to attach to your entry into the drawing for a gift certificate.

**Good Luck**

AUDREY LERMAN found the First Public School Graphic on Page 9B (In header - Between 290 & ANTIQUES). SHe won a gift certificate to Fresh Harvest Cafe.

Gift Certificates must be picked up within 2 weeks of winning  
Deadline for today's paper: Monday by 3:00 PM

Saturday's Graphic

CYAN MAGENTA YELLOW BLACK