


SENIOR NEWS

CALENDAR OF EVENTS FEBRUARY 10 – MARCH 12

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

 <p>CROW's Share Your Heart — Feb. 13</p>		<p>10 Ash Wednesday</p> <p>Garden Club 1 p.m. Presbyterian Church</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 2625 Highway 101</p>	<p>11</p> <p>Encore Entrepreneurs – RAIN presentation 8-9:30 a.m. Blue Bills at Three Rivers Casino Resort</p> <p>Siuslaw Friendship Club 11 a.m. Ocean Dunes Golf Links</p> <p>Florence Chamber Noon Forum 12 p.m. Best Western</p> <p>“Conversations with Funders” 4-6 p.m., FEC</p>	<p>12</p> <p>“For the Love of Animals” reception 10 a.m.-2 p.m. Florence Events Center (FEC)</p> <p>Coastal Women Veterans 11:30 a.m. Ichiban Restaurant</p> <p>Sweetheart Ball Dinner & Dance 5 p.m. Florence Elks Lodge (members only)</p>	<p>13</p> <p>Valentine's Day High Tea 11 a.m. & 1 p.m. Mon Ami</p> <p>2nd Saturday Gallery Tour 3-5 p.m. Various galleries</p> <p>Singer Phil Berglund 3-5 p.m. Backstreet Gallery</p> <p>CROW's Share Your Heart fundraiser 6:30 p.m., FEC</p>	
<p>14 Valentine's Day</p> <p>Vows Renewal Ceremony 12 & 5:30 p.m. Little Log Church in Yachats 541-547-4547</p> 	<p>15 Presidents' Day</p> <p>Memory Loss Respite Center every Mon., Wed. & Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse</p>	<p>16</p> <p>Us TOO Lunch Bunch 12-1 p.m. Ichiban Restaurant</p> <p>Rhody Society 3:30 p.m. Presbyterian Church</p>	<p>17</p> <p>Siuslaw Fiber Arts Guild 10 a.m.-12 p.m. Siuslaw Library</p> <p>Van Fans Luncheon & Card Party 11:30 a.m. FEC</p> <p>Port of Siuslaw Commission meeting 7 p.m. Port Office</p>	<p>18</p> <p>Herb Enthusiasts 11 a.m. New Life Lutheran Church</p> <p>Artrepreneurs – RAIN presentation 5:30-7 p.m. Riverside Cafe</p>	<p>19</p> <p>City Club 12 p.m. Ocean Dunes Golf Links</p>	<p>20</p> <p>PeaceHealth's Heart 2 Heart 9 a.m.-1 p.m., FEC</p> <p>Siuslaw Viewfinders Camera Club Banquet 5:30 p.m. Florence Elks Lodge</p> <p>“Love Gone Bad” Poetry/Song Fest 6-8 p.m. FRAA Art Center</p> <p>Ballet Fantastique 7 p.m., FEC</p> <p>KXCR's “Big Band Night” of Dancing 7-9 p.m. Senior Center</p>
<p>21</p>	<p>22</p> <p>Memory Loss Respite Center every Mon., Wed. & Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Florence City Council 6 p.m. City Hall</p> <p>Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse</p>	<p>23</p> <p>Bingo every Tues. 3:45 & 5:45 p.m. Florence Elks Lodge</p>	<p>24</p> <p>“Tsunami Safe” presentation 9 a.m.-12 p.m. SVFR main station 2625 Highway 101</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 2625 Highway 101</p>	<p>25</p> <p>Friends of the Library meeting 11 a.m. Siuslaw Library</p>	<p>26</p> <p>If: Gathering – Women's Conference 6:30-9:30 p.m. FEC</p> <p>Wallflowers & Wine – social/art event 6:30-9:30 p.m. FEC</p>	<p>27</p> <p>If: Gathering – Women's Conference 9 a.m.-5 p.m. FEC</p> <p>Fraudville Lip-Sync Contest 5 p.m. Three Rivers Casino Resort</p>
<p>28</p>	<p>29 Leap Day</p> <p>Memory Loss Respite Center every Mon., Wed. & Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse</p>	<p>1</p> <p>Bingo every Tues. 3:45 & 5:45 p.m. Florence Elks Lodge</p>	<p>2</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p>	<p>3</p> <p>Comedy Thursday 7 p.m. Three Rivers Casino Resort</p>	<p>4</p> <p>City Club 12 p.m. Ocean Dunes Golf Links</p> <p>Home & Garden Show 2016 2-6 p.m. FEC</p> <p>Florence First Friday 5-8 p.m. Old Town</p>	<p>5</p> <p>Home & Garden Show 2016 10 a.m.-6 p.m. FEC</p> 
<p>6</p> <p>Home & Garden Show 2016 10 a.m.-3 p.m. FEC</p>	<p>7</p> <p>Memory Loss Respite Center every Mon., Wed. & Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Florence City Council 6 p.m. City Hall</p> <p>Siuslaw High School & Middle School All-Band Concert 7-9 p.m. FEC</p>	<p>8</p> <p>Bingo every Tues. 3:45 & 5:45 p.m. Florence Elks Lodge</p> <p>Us TOO Evening 5-7 p.m. Presbyterian Church</p> <p>PFLAG meeting 6:30-8 p.m. Florence United Methodist Church</p>	<p>9</p> <p>Garden Club 1 p.m. Presbyterian Church</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 2625 Highway 101</p>	<p>10</p> <p>Siuslaw Friendship Club 11 a.m. Ocean Dunes Golf Links</p> <p>Florence Chamber Noon Forum 12 p.m. Best Western Pier Point Inn</p> <p>PTA K-12 Talent Show 6 p.m., FEC</p> <p>Comedy Thursday 7 p.m. Three Rivers Casino Resort</p>	<p>11</p> <p>PTA K-12 Talent Show 6 p.m. FEC</p>	<p>12</p> <p>2nd Saturday Gallery Tour 3-5 p.m. Various galleries</p> <p>Florence Rotary Auction 5 p.m. FEC</p>

ONGOING ACTIVITIES

Health & Nutrition

Better Breathers Club—PeaceHealth Peace Harbor Medical Center, Conference Room C, fourth Wednesday, 2 p.m., 541-902-6300 ext. 5635

Disabled American Veterans Vans to Roseburg and Portland Medical Centers—Florence Elks Lodge, 6 a.m., Mondays through Fridays

Senior Meals Program—Senior Center, 11:30 a.m., Monday, Wednesday, Friday, \$3 suggested donation with reservations requested, 541-997-5673

Senior Sunday Brunch—Shorewood Retirement Residences, 11 a.m.-1:30 p.m., every Sunday, \$6, 541-997-8202

Singing Pines Café—Senior Center, 11:30 a.m., Tuesday & Thursday, \$5 with reservations requested, 541-997-8844

Music

Community Chorus—Cross Road Church, 10th & Maple streets, 7 to 8:30 p.m., every Monday, Laura Merz, 541-902-8567

Community Concert Band—Siuslaw High School music room, 6:30 p.m., every Monday, Gail Nichols, 541-999-6907

Yachats Big Band—Yachats Commons, 7 to 9 p.m., first Thursday, \$5 donation with children 12 and younger free, 541-547-4308

Social

Bible Study—Shorewood Retirement Residences, 10 a.m., every Monday, with Marty Adams, 541-997-8202

Bingo—Shorewood Retirement Residences, 6:30 p.m. every Wednesday; 9:30 a.m. every Saturday, 541-997-8202

Bingo—Senior Center, 1-4 p.m., every Thursday, 541-997-3945

Central Coast Miniatures Club—Senior Center, 6 p.m., second Thursday

Chess Club—Siuslaw Public Library, 1 p.m., every Sunday; Spruce Point, 6 p.m., every Monday, Fred Catania, 541-997-5216

Florence Duplicate Bridge—St. Andrews Episcopal Church, 12:30 p.m., every Tuesday and Thursday, 541-997-2677

Line Dancing—Senior Center, 1:30-2:30 p.m., Tuesdays, Pat Wheeler, 541-999-0797

Masonic Lodge of Florence State Communication—84910 Highway 101, first Tuesday, family dinner 6:30 p.m., open lodge 7:30 p.m., 541-997-9728

Pinocle Group—Laurelwood Community Center, 1137 Maple St.; every Thursday, 9:30 a.m. Walk-ins welcome

Professionally Retired Ornerly Single Seniors (PROSS)—60 years of age and older, Lunches, 12:30 p.m., second and fourth Wednesdays, 541-991-6430

PROSS Social—Senior Center, 5:30 p.m., third Thursdays, 541-991-6430

Senior Party Bridge—Senior Center, 12:30 to 4 p.m., every Wednesday and Friday, 541-997-8827

Support Groups

Alzheimer's Support Group—Regency Florence, 1-2 p.m., first and third Wednesdays of each month, Dee Clymer, 541-997-8436

Chronic Pain Group—Community Baptist Church, 4590 Highway 101, 5-7 p.m., every first and third Tuesday, 541-991-0037

Cancer Support Group—St. Andrews, 3 p.m., every Thursday, 541-997-3418

Florence Parkinson's Disease Support Group—Spruce Point Assisted Living, 375 Ninth St., 1:30 p.m., fourth Wednesday, Carole 805-587-3394

Grief and Loss Support Group—St. Andrews Church, 2 p.m., every Wednesday, 541-997-3418

GriefShare Support Group—Florence Christian Church, 3 p.m., every Thursday, 541-997-2961

DivorceCare—Florence Christian Church, 6:30 p.m., every Friday

Memory Loss Respite Center—Florence Senior Center, 10 a.m. to 2 p.m., every Monday, Wednesday and Thursday, \$10, 541-902-8539

Multiple Sclerosis Self-Help Group—PeaceHealth Peace Harbor Medical Center, Conference Room C, 6 p.m., second Wednesday, 541-902-1565 or 541-902-7683

Overeaters Anonymous—PeaceHealth Peace Harbor Medical Center, Conference Room C, 5 to 6 p.m., every Thursday, 541-997-3370

Siuslaw Diabetic Support Group—Siuslaw Public Library, Bromley Room, 2 p.m., third Tuesdays, 541-997-1295

Support Group for Families, Friends of the Mentally Ill—Hospital cafeteria, 6:30 p.m., fourth Thursday, 541-902-8308 or 541-997-2026

TOPS (Take Off Pounds Sensibly)—New Life Lutheran Church, every Wednesday, 8-10 a.m., 541-268-4541

Us TOO Evening Prostate Cancer Support Group—5-7 p.m., second Tuesday of every month, Presbyterian Church, Bob at 541-997-6626

Us TOO Lunch Bunch Prostate Cancer Support Group—12-1 p.m., third Tuesday of every month, Ichiban Restaurant, Bob at 541-997-6626

Vision Northwest—Spruce Point, 10 a.m., second Tuesday, 541-902-1426

Veterans

American Legion Post 59 and American Legion Auxiliary—Florence Elks Lodge, 1686 12th St., 5 p.m. dinner, 6 p.m. meeting, fourth Tuesday of every month, 541-997-3082

Band of Brothers Koffee Klub—Florence Elks Lodge, 11:30 a.m., every Monday, former military members of all services invited, 541-997-5944

Coastal Women Veterans—place TBA, 11:30 a.m., second Friday, 541-902-8623

Disabled American Veterans and Auxiliary—Disabled American Veterans Building, 2 p.m., first Saturday, 541-997-1562 or 541-997-3720

Pointman Veterans Group—Potter's Tire and Automotive, 7 p.m., every Tuesday, 541-997-2074

U.S. Coast Guard Auxiliary—USCG Siuslaw Station, Coast Guard Road, 7 p.m., second Tuesday, 541-997-2486

VFW—Florence Elks Lodge, 6 p.m. meeting, second Tuesday, 541-997-5944

Other

Free Used Clothing—Better Living Center, 85134 Highway 101, 10 a.m.-5:30 p.m., every Wednesday, 541-997-2137

Oregon Dunes Chapter Daughters of the American Revolution—12:30 p.m., fourth Friday, September-May, contact E. F. Westphal at 541-517-5333

Toastmasters Siuslaw Tale Spinners—SVFR main station, 2625 Highway 101, 5:30-6:30 p.m., second and fourth Wednesday, Irma Geller at 541-999-0912

For changes to the Senior Calendar, contact Siuslaw News Editor Ryan Cronk at editor@thesiuslawnews.com.

Berg's Cleanig and Misc. Services
541-997-1288

Terrace Homes
2825 Hwy. 101, Florence
997-3144

Rhody Express
Maps Available on Bus
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1451 Spruce St.
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997-6111

Best For Hearing
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Siuslaw News
Keeping Seniors Informed
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541-345-0115