## Immel to offer weekly group acupuncture

On Feb. 10, Patricia Immel, LAc, of Wellspring Clinic, will begin offering Points of Grace, a weekly community acupuncture program on Wednesday afternoons between noon and 3 p.m.

The treatment is acupuncture of the ears with 1-5 points treated in each ear, followed by 15 to 25 minutes of relaxation time with the needles in place.

This is a quiet group treatment which will be held in the Wellspring Clinic Garden

Acupuncture of the ears is a very simple and effective therapy to relieve pain, calm and balance the nervous system, reduce anxiety and depressive feelings, promote restful sleep, increase mental clarity and provide an inner sense of wellbeing.

This treatment, known as 5NP or 5 needle protocol, is utilized internationally in integrated healthcare settings.

Walter Reed Medical Center in Washington, D.C., is currently researching the



Patricia Immel, LAc, will begin a weekly community acupuncture program in February.

to help veterans and returning and Quince at Park Place, military personnel with recovery from traumatic experi-

Currently, acupuncture is being used in war zones for active duty soldiers to relieve pain, anxiety and

Wellspring Clinic is now effectiveness of acupuncture located at 1845 Highway 126

Allow 30 to 40 minutes for treatment.

Donations are appreciated and will help sustain Points of

For more information, contact Wellspring Clinic at 541-902-8860 or email wellspring

Mr. Kraler — to be deter-

Taylor

Jamison Smith and James

The show is scheduled to

be performed in the end of

April, with several presenta-

tions to be performed for area

eighth grade and high school

More information is avail-

able online at www.lastresort

soldiers: Wayne

Smith,

mined

Sharpe,

Bonisteel.

students.

players.org.

## Cubs get 'police escort'



Florence Police Chief Tom Turner (above) and officer Gabe Glowacki taught 3rd-grade Cub Scouts from Pack 777 about gathering evidence by taking fingerprints. The scouts and their families were educated on the importance of forensic science and given a tour of the Florence Police station, courtroom, dispatch and juvenile detention area. The tour ended with a discussion and the chief presenting each scout with a challenge coin.

### LRP announces cast for 'Anne Frank'

The story of Anne Frank, captured with heartbreaking eloquency in the pages of her diary, have been shared on stage, film and countless art forms over the decades.

Newly discovered writings from her diary, along with survivor accounts, have been interwoven into a contemporary and impassioned retelling of the lives of people persecuted under Nazi rule.

Written by Frances Goodrich and Albert Hackett, and adapted for the stage by Wendy Kesselman, "The Diary of Anne Frank" has been described by The Associated Press as "A powerful new version that moves the audience to gasps, then tears."

The play captures the claustrophobic realities of the families in hiding as they move through a daily existence mixed with fear, hope, laughter and grief during the

two dark years Anne Frank and her family managed to stay alive within the confines of a space that was both safe haven and prison.

Presented by The Last Resort Players and directed by Jennifer Connor and Cathy Dupont, auditions for "Diary of Anne Frank" were held last year, with the following cast members announced for the show's April run:

Otto Frank — Dana Rodet Edith Frank — Kate

Margot Frank Brooklyn Cahoon

**Anne Frank** — Memphis

Mr. Putti Van Daan -Jim Wellington

Mrs. Petronella Van Daan Jackie Crave

Peter Van Daan - Kyle

Dussell

**Miep** — Trudie Cahoon

**Breaking news,** 

**Visit the Siuslaw News** online at

### **Now Showing Coming Soon**

Winter Music Festival **Siuslaw Awards** 

SHS & MHS Basketball

**Veterans Day Parade Empty Bowls Christmas Baskets** 

MAGENTA



View at

www.thesiuslawnews.com Photos available for purchase\*  $5x7 - $5^{00} \cdot 8x11 - $7^{00}$ 

Purchase at 148 Maple St. 541-997-3441 \*Photos online are reduced quality -Actual photos purchased are high resolution, high quality.



WWW.THESIUSLAWNEWS.COM

**American Cancer Society's** 

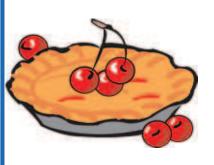
**Relay For Life of Florence** 

# **Kick-off Party!**

Chili Cook-off, Dessert Auction, live music, cash bar, and more!

2016 Relay Theme: Lights! Camera! Action! Florence Elks Lodge

**Sat., Jan. 30th, 4:00-7:00 pm** 







- LIVE music!
- Chili tasting (donations accepted) and bowls of chili for sale \$3
- **Dessert Silent Auction~ Desserts welcome!**
- Bring your family and friends for a fun evening!
- Learn more about Relay and register a FREE team at:

www.RelayForLife.org/FlorenceOR

For more information or to enter a chili or bring a dessert, please contact: Bonnie Ell, #971.219.9949, bonnie.ell@cancer.org



