First Weigh-In Jan. 27th (mandatory!)



It's BACK...

FLORENCE'S



BIGGEST

WEIGHT PERCENTAGE

LOSER

LOSE-TO-WIN CONTEST!

Over \$1700 in Prizes & Gifts! FREE ENROLLMENT 14-Week Contest January 27-May 4, 2016

- Only your weight loss average will be published. -

- Weigh in each week at COASTAL FITNESS & AQUATICS
- Each Wednesday, Jan. 27 May 4, 2010
- Weekly leaders in each category (male & female) will be pictured in the Saturday edition of the Siuslaw News.
- Learn Healthy Weight Loss Steps
- Look Good Feel Good



Contest Information Line: 541-997-3441

Weigh-In Location: **Coastal Fitness & Aquatics**



FREE CONTEST PARTICIPATION • REGISTRATION FORM

Please complete and bring or mail this form to the Siuslaw News, P.O. Box 10, Florence, OR 97439

Registration is FREE. Contestants must be a minimum of 18 years old or with parental consent and sign a waiver form to participate.

Your registration form must be received at the Siuslaw News, by 5pm January 25th. 148 Maple Street, Mail: PO Box 10, Florence, OR 97439

> Fax: 541-997-7979 or via our website www.thesiuslawnews.com

Name:

Address:

Phone:

Email:

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