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**Siuslaw
News**



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Local yoga teacher to help make film

Nancy Herzberg seeks movie production funding

By JACK DAVIS
Siuslaw News

Florence resident and Heart Mountain Yoga teacher Nancy Herzberg plans to make a film with international producer and director James Carman, titled "In Flight: Extinction Dance."

The two have launched a Kickstarter campaign to gather funds for production. The campaign ends Jan. 14.

The film is intended to show how humans have alienated themselves from nature. Chilling in its warning, "In Flight: Extinction Dance" is intended to be a vision and a cry to preserve the living grandeur that is quickly vanishing from this world.

Herzberg will perform a

Qigong choreography 20 years in the making, with bear, crane, deer, monkey, and tiger Qigong forms that originated from a time when people looked to animals as teachers.

Qigong practice typically involves moving meditation, coordinating slow-flowing movement and deep rhythmic breathing to create a calm, meditative state of mind.

Herzberg is a long-time Florence resident and Heart Mountain Yoga teacher. She is currently in Maine preparing to make the film.

Carman is a New York based creative producer and director. He also works as a cinematographer and photographer. His feature length documentary, "The Hidden Hand: Alien Contact and the

Government Cover-up," has won many awards and is distributed internationally.

His work has been shown in festivals and theaters around the world, including the Sundance, Cannes, Berlin and Toronto film festivals. Carman is a member of the Producer's Guild and is currently producing the TV series "Superconscious."

Anyone interested in supporting this project can go to www.kickstarter.com and search "In Flight: Extinction Dance."

For more information, call Nancy Herzberg at 207-733-2233 ext. 341.

Follow Jack on Twitter @SNews_Jack. Email him at jack@thesiuslawnews.com.

Portland poet to speak at Writers on the Edge

Writers on the Edge will kick off its 2016 season hosting Brittney Corrigan on Saturday, Jan. 16, at 2 p.m., at the Newport Visual Arts Center, 777 NW Beach Drive. (Note the time change from evening to afternoon to accommodate those interested in attending from outlying areas.)

Corrigan is the author of the poetry collection "Navigation" (The Habit of Rainy Nights Press, 2012) and the chapbook "40 Weeks" (Finishing Line Press, 2012). Her poems have appeared widely in journals and anthologies, and she is the poetry editor for the online journal Hyperlexia: poetry and prose about the autism spectrum. Corrigan lives in Portland, Ore., where she is both an alumna and employee of Reed College.

Everyone is welcome. An open mic for local writ-



COURTESY PHOTO

Brittney Corrigan

ers will follow the presentation.

General admission is \$8 and students are admitted free.

For more information, visit www.writersontheedge.org.

Jackson from 1A

He brightened the pages of the Siuslaw News with stories of life in the old days of Westlake, which he detailed in his book, "Hell's Hole and Battle Beach: The Westlake Story."

He fought in the Pacific during World War II with the U.S. Navy, and later wrote the book, "I Was No Hero."

His third book, "For Love of a Car," compiled his writings on automobiles with detailed drawings of engines and photographs of a bygone era.

"The 1940 Plymouth convertible, with the exception of the war and meeting Peggy, would provide some of the most lasting memories of my life," he wrote.

Jackson began writing for the Siuslaw News on Dec. 28, 2002, as a neighborhood corre-

spondent.

In his first column, he talked about a job he had held at The Siuslaw Oar in the 1930s, doing much the same thing.

"The esteemed editor told me that 'Once you get the smell of printer's ink into your blood, you will never want to do anything else' — or something to that effect. It turns out I was allergic to that ink," Jackson wrote.

He approached even his seri-

ous columns with a mix of humor and the aplomb and tranquility of a man looking at a long, exciting and fulfilling life.

From the end of September to Dec. 23, Jackson took a hiatus from his weekly column. He returned to pen "Long Hiatus" in three parts, the last of which ended on Wednesday. He detailed his personal cancer journey, the excellent care provided by hospice workers and the comfort of the Friends of

Florence cancer van, again connecting back to the automobiles that had shaped his life from the very beginning.

Jackson's final words in the Siuslaw News were, "It ain't over, till it's over."

As the endless road stretches before him, there is no doubt that he is in the driver's seat of his dream car, speeding into eternity.

Funeral arrangements will be announced at a later date.

Mocha from 1A

Most dog owners know dogs have a sixth sense, which means they live entirely in a world of energy and sense all manner of energies, thus, sensing the positive or negative energy in people. Mocha knew right on that Bob was a wonderful, positive person.

In our short time as Bob's neighbor, we were able to trav-

el to Laughlin with them, make several trips to Reedsport to Don's Main Street Restaurant to meet up with his brother Denny and his wife, lots of trips to the casino and breakfasts on Sunday to either Kozy Kitchen or The Dunes Café, not to mention meals at the Beachcomber and Driftwood Shores.

And, many evenings were spent at our homes just enjoying good treats, but especially

good company.

Bob was known around town as the man who was always drawing caricatures on napkins of people sitting near him. Then, he would present his drawing to them and strike up a conversation.

One of the best memories we were fortunate enough to share in was his trip to Washington, D.C., with the Honor Flight group. Bob always called himself "No

Hero." He felt no one should thank him for his service, that he was only doing what he was called to do.

He cried when he told us how all accommodations were paid for and how they were treated like royalty while in Washington.

Well, each time we now walk our new lab named Bear, we pass by a spot at Rhododendron Drive and 11th Street where we stop and

pause to remember Mocha.

That is the spot where she always made her decision if she wanted to continue on or return home because her joints couldn't take her any further.

That will be a little different now as we pause to remember not only Mocha, but her favorite friend, Bob. He will be greatly missed, and I know there isn't anyone that can ever replace the special friendship we had with him.

Learn something new today

Have you resolved to learn something new this year? You're not alone. Each year, millions of people resolve to expand their horizons and for the sake of a more fulfilling life.

It is one thing for adults decide to something new, but quite another to narrow down how you will enhance your knowledge or experiences. Don't be discouraged by the adage that you can't teach an old dog new tricks. It's never too late to move out of your comfort zone, and these ideas may help you do just that.

- Learn a new language. If you have always dreamed of traveling internationally and speaking in a country's native tongue, begin taking lessons. A Gallup Poll indicates that only about 25 percent of Americans can speak another language sufficiently enough to carry on a conversation, although many agree that knowing a second language is a good skill to have. In addition to private tutors or classes at nearby community colleges, make use of foreign language apps and computer programs, which allow you to practice in the comforts of home. Depending on how much time you can devote to studying, it may be just a matter of a few months before you have mastered a new language. How quickly you pick up a new language may be affected by your knowledge

of other languages. For example, if you already speak Spanish, learning French or Italian maybe easier because of similarities between these widely spoken romance languages.

- Take up a new sport or hobby. Hobbies and sports appeal to all types of people. Adults who never participated in sports as a child may find their interest piqued upon joining an adult league. Don't underestimate your potential abilities on the playing fields or with regard to certain hobbies. Give painting, woodworking, papercrafting, and other hands-on hobbies a go and you may be surprised to discover the talent lies within.

- Go back to school. Even if you already have a degree, don't be hesitant to pursue additional education. In 2013, a report in The Wall Street Journal indicated that just 29 percent of college students fit the "traditional" student mold. That means nontraditional students, many of whom are adults, make up the majority of students on campus. Many local colleges and universities offer distance learning or adult education programs. Speak with a curriculum advisor



about a particular school's offerings and find out if you're eligible for reduced tuition or financial aid.

- See new sights. If travel is a passion of yours, make sure your passport is current and start making plans to visit areas of the world you have always wanted to visit. Perhaps there are particular ancient ruins you hope to see, or maybe you want to trace your genealogy back to your ancestral homeland.

Trying something new is easier than one may think, and it can make for a great resolution and a more fulfilling life with lots of precious memories.



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