Bullying makes playgrounds, schools and even neighborhoods feel unsafe for some children. This week, in honor of Martin Luther King's message of peace, Kid Scoop looks at ways children can help themselves and others be safe on the playground.

## Find the Bully

You can't tell a bully by his or her looks. You can tell who is a bully by the way he or she acts. Here are some of the things a bully might do:

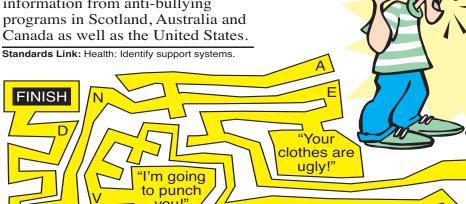
- Hit, kick or push to hurt people. • Call others bad names, tease or
- scare people. • Say mean things about someone.
- Grab someone else's stuff.
- Leave a kid out of a game on purpose.
- Threaten another kid.

What else have you seen bullies do?

Standards Link: Health: Make decisions about feelings and safety issues that support mental and emotional health.

## A World of Bullies

Bullying is a problem in schools all around the world. Kid Scoop found information from anti-bullving programs in Scotland, Australia and Canada as well as the United States.



Many, many children are bullied everyday. These children can feel lost in a maze made up of bad feelings sad, stressed, embarrassed, nervous, depressed, helpless. These feelings can

make it hard to do well in school and to make friends. Experts say that there is something that can help a child who has been bullied. To find out what that is, complete the maze. The letters along the correct path of the maze spell the answer!

**Pretend not to hear.** Instead listen to

"I'm OK just the way I am."

seen others being bullied.

your own and tell yourself,

Find a safe to talk to. Make a

list of people you could talk to about

being bullied or about you have

more likely to be bullied. Make a plan

**Be a buddy.** Kids who are alone are

to walk with a wherever you

**Don't bully back.** Getting angry and

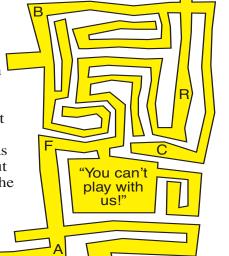
the bully wants. It's dangerous too,

think you might meet a bully.

"That's their problem, not "and" and

Standards Link: Health: Identify ways to seek assistance if concerned, threatened or abused.

**How to Deal with Bullies** 



A bully

scribbled over

some of the

words in our

list of tips!

Find the

missing word

or words in

each tip.

friend

person

thoughts

fighting

mine

times

Hey, shorty! Shouldn't you be back in

preschool?

# THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



Kevin **Bully Clues:** 

The bully is not wearing a hat. The bully isn't wearing a striped shirt.

The bully is not wearing glasses. Which kid is the bully? Standards Link: Reading Comprehension: Follow written directions

Bullying hurts. It hurts a lot. Bullying can make kids feel sick. It can make them not want to go to school. And no one likes to watch other kids getting picked on. No one likes a bully.

**Anti-Bully** 

Armor

When you feel

good about

yourself, you're

less likely to be

hurt by what

others say. Take a

little time to build

up your anti-bully

armor. What is

anti-bully armor?

Feeling good

about yourself!

Look through the

newspaper for

words and

pictures that show

something that is

good about you.

Glue these onto a

sheet of paper

titled: What's

good about ME!

Post it where

you can see it

everyday.

Develop and use effective

coping strategies.

Find the words in the puzzle,

then in this week's Kid Scoop

stories and activities.

PEFEELINGS

D N U O R G Y A L P

LSHNAEMACD

IUTHREATEN

UOAEESOEAE

BVPCNTTARI

HRAPLRASMR

PNPLEHYGRO

**Standards Link:** Letter sequencing. Recognizing identical words. Skim and scan reading. Recall spelling patterns.

EILLUBEOF

Stan is the shortest boy in the fourth grade. Greg, the tallest boy, picks on him every day. Abby and Eric are tired of watching this. What could Stan do or say? What could

Eric do or say? What could Abby do or say? What does everyone want Greg to do?

# Who can Help

Make a list of people you can talk to if you are being keep it with you.

# bullied. Cut the list out and

## Have a friend give you each type of word to fill in the blanks. Then read the story aloud!

Kid Scoop Together:

My friend Lawrence had the hiccups while getting a haircut. I was joking and teasing with him about it and said his haircut made him look like a

ADJECTIVE NOUN

It was only a joke, but it made him pretty angry. To make it up to him, I invited him to see the

PLURAL NOUN family. Lawrence cheered up when he saw a **ADJECTIVE** 

NOUN VERB on the trapeze.

A shiny \_\_\_\_\_\_NOUN into the center ring and a dozen crazy \_\_\_\_ climbed

each a bag of hot \_ and a balloon NOUN

out of it. My dad bought us

shaped like a \_

When we got home, I apologized again to Lawrence. "It's okay," he said. "I can't stay mad when I think about

ADJECTIVE PLURAL NOUN we saw today!"

**Standards Link:** Grammar: Understand and use nouns, adjectives and verbs correctly.



letters in the word IGNORE in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.



# Kid Scoop This week's word:

TEASE

The verb **tease** means to make fun of or annoy.

Dad told Jeremy not to tease his little sister.

Try to use the word **tease** in a sentence today when talking with your friends and family members.

#### because someone could get hurt. Standards Link: Health: Develop protective factors that help foster resiliency.

back sometimes is just what

#### FROM THE Lesson Library

### **Bullies in the News**

Look through the newspaper for an article that portrays a person or a group of people who are hurting other people. Could this also be called bullying? Identify who in the article you think is the bully and who is being bullied.

**Standards Link:** Health: Recognize and respond appropriately to situations involving destructive behaviors.



Double

**PEACE** 

**HURTS** 

**HELP** 

**BUILD** 

**FRIEND** 

**TEASE** 

**GAME** 

**PATH** 

**MEAN** 

**ARMOR** 

**FEELINGS** 

**BULLIES** 

**NERVOUS** 

**THREATEN** 

**PLAYGROUND** 

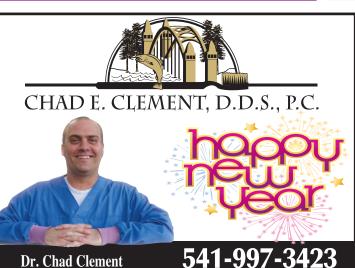
Why did the <mark>te</mark>acher we<mark>ar</mark> sunglasses?

ANSWER: Because her class was so bright!

## Write On! 🚄

#### **Kids Help Kids** Have you ever had a

disagreement with another person? How did you handle the problem? Tell kids some helpful things to do to solve disagreement issues.



1256 Bay St. Old Town Florence





Authentic Mexican Food • Full Bar

**Voted Reader's Choice 2012 through 2015** BEST MEXICAN RESTAURANT

**Best Margaritas and Best Salsa! Weekly Lunch and Dinner Specials** 

**Open Monday - Saturday** 

Call For Orders To Go 2825 Hwy 101 • Florence, OR 97439