

Groceries
Produce
Bakery
Deli

Nature's
Corner

Cafe
&
Market

Juice Bar
Beer/Wine
Espresso

FOOD TO GO • 185 HWY. 101 • 541-997-0900 • WWW.NATURESCORNERCAFE.COM

WE DON'T SERVE FAST FOOD, WE SERVE GREAT FOOD AS FAST AS WE CAN!

Specializing in Quality Free Range Organic Meats, organic eggs, bread & grains, organic canola oil, natural cheeses and fresh organically grown produce.

Nature's Cafe Menu:

Omelettes

- Cheese • Vegetarian • Mushrooms • Spinach • Denver • Spanish
- Ham • Bacon • Sausage • Chicken • Mushroom • Crab • Shrimp

Breakfast Burritos & Sandwiches

Egg Dishes

Multigran Pancakes & French Toast

Biscuits & Potatoes

Oatmeal/Granola

Fresh Fruit

Smoothie or Fresh Juices

Sandwiches

- Veggie • Egg Salad
- Tuna (local albacore)
- Turkey, Ham, BLT, Turkey & Ham, Bacon & Turkey
- Chicken Caesar Wrap
- Reuben: Turkey, Tempeh - Garden Vegan
- Portabella Burger • Grilled Cod
- Chipotle, thai or grilled tofu wrap
- Shrimp & Cheddar Melt
- Grilled Chicken Breast
- Gardenburger
- Tempeh Burger
- Falafel wrap
- Tempeh Melt • Patty Melt
- Grilled Fish Sandwich

Quinoa Pastas

Linguini Alfredo, Pasta Primavera or Portofino Olio

Dinners

- Grilled Wild Cod, Grilled Wild Cod or Scampi
- Breast of Smoked Turkey
- Ham Dinner

We Specialize in Gluten Free Foods.

Cold & Warm Salads

Dinner Salad

- Apple, Walnut, Raisin Salad with raspberry vinegrette dressing
- Cranberry, apple, walnut salad with crumbled feta
- Chef Salad • Crab Salad • Caesar Salad
- Grilled Teriyaki albacore Tuna or Chicken
- Tofu Salad, Chipotle, Thai or Grilled Tofu
- Grilled Vegetables plain or teriyaki
- Garden Burger

South of the Border Menu

- Tacos & Burritos
- Black Bean & Rice Taco
- Chipotle Tofu Taco
- Thai, Chipotle or Grilled Tofu Burrito
- Thai, Chipotle or Grilled Taco
- Chicken Taco
- Cheese Quesadilla
- Black Beans, rice and cheese burrito
- Chicken, black beans, rice, and cheese burrito
- Fish Tacos - Fish Burritos
- Tempeh Taco
- Chips & Salsa

Other Favorites (Vegan Dishes)

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| Portabello Burger | Stroganoff |
| Lasagna | Enchiladas |
| Quiche | Vegan Salads |
| Turkey Pot Pie | Soup of the day |

Breakfast • Lunch • Dinner