

I spent many years as a very negative person. I have teasingly said that if I thought two positive thoughts in a row my

Would you want to be friends with you?

brain got into a cramp. During those years in my life I was lonely and had very few friends. I had no idea why people didn't like me, but I now know that my sour attitude was one of the reasons.

Did you know your thoughts

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Dentures'

and attitudes have a tremendous impact on those around you and even affect your friendships? A positive attitude attracts friends whereas someone who is negative may find themselves isolated and alone.

Like the old saying goes, "You can catch more flies with honey than vinegar."

My husband, Dave, has always been a very positive person and a good influence on me in this area. Early in our marriage, I got irritated because he was always cheery and hopeful when life seemed so dark and dreary to me.

Although it was frustrating at the time, eventually his behavior caused me to want to change so I could be more positive and enjoy life too.

However, the greatest change came as a result of my relationship with God and studying His Word.

Romans 12:2 says, "Do not be conformed to this world but be transformed by the renewal of your mind."

Becoming a positive person begins with filling your mind with God's Word and learning to think like He thinks — then choosing to allow these faithfilled thoughts to flow through your words and attitudes to the people around you.

I believe many people who think and speak negatively aren't even aware of how it affects their relationships.

Really, the only people who enjoy a negative person are

those who are also negative. Anyone who is happy, or wants to be happy, quickly discovers that being with a negative, sour person doesn't bring them joy.

So, let me ask you: Are you the kind of person who others want to be friends with? Are you the kind of person you want to be friends with?

I want to be the kind of person that people are glad to know and call their friend. I want others to be glad when they run into me at the coffee shop and have a few minutes to chat.

When I am at a gathering of people, I would like to be sought out by others because they like my attitude and being with me adds to their joy.

I am sure you feel the same way, but we must realize that if we want to have that kind of positive effect on others, we will need to be positive people.

I don't think that anyone would say they don't want people to like them, but they must also realize that nothing good happens accidentally.

If we want to be well-liked, we can choose to be likeable. If we want friends, we can choose to be friendly.

One of the spiritual laws that we are taught in God's Word is that we reap what we sow (Luke 10:27-36; Galatians

If you want more friends, then sow a seed and choose to be a good friend to someone

I once heard that even if people don't remember what you say to them, they do remember how you made them feel.

For example, my exercise coach is a very enjoyable, positive, encouraging person, and I always look forward to seeing him. His attitude makes the entire experience pleasant.

Even though the exercises themselves are usually difficult, he makes me feel like I am amazingly strong through his positive comments to me.

On the other hand, I had another trainer a few years ago who wasn't very positive or encouraging. When he would correct my form, he would do it in a rather negative, condescending way.

He actually thought he was helping me, but the truth was that he was discouraging me.

Really, it's pretty simple: If you want friends, be the kind of person that other people want to be around – positive, encouraging and uplifting.

If you realize you are negative, or that you have let the disappointments of life sour your attitude, then ask God to start changing you.

Facing truth is the doorway to freedom.

As you renew your mind with God's Word and begin to choose positive thoughts, words and attitudes, you will become someone that other people want to be around someone they want to call

St. Andrew's begins Sunday school

How do Christians serve others in the name of Jesus Christ? Is service interesting? Can serving others be fun?

Those topics be explored each Sunday at St. Andrew's Episcopal Church, 2135 19th St., east of Spruce at Tamarack Street.

The program, for children aged 7 through 15, is called. "What Would Jesus Do?"

Meetings are 9:15 to 9:50

A light breakfast is

served.

Each Sunday, with scripture readings, sharing of experience and plans for action in the community, the program will consider what Jesus might do about a particular experience or challenge.

The emphasis is on love and service.

Twice a month, the class will have a field trip, either to observe the actions of a service organization in the community, or to offer service to some community group or organization.

Field trips will take place on Friday afternoons. For more information,

call the church at 541-997-6600 or Mother Georgia DuBose at 541-503-5549.

Join Us In Worship 4 lines, approx 15 words, \$10 a week 4 week Minimum Deadline 3 p.m. Mondays.

To be included in this directory contact the Siuslaw News at 997-3441, or drop off

OIN US IN WORSHIP

WATCH! 3 ANGELS BROADCASTING NETWORK

(3ABN) TV UHF Channel 48. 24 hour Christian TV highlights Bible studies of prophecy, inspirational music, health lectures, healthy cooking and more.

BAY BERRY CHRISTIAN FELLOWSHIP SINGSPIRATION

You are invited to come and sing your favorite old time gospel hymns Every Friday night at 7pm • Non-denominational Bay Berry Square; 101 at Sutton Lake Dr. /milepost 185 N. For more information, please call 541-997-2681

THE CHURCH OF JESUS CHRIST **OF LATTER-DAY SAINTS**

Located at Munsel Lake Road and North Fork Road Worship Services 10:00 AM Sunday All are welcome! 541-997-7268

COMMUNITY BAPTIST CHURCH

4590 Hwy. 101, Across from Fred Meyer — 997-7418 Sunday School, 9:30a.m. - Worship, 10:45 Wed. Prayer - 6:00 p.m. -Wed. Ministries 1-8 Grade 7 p.m.

CROSS ROAD ASSEMBLY OF GOD

Corner of 10th & Maple — 997-3533 Bible Study at 9:00 A.M. Services: Worship, 10:30 A.M. florencecrossroad.org • office@florencecrossroad.org

FIRST BAPTIST CHURCH - SBC

1935 25th St. - 997-7660 • Pastor, Dr. Marvin Owen Series 'Through the Bible' on Wednesdays 6 p.m. A friendly place to worship, vacationers welcome. Sun.; 11am & 6pm, Sunday school 9:45am.

FLORENCE CHRISTIAN CHURCH

2nd & Ivy - 997-2961 -Non-Denominational Worship Service: 9:00 am & 10:30 am Middle School and High School youth groups meet on Wednesday.

FLORENCE CHURCH OF CHRIST

Pre-Denominational (Romans 16:16) 1833 Tamarack Street (2 blocks east of Hwy. 101 on 18th St.) Bible Study: Sunday 10 a.m.; Worship: Sunday 11 a.m. www.churchofchristflorence.org

FLORENCE CHURCH OF THE NAZARENE

12th and Nopal -997-9020 Sunday school for all ages 9:15 a.m. • Worship Service 10:30 a.m. Youth Group Wed. 7-8:30 p.m. Sunday School (for all ages) 9:50 a.m.

FLORENCE EVANGELICAL CHURCH

1318 Rhododendron Dr. — 997-2523 – Worship at 11:00 AM — Sunday School at 9:30 AM - Variety of Sunday evening activities - 5 PM Wed. Bible & Children classes at 6:00 PM Call for details.

FLORENCE SEVENTH-DAY ADVENTIST

4445 Hwy 101 (South of Fred Meyer) - 997-3951 Worship on Saturday 10:30 A.M. Adult/Children's Sabbath School 9:15 A.M.

information at 148 Maple St., Old Town, Florence.

FLORENCE UNITARIAN UNIVERSALIST FELLOWSHIP

N.W. Corner of Heceta Beach Road & Hwy. 101 Every Sunday at 10 a.m. All are welcome. (541) 997-2840

FLORENCE UNITED METHODIST CHURCH

1st Sunday of Month Worship 10:30 All other Sundays Worship 9 A.M. & 10:30 A.M. 2nd & Kngwood • (541) 997-6025 "Open Hearts, Open Minds, Open Doors"

FOURSQUARE CHURCH

1624 Highway 101 (next to A&W) — 997-0337 Pastor George Pagel - Something for the entire family. Sun. Services: 10:45 a.m., Wed. Bible Study 7 p.m. - Youth Group: Sat., 6 p.m. Website:florence4square.com

FLORENCE VINEYARD (GOD'S POWER HOUSE)

2610 Kingwood, Florence • 541-268-2025 Sunday Worship @ 10:00 a.m., experience the Power of the Holy Spirit Pastors: George & Beverly Sisemore Intercessory Prayer & Worship, Thursday night @ 5:00 pm florencevineyardchurch.com

NEW LIFE CHURCH-UPC

1525 12th St., Suite 24 •541-991-9398 Sunday Services: 10am and 6pm Tues. Bible Study 7:00pm

NEW LIFE LUTHERAN CHURCH, E.L.C.A.

21st & Spruce Street - 997-8113 Adult Forum 9 a.m. - Sunday School 10:30 a.m. Worship services; Sun. 10:30am & Wed. 6pm. Pastor Lori Blake www.lutheranchurchflorence.com

PRESBYTERIAN CHURCH OF THE SIUSLAW

Traditional Worship Service 10:00 a.m., Reverend Greg Wood Sunday School and Nursery - Organ and Choir All Welcome. Come as you are. 3996 N Hwy 101 997-7136

RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

"War is still not the answer." FCNL We worship in homes at 11am Sundays Call 997-4237 or 902-9511 for locations.

RESURRECTION LUTHERAN CHURCH, L.C.M.S.

Every Sun., Bible Class 9 a.m., Worship Service 10 a.m. 85294 Hwy. 101 S. - 997-8038 DVD of Weekly worship service available. Dan Wurster, Pastor

ST. ANDREW'S EPISCOPAL CHURCH

2135 19th St. — 997-6600 The Rev. Georgia C. DuBose, Vicar 8:30am, Tuesdays, Morning Prayer Sunday Services: 8 a.m. and 10 a.m. - Wed, 11 a.m. Everyone Welcome - Come walk our Labyrinth.

SAINT MARY, OUR LADY OF THE DUNES

CATHOLIC CHURCH Masses: Sat. 5:30 p.m., Sun. 11:00 a.m. 1.5 miles south of river on Hwy 101 – 997-2312

Learn about life's journey at next FUUF meeting Tomorrow, Oct. 4, join begin with an overview that

guest speakers Larry and Linda Addison at the Florence Unitarian Universalist Fellowship from 10 to 11 a.m.

The title of their Sunday service message is "Exploring Labyrinths."

At its most basic level, a labyrinth is a metaphor for a journey to the center of your deepest self and back out into the world with a broadened understanding of who you are.

Labyrinths have long been used as meditation and prayer tools.

includes origin, symbolism and current interpretation. They will share personal experiences with labyrinths and how they relate to their spiritual journey.

The UU Fellowship Hall is at 87738 Highway 101, at Heceta Beach Road, and is wheelchair accessible.

Each service concludes with refreshments and a dialogue circle to explore the questions that come up during each service. For more information, www.florenceuuf.org, or call 541-997-2840.

Soup's On group to discuss nobility in difficulty

Monday, Oct. 5, beginning at 6:30 p.m., everyone is invited to the home of James Heintz and Suzanne Mann-Heintz, 875 Seventh St., to discuss the subject of "Nobility."

The group is filled with people from diverse spiritual paths that find comfort and growth in openly sharing their spiritual discoveries and learning the paths of others.

Abdu'l-Bahá says, "Anyone can live contentedly in circumstances of ease and comfort, health and well-being gratification and felicity; but to remain happy and contented in the face of difficulty, hardship and the onslaught of disease and sickness — this is an indication of nobility."

The evening will begin with bowls of vegetable chowder, fruit, homemade bread and vegetables.

This is followed by the evening's topic until 8:30 p.m.

The gathering will end with prayers for the requests left in the Prayer Pole in the garden of the Florence Playhouse and those shared by the group.

For more information, call Suzanne at 541-990-0779.

