

Guide to Better Body Motion

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The Handless Maiden

a Lakota Mystery

by Dorothy Black Crow

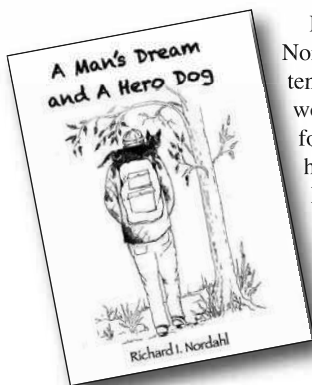
Lucky Bat Books, 2014



The only Native American mystery set in Sioux Country. Introducing Alex and Tate Turning Hawk.



A Man's Dream and A Hero Dog



Richard Nordahl has lived in the Pacific Northwest since early childhood and attended all the local public schools. He worked as a millworker and a carpenter for his entire life until retiring to pursue his hobbies.

Fishing and the outdoors are the places he finds to be his favorites. And now, writing has added a new sparkle to his life.

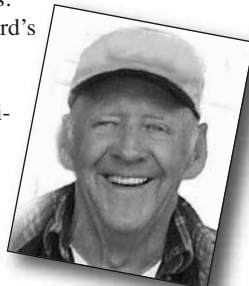
After retiring on the central coast of Oregon, Richard has traveled extensively and now has settled down

to try his hand at telling some of the stories that have made their way into his dreams for nearly 30 years.

The dog George, in this story, resembles Richard's childhood pet Brownie, and perhaps has created a way for him to re-connect with some of his childhood memories. George is a hero of extraordinary proportions and makes us believe anything is possible.

At the end of the story you will find a recipe for Richard's famous smoked salmon. You just may want to try it and make it a favorite of yours too!

A Man's Dream and A Hero Dog is illustrated by Carolyn Nordahl.



Richard I. Nordahl

Grandma's Window Shade

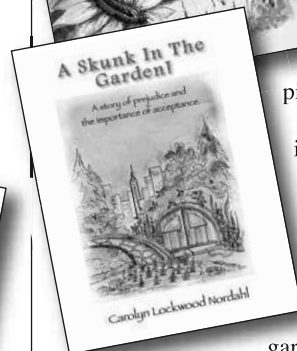
Window shades were a means of communication... Who would have thought? Up, down, it all meant something!

This is the story of my youth, my family and my close relationships with my mother and grandmother. It will be of interest to anyone who would like to receive a sense of the family togetherness, comfortable times, and the more simple lives in the early 1950s. The book visits an era of self-made entertainment with few distractions; no television, no telephone, one car. People worked hard and enjoyed family times.

The story visits a classroom of Florence's Siuslaw Grade School and touches on the antics of several sixth grade friends. It peeks at the lifestyles of hobos and of the people of the railroad work trains.

The youngsters in the earlier part of the story visit a frog swamp, make mud pies and did many of the things that children of that time found entertaining.

Grandma's Window Shade's pages include 35 of my family recipes and it is illustrated in full color with original watercolor paintings created by myself, the author. Enjoy!



A Skunk In The Garden!

This charming children's story is a reflection on the life of a skunk and a floppy-eared rabbit who both lived in New York City. He lived in the larger garment district of the city and she lived in the big and beautiful New York Central Park. They meet, become friends, and then decide to spend the rest of their lives together. But, much to the disapproval of her father, they run into difficulties in their relationship.

This is a story of prejudice and the importance of acceptance and carries a wonderful message for all of us. *The first 20 children to visit me at the Book fair will receive a free book!*

Carolyn Lockwood Nordahl

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