FAHS urgently seeks volunteers

The Florence Area Humane Society (FAHS) is shortstaffed and needs volunteers to work on weekends.

On Saturdays and Sundays, from 8:30 to 11 a.m., FAHS could use help cleaning the cat and kitten rooms and the dog kennels.

On weekend afternoons, FAHS staff could use several volunteers to help with closing procedures. This involves settling the animals for the evening.



Other tasks that the shelter needs help with are washing litter pans and dishes and folding laundry.

The shelter will match volunteers to tasks they are best able to complete.

The FAHS staff also needs two volunteers to provide phone coverage on Saturdays from 11 a.m. to 4 p.m.

If you would be available and willing to help out, call the shelter at 541-997-4277. Let them know what you are able to do so they can add you to the schedule.

This is an ongoing need, so if you are not able to help weekends, call and let them know when you could be available.



Do you spend a lot of time feeling guilty? I did, as a result of being abused as a child. I grew up believing something was wrong with me and that everything was my fault. And when you develop that kind of thinking during your childhood, it can torment you for a long time.

Guilt traps us and keeps us in the same place; much like a treadmill that keeps us going, but accomplishes nothing.

Guilt is a trap that presses us down into our problems rather than lifting us out of them. And as long as we feel guilty about what we do wrong, we remain in that guilt and will not grow spiritually.

All of us make mistakes, and

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Rid yourself of guilt once and for all

God knows that. No one can be perfect while in a fleshly body, but we can and must continue to grow spiritually regardless of where we are in our relationship with Christ. But in order to grow spiritually, we must first learn who we are in Christ.

By God's grace and mercy, when we are born again, God not only forgives us, He gives us His righteousness because the Holy Spirit comes to live inside us.

We each have right standing with God legally because of the blood of Christ, and even though we sometimes still do things wrong, the ability to do what's right is also in us.

Galatians 5:22-23 (NIV)

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law."

God doesn't expect you to become something that He hasn't already equipped you with. At the moment you are born again, God comes to live inside of your heart. The "seeds" of His character are downloaded into your spirit, and just like any seeds that are planted with the intent to reap a harvest later on, there must be a cultivation period that happens over a long period of time.

You have everything you need to be who God wants you to be, and since God lives inside of you, this means the fruit of His Spirit is also inside you. And after you are born again, you will grow in Christ as you pursue Him daily.

2 Timothy 2:22 (NIV) tells

"Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart."

The operative word here is "pursue." Pursue means to crave and go after something with all your mind and strength. Your relationship with God should not only be a Sunday morning thing. He is everything.

In Him we live and move and have our being and without him we are nothing.

We rely on God's grace to help us do what's right every day. And if we try to do what God asks us to do without rely-

ing on Him to help us, we won't succeed because we need Him to do everything we need

Philippians 2:12-13 (NIV) says:

"Therefore, my dear friends, as you have always obeyed not only in my presence, but now much more in my absence - continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfill his good purpose."

We don't work FOR our salvation to earn it, but we do work OUT our salvation.

There's a difference.

For example, working out for fitness takes time, discipline and commitment.

I have worked out three times a week for the last 10 years. When I started, I didn't have visible muscles. But now I do, because I'm committed to maintaining my fitness.

In much the same way, spiritual growth is a workout, with the results developing over a time because of commitment and discipline. And we lean on God to help us every step of the So keep moving forward,

and don't be hard on yourself. You are holy, righteous, anointed and completely forgiven. You're not where you need

to be, but thank God you're not where you used to be.

You're okay, and you're on

Florence, OR

INDOOR/OUTDOOR SIGNS & BANNERS

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LOCATED AT: The Shippin' Shack

On the corner of 6th Street & Highway 101

UU to celebrate 'New Year, New World'

Tomorrow, Sept. 13, at to honor this sacred season," sundown, is the beginning of Rosh Hashanah, the Jewish New Year. From 10 to 11 a.m. Sunday, the Rev. Miller will lead the Florence Unitarian Universalist Fellowship's worship service celebrating "A New Year, A New World."

"This is the first of the 10 High Holy Days and our brothers and sisters in Jewish communities will be gathering and saying prayers that are thousands of years old,

Miller said. "It's time to reflect and release, to allow for new life, for all of us." The UU Fellowship Hall

is located at 87738 Highway 101, at Heceta Beach Road, and is wheelchair accessible. Each service concludes with refreshments and a dia-

logue circle to explore the questions that come up during each service. For more information, visit

www.florenceuuf.org or call 541-997-2840.

'Joyful Noise' to begin

The annual Joyful Noise Florence Christian Church, Children's Community Choir is gearing up for its Christmas presentation, "A Tree Lot Christmas," and all youth, 5 years old through sixth grade, are invited to join.

Parents and kids are invited to come find out all about it at Second and Ivy streets, tomorrow, Sept. 13, at 6 p.m.

Kids will meet each week on Sunday evenings from 6 to 7:15 p.m.

For more information or to register, call the church office at 541-997-2961.

VOICE YOUR OPINION! Write a Letter to the Editor:

EDITOR@THESIUSLAWNEWS.COM

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Meet Suede

Breed **Domestic** Shorthair/Siamese 2 months 5 Age days

Size Small Color White/Grey



If you would like to meet Suede or any of their friends, please visit us at:

FLORENCE HUMANE SOCIETY 2840 Rhododendron Drive • Florence • 541-997-4277

www.florencehumane.org

This message brought to you by:

Friends of the **Humane Society,** if you would like to help a friend call the Siuslaw News 541-902-3525.



Join Us In Worship 4 lines, approx 15 words, \$9 a week 4 week Minimum

the Siuslaw News at 997-3441, or drop off information at 148 Maple St., Old Town, Florence.

WATCH! 3 ANGELS BROADCASTING NETWORK

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24 hour Christian TV highlights Bible studies of prophecy, inspirational music, health lectures, healthy cooking and more.

BAY BERRY CHRISTIAN FELLOWSHIP SINGSPIRATION

You are invited to come and sing your favorite old time gospel hymns Every Friday night at 7pm • Non-denominational Bay Berry Square; 101 at Sutton Lake Dr. /milepost 185 N. For more information, please call 541-997-2681

THE CHURCH OF JESUS CHRIST **OF LATTER-DAY SAINTS**

Located at Munsel Lake Road and North Fork Road Worship Services 10:00 AM Sunday All are welcome! 541-997-7268

COMMUNITY BAPTIST CHURCH

4590 Hwy. 101, Across from Fred Meyer — 997-7418 Sunday School, 9:30a.m. - Worship, 10:45 Wed. Prayer - 6:00 p.m. -Wed. Ministries 1-8 Grade 7 p.m.

CROSS ROAD ASSEMBLY OF GOD

Corner of 10th & Maple -- 997-3533 Bible Study at 9:00 A.M. Services: Worship, 10:30 A.M. florencecrossroad.org • office@florencecrossroad.org

FIRST BAPTIST CHURCH - SBC 1935 25th St. - 997-7660 • Pastor, Dr. Marvin Owen

Series 'Through the Bible' on Wednesdays 6 p.m. A friendly place to worship, vacationers welcome. Sun.; 11am & 6pm, Sunday school 9:45am.

FLORENCE CHRISTIAN CHURCH

2nd & Ivy - 997-2961 -Non-Denominational Worship Service: 9:00 am & 10:30 am Middle School and High School youth groups meet on Wednesday.

FLORENCE CHURCH OF CHRIST

Pre-Denominational (Romans 16:16) 1833 Tamarack Street (2 blocks east of Hwy. 101 on 18th St.) Bible Study: Sunday 10 a.m.; Worship: Sunday 11 a.m. www.churchofchristflorence.org

FLORENCE CHURCH OF THE NAZARENE

12th and Nopal -997-9020 Sunday school for all ages 9:15 a.m. • Worship Service 10:30 a.m. Youth Group Wed. 7-8:30 p.m. Sunday School (for all ages) 9:50 a.m.

FLORENCE EVANGELICAL CHURCH

1318 Rhododendron Dr. — 997-2523 – Worship at 11:00 AM — Sunday School at 9:30 AM – Variety of Sunday evening activities - 5 PM Wed. Bible & Children classes at 6:00 PM Call for details.

FLORENCE SEVENTH-DAY ADVENTIST

4445 Hwy 101 (South of Fred Meyer) – 997-3951 Worship on Saturday 10:30 A.M. Adult/Children's Sabbath School 9:15 A.M.

To be included in this directory contact

FLORENCE UNITARIAN

N.W. Corner of Heceta Beach Road & Hwy. 101 Every Sunday at 10 a.m. All are welcome. (541) 997-2840

UNIVERSALIST FELLOWSHIP

FLORENCE UNITED METHODIST CHURCH

Worship & Kids Sunday School 10:00 located at 2nd & Kingwood (541) 997-6025 "Open Hearts, Open Minds, Open Doors"

FOURSQUARE CHURCH

1624 Highway 101 (next to A&W) — 997-6337 Pastor George Pagel – Something for the entire family. Sun. Services: 10:45 a.m., Wed. Bible Study 7 p.m. – Youth Group: Sat., 6 p.m. Website:florence4square.com

FLORENCE VINEYARD (GOD'S POWER HOUSE)

2610 Kingwood, Florence • 541-268-2025 Sunday Worship @ 10:00 a.m., experience the Power of the Holy Spirit Pastors: George & Beverly Sisemore Intercessory Prayer & Worship, Thursday night @ 5:00 pm florencevineyardchurch.com

NEW LIFE CHURCH-UPC

1525 12th St., Suite 24 •541-991-9398 Sunday Services: 10am and 6pm Tues. Bible Study 7:00pm

NEW LIFE LUTHERAN CHURCH, E.L.C.A.

21st & Spruce Street - 997-8113 Adult Forum 9 a.m. - Sunday School 10:30 a.m. Worship services; Sun. 10:30am & Wed. 6pm. Pastor Lori Blake www.lutheranchurchflorence.com

PRESBYTERIAN CHURCH OF THE SIUSLAW

Traditional Worship Service 10:00 a.m., Reverend Greg Wood Sunday School and Nursery - Organ and Choir All Welcome. Come as you are. 3996 N Hwy 101 997-7136

RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

"War is still not the answer." FCNL We worship in homes at 11am Sundays Call 997-4237 or 902-9511 for locations.

RESURRECTION LUTHERAN CHURCH, L.C.M.S.

Every Sun., Bible Class 9 a.m., Worship Service 10 a.m. 85294 Hwy. 101 S. - 997-8038 DVD of Weekly worship service available. Dan Wurster, Pastor

ST. ANDREW'S EPISCOPAL CHURCH

2135 19th St. — 997-6600 The Rev. Georgia C. DuBose, Vicar 8:30am, Tuesdays, Morning Prayer Sunday Services: 8 a.m. and 10 a.m. - Wed, 11 a.m. Everyone Welcome - Come walk our Labyrinth.

SAINT MARY, OUR LADY OF THE DUNES CATHOLIC CHURCH

Masses: Sat. 5:30 p.m., Sun. 11:00 a.m. 1.5 miles south of river on Hwy 101 – 997-2312