

# SENIOR NEWS

## CALENDAR OF EVENTS SEPTEMBER 9 – OCTOBER 10

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

 <p><b>67</b> Festival of Books — Sept. 26</p>		<p><b>9</b> Garden Club 1 p.m. Presbyterian Church</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Siuslaw River Bridge Project Open House 5:30-6:30 p.m. City Hall</p> <p>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station</p>	<p><b>10</b> Siuslaw Friendship Club 11 a.m. Ocean Dunes Golf Links</p> <p>Lane County Parks Master Plan Update Open House 6 p.m. City Hall</p>	<p><b>11</b> <i>Patriot Day</i> Citywide Garage Sale All day Various locations</p> <p>Coastal Women Veterans 11:30 a.m. Bridgewater Restaurant</p>	<p><b>12</b> Citywide Garage Sale All day Various locations</p> <p>Habitat BeachWalk 9 a.m.-1 p.m. North Jetty</p> <p>Rods 'n' Rhodies 7 a.m.-4 p.m. Old Town</p> <p>Model Car Show 10 a.m.-5 p.m. Florence Events Center (FEC)</p> <p>Second Saturday Gallery Tour 3-5 p.m. Various galleries</p>	
<p><b>13</b> <i>National Grandparents Day</i> Citywide Garage Sale All day Various locations</p> <p>Rods 'n' Rhodies 7 a.m.-Noon Old Town</p> <p>Celebrate Siuslaw Salmon 5-9 p.m. FEC</p>	<p><b>14</b> Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse</p>	<p><b>15</b> Us TOO Lunch Bunch 12-1 p.m. Kozy Kitchen</p> <p>Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</p> <p>Rhody Society 6:30 p.m. Presbyterian Church</p>	<p><b>16</b> Siuslaw Fiber Arts Guild 10 a.m.-12 p.m. Siuslaw Library</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>West Lane Translator meeting 6:30 p.m. KXCR station</p> <p>Port of Siuslaw Commission meeting 7 p.m. Port Office</p>	<p><b>17</b> Florence Herb Enthusiasts 11 a.m. New Life Lutheran Church</p> <p>Florence Chamber Noon Forum 12 p.m. Best Western Pier Point Inn</p> <p>Chamber After Hours — "A Walk in the Woods" 4-7 p.m. R&amp;R King Logging</p>	<p><b>18</b> City Club 12 p.m. Ocean Dunes Golf Links</p> <p>Writing Workshop 2-4 p.m. Siuslaw Library</p> <p>Movie in the Park 4 p.m. gates open 8 p.m. show Miller Park</p> <p>Gallagher — The Last Smash Tour 7 p.m. Three Rivers Casino</p>	<p><b>19</b> SOLVE Beach Cleanup 9 a.m.-12 p.m. Various beaches</p> <p>Florence Festival of Books 10 a.m.-4 p.m. FEC</p>
<p><b>20</b> Gallagher — The Last Smash Tour 2 p.m. Three Rivers Casino</p>	<p><b>21</b> Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Florence City Council 6 p.m. City Hall</p> <p>Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse</p>	<p><b>22</b> Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</p>	<p><b>23</b> <i>Autumn Begins</i> "Grow Your Business" Workshop 9:30 a.m.-4 p.m. LCC Florence Center</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station</p>	<p><b>24</b> "Mercy Killers" 7 p.m. City Lights Cinemas</p>	<p><b>25</b> Festival of Books: Publisher's Panel 3-4:30 p.m. FEC</p> <p>Festival of Books: Keynote Speaker Jane Kirkpatrick 7 p.m. FEC</p>	<p><b>26</b> Prescription Drug Take Back 10 a.m.-2 p.m. Bi-Mart</p> <p>Florence Festival of Books 10 a.m.-4 p.m. FEC</p>
<p><b>27</b> Domestic Violence Awareness March 1 p.m. Veteran's Memorial Park on Bay Street</p>	<p><b>28</b> Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse</p>	<p><b>29</b> Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</p>	<p><b>30</b> Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p>	<p><b>1</b> Good Life Senior Expo 10 a.m.-3 p.m. FEC</p>	<p><b>2</b> City Club 12 p.m. Ocean Dunes Golf Links</p> <p>Florence First Friday 5-8 p.m. Old Town</p> <p>FAHS Wine &amp; Chocolate Gala 6 p.m. Three Rivers Casino Resort</p>	<p><b>3</b> Oktoberfest 11 a.m.-6 p.m. FEC</p>
<p><b>4</b> Cascadia Concert Opera presents "Don Giovanni" 3 p.m. FEC</p> <p>SOS Soiree 4:30-7 p.m. Siuslaw Outreach Services</p>	<p><b>5</b> Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Florence City Council 6 p.m. City Hall</p> <p>Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse</p>	<p><b>6</b> Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</p> <p>BreakBeat Poets 4-5:30 p.m. FRAA Art Center</p>	<p><b>7</b></p>	<p><b>8</b> Siuslaw Friendship Club 11 a.m. Ocean Dunes Golf Links</p>	<p><b>9</b> Quattrosound 7 p.m. FEC</p>	<p><b>10</b> Second Saturday Gallery Tour 3-5 p.m. Various galleries</p>

### ONGOING ACTIVITIES

#### Health & Nutrition

**Better Breathers Club**—PeaceHealth Peace Harbor Medical Center, Conference Room C, fourth Wednesday, 2 p.m., 541-902-6300 ext. 5635

**DAV Veterans Vans to Roseburg and Portland Medical Centers**—Florence Elks Lodge, 6 a.m., Mondays through Fridays

**Senior Meals Program**—Senior Center, 11:30 a.m., Monday, Wednesday, Friday, \$3 suggested donation with reservations requested, 541-997-5673

**Senior Sunday Brunch**—Shorewood Retirement Residences, 11 a.m.-1:30 p.m., every Sunday, \$6, 541-997-8202

**Singing Pines Café**—Senior Center, 11:30 a.m., Tuesday & Thursday, \$5 with reservations requested, 541-997-8844

**Therapeutic Touch Group**—Spruce Point Assisted Living Center, 7 p.m., first and third Thursdays, 541-268-4769 or 541-997-1791

#### Music

**Community Chorus**—Cross Road Church, 10th & Maple streets, 7 to 8:30 p.m., every Monday, Laura Merz, 541-902-8567

**Community Concert Band**—Siuslaw High School music room, 6:30 p.m., every Monday, Gail Nichols, 541-999-6907

**Yachats Big Band**—Yachats Commons, 7 to 9 p.m., first Thursday, \$5 donation with children 12 and younger free, 541-547-4308

#### Social

**Bingo**—Senior Center, 1-4 p.m., every Thursday, 541-997-3945

**Central Coast Miniatures Club**—Senior Center, 6 p.m., second Thursday

**Chess Club**—Siuslaw Public Library, 1 p.m., every Sunday; Spruce Point, 6 p.m., every Monday, Fred Catania, 541-997-5216

**Florence Duplicate Bridge**—St. Andrews Episcopal Church, 12:30 p.m., every Tuesday and Thursday, 541-997-2677

**Good Sam Chapter Rhody Roamers**—Elks Lodge, fourth Monday, 541-997-2031

**Line Dancing**—Senior Center, 1:30-2:30 p.m., Tuesdays, Pat Wheeler, 541-999-0797

**Masonic Lodge of Florence State Communication**—84910 Highway 101, first Tuesday, family dinner 6:30 p.m., open lodge 7:30 p.m., 541-997-9728

**Pinochle Group**—Laurelwood Community Center, 1137 Maple, Florence; every Thursday, 9:30 a.m. Walk-ins welcome

**Professionally Retired Ornerly Single Seniors (PROSS)**—60 years of age and older, Lunches, 12:30 p.m., second and fourth Wednesdays, 541-991-6430

**PROSS Social**—Senior Center, 5:30 p.m., third Thursdays, 541-991-6430

**Senior Party Bridge**—Senior Center, 12:30 to 4 p.m., every Wednesday and Friday, 541-997-8827

#### Support Groups

**Alzheimer's Support Group**—Regency Florence, 1-2 p.m., first and third Wednesdays of each month, Dee Clymer, 541-997-8436

**Chronic Pain Group**—Community Baptist Church, 4590 Highway 101, 5-7 p.m., every first and third Tuesday, 541-991-0037

**Cancer Support Group**—St. Andrews, 3 p.m., every Thursday, 541-997-3418

**Florence Parkinson's Disease Support Group**—Spruce Point Assisted Living, 375 Ninth St., 1:30 p.m., fourth Wednesday, Carole 805-587-3394

**Grief and Loss Support Group**—St. Andrews Church, 2 p.m., every Wednesday, 541-997-3418

**GriefShare Support Group**—Florence Christian Church, 3 p.m., every Thursday, 541-997-2961

**DivorceCare**—Florence Christian Church, 6:30 p.m., every Friday

**Memory Loss Respite Center**—Florence Senior Center, 10 a.m. to 2 p.m., every Monday, Wednesday and Thursday, \$10, 541-902-8539

**Multiple Sclerosis Self-Help Group**—PeaceHealth Peace Harbor Medical Center, Conference Room C, 6 p.m., second Wednesday, 541-902-1565 or 541-902-7683

**Overeaters Anonymous**—PeaceHealth Peace Harbor Medical Center, Conference Room C, 5 to 6 p.m., every Thursday, 541-997-3370

**Siuslaw Diabetic Support Group**—Siuslaw Public Library, Bromley Room, 2 p.m., third Tuesdays, 541-997-1295

**Support Group for Families, Friends of the Mentally Ill**—Hospital cafeteria, 6:30 p.m., fourth Thursday, 541-902-8308 or 541-997-2026

**TOPS (Take Off Pounds Sensibly)**—New Life Lutheran Church, every Wednesday, 8-10 a.m., 541-268-4541

**Us TOO Evening Prostate Cancer Support Group**—5-7 p.m., second Tuesday of every month, Presbyterian Church, Bob 541-997-6626

**Us TOO Lunch Bunch Prostate Cancer Support Group**—12-1 p.m., third Tuesday of every month, Kozy Kitchen, Bob 541-997-6626

**Vision Northwest**—Spruce Point, 10 a.m., second Tuesday, 541-902-1426

#### Veterans

**American Legion Post 59 and American Legion Auxiliary**—Florence Elks Lodge, 1686 12th St., 5 p.m. dinner, 6 p.m. meeting, fourth Tuesday of every month, 541-997-3082

**Band of Brothers Koffee Klub**—Florence Elks Lodge, 11:30 a.m., every Monday, former military members of all services invited, 541-997-1677

**Coastal Women Veterans**—place TBA, 11:30 a.m., second Friday, 541-902-8623

**Disabled American Veterans and Auxiliary**—Disabled American Veterans Building, 2 p.m., first Saturday, 541-997-1562 or 541-997-3720

**Pointman Veterans Group**—Potter's Tire and Automotive, 7 p.m., every Tuesday, 541-997-2074

**U.S. Coast Guard Auxiliary**—USCG Siuslaw Station, Coast Guard Road, 7 p.m., second Tuesday, 541-997-2486

**VFW and Ladies Auxiliary**—Masonic Lodge of Florence, 84910 Highway 101, 6 p.m. potluck, 7 p.m. meeting, second Tuesday, 541-991-3394

#### Other

**Free Used Clothing**—Better Living Center, 85134 Highway 101, 1 to 4 p.m., every Wednesday, 541-997-2137

**Oregon Dunes Chapter Daughters of the American Revolution**—12:30 p.m., fourth Friday, September-May, contact E. F. Westphal at 541-517-5333

**Toastmasters Siuslaw Tale Spinners**—SVFR main station, 2625 Highway 101, 5:30-6:30 p.m., second and fourth Wednesday, contact Irma Geller at 541-999-0912

<p><b>Pizza Hut</b> 1940 Hwy. 101, Florence 541-997-7770</p>	<p><b>Berg's Cleanig and Misc. Services</b> 541-997-1288</p>	<p><b>SERVPRO OF S. EUGENE/FLORENCE</b> Fire-Water Clean Up &amp; Restoration 541-345-0115</p>
<p><b>Rhody Express</b> Maps Available on Bus Florence, Oregon 541-902-2067</p>	<p><b>BRADLEY BERG ATTORNEY PC</b> Specializing in Trusts, Wills &amp; Probate 733 Highway 101, Florence 541-997-8114</p>	<p><b>Terrace Homes</b> 2825 Hwy. 101, Florence 997-3144</p>
<p><b>Spruce Point Assisted Living</b> 997-6111</p>	<p><b>Best For Hearing</b> 997-8866</p>	<p><b>Shorewood Retirement Residences</b> 1451 Spruce St. 541-997-8202</p>
<p><b>Siuslaw News</b> Keeping Seniors Informed 541-997-3441</p>		

For changes to the Senior Calendar, contact Siuslaw News Editor Ryan Cronk at editor@thesiuslawnews.com.

CYAN MAGENTA YELLOW BLACK