

# Spiritual traditions, Druids topics at UU

Sunday, Aug. 9, from 10 to 11 a.m., at the Florence Unitarian Universalist Fellowship, the Rev. Ruth Miller will lead the Sunday worship service titled: "The Druids — Integrating Spiritual Traditions."

"Throughout what we call the United Kingdom and northern France, the people we refer to as Druids embodied the Celtic spiritual life," said Miller. "Many people think that Jesus (called the Christ) visited them and thousands of people today consider themselves Druids and try to keep the traditions alive."

"They're part of the ancient traditions on which

our spiritual life is based."

Who were they? Why do they matter to us today?

These and other questions will be discussed.

Also, today, Aug. 8, from 2 to 4:30 p.m., Miller's workshop, "Lammas the Sun King," will take place at the UU Fellowship.

"Our culture has honored hero-kings, but not all cultures do," said Miller.

Come find out where this idea comes from and what can be learned from it.

The UU Fellowship is at 87738 Highway 101, at Heceta Beach Road.

For more information, visit [www.florenceuu.org](http://www.florenceuu.org), or call 541-997-2840.



# Living in God's rest

When we try to do everything in our own strength and leave God out of the equation, we just get worn-out and frustrated by our mistakes and failures. But when we lean on God, we actually enter into His rest and can enjoy our lives, no matter what our circumstances may be.

Hebrews 4:9-11 (AMP) says, "So then, there is still awaiting a full and complete Sabbath-rest reserved for the people of God; for he who has once entered (God's) rest also has ceased from (the weariness and pain) of human labors... Let us therefore be zealous and exert ourselves and strive diligently to enter that rest."

Now the rest of God is not a rest from work — it's a rest in work. It's partnering with God

to do what He is calling you to do by His grace, and leaving the part you can't do in His hands, trusting Him to do it.

Hebrews 4:3 says it this way: "We who have believed do enter that rest."

So we start by believing. When I'm trying to believe, I haven't entered God's rest. But when I do believe, I have complete rest in Him. Living by faith is not a struggle — it's rest. And you can enter into God's rest in every area of your life.

I've discovered that the stress in my life is caused by the way I approach my circumstances and the attitude I have toward them. It was a turning point for me when I realized that the world will probably never change, but I could learn how to change the way I go about handling situations that are challenging.

One key to this is knowing that as believers in Christ, we are partners with God — we have a part and He has a part in everything He calls us to do. When we don't do the part we can do and we try to do His part, that's when we live stressed-out with worry, fear, anxiety, frustration, no peace and no joy.

The reason this happens sometimes is because we think God needs our help. We meditate on the problem-rolling it over and over in our mind, worrying, trying to figure out how things should work out. It's like

we're telling God, "I kind of think You need my help, and I'm not sure You can take care of this situation, Lord."

We need to realize that worrying is useless. It's like sitting in a rocking chair, rocking all day, wearing yourself out and getting nowhere. Trusting God means we give up worrying, reasoning, and anxiety and we enter into His rest with simple childlike faith — we live by grace through faith.

Ephesians 2:8-9 is a great scripture that says we're saved by grace through faith. And we walk out our relationship with God and His plans for our lives the same way we receive salvation: by grace through faith.

This is possible because Jesus made the perfect sacrifice for us when He gave His life, taking our guilt and condemnation and paying for our sins. Through a personal relationship with Jesus, we access God's grace so we can do what He's calling us to do.

It's so amazing to know that God is always with us, giving us His grace for everything we need to do in life. Trust God's unconditional love for you today. Do what you can do and give Him everything else.

And when you find yourself getting frustrated or feeling overwhelmed, like you just can't do it anymore, remember to stop, get your focus back on Him and enter into His rest once again.

*J. Johnson Tree Service*

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To be included in this directory contact the Siuslaw News at 997-3441, or drop off information at 148 Maple St., Old Town, Florence.

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Bible Study at 9:00 A.M.  
Services: Worship, 10:30 A.M.  
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1833 Tamarack Street (2 blocks east of Hwy. 101 on 18th St.)  
Bible Study: Sunday 10 a.m.; Worship: Sunday 11 a.m.  
[www.churchofchristflorence.org](http://www.churchofchristflorence.org)

**FLORENCE CHURCH OF THE NAZARENE**  
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Sunday school for all ages 9:15 a.m. • Worship Service 10:30 a.m.  
Youth Group Wed. 7-8:30 p.m.  
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**FLORENCE SEVENTH-DAY ADVENTIST**  
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Worship on Saturday 10:30 A.M.  
Adult/Children's Sabbath School 9:15 A.M.

**FLORENCE UNITARIAN UNIVERSALIST FELLOWSHIP**  
N.W. Corner of Heceta Beach Road & Hwy. 101  
Every Sunday at 10 a.m.  
All are welcome. (541) 997-2840

**FLORENCE UNITED METHODIST CHURCH**  
Worship & Kids Sunday School 10:00  
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Website: [florence4square.com](http://florence4square.com)

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2610 Kingwood, Florence • 541-268-2025  
Sunday Worship @ 10:00 a.m., experience the Power of the Holy Spirit  
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[florencevineyardchurch.com](http://florencevineyardchurch.com)

**NEW LIFE CHURCH-UPC**  
1525 12th St., Suite 24 •541-991-9398  
Sunday Services: 10am and 6pm  
Tues. Bible Study 7:00pm

**NEW LIFE LUTHERAN CHURCH, E.L.C.A.**  
21st & Spruce Street — 997-8113  
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Pastor Lori Blake  
[www.lutheranchurchflorence.com](http://www.lutheranchurchflorence.com)

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Masses: Sat. 5:30 p.m., Sun. 11:00 a.m.  
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# Soups On to discuss personal strengths

Monday, Aug 10, at 6:30 p.m., at 875 Seventh St., everyone is invited to join a group that likes to discuss life's big questions.

This week's subject will be: "What is your greatest strength, and what are you doing to develop it?"

A Baha'i prayer says: "We must strive unceasingly and without rest to accomplish the development of the spiritual nature in man, and endeavor with tireless energy to advance

humanity toward the nobility of its true and intended station."

The evening will begin with bowls of broccoli florentine bisque, fruit, homemade bread and vegetables, followed by the evening's topic until 8:30 p.m.

The gathering will end with prayers for the requests left in the Prayer Pole in the garden of the Florence Playhouse and those shared by the group.

# Area youth invited to 'Summer Splash' today

All youth are welcomed to participate in the Summer Splash children's event at New Life Lutheran on Saturday, Aug. 8, from 10 a.m. to 1 p.m. The time together will include singing songs and story time, outside time in the ABC Preschool playground and craft and art project time. A youth-friendly lunch will

be served. New Life Lutheran is located on 21st Street and Spruce, between Food Share and ABC Preschool.

The theme is "water," so children should prepare to get splashed.

For more information, call Pastor Lori Blake at New Life Lutheran at 541-997-8113.

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