

OPB closing Safeway branch after Friday

Oregon Pacific Bank has announced it will be closing the Florence Safeway Branch and consolidating it into the main branch at 1355 Highway 101.

The last day of operations at the Safeway branch will be Friday, July 31.

To meet the needs of clients who have enjoyed the extended hours at the Safeway

branch, Oregon Pacific Bank will be increasing banking hours at its main branch.

Beginning Saturday, Aug. 1, the bank will have the following hours of operation:

Monday through Friday, from 9 a.m. to 6 p.m., with the drive-through opening at 8:30 a.m.; and Saturdays, from 9 a.m. to 1 p.m.

THE GRILL & LOUNGE
AT SANDPINES

We are now open for lunch in the Lounge 7-days a week!!
Dinner Fri & Sat nights from 5-8pm
HAPPY HOUR 2-5 Wed-Sun
SATURDAY NIGHT DINNER SPECIAL
Surf and Turf Pasta ONLY \$14
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1201 35th Street at Kingwood, Florence
Highway 101 & 35 St. 541-997-4623

During any earthquake.....
DROP, COVER, HOLD
until the shaking stops; then get your "grab and go bag" and evacuate preferably on foot to an assembly area.


However, if you must drive make sure you always keep your gas tank at least half filled.

Be sure to tune into 106.9 FM KCST as the local emergency broadcast station for further information.

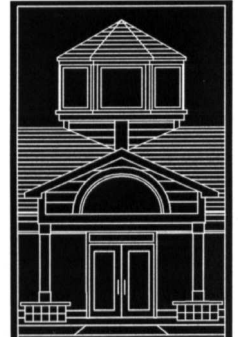
The rule of thumb is if there is violent shaking and it lasts more than 10 seconds once the shaking stops – evacuate immediately if you are in a low lying inundation zone area.

This message brought to you by the West Lane Emergency Operations Group

www.wleog.org



Library Tidings



News about the Siuslaw Public Library

Library Tidings, a regular feature of the Siuslaw News, features news about upcoming Siuslaw Public Library programs for adults and children, new books and videos, and other library news of interest to the community. Library Tidings by Kevin Mittge

As You Wish: Inconceivable Tales from the Making of The Princess Bride

By Cary Elwes
Book Review by Susie Voth
I loved this heartwarming memoir about the making of the film "The Princess Bride." The movie is one of my all-time favorites. When Wesley and I got married I gave it to him as a wedding gift. We love it. We watch it with our children, who also love it.

Part of what makes this audiobook so fantastic is the perfect narration by Cary Elwes (or Westley) and the tidbits of shared information and memories read by various members of the cast and crew including Rob Reiner, Billy Crystal, Robin Wright, Mandy Patinkin, Carol Kane and Christopher Guest, to name a few.

The behind-the-scenes tales will make you laugh, smile, wince or cry. I especially enjoyed the stories about Andre the Giant, a gentle man who, because of his enormous size (7'4" and 500 pounds), died far too young.

Also of interest were the tales of mishaps such as when Elwes broke his big toe in an ATV accident just prior to shooting the

Fire Swamp segment of the film. And then there is the six-minute sword fight. Neither Elwes nor Patinkin knew how to fence prior to making the film. Each spent many hours training with professional swordsmen to become proficient.

Ultimately the sword fight was shot without the use of stunt doubles (except for the acrobatics). There are many memorable quotes from the movie among them:

"Inconceivable!"
"Get used to disappointment."
"Hello. My name is Inigo Montoya. You killed my father. Prepare to die."

"Have fun storming the castle!"

And of course, "As you wish."

Caution: If you have not yet seen the movie or read the book *The Princess Bride* (both available from our library) please do so prior to enjoying this book!

Applicants sought for library board

The Siuslaw Public Library District has a vacancy on its board of directors due to the resignation of current board member Dave Forsberg. The board will interview applicants and appoint a replacement for the unexpired term of Forsberg at a

regular meeting Aug. 19.

The person who is selected by the board as a replacement will be eligible to run for election in May 2017 at the end of Forsberg's current term.

The library board is composed of five residents of the district who are elected to four-year terms. All members serve without remuneration.

Meetings are held monthly.

Applications are available at the Florence and Mapleton branches, and more information is available from library director Meg Spencer by calling 541-997-3132.

Application and other materials must be received by 4 p.m. on Friday, Aug. 7.

No exceptions.

Summer reading grand finale

The grand finale for the children's summer reading program, "Every Hero Has a Story," will be today, July 29, in Mapleton, from noon to 2 p.m., and tomorrow, Thursday, July 30, from 10:30 a.m. to 2 p.m., in Florence.

Come for the picnic and waterslide party! Celebrate the end of the summer reading program, but hopefully not the end of your reading for the summer!

Polio hits closer to home than you might think

One of the causes that will benefit from the money raised by Florence Rotary's "Cool at the Coast" golf tournament Saturday, Aug. 1, at Ocean Dunes, will be Rotary International's End Polio Now campaign.

Only three countries in the world still have recorded cases of polio: Nigeria, Pakistan and Afghanistan. Polio seems of little concern to the people of Florence.

Not so fast. Ethel Angal, Superintendent of the Siuslaw School District, tells a different story.

"I was 5 years old when I got it," Angal says. "I turned five in April and was diagnosed during the summer months."

No one seems to have a credible theory about how Ethel contracted polio.

"I was an active child and I remember kids had to stay inside that summer because of

polio fears running throughout the country. I also remember talk about swimming pools, but we mostly swam in lakes and rivers.

"I had taken a fall on my skates and remember having a really achy, stiff neck. The stiffness spread from my neck down my back to my legs."

When it didn't get better, but instead seemed to get worse, Angal's mom bundled her up and took Angal to the family doctor in Cottage Grove.

He told her that, based on Angal's symptoms, she either had spinal meningitis or polio.

"I was rushed to the hospital and I vividly recall the spinal tap that confirmed the diagnosis of polio," recalls Angal. "I remember my mom crying that day. It was the only time I had ever seen her cry, except for happy tears."

Angal's treatment was varied and largely experimental. Over the next four to eight weeks, she was wrapped in cool blankets to keep her fever down. Then her legs were wrapped in really warm blankets.

Later, after the warm blankets, her legs were rubbed and gently moved to maintain muscle strength. That happened several times a day. It was called the Sister Kenney treatment and was developed by a nursing sister.

"I was lucky that I had a doctor willing to try it," Angal says.

She also had penicillin injections every three hours to prevent infection.

The doctor said that Angal's



COURTESY PHOTO

Ethel Angal

case did not leave her with lasting paralysis or shriveled limbs that many polio victims suffered, because her mom got her in to see him within a day of her first symptoms.

"I had some ongoing physical therapy and missed attending kindergarten that year, which was even worse than polio to me at the time," says Angal. "I was still in the hospital over Halloween and couldn't go trick-or-treating."

As she approached adolescence, Angal had no noticeable after effects of the disease. Her most severely impacted leg is about 1/4-inch shorter than the other leg. She became a varsity cheerleader and was on the high school dance team. She skied, swam, fished, hiked and rafted, and did all the outdoor things that Oregon has to offer.

"I think polio made me a better reader early in life because I couldn't go outside to play for months," says Angal. "When I hit first grade I was a very fluent reader, well above my grade level, because my mom

checked out amazing books from our library."

Today, Angal has pretty significant arthritis and degenerative disc disease but to this point she has not experienced the more severe post-polio syndrome symptoms. She has had two back surgeries and a knee replacement, with another to come.

"In an odd way," she says, "I believe having that early experience of a body that didn't work for a while has made me more appreciative of the blessing of free movement," says Angal. "I still like nothing better than hiking and swimming because it gives me an amazing sense of freedom and peace to be out in nature and to be active."

When asked for her thoughts about Rotary's End Polio Now campaign, Angal said, "I believe that we need to finish the fight. We are so close to eradicating this crippling disease. It is also important to keep spreading the word about booster shots, especially for anyone traveling to an area that has not eradicated polio."

"Although polio is not a worldwide epidemic, it still exists in some parts of the world and is still crippling bodies."

Any golfer in the area can become a part of this worldwide effort. There are still a few spots left for Saturday's tournament, which tees off at 10 a.m. at Ocean Dunes.

To register, call 541-997-3232 or visit www.coolatthecoast.com.

— By Paula Becker

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Entry fee includes beverages on the course, cart and lunch. Non-golfers lunch \$10

Additional prize, food, and beverage sponsors include
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Course transportation provided by Florence Yamaha.