Sally Sherwood Rash knows how to get things done.

"We all have things we want done. We just don't get started," says the Florence author at the outset of her recently published first book.

"Sally's Silly Small Step System" addresses this everyday dilemma in a commonsense approach.

And her system works.

"It is exactly as stated small, often timed steps to start and finish the things we put off," Rash says. "Most of us will be surprised at how much can be accomplished in a set amount of time. In most cases the task is finished in less time than we have put into fretting over it."

Rash, a resident of Oregon for 50 years and a Florence resident for 14 years, will talk about her book and sign copies at PS Winkles on Bay Street on Friday, July 17, from 1 to 4 p.m.



"Sally's Small Step" author Sally Rash

The public is invited. Her book is an outcome of a speech requirement for Siuslaw Tale Spinners, the local Toastmasters International group.

Titled "Sally's Small Step," her speech outlined her simple small-step approach to getting things done and was voted a suc-

Rash moved on to the International Contest district level, where it also received accord.

She was then encouraged to put her concept and ideas into writing.

The result is "Sally's Silly Small Step System," a hardcover book published this month

by Pacific Publishing in Florence. "Sally's small approach

system is a method that is perfect for today's hectic world." says Anne Machalek, president of Siuslaw Tale Spinners

Toastmasters. "Her examples and 'kitchen wisdom' approach to breaking down large tasks into small, enjoyable chunks of concentrated time is perfect for those like me who have a tendency to put off until tomorrow something they could start to do today."

Machalek said Rash's small secret to her successful action plan is her example of how to use a stopwatch when undertaking those dreaded projects that need to be done.

"I've found myself better able to concentrate on the job at hand because of her approach and not get distracted by intrusions into that block of time," Machalek

The book is available at PS Winkles, Pacific Publishing, other book selling outlets and through the author.

For more information, call Pacific Publishing at 541-997-

22nd anniversary

Grant-writing workshop for nonprofits at FEC

An opportunity for representatives of area nonprofit organizations to meet, ask questions and share concerns with three of the largest community trusts in Oregon will be held at the Florence Events Center (FEC) on Wednesday, Aug. 12, from 1 to 4 p.m.

The workshop, called Meet the Funders Gathering, is a Rural Community Outreach Event for southwest Lane County.

Representatives from The Meyer Memorial Trust, The Oregon Community Foundation and Spirit Mountain Community Fund will be on hand to share priorities for funding requests and to answer questions from participants.

This is a gathering that will help funders from these organizations to become better informed about the many challenges and opportunities that exist in rural communities.

It also provides rural nonprofits the opportunity to meet funders and gain a better understanding of grant application processes, funding priorities and to ask questions.

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Sally Yee, program officer of the Meyer Memorial Trust, Jeff Geiger, Program officer, Oregon Community Foundation, and Louis King, program coordinator for Spirit Mountain Community Fund will hold a "Meet the Funder's Panel" from 1 to 3 p.m.

Grant-writing fundamentals will be from 3 to 4 p.m.

There will be light refresh-

ments provided. Registration is required and space is limited to about 45 participants.

The event draws representatives of nonprofits from throughout Southwest Lane County so early registration is essential.

Register or send your contact information and registration request to Louis King at louis.king@thecommunity fund.com.

Contact information should include name, telephone number, email address and the organization that you repre-

For more information or to register by phone, call King at 503-879-1462.



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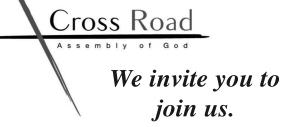
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