

THE RECORD

EXTREME HEAT PROMPTS HEALTH WARNING

As the state's temperatures break into the triple digits by this weekend, health officials are recommending Oregonians take steps to prevent heat-related illnesses that can lead to heat exhaustion and heat stroke.

"Summers in Oregon are great and people want to be outdoors, but temperatures at or above 100 degrees can be dangerous," says Bruce Gutelius, M.D., M.P.H., deputy state epidemiologist at the Public Health Division. "Heat exhaustion and heat stroke are real problems that can lead to death, so people need to take precautions to protect their health."

According to the National Weather Service, the hottest weather of the year throughout Oregon so far is expected to continue through the weekend and into next week. The hottest day in the Willamette Valley will be today, when tempera-

tures will reach 100 degrees in lower elevations and get above 90 in higher-elevation areas.

Eastern Oregon temperatures will be between 100 and 110 degrees into next week.

The Oregon Public Health Division offers the following tips for staying safe and healthy during extreme heat conditions:

1. Stay cool:
 - Stay in air-conditioned places when temperatures are high, if possible.
 - Limit exposure to the sun from 10 a.m. to 4 p.m. when ultraviolet (UV) rays are strongest. Try to schedule activities in the morning and evening.
 - Open windows to allow fresh air to circulate, especially during morning and evening hours, and close shades on west-facing windows during the afternoon hours.
 - Use portable electric fans to exhaust hot air from rooms

or draw in cooler air.

- Wear loose-fitting clothing to keep cool and protect your skin from the sun.
- Use cool compresses, misting, and cool showers and baths.
- Avoid hot foods and heavy meals; they add heat to the body.
- Never leave infants or children in a parked car. Nor should pets be left in parked cars — they, too, can suffer heat-related illness.
- Dress infants and children in loose, lightweight, light-colored clothing.
- Use sunscreen with at least SPF 15 when going outside.
- 2. Stay hydrated:
 - Regardless of your level of activity, drink plenty of fluids, even if you are not thirsty and especially when working outside.
 - Avoid alcohol or liquids containing large amounts of sugar.

People with a chronic medical condition such as heart disease, high blood pressure, diabetes, cancer, or kidney disease may be less likely to sense and respond to changes in temperature. Also, they may be taking medications that can worsen the impact of extreme heat.

People in this category should be closely monitored to make sure they're drinking enough water, have access to air conditioning and know how to keep cool.

Those who exercise or work outdoors in extreme heat are more likely to become dehydrated and get heat-related illness and should pay particular attention to staying as cool and hydrated as possible.

For more information, visit the Oregon Public Health Division Extreme Heat page at www.public.health.oregon.gov.

OBITUARY

BERON—Geraldine M. "Jeri" Beron, 93, of Florence, passed away June 19, 2015.



Geraldine Beron

Jeri loved gardening, playing cards and entertaining friends. She was always cheerful, outgoing and generous. Everyone who met her loved her. She will be greatly missed by many. She is survived by her daughter, Deborah Freeman (Rick); step-grandchildren Rick Freeman Jr. (Lisa) and Nadine Frey; brother-in-law Jim Beron; nephews Rick Beron (Judy), Tim Beron (Kathy), Kevin Beron (Heidi), Terry Beron (Lisa) and Larry Jones; nieces: Vicki Axelson (David) and Jennifer Lockman (James); family members Clyde Brown and Sally Tiedt, and numerous friends.

At her request, no services will be held.

Burns' Riverside Chapel Florence Funeral Home is in charge of all arrangements.

CITY LIGHTS CINEMAS

1930 Hwy 101 • Florence, OR 97439
TIMES ARE FOR FRIDAY, JUNE 26 – JULY 2

\$9 Regular/\$8 Senior or Student/\$7.50 Matinee/
\$7 Child/\$6.50 Member

Inside Out 2D - 102 min (PG) – "Inside Out expands the possibilities of animation. It's also a hilarious ride that delights the eye, the mind and the heart." Portland Oregonian
Fri, Sat: 12:00, 3:00, 6:00, 8:30 | Sun: 12:00, 3:10, 5:30, 8:00 |
Mon: 12:00, 3:00, 6:00, 8:30
Tue: 12:00, 3:00, 6:10, 8:10 | Wed: 11:50am, 4:50, 9:45 |
Thu: 11:20am, 4:10, 9:10

Jurassic World - 124m (PG-13) – "Jurassic World is fresh and thrilling." Empire
Daily Except Sun, Thu: 12:20, 3:30, 6:30, 9:20
Sun: 11:50am, 2:30, 5:20, 8:10 | Thu: 12:20, 3:00, 6:30, 9:45

Love & Mercy - 120 min (PG-13) – "The beauty, and the horror, of Pohlads exhilarating and inventive film...is the sense it gives us of the world passing through Wilson's ears." Village Voice
Fri: 12:30, 3:20, 6:20, 9:00 | Sat: 2:50, 5:30, 8:20 | Sun: 2:30, 5:10, 7:45
Mon: 12:30, 3:20, 6:20, 9:00 | Tue: 12:30, 3:20 | Wed: 2:10, 7:10 |
Thu: 1:35, 9:10

NEW: Max - 111 min (PG) – Max, a US Marines dog, returns home to his handler's family after a traumatic experience.
Fri, Sat: 12:10, 3:10, 6:10, 8:50 | Sun: 12:10, 2:40, 5:10, 7:40 |
Mon: 12:10, 3:10, 6:10, 8:50
Tue: 12:10, 3:10, 8:30 | Wed: 12:10, 3:10, 9:10 | Thu: 11:20am, 1:45, 4:15, 6:40

NEW: Terminator Genisys 2D - 119 min (PG-13) – John Connor sends Kyle Reese back in time to protect Sarah Connor, but when he arrives in 1984, nothing is as he expected it to be.
Sneak Previews Tue: 7:00, 9:40 | Starts Wed: 12:30, 3:20, 6:20, 9:00 |
Thu: 12:10, 3:10, 6:10, 8:50

Special Events:
The Comedy of Errors - 147 min – One of Shakespeare's most entertaining comedies.
Sat: 12:00 | Wed: 6:00 – The final Globe on Screen of the season!
Julie Taymor's A Midsummer Night's Dream - 148 min
Sun: 12:00 – Taymor (*The Lion King* on Broadway) tackles Shakespeare with a visual fervor
Faberge: A Life Of It's Own - 87 min – Tue: 6:00 – True Story Tuesday
Surfin' Florence USA - 120 min – A night of live surf music to remember. \$10/\$12.
Thu: 7:00 – Starring Denny Weaver, Byron Case, Michael Anderson & Nate Kaplan

WWW.CITYLIGHTSCINEMAS.COM

WLCF scholarship apps due Tuesday

Are you a parent of a student who needs money to finish their degree? Are you a student who had to go back to work to continue college or trade school? Are you someone who never went to college but has been thinking of furthering your education now?

Act now; we have scholarship money to give to qualified applicants.

Western Lane Community Foundation has announced five new \$1,000 post-secondary school scholarships.

These scholarships are designed for students who use permanent home addresses within west Lane County and have already been attending college, trade school or who want to enter higher education for the first time.

Applicants must already hold a diploma from high school, including home school, or achieved their GED.

Application deadline for scholarships is Tuesday.

Scholarships are available for traditional four-year universities, colleges, community colleges and approved trade schools.

While academic achievement is one criteria used in determining recipients, other qualifying characteristics include financial need, outside activities, work history and volunteerism to name a few.

Eligible students may apply for these scholarships June 1 through June 30; the scholarship committee will select awardees no later than July 15 of each year.

Applications are available online at www.wlcfonline.org or at the WLCF office, 1525 W. 12th St., Suite 18.

Completed applications with all appropriate inclusions must be received or post marked no later than June 30, 2015.

Western Lane Ambulance District Ambulance Runs June 8-14

Date	Time	Area	Type
06/08/2015	09:00:00	Oak Street	Standby
06/08/2015	14:36:00	Ninth Street	Medical
06/08/2015	15:21:00	Hwy 101	Medical
06/08/2015	18:53:00	Willow Loop	Medical
06/08/2015	20:31:00	Ninth Street	Medical
06/09/2015	02:39:00	Upas Place	Medical
06/09/2015	02:53:00	Rhododendron Drive	Medical
06/09/2015	06:15:00	21st Street	Medical
06/09/2015	15:18:00	Ninth Street	Medical
06/09/2015	16:00:00	Ninth Street	Transfer
06/09/2015	18:18:00	21st Street	Medical
06/09/2015	18:55:00	Rhododendron Drive	Medical
06/09/2015	23:15:00	Ninth Street	Transfer
06/10/2015	01:15:00	Ninth Street	Transfer
06/10/2015	01:45:00	20th Street	Medical
06/10/2015	03:05:00	Highway 126	Medical
06/10/2015	05:45:00	21st Street	Medical
06/10/2015	07:45:00	Ninth Street	Transfer
06/10/2015	08:34:00	Ninth Street	Medical
06/10/2015	10:09:00	Ninth Street	Medical
06/10/2015	11:45:00	Ninth Street	Transfer
06/10/2015	15:33:00	16th Street	Medical
06/10/2015	15:43:00	Kingwood /10th	Medical
06/10/2015	17:11:00	Ninth Street	Transfer
06/10/2015	17:40:00	Ninth Street	Medical
06/10/2015	17:55:00	Oak Street	Medical
06/10/2015	18:42:00	Highway 101	Medical
06/10/2015	19:07:00	Ninth Street	Medical
06/11/2015	04:17:00	Spruce Street	Medical
06/11/2015	07:00:00	Ninth Street	Transfer
06/11/2015	07:05:00	Terrace View Drive	Medical
06/11/2015	07:21:00	Zebrawood Street	Medical
06/11/2015	08:34:00	34th Place	Medical
06/11/2015	13:16:00	Highway 36	Medical
06/11/2015	14:48:00	Ninth Street	Transfer
06/11/2015	16:20:00	Highway 101	Medical
06/11/2015	17:15:00	Grant Creek Road	Medical
06/11/2015	20:13:00	Willow Court	Medical
06/12/2015	03:58:00	Clear Lake Road	Medical
06/12/2015	08:49:00	Ocean Dunes Drive	Medical
06/12/2015	11:47:00	Ninth Street	Medical
06/12/2015	13:40:00	Rhododendron Drive	Medical
06/13/2015	00:00:00	Miller Park, off 18th street	Medical
06/13/2015	01:41:00	22nd Street	Medical
06/13/2015	04:22:00	Shore Crest Drive	Medical
06/13/2015	05:03:00	Gloria Gayle Way	Medical
06/14/2015	09:33:00	E Mapleton Road	Medical
06/14/2015	12:29:00	42nd Street	Medical
06/14/2015	12:50:00	9th Street	Transfer
06/14/2015	14:13:00	Lillie Circle Court	Medical
06/14/2015	22:14:00	4th Avenue	Medical
06/14/2015	23:13:00	Ninth Street	Transfer

Correction

In the front-page special feature, "Cool Places to Visit This Summer," in the June 24, 2015, issue of the Siuslaw News, the time of the Oregon Coast Military Museum's Grand Opening celebration was incorrect. It is Saturday, July 4, from 10 a.m. to 4 p.m., with a ribbon-cutting ceremony at 1 p.m. Siuslaw News regrets the error.

WEATHER DATA

DATE	HIGH	LOW	RAIN
June 16	62	47	0.00
June 17	65	39	0.00
June 18	66	48	0.00
June 19	68	52	0.00
June 20	68	44	0.00
June 21	62	46	0.00
June 22	67	48	0.00

Rainfall Week: 0.00"
Month: 0.38" Year: 31.43"

Courtesy of Roger Cunningham

Deadlines for press releases and news items are Mondays and Thursdays at noon.
pressreleases@thesiuslawnews.com

Join us for our annual Ice Cream Social Event!



Friday, July 3rd
11:00am to 3:00pm

Live music during the event!

Free ice cream from
BJ's Ice Cream Parlor!






FLORENCE BRANCH 1355 HWY 101
541-997-7121 www.opbc.com

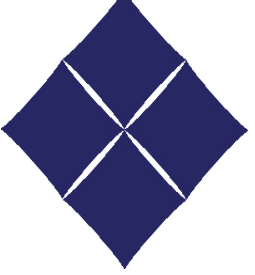
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COURTS

Florence Municipal Court Jan. 20

Shannon Lea Tilley pleaded guilty to DUII. She was sentenced to two days in Florence City Jail and must report to AMP. She must pay \$2,715 in fines and her driver's license is suspended for one year.

BLACK YELLOW MAGENTA CYAN