

OPEN HOUSES SATURDAY JUNE 27TH

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Come & tour this beautiful 2 bdrm, 2 bath home located just south of Florence in the South Lakes neighborhood. Separate 800 sq. ft. guest accommodations located above the detached 2-car garage. Multiple decks, level yard great for entertaining.

Open House Hours:

11 am to 1:30 pm

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Fire restriction levels raised in Lane County

The Oregon Department of Forestry (ODF) has increased restrictions on forest activities in the Western Lane and South Cascade Districts due to rising fire danger.

The regulated-use closure specifically aims to reduce the chance of wildfires starting from public activities in forested areas.

"Fire danger is trending much higher than normal and is either setting or close to setting records," South Cascade District Forester Greg Wagenblast said. "Large fuels are very dry for this time of the season and the grasses are curing (drying) out."

Wagenblast noted that all wildland fuels — including grasses, woody debris and vegetation — are susceptible to

ignite and carry fire under current conditions. The tightened restrictions ban the following activities:

"Fire danger is trending much higher than normal and is either setting or close to setting records."

— Greg Wagenblast, South Cascade District Forester

- Smoking in the forest except in closed vehicles
- Campfires outside of designated campgrounds

• All open fires: Use of motorized vehicles except on improved roads

- Use of any fireworks and the use of chainsaws
- Mowing of tall dead or cured grass between the hours of 1 p.m. and 8 p.m.

The regulated-use closure also requires forest users to carry a shovel with a 26-inch handle and an 8-inch blade, and either one gallon of water or a 2-1/2 lb., ABC-rated fire extinguisher.

Western Lane and South Cascade declared fire season June 16. That declaration primarily affects forest operations, such as logging sites, by requiring firefighting equipment onsite and the use of precautionary measures against fire.

The regulated-use closure taking effect extends restrictions and preventative measures to the public on all private forestlands in Lane County and eastern Linn County.

Link Smith, Western Lane District Forester, noted that the National Weather Service has forecast very hot weather starting mid-week.

"That will dry out fuels and increase fire danger even more," Smith said, "so we're asking for the public's assistance with fire prevention and fire safety."

The district foresters said complying with Regulated Use is one way the public can help protect their communities and the natural resources of the state.

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OSAA from 1B

with Centers for Disease Control and Prevention (CDC) concussion recognition and response; sudden cardiac arrest protocols; hydration and heat preparedness; and instruction on proper helmet and shoulder pad fitting.

Recommended for 2015 and required in 2016, Oregon high schools will designate one Player Safety Coach (PSC) from their football coaching staffs. Each PSC will be trained by USA Football to guide, direct and monitor the program's implementation as well as lead in-person training for fellow coaches, parents and players.

PSCs have access to USA Football clinics statewide this summer to learn Heads Up Football protocols and techniques.

Coaches also will complete an online Heads Up Football High School training course

developed by the National Federation of State High School Associations (NFHS) and USA Football. The course is made available to all U.S. high school football coaches at www.NFHSLearn.com.

According to the NFHS, more than 1.12 million boys played high school football in 2013-14, outnumbering the combined participation figure for the second- and third-most popular boys sports combined.

"In our ongoing effort to minimize risks in the sport, we are pleased to partner with USA Football and implement Heads Up Football," said OSAA executive director Tom Welter. "This program will ensure that all coaches, players and parents will receive consistent technique training and make the game as safe as possible."

Dr. Michael Koester, chairperson of the OSAA Sports Medicine Advisory Committee, says the Heads Up Football requirement in Oregon is logical considering in 2008 OSAA became the first state high school activities association to prohibit same-day return to play for athletes with a suspected concussion.

"The committee sees this as a natural next step as we continue to look at innovative ways to minimize the risk of all football injuries, but particularly concussions," Dr. Koester

said. "This is an opportunity for high school coaches to set a standard for the youth leagues in their communities across the state. Ideally, we'll have youth coaches getting certified as well, allowing for continuity of tackling techniques and safety protocols through an athlete's entire playing experience."

"As a team physician and the parent of a high school football player, I'm excited about Heads Up Football."

USA Football's Heads Up Football program includes the following components:

- Coaching education: Coaches successfully complete online training through the NFHS-USA Football High School Heads Up Football course at NFHSLearn.com, covering football fundamentals and all-sport-relevant topics of concussion recognition and response, sudden cardiac arrest protocols and hydration and heat preparedness.

• Concussion recognition and response: Coaches gain in-person instruction and are assessed on CDC concussion recognition and response.

Coaches, parents and players are taught concussion-related protocols at the start of the season.

• Equipment fitting: Coaches, parents and players are taught proper helmet and shoulder pad fitting.

• Heads-up blocking and

tackling: Series of fundamental drills reinforce tackling and blocking mechanics, teaching players how to perform these basic football skills with a focus on reducing helmet contact.

• Sudden cardiac arrest: Instruction on how to have plans and procedures in place to quickly react in the case of cardiac events, the No. 1 cause of death among young athletes during exercise.

• Heat and hydration: Coaches, parents and players learn heat and hydration safety measures provided by the Korey Stringer Institute at the University of Connecticut.

• Player Safety Coach: Appointed by each high school, this individual ensures that High School Heads Up Football principles and protocols are properly taught and applied within a program.

"This is a watershed moment for high school football," USA Football CEO and Executive Director Scott Hallenbeck said. "The OSAA's commitment to its football student-athletes and coaches establishes a new standard on the state level, employing the best available science."

Coaches are teachers. Supporting them with education is a powerful catalyst to change for the better how players are taught and safety is addressed."

Otter from 1B

six heats throughout the day. The beach cleanup challenge, a popular way for the non-surfer and surfers alike to participate, awarded prizes for the biggest, the tiniest and the longest-travelled pieces of debris.

The challenge teaches stewardship and awareness of marine debris while rewarding and reinforcing cleanup behaviors.

"We want the kids to have a good time surfing, and in a fun way also understand that it's up to us to protect what we all love — our oceans, waves and beaches," said Vince Pappalardo, volunteer coordi-

nator for the Newport chapter.

Pappalardo said the Newport chapter is extremely grateful to its local sponsors who make this fun, family event so special for the community. Sponsors included: Figaro's Pizza, Savory Café, Ocean Pulse, Ossie's Surf Shop, Pura Vida Surf Shop, Warm Current, Cleanline Surf Shop, Bike Newport, Cascade Construction, Coast Home Repair, Dutch Brothers, Mills Ace Hardware, Fiberglass Supply, Russo Surfboards, Moment Surf Shop, Safari Town Surf, Lincoln City Surf Shop, Gorge Performance Surf Shop, The Discovery Channel, Sunset Skateboards and ZFlex Skateboards.

Contest results:

- Child with parent: Elijah Pyle, Finley Lacy, Brody Winger
- 12/under girls: Marley Snavelly, Isabelle Serrato
- 12/under boys: Kainoa Trumbull, Michael Joseph Schell, Trevor Tice
- 13-15 girls: Savannah Russo, Maria Barten, Hannah George
- 13-15 boys: Payton Alexander Timm, Jonec Wright, Benjamin Clark
- 16-18 boys: Jesse Henton, Theo Hollen
- Best beginner: Savannah Arguelles, Conner Wolfe, Tessa Osburn

Beach Safety

HIGH WAVES CAN REACH YOU

Tides and waves can sweep over rocks, jetties and headlands, knocking you off and carrying you out to sea.

How to play it safe: Assume nothing is "high enough" and avoid exposed rocks, jetties and headlands during strong wave action (like during and after storms).

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WATCH THOSE LOGS

The ocean is strong enough to pick up even the biggest log and plop it down on top of you.

Some logs may look small, but even the tiny ones can be water-logged and weigh tons.

How to play it safe: If you see a log in the surf or on wet sand, stay off of it.

Oregon First Community Credit Union
2077 Hwy. 101, Florence
541-902-9599

Western Lane Ambulance
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Florence
541-997-9614

Siuslaw News Garage Sale GUIDE

Fri./Sat., 6/26-/27,
9am-5pm,
87656 Saitaire St.
No Early Birds.



Fri./Sat. 6/26-6/27,
10am-?, No Early Birds,
1607 W 37th,
Tools 30yrs. of accumulation,
2 BBQs, household.



Huge Yard Sale
Sat. 6/27
9am-4pm
269 Ivy
Tools, furniture, household items,
garden art.

**Veteran's of Foreign Wars
Yard Sale**
June 26-27
9am-4pm
Elks Lodge Parking Lot



ESTATE SALE
3250 Redwood Loop
Fri. & Sat., 9-3
Entire house, garage, and RV
barn must be liquidated. Quality
furniture, antiques and vintage
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household goods.
All sales final. Credit cards
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Take 35th to Spruce.
View pictures at
www.CindyWobbeEstates.com.

Huge Indoor Yard Sale

**SAT., JUN. 27,
8AM-2PM**
Florence Events Center
The largest yard sale under one
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families and non-profit groups.
\$1 Admission
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