

# Florence Elks donate to DAV



COURTESY PHOTO

Florence Elks Lodge #1858 continues to support veterans programs and presented a \$1,000 check to the Disabled American Veterans Van Fund. Thousands of miles are generated by volunteer drivers as they transport veterans to their medical appointments in Portland and Roseburg each year. This donation will help with maintenance of the DAV vans. From left: Roger McCorkle, chairman of the board, Florence Elks; David (Skip) Stitt, commander of DAV Chapter 23; and Tom Hornback, exalted ruler, Florence Elks.

# Rhody Express is easy connection to festivities

The Rhody Express will operate its regular hours on Friday, May 15, from 10 a.m. to 6 p.m., during Rhody Festival weekend. Fares are \$1 one-way or \$2 all day. Want to taste the night life during the 2015 Rhododendron Festival this year? The Rhody Express is a safe and convenient way to get you from Bay Street to any lodging within the city limits free of charge from 9 p.m. to 3 a.m. on Friday, May 15, and Saturday, May 16. So have fun and remember to drink responsibly. Rhody Express pickup is at the intersection of Bay Street and Maple Street. For a detailed bus schedule, pick up a brochure at the Chamber of Commerce, City Hall or online at [www.ltd.org/rhody](http://www.ltd.org/rhody). For more information, call the Rhody Express at 541-902-2067.

# OCCO announces spring concert in Florence

The Oregon Coast Chamber Orchestra will present its Spring concert of the 2014-2015 season, under the baton of John Monks. Titled "A Spring Potpourri," the concert will be a mix of pieces arranged for small orchestra. Saucy folk and ethnic motifs by Sullivan, Barry and Faure will be countered with grandiose and tongue-in-cheek melodies by Mozart, Moszkowski and Perkins — all complimented by thoughtful and soothing tunes by Beaver and Jobim. Performances are at 2 p.m. Saturday, May 16, at the Church of God in Reedsport, and for 2 p.m. on Sunday, May 31, at the Florence Community Baptist Church. Admission is \$10 at the door, children and students free. Visit [www.occorchestra.org](http://www.occorchestra.org) or call 541-997-3727 for more information.

# Us TOO Florence Behind the headlines



BY BOB HORNEY  
CANCER SURVIVOR

chance of showing valid results. Not only that, the study started over 20 years ago and the group coming up with the recommendations had no members in your specialist's medical field.

Who are you going to believe?

Are you going to maintain your trust in your respected and up-to-date specialist or abandon him/her for the latest headlines?

That pretty well sums up why Us TOO Florence remains firm in its recommendation that men have a baseline PSA test at age 40. How did we originally come up with that recommendation?

Long story short, we got it from the AUA. It was the AUA's recommendation for four years, from April 2009 until May 2013, that men get a baseline PSA at age 40. It was very adamant that a baseline PSA and digital rectal exam (DRE) at that age could predict the future risk of prostate cancer 20 to 30 years hence.

It even took the USPSTF to task for its flawed recommendation in 2012 that healthy men avoid taking the PSA test.

Then, in an unfathomable reversal, the AUA decided to rely solely on the results of prospective, randomized, controlled trials.

Well, when the AUA went that route, it threw men from age 40 to 54 "under the bus" simply because they have never been part of those trials. After all, prostate cancer was an "old man's disease," so why include these young men in any clinical trial? Most of the clinical trials included men starting at age 60.

The AUA now only recommends PSA screening for men starting at age 55 and ending at age 69.

Even LUGPA (Large Urology Group Practice Association) on which Dr. Bryan Mehlhaff serves as a board member, broke with the AUA, coming out with revised guidelines in September 2013.

LUGPA recommends a base-

line PSA test for men while in their 40s and recommends continuing offering testing for all men who have a life expectancy of 10 or more years. At least LUGPA understands that many (if not most) men at age 69 have a lot of life left in them.

Rather than follow the AUA and abandon our young men, several of whom were diagnosed in their 40s, we are stick-

ing with our above recommendation.

Us TOO Florence suggests men make it a 40th birthday present to their family instead of procrastinating for 10 years (yes, we men will do that).

Whether considering a baseline test at age 40 or during one's 40s, the importance of this early PSA baseline test cannot be over emphasized.

**Buying or Selling? I can help.**

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**...need a friend?**

**Meet BUFFY**

I'm Buffy and I came to the shelter after having kittens out in the sand dunes. I can be a little stand-offish but if you pet me I will warm up to you. I love looking after the other cats in my room, especially the shy cats. They all treat me like the mama cat. I would be happier in a home with at least one other cat that I could have as a friend.

If you would like to meet Buffy or any of her friends, please visit us at:

**FLORENCE HUMANE SOCIETY**  
2840 Rhododendron Drive • Florence • 541-997-4277  
[www.florencehumane.org](http://www.florencehumane.org)  
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# Rhody Days apparel now available at Shippin' Shack

The Shippin' Shack is the official 2015 location for Rhody Days apparel.

The 108th Rhododendron Festival is just around the corner. Show you're ready to Rock and Rhody with an official T-shirt or hoodie.

Come to The Shippin' Shack at 625 Highway 101, or the Florence Area Chamber of Commerce at 390 Highway 101, and pick yours up today.

For more information, call The Shippin' Shack at 541-997-5888.

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