

Central Coast Disposal

The only locally owned & operated garbage company in Florence.

We provide full service trash & recycling removal for commercial & residential accounts.

**Call us today for prices,
541-902-7554.**

PO Box 1629, Florence OR 97439.

Ever wonder what you Compost from your Kitchen?

The basics of composting are simple. Most people know they can compost fruit and vegetable peels, leaves, and grass clippings. But what about:

- Coffee grounds and filters & tea bags
- Used paper napkins, paper towel rolls, paper plates
- Pizza & cereal boxes, paper bags ripped into smaller pieces
- The crumbs you sweep off of the counters and floors
- Plain cooked pasta and rice
- Stale bread, saltine crackers, cereal, pretzels
- Old herbs and spices, moldy Cheese
- Melted ice cream, old jam, Jelly and preserves
- Stale beer and wine, wine corks
- Paper egg cartons, toothpicks, bamboo skewers

To learn more call

Central Coast Disposal 541-902-7554



Chris, Dustin, Tony, Mike, Cameron, Gerrie, David, Joshua



Lynne, Clarita & David

YES

These kinds of things go in the recycling cart.

Plastic:

Empty and rinse; no lids under 3 inches
Milk, water, juice & pop bottles
Yogurt, dairy & margarine tubs
Shampoo & conditioner bottles
Bathroom, kitchen & window cleaner bottles
Detergent & fabric softener bottles
Pill bottles (*non prescription*)
Clean plastic cups Lids 3 inches or larger (*Remove from containers and rinse*)
Clean plastic plant pots
Aluminum & tin can: Empty and rinse out food residue. Labels OK
Beverage cans
Food cans
Clean aluminum foil or foil trays
Cardboard: Flatten (*less than 3 ft x 3 ft*)
Mixed paper & newspaper:
Keep it loose - don't bundle, bag or tie
Newspaper & advertising inserts
Advertising mail & envelopes

Shredded paper (*bagged in clear plastic bags*)
Paperback books
Cereal & dry food boxes (*remove liner*)
Magazines, catalogs & phone books
Non-foil wrapping paper
Frozen food boxes Juice boxes
Milk, juice & broth cartons
Clean paper cups
Glass jars & bottles
Empty and rinse out food residue Labels OK

Plastic:

NO Styrofoam take-out containers
NO Styrofoam or packing peanuts
NO Styrofoam cups
NO Plastic caps or lids (under 3 inches)
NO Plastic plates or utensils
NO Plastic clothes hangers
NO Empty motor oil or anti-freeze containers
NO Empty prescription vials
NO Candy wrappers or chip bags
NO Ziploc bags

Paper:

NO Food-soiled food boxes
NO Disposable diapers
NO Ribbons or foil wrapping paper
NO Wax or plastic-coated cardboard
NO Paper towels, plates or napkins
NO Dirty or soiled paper or facial tissue
NO Hardback books* *Tip: remove covers & binding for garbage (pages are recyclable)

Glass:

NO Mirrors or window glass
NO Ceramics or dishes
NO Broken glass
NO Light bulbs

Metal:

NO Caps, rings or lids (under 3 inches)
NO Empty aerosol spray cans
NO Paint cans
NO Sharp or greasy metal
NO Metal clothes hangers

Miscellaneous:

NO CDs or CD cases
NO Household batteries
NO Clothing, textiles or shoes
NO Medical needles, syringes "sharps"
NO Tires
NO Electronics
NO Furniture
NO Food scraps

BLACK
YELLOW
MAGENTA
CYAN