



Siuslaw News

WEDNESDAY

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INSIDE

You Can Make a Difference!

90% of typical household garbage can be re-used, recycled, or composted

Where to Recycle

In Florence, Oregon Spring 2015



Information provided by the Florence Master Recyclers brought to you by Lane County Waste Management Division, the City of Florence Environmental Management Advisory Committee, Coastal Coast Disposal & Land County Transfer & Recycling. Published by the Siuslaw News

RECYCLE GUIDE

SERVING THE COMMUNITIES OF FLORENCE • DUNES CITY • WESTLAKE • MAPLETON • SWISSHOME • DEADWOOD • YACHTS AND ALL POINTS BETWEEN

125TH YEAR • ISSUE No. 32

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\$ 1.00

A CENTURY OF Memories

BY CHANTELE MEYER
Siuslaw News

Maxine Marringer was born 100 years ago today in Dundee, Ore. The Florence resident celebrates this special day with her son Larry Marringer, close family friends Jane and Gary Georgeson and family members. Larry, 67, has been a big support in her life.

“He’s taken care of me and been real good,” Maxine said. Maxine and Larry moved to Florence in 2005 after living together in Gresham and Vernonia since 1981. “I like it here. It’s nice and warmer,” she said. “There’s so many things to do. We eat out a lot.” Her favorite restaurant is Kozy Kitchen, which she called a local hangout. “They make a fuss for her there,”

Florence resident Maxine Marringer turns 100 today

Larry said. One of the reasons they like to eat out is because Maxine cooked at various cafes, restaurants and buildings through her career in the restaurant industry. She once made lasagna for 1,000 people in Seattle at the Bell Building. “She said they were sliding on spaghetti sauce,” Larry said.

See **BIRTHDAY 7A**



Maxine Marringer sits in her home while displaying a portrait of herself and the birthday letter she received from President Barack Obama.

PHOTO BY CHANTELE MEYER/SIUSLAW NEWS

HEALTHY LIVING



PHOTO BY DAVID ROSS

Visitors stop by the Florence Events Center last weekend to view dozens of exhibits and seminars promoting a healthy lifestyle.

LET'S GET HEALTHY



PHOTO BY CHANTELE MEYER/SIUSLAW NEWS

Hundreds turn out for 5th annual Community Health Fair

A crowd of nearly 250 people visited 30 different exhibitors Friday afternoon as part of the weekend's Community Health Fair festivities. This year marked the fifth anniversary of the event that culminated with the 5K Fun Run/Walk on Sunday (see today's Sports section).

Set at the Florence Events Center, health fair exhibits covered everything from dental care and hearing loss solutions to healthy retirement living, prostate cancer, weight loss, pet health, mental health, drug addiction, emergency preparedness, massage, exercise, in-home and long-term care, herbal remedies, organic foods and spiritual health.

Attendees were treated to exercise demonstrations by personal trainers from Coastal Fitness and Bollywood dance exhibitions by Studio Florence. The first 100 attendees enjoyed a delicious heart-healthy, gluten-free, vegetarian lunch provided by the Bridgewater Restaurant.

Also on Friday, about a dozen individuals received their first aid/CPR/AED certification by participating in the course courtesy of the Western Lane Ambulance District's Charley York

and George Lydick.

On Saturday, attendees enjoyed a free vegetarian lunch prepared by the Seventh-day Adventist Church. Fifteen different presenters conducted nearly 30 seminar sessions on topics ranging from gluten-free diets to organic and GMO-free foods; from running as a lifestyle to simple chair exercises; and from dealing with infectious disease to prostate cancer, hearing loss, and dental hygiene.

Throughout the three-day health fair, attendees told organizers how thankful they were for the diversity of informative exhibits and seminars, and exhibitors and presenters said they were delighted by the number of people they were able to help.

See **FAIR 7A**

Support needed for public pool

Group meets tomorrow to report progress

BY JACK DAVIS
Siuslaw News

MAPLETON — There used to be a public swimming pool in western Lane County and there may be again if the board of Siuslaw Wellness in Mapleton (SWIM), formerly Siuslaw Regional Aquatic Center, can muster enough community support and funding to repair and reopen the six-lane pool, located on the Mapleton School District grounds.

SWIM will host an information and recruitment meeting tomorrow, April 23, at 5:30 p.m. in the Siuslaw Public Library's Bromley Room to share the board's progress and goals, and to recruit board members and others interested in helping with the project. The meeting is open to the public.

The amount of money needed to repair the pool, retrofit the pool building for energy efficiency and upgrade the pool's hydrological systems is estimated to be \$600,000, with 90 percent to be raised through matching grants, according to acting board president Lauren Hesse. She said SWIM has raised approximately \$10,000 through fundraisers and gifts.

The pool facility, which closed in 2009 because of cracks and leaking, is currently maintained by the Mapleton School District. Budget tightening has prevented the school district from repairing and reopening the pool.

SWIM is working to finalize an agreement with the district to take over responsibility for the pool facilities.

Hesse envisions the pool, once repaired and upgraded, to become a regional destination. In addition to school students, she sees the current focus on wellness as a means of attracting families and the elderly to the pool. Wellness may also become an avenue for revenue.

“There is a strong push for wellness going on in our country right now,” Hesse said. “I have made calls to two insurance companies. They offer wellness grants that will help fund operating expenses. But, we need water in the pool.”

“We also have verbal agreements from major corporate health networks in the area that once the pool is open, there will be a contribution because it is in their best interest to keep people healthy.”

See **POOL 7A**

INSIDE WEDNESDAY

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Your Weather

TODAY	THURSDAY	FRIDAY	SATURDAY
Clouds & Sun	Mostly Cloudy	Rain	Rain
56 43	55 44	56 46	58 51



Sports — B



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BLACK
YELLOW
MAGENTA
CYAN