

GENERAL NEWS

Mapleton Kindergarten Round-Up April 21

Mapleton Elementary School will hold its annual Kindergarten Round-Up on Tuesday, April 21, for all children in the Mapleton School District who will be age 5 by Sept. 1.

Parents and their upcoming kindergarten students should plan to attend at 5:30 p.m. Students will have a chance to meet their fellow students and parents will receive helpful information about kindergarten.

Bring your child's birth certificate, immunization records, and their social security card to the Kindergarten Round-Up.

Knowing how many kindergarten students to expect in the fall is extremely important. If you know of a student who will attend kindergarten in the fall and is unable to attend Kindergarten Round-Up, call Mapleton Elementary School at 541-268-4471.

Siuslaw kindergarten registration April 20-30

Kindergarten registration for Fall 2015 within the Siuslaw School District will be April 20 to 30, from 8 a.m. to 3:30 p.m. each day at Siuslaw Elementary School.

Enrollees must be 5 years

old on or before Sept. 1, 2015.

Parents should bring proof of age and an immunization record. No child will be admitted or allowed to attend school in the fall without proof of age and immunizations.

'Let's get healthier, Florence!'

Mayor declares April 17 to 19 as Florence Health Weekend



PHOTO BY CHANTELE MEYER/SIUSLAW NEWS

Volunteers from the fifth annual Community Health Fair accept a proclamation from Mayor Joe Henry at the Florence City Council meeting on April 6.

A dozen volunteers associated with the fifth annual Community Health Fair were on hand during the April 6 Florence City Council meeting to receive a mayoral proclamation designating next weekend, April 17, 18 and 19, as "Let's Get Healthier, Florence, Weekend."

"We are thrilled!" said health fair head organizer Linda Lydick. "To have Mayor Henry recognize our event and encourage everyone's attendance and participation means so much to our committee. It adds an extra degree of significance to the hard work of our volunteers, to all our exhibitors and seminar leaders, and to the participants in the Sunday 5K Fun Walk/Run."

The annual Community Health Fair takes place on Friday, Saturday, and Sunday, April 17 to 19, at the Florence Events Center.

This year marks the fifth anniversary of the event that typically draws hundreds of people and provides them an opportunity to speak on matters of interest to women, men, seniors, kids and even pets, with a wide range of healthcare experts.

On Friday only, from noon to 5 p.m., attendees can visit dozens of fun exhibits with valuable information. There will be lots of door prizes and a free heart-healthy lunch by Bridgewater Restaurant.

On Saturday, enjoy a free lunch provided by the Seventh-day Adventist Church at 1 p.m., then choose from

helpful seminars by experts from across a variety of disciplines starting every half hour from 2 to 5:30 p.m.

Refreshments will be provided by Nature's Corner and Healthy Harvest restaurants.

Sunday is the 5K (3.1 miles) Fun Run/Walk. Day-of-race registration begins at 7:30 a.m. and the 5K starts at 9 a.m.

However, pre-registration is recommended by e-mailing FlorenceORHealthFair@gmail.com. Entry forms are also available at Coastal Fitness.

The \$20 entry fee helps benefit the Friends of Florence cancer van. Each registrant receives a commemorative T-shirt, ribbon and refreshments after the event.

City Manager Erin Reynolds, who ran the inaugural Community Health Fair 5K

last year, told organizers she plans to run again this year.

Nearly 50 runners and walkers of all levels participated in 2014.

The annual Community Health Fair is presented by the Florence Seventh-day Adventist Church and underwritten by Korando Dental Group. For more information, call 541-999-2052.

In Mayor Joe Henry's Proclamation for the 2015 Community Health Fair, he said, "Florence residents need and deserve access to the best information about the many outstanding local providers of healthy living information, products and services."

"This hardworking group of volunteers does indeed rally the community toward better health."

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Thank you Dr. Khurram Naqvi...
...for your loving care of our beloved mother, Frances. Your compassion and support for her and our family will never be forgotten.
You are the very best!
Christine Davies & Julie Jarvis

LET'S GET HEALTHY, FLORENCE!

YOUR BETTER HEALTH STARTS APRIL 17-19!

AT THE FLORENCE EVENTS CENTER

MEET AND TALK WITH EXPERTS! LOTS OF FREE INFORMATION!

- Women's health • Men's health
- Senior health • Kid's health
- Pet health

Friday, April 17, Noon-5 p.m.
DOZENS OF FUN EXHIBITS—FRIDAY ONLY!
Get answers from more than 30 exhibitors offering valuable information on health-related services, products, and trends for women, men, seniors, kids...even pets! Lots of door prizes too! Free heart-healthy lunch provided by the Bridgewater Restaurant to first 100. Free CPR/AED training course for first 20 who sign up by e-mail: florenceorhealthfair@gmail.com.

Saturday, April 18, 1-6 p.m.
LOTS OF FREE SEMINARS—SATURDAY ONLY!
MEET THE EXPERTS!
Free heart-healthy lunch provided by the Florence Seventh-day Adventist Church for the first 100. Then choose from a wide variety of insightful 30-minute seminars beginning at 2:00 with relevant, easy-to-use tips for a healthy new you! Refreshments by Nature's Corner and Fresh Harvest Bakery.

Sunday, April 19, 9 a.m.
5K (3.1 mi.) FAMILY FUN RUN/WALK
On-site registration begins at 7:30 a.m. Entry forms also at Coastal Fitness. Pre-registration required to receive commemorative t-shirt. \$20 adults, \$15 kids under 18. E-mail florenceorhealthfair@gmail.com. Portion of registration fee supports the Friends of Florence Cancer Van!

FREE HEART-HEALTHY LUNCH FRI. noon & SAT. 1:00 pm TO FIRST 100 PEOPLE!



- Friday Exhibitors:**
Korando Dental Group
Dynamic Hearing Solutions
Osburn Veterinary Clinic
Florence Chapter Oregon Right to Life
SAPPSA
90by30
Studio Florence
Pro-Fit Clinic
New Horizons In-Home Care
Us Too Florence
Elderberry Square
The Shorewood
McKenzie Willamette Medical Center
CERT
Whiskey Creek Organics
Dreamscape Massage, LLC
Coastal Fitness
TOPS
Waves Spa
Best For Hearing
Peace Harbor Medical Center
Peace Harbor Home Health & Hospice
Lane Blood Center
Sonshine Christian School
Florence Seventh-day Adventist Church
Fred Meyer
Emily's HerbaLS
Spruce Point
Nat'l Alliance Mental Illness
- Saturday Seminars**
Dr. Charles W. Korando, DDS, "Dental Hygiene and Pregnancy"
Joan Taber, Dietician, "Gluten Intolerance & Celiac Disease"
Lucas Stang, PA-C "Infectious Disease"
Dr. Gina Wilson, OB/GYN "Water for Life"
Frank Nulty, CERT "Emergency Food Secrets for Your Survival Kit"
Karen Hazelwood, Certified Holistic Nutritionist "Nutrition for Health and Wellness"
Jim Archer, Running Enthusiast "Running, A Lifetime Practice"
Emmanuel Beaulieu, B.S., BC-HIS "Coping With Hearing Loss"
April Dumas, "Choosing Healthy Living by Refusing Addictive Substances"
Amy Tanikawa, "Reducing Child Abuse"
Emily Frazier, MFA, "Western Herbs for Wellness"
Jim Mitchell & John Herbst, Coastal Fitness, Exercises

City Lights Cinemas, Siuslaw News host Earth Day movie April 22

In celebration of Earth Day, April 22, City Lights Cinemas and the Siuslaw News will be partnering together to present "Planetary" at noon and 6:30 p.m.

Directed by Guy Reid, "Planetary" presents a stunning visual portrait of our Earth, taking viewers on a journey across continents: from the African savannah to the Himalayas, and from the heart of Tokyo to the view of our fragile planet from orbit.

Through intimate interviews with a diversity of people, from NASA astronauts and environmentalists to philosophers and Tibetan lamas, the film explores our shared future.

It suggests that the key to transforming our civilization lies in an understanding that all life is inseparably interconnected, and that we cannot change the world unless we change the way we see ourselves, our planet, and the wider

cosmos we are embedded within.

Tickets are \$9, or \$8 for seniors, \$7.50 for students, \$7 for matinees, or \$6.50 for children.

Regular or matinee tickets can also be purchased at the Siuslaw News, 148 Maple St.

Bring your ticket stub to the Florence Green Fair on May 2 for free admission.

City Lights Cinemas is located at 1930 Highway 101 in Florence.

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 11	APRIL 12	APRIL 13	APRIL 14	APRIL 15	APRIL 16	APRIL 17
Showers	Times of Clouds and Sun	Breezy, Periods of Rain	Mostly Cloudy, Showers	Partly Sunny	Clouds and Sun	Cooler, Some Sun
53°F 38°F	59°F 43°F	55°F 43°F	54°F 41°F	58°F 43°F	61°F 46°F	54°F 38°F

DID YOU KNOW?

Part of protecting your automobile investment is finding an auto repair shop you can trust. A trustworthy mechanic whom you're comfortable with can ease any concerns you have when taking the car in for maintenance, whether that maintenance is a routine tuneup or more extensive repairs. Though mechanics differ greatly, find one you can trust and one who knows your car.

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The 5th Annual Community Health Fair is presented by the Florence Seventh-day Adventist Church and underwritten by The Korando Dental Group.

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