

SENIOR NEWS

CALENDAR OF EVENTS APRIL 8 – MAY 9

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

	8 Abraham Lincoln Series: “12 Years a Slave” showing 12 p.m. Siuslaw Library Garden Club 12:30 p.m. Presbyterian Church Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station Climate Change presentation 6 p.m. Siuslaw Library	9 Siuslaw Friendship Club meeting 11 a.m. Ocean Dunes Golf Links	10 Coastal Women Veterans meeting 11:30 a.m. Ichiban Restaurant CROW’s “Once Upon A Mattress” 7 p.m. FEC Jefferson Starship concert 8 p.m. Three Rivers Casino & Resort	11 “Public Speaking 101” free workshop 9 a.m. & 1:30 p.m. Florence Playhouse Early Rhody Flower Show 1-5 p.m. FEC CROW’s “Once Upon A Mattress” 2 & 7 p.m. FEC Second Saturday Gallery Tour 3-5 p.m. Various galleries Jefferson Starship concert 7 p.m. Three Rivers Casino & Resort		
12 Early Rhody Flower Show 10 a.m.-5 p.m. FEC CROW’s “Once Upon A Mattress” 2 p.m. FEC	13 Memory Loss Respite Center every Mon., Wed. & Thurs. 10 a.m.-2 p.m. Senior Center Lane Blood Bank 11:30 a.m.-5:30 p.m. walk-ins welcome FEC Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse	14 Abraham Lincoln Series: History of Slavery presentation 1 p.m. Siuslaw Library Bingo every Tues. 3:45 & 5:45 p.m. Florence Elks Lodge	15 Tax Day & Holocaust Remembrance Day Siuslaw Fiber Arts Guild 10 a.m.-12 p.m. Siuslaw Library FACC Volunteer Recognition Event 2-4 p.m. FEC Friends of Poetry every Wed. 3-5 p.m. The Shorewood Port of Siuslaw Commission meeting 7 p.m. Port Office	16 Florence Herb Enthusiasts 11 a.m. New Life Lutheran Church Florence Chamber Noon Forum 12 p.m. Three Rivers Casino & Resort	17 City Club 12 p.m. Ocean Dunes Golf Links Community Health Fair 12-5 p.m. FEC SEAc coast presents Quartetto Gelato 7 p.m. FEC	18 Yard Debris Disposal Day 9 a.m.-2 p.m. Kingwood & 27th streets (near airport) Free Shred Day 11 a.m.-2 p.m. Oregon Pacific Bank parking lot Community Health Fair 1-6 p.m. FEC FRAA Art Reception 5-7 p.m. FEC
19 Community Health Fair 5K Fun Walk & Run 9 a.m. FEC	20 Memory Loss Respite Center every Mon., Wed. & Thurs. 10 a.m.-2 p.m. Senior Center Florence City Council 6 p.m. City Hall Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse	21 Abraham Lincoln Series: “Lincoln” showing 11 a.m. Siuslaw Library Us Too Metastatic 12-1 p.m. Kozy Kitchen Author Michelle Longo presentation 2 p.m. Siuslaw Library Rhody Society 6:30 p.m. Presbyterian Church	22 Earth Day & Administrative Professionals Day “Planetary” showing 12 & 6:30 p.m. City Lights Cinemas Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 	23 Friends of the Library meeting 11 a.m. Siuslaw Library	24 PeaceHealth E.D. Benefit Concert 7-10 p.m. FEC	25 Boys & Girls Club Wine Tour 8 a.m. Starts at Sandpines Golf Links Library Friends Book Sale 10 a.m.-4 p.m. Siuslaw Library Ada Grange Bingo & Ice Cream Social 5-9 p.m. Ada Grange (10 miles out Canary Road)
26 Pacific Coast Wind Ensemble concert 2:30 p.m. New Life Lutheran Church	27 Memory Loss Respite Center every Mon., Wed. & Thurs. 10 a.m.-2 p.m. Senior Center Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse	28 Abraham Lincoln Series: Author Richard Etulain presentation 6 p.m. Siuslaw Library Bingo every Tues. 3:45 & 5:45 p.m. Florence Elks Lodge	29 Friends of Poetry every Wed. 3-5 p.m. The Shorewood	30	1 City Club 12 p.m. Ocean Dunes Golf Links Florence First Friday 5-8 p.m. Old Town	2 Florence Green Fair 10 a.m.-4 p.m. FEC Spoken Word Poetry Contest 3-4 p.m. register 4:15 p.m. readings Kenneth B Gallery
3 Community Chorus presents “Hooray for Hollywood” 2-4 p.m. FEC	4 Memory Loss Respite Center every Mon., Wed. & Thurs. 10 a.m.-2 p.m. Senior Center Florence City Council 6 p.m. City Hall Script-Reading Group every Mon. 6:30-9 p.m. Florence Playhouse	5 Cinco de Mayo Bingo every Tues. 3:45 & 5:45 p.m. Florence Elks Lodge 	6 Friends of Poetry every Wed. 3-5 p.m. The Shorewood Rhody Court Scholarship Showcase 6 p.m. FEC	7	8	9 Oregon Dunes Triathlon & Duathlon 8 a.m. Honeyman State Park & Woahink Lake Yard Debris Disposal Day 9 a.m.-2 p.m. Kingwood & 27th streets (near airport) Jazz Kings concert 1:30 p.m. FEC

ONGOING ACTIVITIES

Health & Nutrition

Better Breathers Club—Peace Harbor Medical Center, Conference Room C, fourth Wednesday, 2 p.m., 541-902-6300 ext. 5635

DAV Veterans Vans to Roseburg and Portland Medical Centers—Florence Elks Lodge, 6 a.m., Mondays through Fridays

Senior Meals Program—Senior Center, 11:30 a.m., Monday, Wednesday, Friday, \$3 suggested donation with reservations requested, 541-997-5673

Singing Pines Café—Senior Center, 11:30 a.m., Tuesday & Thursday, \$5 with reservations requested, 541-997-8844

Therapeutic Touch Group—Spruce Point Assisted Living Center, 7 p.m., first and third Thursdays, 541-268-4769 or 541-997-1791

Music

Community Chorus—Cross Road Church, 10th & Maple streets, 7 to 8:30 p.m., every Monday, Laura Merz, 541-902-8567

Community Concert Band—Siuslaw High School music room, 6:30 p.m., every Monday, Gail Nichols, 541-999-6907

Yachats Big Band—Yachats Commons, 7 to 9 p.m., first Thursday, \$5 donation with children 12 and younger free, 541-547-4308

Social

Bingo—Senior Center, 1-4 p.m., every Thursday, 541-997-3945

Central Coast Miniatures Club—Senior Center, 6 p.m., second Thursday

Chess Club—Siuslaw Public Library, 1 p.m., every Sunday; Spruce Point, 6 p.m., every Monday, Fred Catania, 541-997-5216

Florence Duplicate Bridge—St. Andrews Episcopal Church, 12:30 p.m., every Tuesday and Thursday, 541-997-2677

Good Sam Chapter Rhody Roamers—Elks Lodge, fourth Monday, 541-997-2031

Line Dancing—Senior Center, 1:30-2:30 p.m., Tuesdays, Pat Wheeler, 541-999-0797

Masonic Lodge of Florence State Communication—84910 Highway 101 S., first Tuesday, family dinner 6:30 p.m., open lodge 7:30 p.m., 541-997-9728

Pinochle Group—Laurelwood Community Center, 1137 Maple, Florence; every Thursday, 9:30 a.m. Walk-ins welcome

Professionally Retired Ornerly Single Seniors (PROSS)—60 years of age and older, Lunches, 12:30 p.m., second and fourth Wednesdays, 541-991-6430

PROSS Social—Senior Center, 5:30 p.m., third Thursdays, 541-991-6430

Senior Party Bridge—Senior Center, 12:30 to 4 p.m., every Wednesday and Friday, 541-997-8827

Support Groups

Alzheimer’s Support Group—Regency Florence, 1-2 p.m., first and third Wednesdays of each month, Dee Clymer, 541-997-8436

Cancer Support Group—St. Andrews, 3 p.m., every Thursday, 541-997-3418

Florence Parkinson’s Disease Support Group—Spruce Point Assisted Living, 375 Ninth St., 1:30 p.m., fourth Wednesday, Carole 805-587-3394

Grief and Loss Support Group—St. Andrews Church, 2 p.m., every Wednesday, 541-997-3418

GriefShare Support Group—Florence Christian Church, 3 p.m., every Thursday, 541-997-2961

DivorceCare—Florence Christian Church, 6:30 p.m., every Friday

Memory Loss Respite Center—Florence Senior Center, 10 a.m. to 2 p.m., every Monday, Wednesday and Thursday, \$10, 541-902-8539

Multiple Sclerosis Self-Help Group—Peace Harbor Medical Center, Conference Room C, 6 p.m., second Wednesday, 541-902-1565 or 541-902-7683

Overeaters Anonymous—Peace Harbor Medical Center, Conference Room C, 5 to 6 p.m., every Thursday, 541-997-3370

Siuslaw Diabetic Support Group—Siuslaw Public Library, Bromley Room, 2 p.m., third Tuesdays, 541-997-1295

Support Group for Families, Friends of the Mentally Ill—Hospital cafeteria, 6:30 p.m., fourth Thursday, 541-902-8308 or 541-997-2026

TOPS (Take Off Pounds Sensibly)—New Life Lutheran Church, every Wednesday, 8-10 a.m., 541-268-4541

UsToo Prostate General Cancer Support Group—5-7 p.m., second Tuesday of every month, Presbyterian Church, Bob 541-997-6626

UsToo Prostate Metastatic Cancer Support Group—12-1 p.m., third Tuesday of every month, Kozy Kitchen, Jim 541-997-8639

Vision Northwest—Spruce Point, 10 a.m., second Tuesday, 541-902-1426

Veterans

American Legion Post 59 and American Legion Auxiliary—Florence Elks Lodge, 1686 12th St., 5 p.m. dinner, 6 p.m. meeting, fourth Tuesday of every month, 541-997-3082

Band of Brothers Koffee Klub—Florence Elks Lodge, 11:30 a.m., every Monday, former military members of all services invited, 541-997-1677

Coastal Women Veterans—place TBA, 11:30 a.m., second Friday, 541-997-9011

Disabled American Veterans and Auxiliary—Disabled American Veterans Building, 2 p.m., first Saturday, 541-997-1562 or 541-997-3720

Pointman Veterans Group—Potter’s Tire and Automotive, 7 p.m., every Tuesday, 541-997-2074

U.S. Coast Guard Auxiliary—USCG Siuslaw Station, Coast Guard Road, 7 p.m., second Tuesday, 541-997-2486

VFW and Ladies Auxiliary—Masonic Lodge of Florence, 84910 Highway 101, 6 p.m. potluck, 7 p.m. meeting, second Tuesday, 541-991-3394

Other

Free Used Clothing—Better Living Center, 85134 Highway 101, 1 to 4 p.m., every Wednesday, 541-997-2137

Oregon Dunes Chapter Daughters of the American Revolution—12:30 p.m., fourth Friday, September-May, Dianna Allison, 541-991-2958

Toastmasters Siuslaw Tale Spinners—SVFR main station, 2625 Highway 101, 5:30-6:30 p.m., second and fourth Wednesday, Stephanie Begley-Smith, 541-902-1462

For changes to the Senior Calendar, contact Siuslaw News Editor Ryan Cronk at editor@thesiuslawnews.com.

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Keeping Seniors Informed
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