

Roberts photo exhibit continues at Silver Lining

The Gallery Above The Silver Lining Boutique is exhibiting the photography of Cliff Roberts during March. This particular grouping is called “China 1985 B.C. (Before Cars)” and is filled with colorful and cultural photos that will viewers understand the natural beauties of the Chinese landscape and its people.

Roberts went to China for approximately one month, but captured the essence of a full life in the day of this exciting culture. There are rice patties, temples, exceptional artwork, respect to the ancient antiquity, faces of laborers, children and mothers. In this show he has captured the diversity and respect of a culture that is foreign to most — it is an exposition of an ancient people caught in a modern world.

Roberts is an experienced a photographer able to capture all the emotion for viewers.

When he was visiting, it was BC (before cars), except for



The Great Wall of China captured in a photograph by Cliff Roberts.

Shanghi and Beijing, where there were four-lane boulevards for the future of trucks, buses and small cars made in Japan.

China boasted of nine Rolls Royces, all owned by hard working farmers — marking the advent of state-permitted capitalism.

Roberts spent a consider-

able amount of time in Hong Kong and captured many portraits and city people, even though many were camera shy. Photos of younger, upwardly mobile young adults are plentiful, and many of them attempted to practice their English with him. These pictures truly offer a glimpse into an amazing people and their culture.

Some of these artistic photos capture people reading the daily news written on walls, students using an abacus and even the hotel clerk uses one, thick coal dust throughout the cities that obstructed even the morning sun.’

View these remarkable photographs throughout the month of March.

Join members of FRAA for a 30-Day Challenge

Today, March 18, from 4 to 5 p.m., everyone is invited to a free event at the Florence Regional Arts Alliance (FRAA) Art Center. Each month, a “speakeasy” is held, with lively topics and conversation.

March’s speakeasy topic will be “Take the 30-Day Challenge.”

Special guest Mark Cutts will explain this in a short talk, and then challenge every-

one to try something new for 30 days.

Following the talk there will be open discussion, and those who are interested can decide on their own 30 day challenge.

FRAA’s Art Center is located at 4969 Munsel Lake Plaza No. 4 on Highway 101, just north of Fred Meyer.

Admission to the March speakeasy is free, no prior reservations are needed, and refreshments will be served.

Real Food Co-op to offer ‘Sprouting 101’ class

Come to the Real Food Co-op Thursday, March 19, from 5 to 6 p.m. to learn how to sprout seeds, grains, beans, and nuts at home.

Sprouts are a great, cost effective way to get fresh nutritious greens year round. They are full of vitamins, minerals, enzymes and protein. Sprouting unlocks all of these attributes from the seed and makes it easier for the body to

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Melonie Rollin will be presenting an interactive discussion and demonstration about sprouting. Rollin, a mother of two, is an on going student of holistic nutrition, Ayurveda and

of growing nutritious organic food. She likes playing in the kitchen making meals with a raw-food approach, food combining for optimal nutrition using medicinal mushrooms, fermentations and foraging for seasonal fruits and greens of this area.

Real Food Co-op is located at 1379B Rhododendron Dr., and specializes in sourcing locally grown organic food at a

reasonable cost.

The co-op is open to the public Monday through Saturday, from 10 a.m. to 6 p.m.

For more information, call 541-997-3396.

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Alzheimer’s Disease: The Truth Behind the Myths

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Dementia Drugs; Facts and Myths Exposed

WEDNESDAY, MARCH 18, 2015, 2:00 PM

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