

Groceries  
Produce  
Bakery  
Deli



Juice Bar  
Beer/Wine  
Espresso

FOOD TO GO • 185 HWY. 101 • 541-997-0900 • WWW.NATURESCORNERCAFE.COM

WE DON'T SERVE FAST FOOD, WE SERVE **GREAT** FOOD AS FAST AS WE CAN!

Specializing in Quality Free Range Organic Meats, organic eggs, bread & grains, organic canola oil, natural cheeses and fresh organically grown produce.

## Nature's Cafe Menu:

### Omelettes

- Cheese • Vegetarian • Mushrooms • Spinach • Denver • Spanish
- Ham • Bacon • Sausage • Grilled Chicken • Olives • Onions
- Peppers • Tomatoes • Chicken • Mushroom • Crab • Shrimp

### Breakfast Burritos & Sandwiches

#### Egg Dishes

### Multigran Pancakes & French Toast

#### Biscuits & Potatoes

#### Oatmeal/Granola

#### Fresh Fruit

### Smoothie or Fresh Juices

#### Chilé Relleno

### Sandwiches

#### Veggie • Egg Salad

#### Tuna (local albacore)

### Turkey, Ham, BLT, Turkey & Ham, Bacon & Turkey

#### Chicken Caesar Wrap

### Reuben: Turkey, Tempeh - Garden Vegan

#### Portabella Burger • Grilled Halibut

#### Chipotle, thai or grilled tofu wrap

#### Shrimp & Cheddar Melt

#### Grass Fed Beef Burger

#### Grilled Chicken Breast

#### Gardenburger

#### Tempeh Burger

#### Falafel wrap

### Tempeh Melt • Patty Melt

#### Grilled Fish Sandwich

### Pastas

Linguini Alfredo, Pasta Primavera or Portofino Olio

### Dinners

Grilled Pacific Salmon, Grilled Pacific Halibut or Scampi

Breast of Smoked Turkey

Ham Dinner

We Specialize in Gluten Free Foods.

### Cold & Warm Salads

#### Dinner Salad

Apple, Walnut, Raisin Salad with raspberry vinaigrette dressing

Cranberry, apple, walnut salad with crumbled feta

Chef Salad • Crab Salad • Caesar Salad

Grilled Teriyaki albacore Tuna or Chicken

Tofu Salad, Chipotle, Thai or Grilled Tofu

Grilled Vegetables plain or teriyaki

Garden Burger

### South of the Border Menu

#### Tacos & Burritos

Black Bean & Rice Taco

Chipotle Tofu Taco

Thai, Chipotle or Grilled Tofu Burrito

Thai, Chipotle or Grilled Taco

Chicken Taco

Cheese Quesadilla

Black Beans, rice and cheese burrito

Chicken, black beans, rice, and cheese burrito

Fish Tacos - Fish Burritos

Tempeh Taco

Chips & Salsa

### Other Favorites

Portabella Burger

Lasagna

Quiche

Turkey Pot Pie

Stroganoff

Enchiladas

Vegan Dishes

Soup of the day

Breakfast • Lunch • Dinner