FRAA to offer Zentangle workshop

Come learn about the intriguing drawing technique of Zentangle at a free demonstration on Tuesday, Feb. 10, at 2 p.m., at the Florence Regional Arts Alliance (FRAA.).

presented by Rosie Hill, certified Zentangle teacher and newest Artist in Residence at FRAA.

Zentangle is an easy-tolearn approach to drawing based on repetitive patterns and resulting in a beautiful abstract image.

Because of the focus and mindfulness given to each stroke of the pen, it becomes meditative, providing the same mental and physical benefits as regular meditation. It has been called "yoga for the brain" for its ability to relax, reduce stress, anxiety and depression,

and create a sense of well-

The Zentangle process helps to improve mental focus and stimulate creativity. It is suited for all ages and abilities.

Zentangle classes are The demonstration will be offered on a regular basis by

> Introduction Zentangle class is scheduled for Feb. 12, at 1 p.m., at FRAA. Learn the basics, create your first Zentangle, and leave with a kit of materials that provides everything needed to keep tangling.

On Thursday, Feb. 26, at 1 p.m., a class on shading techniques, "The Shady Side of Zentangle," will be offered.

For more information on these and future Zentangle classes, call 541-997-5388 or email Rosie Hill at reallyrosie@centurylink.net.

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Florence Rotary offers warm regards



The Florence Rotary Club recently presented a check to the Florence Emergency Cold Weather Shelter in the amount of \$500. Pictured are Rotary President Sadie Ward, Bob DuBose of the Florence Emergency Cold Weather Shelter, and Rotary President-elect Crystal Farnsworth. (courtesy photo)

Lane County K-9 search team receives donation

EUGENE — The Lane County Search and Rescue K-9 Team, called the Pacific Northwest Search Dogs, recently received a donation of \$2,000 from the McKenzie Cascade Dog Fanciers, a nonprofit dog club in Lane County.

The donation will be used to purchase Garmin Astro canine collars, a device that allows the K-9s to search off lead and still be monitored electronically by their handlers and Incident Command.

The Astro uses a handheld



Search and Rescue K-9 Team volunteer Caroline Gillette and her dog Diesel demonstrate a new electronic lead collar purchased with money from the donation. (courtesy photo)

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device that provides a mapping representation of where the dog

WEATHER							
DATE	High	Low	RAIN				
Jan. 6	59	43	0.00				
Jan. 7	59	45	0.00				
Jan. 8	55	43	0.00				
Jan. 9	55	43	0.00				
Jan. 10	50	43	0.08				
Jan. 11	48	42	0.30				
Jan. 12	55	47	0.18				

Rainfall Week: 0.56" **Month:** 0.85 **Year:** 0.85"

> Data courtesy of Roger Cunningham

has searched and the dog's current location, and is used for training and in rescue/recovery missions. The technology will increase safety during training and searches, and will allow the teams to cover more ground in less time.

Cabela's in Springfield has also offered its vendor discount and a gift card to the team so that between the two donations they can purchase five collars and three handheld Astro devices.

The Pacific Northwest Search Dogs are one of eight specialty search and rescue

teams under the direction of the Lane County Sheriff's Office.

The current team has 12 members and seven certified dogs. The Search and Rescue K-9 Team is made up of volunteers, like Caroline Gillette, who train with their dogs on ground and water search skills that are used to save lives during rescue missions.

Gillette's dog, Diesel, is a younger male who was recently certified by the Oregon State Sheriffs' Association and is now an active member of the Search and Rescue K-9 Team.

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 17	JANUARY 18	JANUARY 19	JANUARY 20	JANUARY 21	JANUARY 22	JANUARY 23
Rain/Heavy;	Rain in the	Passing	Partly Sunny	Thickening	Cloudy Stray	Clouds and
Breezy	Morning	Showers		Clouds	Showers	Sun
58°F	54°F	53°F	53°F	53°F	55°F	53°F
51°F	43°F	41°F	40°F	45°F	45°F	44°F

