I just remembered: I am replacing my memory with Post-Its

Ned Hickson

When my wife called to remind me about letting the dogs out at noon, I instinctively retrieved a Post-It from the desk drawer and scrawled "Dogs at noon," then stuck it to the computer monitor. This required shuffling a series of other vellow Post-Its into order of importance, with things like "Call about hair

cut," "Go to dry cleaners" and "Clean out van" written on

That one, of course, was moved to the very end of the

Sadly, they're all things I should be able to remember on my own and usually do; like when I'm staring into the closet for a pair of pants to wear.

Later, I climbed into van and was gently reminded by a shocking- yellow piece of paper to "get gas." It was while sitting at the pump a short time later that the notion

of Post-It dependency hit me. In the beginning, I was only an occasional user, jotting down out-of-the-ordinary reminders. You know, things like a doctor's appointment, or that it was time to change the oil.

Then, "Change cat box" and "Take out trash" began appearing on the bathroom mirror, or stuck to the alarm clock — painfully obvious things that were reminders in and of themselves.

My life was becoming sort of a dot-to-dot, or in this instance pad-to-pad, existence, moving from one reminder to the next.

What was next?

"Breathe?"

Alka-Seltzer?"

"Swallow?" "Don't drink soda with

So, I decided enough was enough. It was time to end the addiction. For those of you who followed my attempt to give up coffee, you probably know where this is going.

Still, I reached into my shirt pocket, snatched my last, stillcellophaned package of pads and tossed them out the window and into the trash. This was my moment, something I would long remember without a scrap of yellow paper conveniently laced with "stick-um."

"Excuse me, sir," the gas attendant said, interrupting my moment of triumph. "You got another gas card? This one's expired."

Confused, I thumbed through my wallet as the attendant handed me a yellow slip of paper. "By the way, this fell off the back of your card."

I took it from him and stared at my handwritten reminder.

"Call about gas card." After handing the attendant my cash, I reluctantly stepped from the truck and, with no small amount of humiliation, dug the Post-Its back out of the trash, opened it and made myself a note.

"Get more sticky pads." Ned is a syndicated columnist with News Media Corporation. His book, "Humor at the Speed of Life," is available online at Port Hole Publications, Amazon Books and Barnes & Noble. Write to him at nedhickson@icloud.com.

Tuscany wines to be featured at Prime

Prime Pastaria, the decidedly Italian side of Prime Restaurant in Three Rivers Casino Resort, will host a special wine tasting dinner featuring the wines of Tuscany paired with that region's local cuisine on Thursday, Jan. 15.

Guiding diners through the evening will be renowned Italian wine expert Christie Brassard. She will offer both red and white wines from Italy's most famous food and wine region, and will pair them with specific cuisine.

"There are so many myths

and mysteries about wine," said Brassard. "People are often pleasantly surprised when I can dispel them with just a little knowledge — and a few sips."

The Prime chefs will be preparing a special Tuscanythemed menu in addition to the array of pastas offered at Pastaria. Chef Thomas Ascariz said a previous event highlighting wines from Sicily was well

"Our guests experienced some excellent cuisine and wine. Many came in groups

and enjoyed a wonderful evening with friends. And I enjoyed the cooking," Ascariz

During the evening, guests will have the opportunity to purchase wines by the glass or the bottle and will be offered special rates on larger purchas-

For more information, call 541-902-6619.

Three Rivers Casino Resort is located at 5647 SW Highway 126, just east of

Woahink Lake Assoc.

IN BRIEF

to host winter social Woahink The Association will hold its winter social on Saturday, Jan. 17, at the West Woahink Meeting Hall, at 2 p.m.

The mission of the Woahink Lake Association is to promote the understanding, protection and thoughtful management of Woahink Lake and its watershed and ecosystem.

Membership is open to those who reside or are property owners within the Woahink Lake water shed. Prospective new members are welcome to

Applications for new members and membership renewals will be available at the meet-

Fiddlers to play in Winchester Bay

Oregon Oldtime Fiddlers, Disttrict 5, will be playing music from 1 to 3 p.m. on Saturday, Jan. 17, at the Winchester Bay Commuity Center. There will be an acoustic circle jam from 3 to 4

The public is invited. For more information, call 541-759-3419.

LCC closed for MLK Day Jan. 19

Lane Community College will be closed for the Martin Luther King Jr. holiday on Monday, Jan. 19.

Classes will not be held and services will not be available, unless otherwise announced by

a department or program.

The college will host its annual Martin Luther King Jr. Community Celebration at 6:30 p.m. in the Center for Meeting and Learning, Building 19, LCC main campus, 4000 E. 30th Avenue in Eugene.

Event and ticket information are available online at www. lanecc.edu/newsroom/n/nr185

Rhody Society meets Jan. 20

The Siuslaw Chapter of the American Rhododendron Society will meet Tuesday, Jan. 20, for refreshments at 6.30 p.m.

At 7 pm, Steve Hootman the Rhododendron from Species Botanical Garden will talk about "The 2012 Expedition to Sichuan, Guizhou and Guangxi, China."

He will show images of the landscapes and lots of exciting new plants including neverbefore-seen Rhododendron species.

The public is invited.

The meeting will be held at the Presbyterian Church of the Siuslaw 3996 Highway 101 in Florence.

West Lane Translator Board to meet Jan. 21

West Lane Translator, Inc., a a not-for-profit organization providing free television and radio re-transmission to the Florence area a new non-commercial radio station KXCR, will hold a board meeting Wednesday, Jan. 21, beginning at 6:30 p.m., in the Bromley Room at the Siuslaw Public Library.

The public is invited to attend.

Diabetes Support Group meets Jan. 20

The Siuslaw Diabetes/Prediabetes Support Group will meet Tuesday, Jan 20, at 2 p.m., in the conference room at the Siuslaw Public Library.

The group meets the third

What's the problem?

help correct this.

ASK THE DENTURIST...

The problem is that your dentures have worn down,

I don't seem to have very much lip showing.

Tuesday of each month for education and sharing.

For more information, call 541-902-6059.

Port of Siuslaw meets Jan. 21

The Port of Siuslaw Board of Commissioners will hold its regular meeting on Wednesday, Jan. 21, at 7 p.m., at the Port office, 100 Harbor St.

Port meetings are open to the public.

For more information contact the Port office at 541-997-3426.

Luncheon to benefit **Mapleton Food Share**

An annual luncheon and game party benefitting Mapleton Food Share will take place Jan. 26, begining at 11:30 a.m., at the Florence Elks Lodge.

Admission to the event will be \$12, with lunch provided by the Elks Lodge's chefs promptly at noon. There will also be door

prizes, a raffle and table Any non-perishable food

items will be accepted at that time for mapleton Food Share.

All proceeds will go to Mapleton Food Share.

For more information or to register, contact Jan Naylor at 541-997-9396.

Community Chorus begins Jan. 26

Anyone who likes to sing should consider joining the Community Chorus Florence Oregon (CCFO).

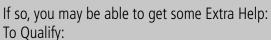
Registration for the spring session is 7 p.m. on Monday, Jan. 26, at Cross Road Church on 10th and Maple streets.

The registration fee is \$60 with financial aide available for those who qualify. Rehearsals are every Monday from 7 to 8:30 p.m., at Cross Road Church.

For more information, visit www.communitychorusflorenceor.org, or call 541-902-

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Monday-Friday, 9AM-5PM



ADRC

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www.ADRCofOregon.org This publication was produced by the State of Oregon with financial assistance through a grant from the Administration for Community Living and the Centers for Medicare Services. Grantees undertaking projects under government sponsorship are encouraged to express their findings. These contents do not necessarily represent the policy of the U.S. Department of Health and Human Services and the grantee should not assume endorsement by the Federal Government.

Create your own Sandwich Hoagies Sm. \$7.00 Lg. \$8.00

BREADS

Croissants, Dave's Killer variet of Hoagie Rolls

CHEESES

Romaine Lettuce, Leaf Lettuce, Tomato, Sweet Red Onion, Olive, Peppercinis, Red, Yellow, Orange Peppers, Spinach, Cucumber, Egg, Green Onion, Napa Cabbage, Ice Berg Lettuce, Strawberrry, Cranberry, Pico De gio, Pickles (Sweet/Dill)

Turkey, Ham, Roast Beef, Chicken, Tuna

Cream Cheese Mayo Mustard Mix, Cranberry, Mustard, Lemon Mayo, Sweet Honey Mustard, Sweet Hot Mustard, Wasabi Horseradish, Jalepeño Mustard, Gray Poupon Dijon

Soups - \$6.00

Monday - Vegetable/French Onion Tuesday - Tomato Basil/French Onion Wednesday - Chili/French Onion **Thursday - Chicken Noodle/French Onion** Friday - Cream of Potato/French Onion Signature Soup every day French Onion

Wraps - Sm \$6.00 Lg. \$9.00

HAM DILLIE

Chicken, romaine lettuce, parmesan cheese, Caesar dressing on a garden veggie wrap

Alhacore tuna. romaine lettuce, red onion, lemon mayo dressing on a veggie wrap

ine lettuce, spinach, tomato, red, yellow peppers, black olives on a spinach wrap.

Salads - \$7.00

 CHINESE CHICKEN Romaine lettuce, napa cabbage, green onion, slivered almonds, crunchies served

· CHICKEN CAESAR

with an oriental vinaigrette.

SPINACH Baby spinach, romaine lettuce, fresh strawberries, red onion with a sweet vinaigrette.

Turkey, ham, mild cheddar cheese, eggs, black olives, tomato, onion, romaine lettuce

Assorted soda, bottled water, chips and cookies. \$1.00



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