Health, Strength, Peace and Pleasure equire their expulsion, and this is posi-jiely effected, according to thousands of rateful testimonials, by

Hood's Sarsaparilla

which radically and permanently drives hem out and builds up the whole system.

Her Spring.

id woman spring from?" "Don't know. "Why, a mouse."

Mothers will find Mrs. Winstow's Soothnr Syrup the best remedy to use for their midren during the teething period.

Appalled.

mether yours is a constitutional disase or not.

art to find out whether it is or not?-Richmond Dispatch.

Viewing With Alarm.

"Esmeralda," asked her father with ome sternness, "what was that young

"We were merely holding a caucus, apa," she replied. "H'h!" he rejoined, glancing at

mething that sparkled on one of her hapely fingers, "and you adopted a inging resolution, did you?"-Chicago

Waiting for an Order.

Col. Abraham Gruber entered a reseen there.

'Iwo weeks," was the reply. "Oh, then you're not our waiter," York Times.

All Explained.

Mrs. Twickenham (to Mrs. Slimson) Of late we have been having our eals sent in by the various caterers. Willie Slimson (to his mother)-Mamma, is that what you meant when su said that Mrs. Twickingham didn't low where the next meal was coming rom?-Exchange.

Always in Trouble.

Fan-Because she can't think of anyhing to worry about.

he aches and pains cease.

Mrs. James Kell, of 707 Ninth street, N. E., Sashington, D. C., writes as follows: A few souths ago I had an attack of Sciatic Rheuma-isan ints worst form. The ain was so intense that I

sin was so intense that I seeme completely prossine and so intense that I seeme completely prosmied. The attack was an musually severe one, and by condition was regardas leing very dangerus. I was attended by see of the most able docors in Washington, who is slice member of the facdly of a leading medical sliege here. He told me security times without receiving the slightest earlit, I declined to continue his presentmager. Having heard of S. S. S. (Swift's Specific recommended for Rheumatism, I decided, almost adespair however, to give the medicine a trial, at let I land taken a few bottles I was able to be a sum on the state of the security should be a sum on the security of the security should be a sum on the security of the security should be a sum of the security should

the great vegetable purifier and tonic, is the ideal remedy in all theumatic troubles. rals in it to disturb the digestion and ad to rainous habits.

heumatism which every sufferer from his painful disease should read. It is the complete and interesting book of be kind in existence. It will be sent free only one desiring it. Write our physicans fully and freely about your case. We take no charge for medical advice.

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BENT TO NATHAR BICKPORD,
BENT HORNEY, WASHINGTON, D. C.



Using A

**************** PREMONITIONS OF DEATH

**************** "Premonitions of death are often scouted at," said a well-known Wash-

ington newspaper man, "but there are occasionally authentic instances arising which raise doubts as to whether there may not be, after all, some sort of indefinable spiritual phenomena in the incidents.

"It may be recalled that a wellknown chief of division in one of the departments, in apparent perfect the office, died recently of apoplexy on delphia Press. "If man sprang from a monkey, what that night. I have since learned that on the evening in question, shortly before he retired, a large dog in his household set up such a prolonged and dismal howling in his yard that he went out with a revolver, under the supposition that there might be intruders prowling about, although the dog howled and did not bark. The dog Bulletin. Poctor-I'm slightly in doubt as to refused to stop howling upon the appearance of his master, and followed him in the nouse, whining and show-Patient—For heaven's sake, doctor, ing evidences of distress, looking up have I got to go to the expense of ap- into the official's face in such a pecusealing to the United States supreme liar manner that the members of the family at the time thought it exceeding strange. The dog continued to follow his master about the house, acting strangely in the manner I have described. On the following morning the official was found dead in his room.

"The above incident is a curious fact, local to Washington, the parties being away from hum "-Judge. members of my own family.

"Some time ago my wife's mother started on a journey to California. Several days after her departure an elderly colored woman, who had been a slave in her family, having been raised with my wife's mother, called at the agrant recently, and, after waiting house. As in similar instances in the alf an hour to be served, called the South, there had been a warm attachsaiter, and inquired how long he had ment existing between former mistress and slave, which had continued through life. She declared she had been 'warned' that my wife's mother had died at replied Col. Gruber. "We gave our an early hour on that morning on the order at least three weeks ago."—New train. When asked whether she had received a telegram to that effect she replied that she had not, but that at the hour in question she had been awakened by the ringing of the front door bell. In responding to the call she had found no one on the steps in stammay prefer.-Detroit Free Press. each instance, the bell having been pulled three successive times. Her house, by the way, was on a down town street, and was recently razed

to make room for a business structure. "At about 10 o'clock on the morning Nan-What is she worrying about of the day when the former slave had communicated the intelligence of my wife's mother's death we received a telgram from the officials of the rallroad, dated from a far Western State, announcing her sudden death at about tue hour when the colored companion of her early childhood had heard the pulls at the bell. Had the bell been Rheumatic pains are the cries of protest rung during the ordinary hours of the and distress from tortured muscles, aching day we would have attached no impor-tance poisoned by the accumulation of sertion of a spiritual visitation from aste matter in the system, and can no the deceased lady, but as it was at Mother—There were two apples in the pure and health sustains been purified and usual interest in our family. If the sees no way of escape they were assuredly a strange coinci- other one.-Glasgow Evening Times. gence."-Washington Star.

Volcanic Dust.

The Barbadoes Agricultural Reporter has sent to this office a specimen of the volcanic dust which fell on that island on May 7, 8 and 9. "Borne from St. Vincent," it says, "in the upper strata of the air, and there suspended, this stuff obscured the sunlight, and produced the phenomenon of darkness. In color and consistency it resembles Portland cement." It quotes the following description of the dust by W. G. Freeman of the local department of agricul-

"From the calculated results of a series of observations made in Strathclyde on the fall of volcanic 'ash,' it would seem that, at a low estimate, gotten how the blooming thing works! about thirteen ounces fell per square foot between the hours of 5 p. m. on Wednesday and 5 a. m. on Thursday. This, perhaps, may not appear a large to eat? Mother-Yes, Bobble-You amount; but look at it from another know you said they'd make me sick if We have prepared a special book on point of view. Thirteen ounces per 1 et 'em, didn't you? Mother-Yes, square foot means 117 ounces per square yard, or, to express it in famil- Journal. iar terms in an agricultural community, no less than 16.2 tons per acre.

of volcanic 'ash' were rained onto every square mile of this island during the last twelve hours of darkness. Supposing the fall to have been approximately equal in depth over the whole Island, the almost incredible amount of 1,699,-840 tons of solid matter was added to Barbadoes last night."-New York Tribune.

Depew's Explanation Failed.

About a month ago a constituent of Senator Depew came to him to seek his influence in getting an effice. "You write a letter telling what you

dorsement," said the Senator when he had heard the man's story.

Yesterday the man met the Senator in the capitol lobby.

you a letter," he said.

he cordially grasped his visitor by the the season opened, there wouldn't be nand. "Let me see. You sent me the any sense in her going.-Stray Stories. letter, didn't you, and if I remember rightly, I indorsed it strongly."

the letter. I've been sick."-Washing- of a sudden." "Yes." replied the other, ton Post.

A girl is not the real thing unless she

has a beau out of town.



Heredity: "Do you believe in heredty?" "Certainly: I know a barber who has three little shavers."-Ex.

Youngman-I wonder what's the best health on the last day he appeared at of you? Henpeck-Marry her.-Philaway to find out what a woman thinks

Dawson-Bjenks is a great believer in fate, isn't he? Lawson-Yes, he has to blame his incompetency on something.-Somerville Journal.

An Instruction. Flora-Yes, I sing in a church where they have an awfully Exchange. small congregation. Dora-Then why don't you stop singing?-Philadelphia

you were talking so loud in your sleep. -Philadelphia Press.

Miss Enstside-That is a lovely gown, but haven't I seen it before? Miss Westside-No. 1 think not; I have only worn it at a few smart affairs this season-Town and Country,

"It says here, Samanthy, thet Reverend Toogood was a saloon passenger as is also the following, and while not on the Majestic. Beats all how them of startling ghostly interest, is also preachers do cut up when they git

Arthur-Yes. I think Minnie loves me very much. She's a dear girl; she has a large heart. Harry-A heart like a London omnibus; always room for one more.-Boston Transcript.

Clergyman (lately come to parish)-Your neighbor, Smith, says my sermons are rubbish. Farmer-Ah, ye needn't mind 'lm, sir; 'e's a mouthpiece for other folks.-Tit-Bits.

Flossie-I'm afraid, Bridget, that mamma is dissatisfied with you. Bridget - Is she, now? Faith, thin, she'll soon have a chance to be dissatisfied wit' somebody else!-Puck.

Inducements Held Out, Harriet-What shall I say in the advertisement for a cook? Harry-Well, say that we'll take her with us to any summer resort

Nothing to Show, "What is your nativity?" asked the magistrate. "I ain't got any, y'r honor." sald the blear-eyed inebriate, feeling in his pockets; "the police took everything I had."-Chicago

She-You wouldn't mind saying this over again to-morrow, would you, dearle? I am a member of the M. P. D. C. Club. "Why, what does that mean?" "Moonlight proposals don't | count."-Life.

Convincing Proof: May-1 had no idea before last night that Mr. Pilcher was a man of such lofty ambitions and evalted ideals. Mand-How did you come to find it out? May-He proposed to me.-Bazar.

by food they require. The whole system about 3 o'clock in the morning the inthe cupboard, Tommy, and now there
eas the effect of this acid poison; and
cident has ever been one of more than is only one. How's that? Tommy (who
but until the blood has been applied and paper in our family. If the sees no way of escape)—Well, ma, it ught back to a healthy condition will pulls at the bell were not supernatural, was so dark in there I didn't see the

Sure Test: "How can you tell real cut glass from the imitation?" asked Mrs. Gaswell. "You can't, always," sali Mr. Gaswell, "but when anybody offers you a piece of real cut glass for tifteen cents, don't buy it."-Chicago Tribune.

"Will you please raise my salary?" Why, I gave you a raise only last week, because you told me that you had your mother to support." "I know, but my mother got married and now I have two to support."-Oblo State Jour-

Farmer (in cart)-Hi, stop! Stop, you fool! Don't you see my horse is running away? Driver of motor car (hired by the hour)-Yes, it's all very well for you to say "stop," but I've for

Bobble-You know them preserves out in th' pantry wot you told me not Bobble-Well, they didn't.-Ohlo State

"Belinda, your brother Georgie tells me that you were sitting on that little "Leaving for the while minor units, Mr. Thomkins' knees last evening. Is such as acres, we find that 10,240 tons it true?" "Yes, papa; but I'm sure you will forgive me. It was just one of those little moral lapses, you know."-Cleveland Plain Dealer.

Haddock-I met poor old Ruyns creeping towards his office to-day, and he complained bitterly of being all run down this spring. Juddock (defensively)-Well, confound him, he had no business getting in front of an automobile.-Harper's Bazar.

The Floor Walker: First Clerk-Poor Jim! It will be a long time before he gets another place. Second Clerk-Don't you believe it. Why, he got a want and I will forward it with my in- place as floor walker. First Clerk-You don't say so? Second Clerk-Yes: he's got a new baby.-Judge.

Mr. Williams (Fanny's admirer-is your sistah going to the seaside this "You remember telling me to write summar, Tommy? Tommy-That all depends on you. I heard ma say if "O, yes." was Mr. Depew's reply, as you and Fanny were engaged before

The Kind That Get Away: "That little minnow," said the first fish, "seems "No," said the man, "I never wrote to have got a big opinion of himself all "he managed to wriggle off a book this morning, and then heard the fisherman bragging about his size."-I'hil-

Your Share.

If the earth were equally divided among its inhabitants, each person would get about 23 m acres.

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To Continue The Dispute.

"I wonder how they came to marry

"They were unable to decide which was the better ping pong player."-

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Bulletin.

Mrs. Swellman—I dreamed last night that I was with a box party at the opera. Mr. Swellman—I wondered why

What Happened.

"Did the sermon produce much

"Well, it was followed by what you might call a religious awakening."

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ness and Loss of SLEEP.

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By recent act of congress you have a claim for pension at the rate of 800 per month. Sould to me for application. A ddress T. W. Tallmader, Washington, D. C. A Pension Attorney for farty years.

Old Indian War Pensions Congress has just passed a law granting pensions to the survivors and to the widows of deceased soldiers of the Oregon, Washington and California Indian wars of 1847 to 1856. Full Information will be sent by Byington & Wilson, No. 728 Seventeenth Street, Washington, D. C., or Branch office No. 442 Parrott building, Sau Francisco, Cal. Fees limited by law.

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He thinks he lives, but he's a dead one. No person is really alive whose liver is dead. During the winter most people spend nearly all their time in warm, stuffy houses or offices or workshops. Many don't get as much exercise as they ought, and everybody knows that people gain weight in winter. As a rule it is not sound weight, but means a lot of flabby fat and useless, rotting matter staying in the body when it ought to have been driven out. But the liver was overburdened, deadened-stopped work. There you are, with a dead liver, and right now is the time for resurrection. Wake up the dead! Get all the filth out of your system, and get

ready for the summer's trials with clean, clear blood, body, brain free from bile. Force is dangerous and destructive unless used in a gentle persuasive way, and the right plan is to give new strength to the muscular walls of the bowels, and stir up the liver to new life and work with CASCARETS, the great spring cleaner, disinfectant and bowel tonic. Get a 50c box to-day—a whole month's treatment—and see how quickly you will be



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