

## HEALTH CENTERS AID ALL COMMUNITY LIFE

Home Service Work Broadens to Include Civilian Families.

By DR. J. E. CRICHTON  
Manager Northwestern Division  
American Red Cross

An integral part of the great health program of the American Red Cross, undertaken after the suspension of many of the war activities of the organization, is the establishment of Health Centers—which now are being installed in many communities throughout the northwest. It is a movement of compelling interest to the citizens of this part of the country.

The health center as organized by the Red Cross is proving the greatest preventive medicine known, as well as protection of great value in times of widespread illness or epidemic. From health centers radiate all kinds of healthful influences from the giving of proper advice and the furnishing of competent nursing, medical and surgical aid, to the inauguration of many forms of beneficial exercises such as community singing, athletics and outdoor games. From health centers go the visiting nurses. There are held the teaching classes for home nursing, children's clinics and proper welfare work.

The Red Cross says that no longer shall curable physical deformities curse the lives of our children. It believes the time is past when tuberculosis should be allowed without hindrance to fasten itself upon the tender bodies of our little ones. It



A BEDSIDE VISIT

Care of mother and babe is part of the follow up work of the American Red Cross health center at Bridgetown, New Jersey. Miss Anna Miller, home visiting nurse from the health center, is reading a mother's temperature.

believes that through health centers established in every considerable community throughout the United States, health can be safeguarded and therefrom greater happiness be brought to our people.

Ignorance of diseases, ignorance as to what are the best means to pursue in combatting them, ignorance as to the standing and competency of certain medical men—these today are responsible for a vast number of deaths in the world. Quacks prey upon our people with their glaring and lying advertisements and in hundreds of thousands of cases individuals absolutely deceived by their pretensions pass beyond the days when their infirmities might be cured. For these perils the Red Cross health center forms a safeguard.

The health centers being established become the people's clubs, with memberships designed to reach vast numbers of the population since membership costs but \$1 a year—the annual Red Cross dues.

Another phase of the peace-time program of the organization which rapidly is becoming of paramount value in the northwest is comprised in the Home Service activities. Designed originally for the benefit solely of disabled service men and their families, it has grown to occupy a far broader field. Red Cross welfare workers look to the interests of former soldiers and sailors in hospitals and schools; maintain personal contact with the disabled who are at home. Home Service forms the connecting link between the disabled man in hospital or school and his family.

But Home Service has grown beyond this. In nearly 40 of the 106 chapters of the Northwestern Division experienced social workers are employed, and the service is being extended to civilian families. In some chapters information stations for the benefit of the general public have been established. In Raymond, Washington, the Home Service department maintains an office close to the railway stations and hotels where any day may be seen the visitor inquiring for the residence of a friend, or the genial traveling man asking the location of the business house upon which he wants to call.

Social Service extends down through the chapters to the branches and auxiliaries. Several Northwestern chapters have branches which maintain local Home Service operatives, their activities being financed through small revolving funds from the chapter treasuries.

Fifty cents of every dollar of membership fees stays in the community in which it has been contributed. It is that fifty cents which aids in this important Home Service development.

"for clean oil in a clean engine"



How many miles have you driven your car?

HOW many miles—without changing engine oil?

Dirt accumulates in the oil of every engine—carbon, road dust, fine particles of metal, and gasoline that has escaped past the pistons. This dirty, diluted oil circulating through your engine causes unnecessary wear on bearing surfaces.

Have it drained out—now—and fresh oil put in the crankcase.

We can do that for you conveniently, quickly, economically—with

Modern Crankcase Cleaning Service. We use Calor Flushing Oil, the new, scientific flushing agent, which cleanses thoroughly without danger of contaminating the supply of fresh oil. And to assure correct lubrication we refill the cleaned crankcase with Zerolene of the correct grade.

Bring in your car today. Modern Crankcase Cleaning Service will give immediate better engine performance. Done regularly it will lengthen your car's useful life.

FORD CARS \$2.25 - OTHER CARS \$2.75

## Weston Garage

Miller & Booher

## Liberty Auto Co.

O. A. Adams

WESTON

OREGON

CHANNING H. COX



Channing H. Cox, who was elected governor of Massachusetts to succeed Calvin Coolidge, vice president-elect.

Coeur D'Alene Mines Cut Wages, Spokane, Wash.—Wage reduction of \$1 a day have been announced at all the mines in the Coeur d'Alene district of northern Idaho except the Bunker Hill and Sullivan, effective January 1, according to information received by local employment officials.

## Preston-Shaffer Milling Co.

Established 186

Athens, Oregon . Waitsburg, Wash.

## American Beauty

and

## Pure White Flour

Made of selected bluestem in one of the best equipped mills in the Northwest.

Sold in Weston by

Weston Mercantile Company

\* BUTTER WRAPS \*

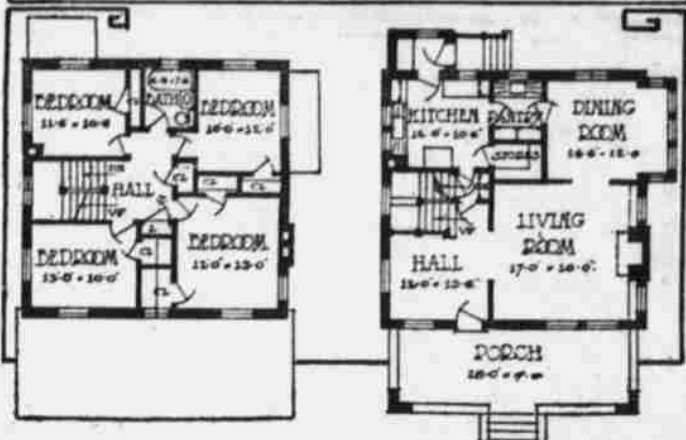
Furnished and Printed at the Leader office

One hundred..... 1 50

Each additional hundred..... 0 75

TERMS . . . . . CASH ONLY

## DIGNITY AND SOLID COMFORT



THE man who builds a home in these times of high cost of everything, particularly rents, wants to know that he is getting the last possible penny of value for his money. The house here shown gives him that value, with extras. Not counting projections and porches, the house is square in plan, 30 feet each way; and a square building is the cheapest of all to construct and to heat. The broad porch runs almost across the front of the dwelling. A little to one side of the center is a doorway leading into a hall, 12 feet by 13 feet, 6 inches. At the back of this hall are the stairs leading to the upper floor, and immediately behind them, the steps to the basement. A short passage before these stairs connects hall and kitchen.

At the right of the hall is the living room, 17 feet by 16, with a fireplace in the middle of the side wall. This room is lighted by two big plate glass windows opening on the porch and two smaller ones at the sides of the fireplace. Back of the living room is the dining room, 12 feet by 14 feet, 6 inches. At the right, as you enter from the living room, is a splendid window group which floods the room with light; directly in front of you is another window looking on garden. The kitchen, reached through a butler's pantry, is 12 feet by 10

feet, 6 inches. Besides the pantry, there is a large store closet, and plenty of space for the usual kitchen furniture. At the back is a service entry way, containing the ice box.

Upstairs are four good sized bedrooms, enough to accommodate a large family. Every bedroom has windows on two sides, and is supplied with a closet. There are also two hall closets and a large bathroom; and over all is an attic which gives additional storage space.

So fine a house should be built to last, and this has been done. The walls are of hollow tile, covered with stucco, the gypsum plaster of the interior is laid on metal lath, and the roof is of asphalt shingles.

This house is a good investment at any time, and especially good in these days of climbing rents. The first cost is practically the same as that of a frame house, but there the two types of construction part company. The hollow tile house depreciates very slowly, is cheap to maintain, cheap to heat, impossible to destroy by fire.

If your contractor is not familiar with this type of construction, write to the Permanent Building Bureau, in the Chamber of Commerce, Chicago, and get information and help.

## THE MARKETS

### Portland.

Wheat—Hard white, \$1.55; soft white, \$1.60; white club, \$1.64; hard winter, \$1.62; northern spring, \$1.62; red Walla Walla, \$1.55.  
Oats—No. 2 white feed, \$40.  
Corn—Whole, \$50; cracked, \$53.  
Hay—Willamette valley timothy, \$27 @28 per ton, alfalfa, \$21@22.  
Butter Fat—52@56c.  
Eggs—Ranch, 57@58c.  
Cattle—Best steers, \$8.50@8.75; good to choice, \$8@8.50; medium to good \$7.50@8.  
Sheep—East of mountain lambs, \$7@8; Willamette valley lambs, \$6@7.  
Hogs—Prime mixed \$11.50@11.75; smooth heavy, \$10.75@11.25; rough heavy, 7.50@9.75.

### Seattle.

Wheat—Hard white, soft white, white club, hard winter, red winter and Northern spring, \$1.60; red Walla Walla and Eastern Walla, \$1.55; big bend bluestem, \$1.70.  
Hay—Eastern Washington timothy, \$37 per ton, alfalfa, \$29.  
Butter Fat—52@54c.  
Eggs—Ranch, 58@60c.  
Poultry—Hens, dressed 32@40c; alive, 27@35c.  
Cattle—Best steers, \$9@9.50; medium to choice, \$7@8.  
Hogs—Prime, \$11.75@12.25; medium to choice, \$10.75@11.75.

Girls in the Mission Schools in China Pay Only \$18 Year for Their Meals.

It is refreshing in these days of high prices to learn that somewhere it is possible to get one's daily bread and its accompaniments at a low figure. The place is China—Tengschow, in the province of Shantung. There, in the mission school, a girl may have three meals a day for \$18 a year.

The menu sounds strange to the school girl of the western world, but to the Chinese student it is highly satisfactory. Steamed corn bread and raw turnips that have been kept in brine and then chopped quite fine compose the regulation breakfast almost all the year. For dinner there is usually millet cooked dry like rice, and some hot vegetable. Twice a week the vegetable is cooked with fat pork instead of in bean oil as usual. Supper is the same as breakfast. Perhaps half a dozen times a year, however, they celebrate with more luxurious fare.—Christian Science Monitor.

## CONGRESS BEGINS ITS WORK AGAIN MONDAY

Appropriation Bills to Constitute Principal Business of Three Months' Session.

Washington.—The sixty-sixth congress convened at noon Monday for its third and final session. The outstanding events were the attendance Monday at the senate session of President-elect Harding and the presentation on Tuesday of President Wilson's annual message.

The final session of the present congress opened with only three months of allotted official life, ending just before the inauguration of President Harding, on March 4 and with an extra session soon afterward in prospect. Appropriation bills will constitute the principal business at this session.

President-elect Harding was surrounded immediately by a crowd of senators when he entered, who shook his hand and clapped him on the back. The president-elect welcomed his admirers with a broad smile.

Another peace time estimate of nearly \$5,000,000,000 for the government's expenses during the fiscal year 1922 faced congress when it reassembled. The exact figures as transmitted by Secretary Houston were \$4,653,856,759, an increase of nearly \$1,000,000,000 over the appropriations for the current year, but \$211,000,000 less than the estimates submitted a year ago.

A tentative program of legislation in addition to the appropriation bills is expected to be determined this week by republican leaders in conferences among themselves and with President-elect Harding.

Republican leaders predict that congress will be forced to work steadily to complete the appropriation bills by March 4. In addition, there may be other legislation for relief of farmers and probably a few other emergency bills. Committees, however were prepared to work generally on matters to be considered at the extra session.

Good second-hand piano for \$150—\$50 cash, balance \$10 per month. Inquire at this office.