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IF YOUR CHILD IS CROSS. FEVERISH, CONSTIPATED

Look Mother! If tongue is coated, cleanse little bowels with "Cali-fornia Syrup of Figs."

Mothers can rest easy after giving "California Syrup of Figs," because in a few hours all the clogged-up waste, sour bile and fermenting food gently moves out of the bowels, and you have a well, playful child again.

Sick children needn't be coaxed to take this barmless "fruit laxative." Millions of mothers keep it handy because they know its action on the stomach, liver and bowels is prompt and sure.

Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains directions for babies, children of all ages and for grown-ups.

West India ship, upon which a painter had also been employed to paint the ship's side. The painter was at work upon a staging suspended under the ship's stern.

The captain, who had just got into a boat alongside, called out to the whined.
new boy, who stood leaning over the The rail, "Let go the painter!"

Everybody should know that a boat's painter is the rope which makes creature standing before him.

"Bless me, why, of course," he said, it fast, but this boy did not know it. He ran aft and let go the ropes by as he handed him a coin. which the painter's staging was held, you crippled, my poor fellow?" Meantime the captain was wearled

with waiting to be cast off.
"You rascal!" he called. "Why don't you let go the painter?"

Putnam Fadeless Dyes color in cold water.

Plausible.

it dying."

"It seems to me, doctor," groaned the victim, "you ought to treat the dying with a little more respect."

Midnight Son.

sun," said the ready-made philosopher. -Baltimore American.

SHORT CHANGE GRAFT.

An "Honest" Industry That Does Blg

"One form of honest graft a hote keeper has to fight the hardest in this town is 'accidental short changing,' said the manager of a very popular hotel near the Grand Central depot famous for its oyster bar.

"The same sort of 'honest graft' ob tains at almost every cash changing place in the city where there is a net ting on the cashier's desk to protect the cash and a lower bar of wood to hold up the netting or glass screen This bar of wood or metal runs across the hand hole for change. The cash iers have figured out the angle of vi the distance they stand from the desk to receive their change.
"Say a dollar is changed to take out

30 cents. The 'accidental short change' artist will push forward the 70 cents in coin, but his hand will halt one dime that is hidden from the angle of vision of the man getting change by the line of the bar over the cash hand hole. If the man is is one dime. Always, stop, stoop and look if in doubt.

"And you would be surprised te know how much money is left on cashiers' counters, box offices, sub way ticket booths and other places. I'll wager \$100,000 is short changed annually in New York. They never call you back."—New York World.

END STOMACH TROUBLE, GASES OR DYSPEPSIA

"Pape's Diapepsin" makes Sick, Sour, Gassy Stomachs surely feel fine In five minutes.

If what you just ate is souring on your stomach or lies like a lump of lead, refusing to digest, or you belch heartburn, fullness, nausea, bad taste failed to aid Busch, who was traveling in mouth and stomach-headache, you by automobile. The car stuck in the can get blessed relief in five minutes. deep sand. Put an end to stomach trouble forever by getting a large fifty-cent case of Pape's Diapepsin from any drug store, of the heat in Death Valley in sum-You realize in five minutes how needless it is to suffer from indigestion. dyspepsia or any stomach disorder. Did as He Was Ordered.

It's the quickest, surest stomach doc tor in the world. It's wonderful.

In the Pocket.

A tramp approached an old gentle man who was reclining in a comfort able arm-chair on the porch. "Please help a poor cripple, sir," he

The old gentleman slowly thrust his hand into his pocket as he gazed with anxious concern at the ill-kept

"How are sir."-Manchester Union.

"He's gone, sir," said the boy brisk-ly. "He's gone—pots, brushes and all!"—London Standard.

Mothers will find Mrs. Winsiow's Soothing Syrup the best remedy to use for their children during the teething period.

Peanut Candy-Put 2 cups of sugar into a smooth frying pan and stir with the bowl of a spoon till melted, keep-"The trouble with this tooth," said nuts. When it begins to stiffen, pour the grief of loved ones to whom their the dentist, probing it with a long, upon the bettom of an inverted pan, resting place is unknown, alender instrument, "is that the nerve shape with knives, and cut into small "Some day perhaps a shape with knives, and cut into small

Divinity Creams-Add 11/2 cups sugar and 1/2 cup of corn syrup to 1/2 cup of water, and boil to the "Hard Crack" stage-until the portion tested "There's nothing new under the is hard and brittle. Pour in the beaten white of 1 egg, and beat, adding 1/2 "No," replied the patron of cafes teaspoonful vanilla as it thickens, unand musical comedies, "nor under the til stiff. Mold in a box lined with electric lights, either, for that matter." oiled paper, and cut in slices when cold.-Oregon Agricultural College.

\$10,000,000 A Year Wasted On Trusses

How 60 Days' Trial Protects You Against Throwing Money Away



Ninety-nine out of every hundred dollars spent for elastic and spring trusses might about as well be thrown away.

Close to ten million dollars a year—in this country alone—is practically wasted on such And all simply because nine sufferers out of

en trust to a mere try-on or hasty examination netend of first making a thorough test. A Mere Try-on Is a Snare

You can't possibly tell anything about

trues or anything else for rupture merely by trying it on.

A trues or so called "appliance" may seem alright at first and afterward prove utterly worthless.

The only way in the world you can make sure of exactly what you're getting is by making a thorough sixty-day test without having to risk any money.

The Only Thing Good Enough To Stand a 60-Day Test

To Stand a 60-Day Test

There is only one thing of any kind for rupture that you can get on sixty-days trial—
Only one thing good enough to stand such a long and thorough test—
That is our guaranteed rupture holder.
We'll make one especially for your case—
make it to your measure—and let you try it sixty days—
We'll practically lend it to you that long—without asking you to risk a penny.

If it doesn't keep your rupture from coming out or bothering you in any way, no matter how hard you work or strain—if it doesn't prove every claim we make—then you can send it back and it won't cost you a single cent.

Made on New Principle

Made on New Principle This guaranteed rupture holder—the fa-mous Cluthe Automatic Massaging Truss—is so utterly different from everything else for rupture that it has received eighteen separate patents. It is far more than just a truss. Made on an absolutely new principle. Unlike everything else, it is self-regulating, colf-edjusting—justantly and automatically new-

tects you against every strain so your rupture can't possibly be forced out.

And in addition to this constant holding, it provides the only way ever discovered for overcoming the weakness which is the real cause of rupture.

Just how it does that—entirely automatically—is all explained in the free book which the coupon below will bring you.

No Belt-No Leg-Straps-No Springs Does away entirely with the curse of beits, leg-straps, and springs. People who have tried it say it is as comfortable as their clothing. Is water-proof—will hold in the bath. Also perspiration-proof and easily kept clean.

Will Save You From Operation

This guaranteed rupture holder has so thoroughly proved its merits in nearly 300,000 cases that surgeons in the U. S. Army and Navy and physicians in all parts of the world now recommend it instead of advising operation. operation.
It has completely cured hundreds and hundreds of people whose cases seemed almost hopeless.

The Things We Tell in Our Book

There are so many mistaken ideas about rupture that we have taken the time to sum up in a book all we have learned during forty years of experience.

This remarkable book—cloth-bound, 96 pages, 20 chapters, and 23 photographic illustration—is full of facts never before put in print.

It deals with rupture in all its forms and stages.

It deals with rupture in all its forms and stages.

It shows the dangers of operation.

It exposes the humbug "appliances," "methods," "plasters," etc.

It shows why wearing elastic or spring trusses is almost sure to shorten your life. And it tells about the famous Cluthe Antomatic Massaging Truss—how simple it is—how it ends constant expense—how you can try it sixty days without having to risk a penny, and how little it costs if you keep it. Also gives over 6,000 voluntary endorsements from benefited and cured people.

Send for this book to-day—don't put it off—the minute it takes to write for it may free you from trouble for the rest of your life. Simply use the coupon or just say in a letter "Send me your book."

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DISTRICT A TERROR TO PROSPEC- NOURISHING AND CHEAP MEALS TORS AND TRAVELERS.

No Hope for the Man Lost on That Trackless Waste of Sand-First Madness From Thirst, and Then Death.

Death Valley has lost none of its terrors since 1849, when many gold hunters perished in their attempts to sion of all men, short and tall, and reach the bonanza fields in California, says a Phoenix (Ariz.) letter. The relics of that expedition yet remain on Salt creek to remind passers by of

a heroic struggle against great odds. Today Death Valley practically is unchanged. True, prospectors have dug for gold and silver and copper in the hills on every side; camps have been made and abandoned here and a hurry or absentminded he grabs the there; water holes and stations estab-change he sees and rushes off without lished in times of cross-valley travel between Panamints and Funeral Range; a ranch has been developed on which figs and melons and vegetables grow in great abundance—the mecca of hundreds of desert pilgrims and sightseeing parties.

A stamp mill and an aerial railway have been built and operated with a telephone line reaching to civilization; mule teams have been driven into the depths and hauled out borax; yet Death Valley, deep between the towering gray hills, sunken, treacherous, desolate, isolated, is unaltered by the coming of man. It is still the valley of death, claiming its victims one by one, and harboring many unmarked

graves. Earls C. Clemens, writing of the gas, and eructate sour, undigested death of Peter Busch, a friend, says food, or have a feeling of dizziness, that eight years of desert experience

Clemens says: "One has no idea of the oppression mer, unless he has a personal experience of it. The sun rises hot and sets hot, with a night sky full of strange lights, like the flashing of fireballs, the phosphoric phenomena of a weird, spooky waste.

"The night brings some relief, but the new day dawns hotter, it seems, than the day before. The water in your canteen is nauseating, as it almost sizzles under the glare of the merciless sun. The air pressure, hot from above and below, almost staggers you, while your thick tongue, swelling rapidly from thirst, all but strangles you.

"The sand dunes, marked only by mesquite, swallow you without afford-Pocketing the money quickly the ing refuga from the heat, the wind tramp replied: "Financially crippled blows as if from a flery furnace; the sand shifts with the wind and the trail is lost; the burros may stampede and the last of your grub may be hopelessly scattered.

'Many have suffered horrible deaths in that far away and lonely place; gone mad from thirst and hunger. ing the spoon flat. As soon as the thrown away canteen, grub, clothing, sugar is all melted, remove from the and wandered aimlessly, only to lie fire and stir in 1 cup of chopped pea- down and die, the prey of coyotes and

"Some day, perhaps, a more fortusquares.—Oregon Agricultural College. nate pilgrim has found a skeleton and dug a grave with an occasional find of jewelry and papers by which the remains could be identified, but in the year in which I have been familiar with the stories of the lost in Death Valley, but few missing ones have been located. The valley had swallowed them to us, as the sea."

Time for Reflection.

An old negro parson in a southern church was denouncing theft to his congregation, when he said: "If there is any member of this

conkregation who is guilty of theft, he had better repent at once and be saved."

On his way home he was stopped the sermon intently.

"Don't you think, parson, that next to repent?" asked Rastus.

"But, Rastus, why not repent tonight and be saved, man?" "Well, parson, it's this way," ex-

plained Rastus. "I want just one mo' chicken fo' tomorrow dinner, and I bake in a quick oven about 20 minknow wha' I can get dat chicken wid utes. Serve hot with cream and sugar. out bein' caught tonight." "Well," said the parson, hesitating,

"I don't know what to say, so I think I will take dinner with you tomorrow and then talk the matter over with you."-National Monthly.

Barr Bars Slovens.

Capt. Barr of the Carmania, who distinguished himself in the Volturno rescue work, is a strict but just disciplinarian. Of Capt. Barr, who insists on spot-

less neatness always, they tell a story in shipping circles. A very dirty young diver, it appears, room about the dangers of his call-

"Yes," said the young man, as he relighted the stub of his cigar-"yes, you sailors, Capt. Barr, think you lead a dangerous life, but I, let me tell you, I carry my life in my hands."

"Oh, I see," said Capt. Barr, "and that's why you never wash them, ehfor fear you'll drown yourself."

Had Em All.

In Chicago they aver that this is a true story. At one of the "universal providers," or department stores, a shopper asked

a floorwalker where she might find the "Brussels counter." "Carpets, sprouts, or point lace, ma'am?" was the walker's query.

MADE OF NUTS.

Turkey Roast One of the Most Approved Methods of Serving Them -Meat Loaf Also Is an Excellent Recipe.

Nut Turkey Roast.—Thoroughly good many years, sir! wash one cupful of German lentils and soak over night. The next morning boil slowly until tender, then run through a colander. Add one-half cupful of chopped walnut meats, one well-beaten egg, a quarter cupful of minced onion and one cupful of minced celery that have been browned together in a little olive oil. Add salt and sage to season and thicken with bread crumbs. Dip thin slices of bread in a mixture of one egg and a cupful of milk beaten together. Now in a well buttered casserole or baking pan make alternate layers of the two mixtures. Surround with any dressing preferred and bake from forty to sixty minutes in a moderate oven.

Nut Meat Loaf.-One-half cupful of chopped or ground pecans, one-half cup of walnut meats, one cupful of dry bread or cracker crumbs, two eggs and one tablespoonful of melted butter. Wet the crumbs with milk, and as the crumbs soak ad more milk if necessary. It should be a little too thick to run. Butter well a small bread pan. Turn in the mixture after stirring well and cover with dots of butter. Bake in the oven a half hour. Cut in slices and serve hot. The next day slices can be covered in thickened and strained juice from a can of tomatoes and fried. Served with creamed potatoes meats a good combination. All walnut meats make a roast a trifle dry, but can be used if pecans are too expensive.

Nut and Vegetable Roast.-Take cooked beans or peas, press through a colander to remove the skins and mix with an equal quantity of finely chopped nut meats. Season to taste and put one-half the mixture in a buttered baking dish. Spread over it a or twelve minutes, break up with a keep your liver and bowels clean; fork and pour over it one-half cupful stomach sweet and head clear for months. They work while you sleep. bit of pepper and, if liked, a touch of sage. Cover the dressing with the remainder of the nut mixture, pour over all one-half cupful of cream and bake slowly an hour and a half in a moderate oven. Serve in slices with cranberry sauce.-The Delineator.

Pumpkin or Squash Pies.

In making pumpkin ples I make the shell, first crimping the edge and pierce it with a straw I take it off false teeth was the Empress of Russia. the stove and drain it through a col-ander; when perfectly dry, I rub it became to Madrid, where Ferdinand VII rewarded him with a through colander with my hand. is my rule for pumpkin pies. I add an egg for squash and leave out ginger, one and one-half cups pumpkin, one and one-fourth cups milk, cooking spoon flour, little nutmeg, salt and ginger, one-eighth teaspoon of cinnamon. I heat this all together and let it stand perhaps twenty minutes, when I heat it again and pour into shell. Bake in slow oven, sometimes half a day. My ples are dandles. Try it and see how you get along. If your ples boil they are spoiled. A squash or pumpkin pie should bake at least two hours to be really good.

Baked Apple Dumplings. Pare and core six nice round apples. Put a piece of butter and a teaspoonful of sugar into each. Then make a covering as follows: Take four cups of flour, one teaspoonful of "Then what are you crying about?" salt, and four teaspoonfuls of baking asked mother. "Why didn't you four cups of flour, one teaspoonful of by Old Rastus, who had listened to powder and stir thoroughly. Add a piece of lard as large as a duck egg. Moisten with milk, a pint, more or Sunday will do just as well as tonight less, according as the handling of the dough permits. Work it quickly and lightly. Form the dough into cup shapes and in them place the apple, drawing the edges together in the middle. Pierce all over with a fork and

Tongue and Egg Salad. Cut cold tongue in thin slices, then cut again into pieces about one inch square; arrange a layer of tongue on fresh lettuce leaves, and on the tongue place a layer of hard-boiled eggs sliced thin; then another layer of tongue, and cover all with a good mayonnaise. Decorate the dish with slices of cold beets and parsley.

Meat on Toast. Take cooked meat of any kind. Put through the meat grinder with a little onion. Then put in pan with a little was beasting in an hotel smoking water and piece of butter, salt and pepper. Heat hot and put on toasted bread. This is a good way to use up pieces of meat and makes a nice dish

> Poor Man's Bolled Dinner. Two pigs' knuckles, one head of cabbage, one large turnip, one carrot, four large potatoes; boil knuckles two hours, then add cabbage, turnip, carrot; boll half an hour, then add potatoes; boil half hour. Delicious.

for supper.

Apples for Pies. Apples cut in irregular pieces will cook more quickly in a pie than if sliced, for they do not pack closely as slices do and so the hot air comes more easily in contact with the truit and enoking is facilitated.

DEATH VALLEY FEARED TAKE PLACE OF MEAT Hotel Washington Street, Corner of Twelfth. Portland, Oregon.

\$1.50 \$2.00 Per Day With Bath Privilege. \$1.50, \$2.00 and \$2.50 Per Day With Private Bath Special Rates by week or month. Bus to and from trains and boats, or take a Depot car to sabing ton St. and transfer, get off at Twelfth Street. European plan, 150 outside rooms, reproof Building, modern and clean in every respect. Hot and cold running water and both cohones in every room. Single or double bedrooms. Large Parlor off Main Lobby.

Not Liberal.

Sims-While in Paris I paid five dollars in tips alone Waiter (assisting him on with his "Who is that man over there the

one counting his fingers?" "That's Blobbs, the poet. But he coat)—You must have lived there a isn't counting his fingers; he's counting his feet."—Judge.

"BLOOD IS THICKER THAN WATER"

up indoors in winter time with a coal stove burning up the oxygen or emitting carbonic (exide) gas. This blood, or blood which lacks the red blood corpuscles, in anaemic people may have been caused by lack of good fresh air breathed into lungs, or by poor digestion or dyspepsia. Sometimes people suffer intense pain over the heart which is not heart disease at all, but caused by indigestion. Whatever the cause, there's just one remedy that you can turn to—knowing that it has given satisfaction for over 40 years.

DR. PIERCE'S GOLDEN MEDICAL DISCOVERY

is a blood cleanser and alterative that starts the liver and stomach into vigorous action. It thus assists she body to manufacture rich red blood which feeds the heart—nerves—brain and organs of the body. The organs work smoothly like machinery running in oil. You feel clean, strong and strenuous instead of tired, weak and faint. Nowadays you can obtain Dr. Pierce's Golden Medical Discovery Tablets, as well as the liquid form from all medicine dealers, or tablets by mail, prepaid in \$1 or 50c size. Adress R. V. Pierce, M. D., Buffalo, N. Y.

DR. PIERCE'S GREAT 1008 PAGE ILLUSTRATED COMMON SENSE MEDICAL ADVISER WILL BE SENT FREE, CLOTH BOUND FOR 31 ONE-CENT STAMPS.

10 CENT "CASCABETS" FOR LIVER AND BOWELS

Sick Headache, Constipation, Billousness, Sour Stomach, Bad Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels-you always get relief with Cascarets. They immediately cleanze and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the condressing made in this wise: Take four stipated waste matter and poison years?" slices of zwieback and pour boiling from the intestines and bowels. A water over it to cover. Let stand ten 10-cent box from your druggist will

Modern Artificial Teeth.

Until a little more than a century ago humanity had to rub along without false teeth, of which nowadays one firm alone sells more than 12,000,-000 a year. One of the first success ful makers was Glussepangelo Fonzi, an Italian dentist, who began practice in Paris in 1798, and, thanks to his skillful treatment of Lucien Bonaparte, soon made his way. After years shell, first crimping the edge and of experiment he discovered the sub-making sure the air is out from under stance from which artificial teeth are the crust. In the meantime I have my made and received the gold medal of squash or pumpkin cooking on the the French Academy of Science. One stove, pared and diced; when I can of the earliest persons fitted with yearly pension of 1000 ducats for a set of false teeth.-London Echo.

You Can Get Allen's Foot-Ease FREE. Write Allen S. Olmsted, Le Roy, N. Y., for a tree sample of Allen's Foot-Ease. It cures sweating, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

The Hammer and Hammering.

Johnnie rushed into the dining room, his voice lifted to a long, quavering wail. He was giving a star exhibition of the art of separating himself from tears and trills.

'What's the matter?" asked mother. Johnnie removed both fists from his eyes and explained mournfully:

Papa was out on the back porch nailing down a plank and he had a big hammer, an awful big hammer. Then he missed the nail and hit his thumb."

laugh? Then Johnnie told the whole story thus:

"I did."-Popular Magazine.

Where the Farm Hand Balked. Sam had worked on the farm for

nine years, and until his master took to poultry farming he was quite sat-

But this poultry business was a bit too much. He had to take the eggs as they were laid and write the date on them with an indelible pencil. And worse than that, he had also to write on the eggs the breed of the hen that

So one day he marched up to the farmer.

"I'm about fed up," he said, "and I'm going to leave!" The farmer was astonished. "Surely, Sam," said he, "you are not going to leave me after all these

"Yes, but I am," retorted Sam. "I've done every kind of rotten job on this here farm, but I'd rather starve than go on being secretary of your old hens."—Answers, London.





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Try once more if you have been doc this one and that one and have not of manent relief. Let this great nature nose your case and prescribe some re

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Some blood disorders become deeply rooted in the glands and tissues, and the mistake is made of resorting to drastic drugs. These only aggravate by causing other and worse troubles. A host of people know this to be true. They know from painful experience.

To get right down into where the blood is vitiated requires S. S. S. the greatest blood purifier ever discovered.

This remarkable remedy contains one ingredient, the active purpose of which is to stimulate the tissues to the healthy selection of its own essential nutriment and the medicinal elements of this matchless blood purifier are just as essential to influence. Not one drop of drugs or

to stimulate the tissues to the healthy selection of its own essential nutriment and the medicinal elements of this matchless blood purifier are just as essential to well balanced-health as the nutritious elements of the meats, grains, fats and sugars of our daily food.

Not only this, but if from the presence of some disturbing pages there is a selection of the meats of the meats and sugars of our daily food. Not only this, but if from the presence of some disturbing poison there is a local or general interference of nutrition to cause boils, carbuncles, abscesses and kindred troubles, S. S. S. so directs the blocal cells that this poison is rejected and as S. S. Beware of all counterfeits.

Strength, Power, Accomplishment are all Typified in S. S. S.