

Women's Page

Household Hints, Fashions and Recipes

Many women are engaged nowadays in making blouses for next summer out of gayly striped handkerchief linen or else embroidering a tiny colored picot scallop for the edge of a blouse ruffle. There is a craze for color after the lengthy reign of white, so the stripes are wide, and their colors—pink, currant, blue, green or yellow—are by no means of the pastel order, but quite deep enough to stand a bit of fading and still be good to see.

Those who make a point of keeping up with the modes are not putting the ruffles on their blouses yet, and some are merely tucking the sheer goods in blouse lengths and rolling them up to be cut when Dame Fashion has said her final word for the season. Others will make their blouses up in the style they consider most becoming to their particular style of beauty, trusting to looks rather than modes.

For the southern wardrobe a dozen white china silk shirts made exactly like those of men are not considered too many.

Since the all white blouse has ceased to be considered smart when worn in combination with a dark tailored costume there has been room for as many substitutes for it as it has been possible to devise. One clever modiste has created a charming and unique affair of white crepe de chine striped with half inch bands of velvet in a color to match the suit. It is made in a soft Russian style, with a heavy velvet cord marking the waist line, coats now being long enough to hide a blouse of this kind.

New Bath Accessory.

Wooden bowls to float in the bath carrying one's favorite soap are an obvious device that might have been invented long ago. It seems. Some are beautifully carved, others stained to match the prevailing color of the suit, and each has the owner's initials burned in or riveted on in metal.

The Thrice Practical Blouse.

The lucky possessor of a three in one blouse can wear it in three different ways. This waist is particularly useful to the woman who goes on short journeys with her belongings in a suit case or traveling bag.

The blouse proper is a dainty, simple affair of cream colored net veiled with all over cream colored lace. The blouse



THREE IN ONE WAIST.

fastens at the back, though there is a row of tiny pearl buttons down the front in accordance with a new fashion. The second blouse feature is a jumper of dark chiffon, which may be slipped on over the lace waist with a dark tailored suit of a popular worsted mixture.

The third feature is an adjustable belt and cuff set of deep cream velvet lace, which makes the dark chiffon jumper of the simple lace waist doubly dressy and dainty.

LENTEN RECIPES.

Ways of Serving Fish During the Penitential Season.

Fish Omelet.—Take the remains of cold boiled whitefish, four eggs, a little white sauce, a tablespoonful of milk or cream, one ounce and a half of butter and a dash of pepper, salt and cayenne. Now free the fish from all skin and bones, break it into small flakes, melt a piece of butter in a small stewpan, add the fish seasonings and enough white sauce to moisten the fish. Keep it hot, slightly beat the eggs in a basin and add the milk and season to taste. Melt a full ounce of butter in an omelet pan, pour in the eggs, stir over a hot fire until the mixture begins to set, then shake well. Shape it in an oval form, put the prepared fish in the middle and fold in the ends. Allow it to color and then turn out on a hot dish and serve immediately.

Baked Mackerel.—After filleting the fish cut each piece in two, season with pepper, salt and lemon juice and arrange on a buttered dish in this fashion—first a piece of fish, then a slice of tomato and so until all the ingredients are used. Pour over a little stock, cover with a buttered paper and cook in the oven for twenty minutes. Dish up, mix with the stock in which the fish was cooked a little brown sauce, boil up and finally stir in a good sized piece of butter. Pour the sauce over the fish and serve.

Cod a l'Espanole.—Slice a Spanish onion and fry it in oil, then add double its weight of cooked flaked cod, previously freed from skin and bone, and sufficient tomato sauce to moisten it all, seasoning it with salt, coriander pepper and minced sweet herbs. Now stir it all over the fire till thoroughly hot and serve.

Baked Halibut.—Get as much halibut as you require and cut it in thick slices, thicker than you would for frying. Sprinkle a small baking pan with pepper and salt, lay in the fish, sprinkle with pepper and salt. Pour in milk to come to the top of the fish. Bake in a good oven about half an hour, then remove the fish to a hot platter, add more milk if necessary for a gravy and thicken with flour. Season to taste and pour over the fish. Another way to cook halibut is to make about one and one-half cups of butter gravy. Have it rather thick, as the juice from the fish thins it considerably. Put a pound of sliced halibut in a pudding dish, cover it with gravy, cover the dish and bake half an hour.

Kitchenettes.

Camel's hair and red sable brushes that have got out of shape or curled can be restored to their proper form by dipping first into hot and then into cold water.

To make individual chicken pies line gem pans with pastry, leaving crust enough to fold over a tablespoonful rich chicken hash, and bake in a quick oven.

If the cake flavoring has been forgotten when making the batter try sprinkling the required amount over the cake as it stands in the pan before baking.

If brooms are to sweep clean they must be washed occasionally and freed from dust and dirt. To two quarts of warm water add four tablespoonfuls of household ammonia. Stand the brooms in this for half an hour. Rinse in cold water and hang in the sun to dry. House brushes of any variety may be washed in this manner.

CHIC STYLES.

Velvet Costumes the Vogue.—Wraps Gorgeous in This Fabric.

The prettiest of the velvet suits are simply built, for this fabric is so rich in itself that it is a pity to break the lovely lines it forms by too much trimming.

Velvet coats are rather loose and are cut in tunic style to avoid marring seams. Much handsome braid is used on the coats, and the braid trimming in band motifs and crocheted buttons is repeated on the skirts.

Another is of black velvet and violet brocade, while a third of red bro-



FRINGE TRIMMED VELVET GOWN.

cade all over is lined with bright gold satin.

This stunning gown is of black velvet with collar and cuffs of white broadcloth edged with black fringe.

JUDIC CHOLLET.

This May Manton pattern comes in sizes from 24 to 42 inches bust measure. Send 10 cents to this office, giving number, 7198, and it will be promptly forwarded to you by mail. If in haste send an additional two-cent stamp for letter postage, which insures more prompt delivery. When ordering use coupon.

No. Size

Name

Address

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by HALL'S CATARRH CURE. Send for circulars, free.

J. J. CHENEY, & CO., Toledo, Ohio.

Sellily Drugists, So.

Take Hall's Family Pills for constipation.

Take HERBINE for indigestion. It relieves the pain in a few minutes and forces the fermented matter which causes the misery into the bowels where it is expelled. Price 50c. Sold by Lents Pharmacy.



EDITH G. CHARLTON

The selection of food for the table in order that it may be truly nourishing and may yield the necessary material for growth is one of woman's greatest tasks. To be the maker of a home from which strong men and women shall go forth to build and keep a nation powerful and united is the highest task given to human beings. This is woman's true work. Is she honestly equipped and trained for it?

The Task of Homemaking.

Woman's share in the well being of the family demands not only an intelligent knowledge of the principles of her work, but also interest and enthusiasm in it. To be a really successful housekeeper a woman must be an enthusiastic housekeeper. Very few, if any, men have achieved success in any work to which they have given only part of their thought and a niggardly share of their enthusiasm. I believe that the largest per cent of unsuccessful housekeepers is always found among the women who are either doing their work ignorantly and according to somebody's tradition or because their interest and enthusiasm are given to some other person's work. Why is the opinion so general among both men and women that housekeeping requires a little less intelligence than almost any other kind of work? Why is it that the most incompetent person is the one who generally offers her services in domestic work? "She would do better in some one's kitchen" is the remark very often made of the unsuccessful woman.

What a Housekeeper Should Know.

It requires just as much brains to keep a house as it should be kept as it does to perform any other kind of work. It requires just as much knowledge and energy to make a home which truly fulfills all the term implies as it does to engage in any other industry. And no other work demands quite as much of the whole hearted interest, the real person, as does homemaking. One good reason why there are so many indifferently managed homes is because housekeeping in general has not as yet been put on the same plane as other industries. One reason why so many women are needlessly wearing themselves out in their task of providing food and shelter for their families is because of lack of knowledge of the fundamental principles of their work. Lack of training and practical education is responsible for many housekeeping failures. A woman said to me: "I cook for my family because I must, not because I have any interest in the art. For I thoroughly dislike it." "Are you a good cook?" I said. "No, I am not," was the answer. "If I am ever successful it is due to luck more than skill, because I really know nothing about the science of it, and, after years of experience, I simply can't get interested in it." Unless this woman is quite unlike the rest of humanity, her dislike can be traced to her failures, for no one dislikes to do that which he can do really well—just a little better perhaps than any one else. The woman who finds pleasure in making bread is generally the woman who has won the blue ribbon at the county fair and who has a reputation for being the best breadmaker in the township. She knows something about yeasts and flour, understands the proper temperature for breadmaking and finds her task a pleasure because she has had sufficient interest in it to become familiar with its science.

The housekeeper's work, if properly performed, gives regular exercise to all her faculties. If she understands, as she should, the effect of heat and cold upon food materials, upon liquids and solids, she will have a working knowledge of physics. If she knows something about digestion and personal hygiene she will not be a stranger to the study of physiology. Her intelligent handling of acids, alkalis and the treatment of the different fabrics in the laundry will necessitate a familiarity with chemistry. If she understands the scientific side of canning and preserving and the preservation of food by other methods, as well as the processes of cheesemaking, sterilizing, etc., she will be on familiar terms with household bacteriology. If she does not understand these simple truths, so closely related to her work, ignorance of them naturally presupposes working in the dark.

The Well Rounded Life.

The aim of life should not be to spend all the effort of our days in working simply to satisfy the physical needs of the body without any thought for mental development. True it is that a sound mind is usually found in a sound body, but it is also true that an empty head, like an empty stomach, is equally susceptible to poisons. Where all thought and effort are given to acquiring wealth, winning social or political position without taking into account the other side of life—the side which means the right attitude toward the world, our neighbors and ourselves—a great deal of true living has been overlooked and missed.

LOW PRICES AND

HIGH QUALITY

Are two strong characteristics of this shoe store.



Come in and get our prices on these shoes before you buy the next pair of school shoes.

We carry a full line of high grade shoes for men, women and children.

Modern Shoe Repair Factory

Old Bank Building

COR. MAIN & FOSTER, LENTS.

CITY MEAT MARKET

LARD and COMPOUND
HAMS and BACON
BUTTER and EGGS
FISH in SEASON
FRESH MEATS
SAUSAGE

Always Fresh and Priced Right

EGGIMAN BROTHERS

Proprietors

Corner Main and Foster

REAL ESTATE BARGAINS

We have listed perhaps the biggest list of bargains in real estate of any firm in the city. Our list includes many excellent buys in Lents property. We also have houses for rent and for sale on easy payment plan.

Bright Realty Co.

MRS. T. BRIGHT

Foster Road East of P. O.

IT'S FEET INSURANCE

WEARING OUR
SILK ELASTIC HOSIERY
The constant yet gentle pressure relieved at once all sprains and ankle weakness. Free measurement blank on request.

Woodard, Clarke & Co.

Portland, Oregon

Work For the Editor.
Most any one can be an editor. All an editor has to do is to sit at his desk six days in the week, four weeks of the month and twelve months in the year and "edit" such stuff as this:

"Mrs. Jones of Lost Creek let a can opener slip last week and cut herself in the pantry."

"A mischievous lad of Matherton threw a stone and struck a companion in the alley last Tuesday."

"John Doe climbed on the roof of his house last week looking for a leak and fell, striking himself on the back porch."

"While Harold Green was escorting Miss Violet Wise home from a church social last Saturday night a savage dog attacked them and bit Mr. Green on the public square."

"Isaiah Trimmer was playing with a cat Friday when it scratched him on the veranda."

"Mr. White while harnessing a broncho last Saturday was kicked just south of the corncrib."—Boston Globe.

CLASSIFIED

WANTED

WANTED—Lace curtains to launder. Quilts and blankets washed; reasonable also work by the day. Mrs. Haskins, phone Home 1111.

WANTED—Good, clean cotton rags at 1/2c a pound. Mt. Scott Pub. Co.

WANTED—Boys may be had and sometimes girls. The older ones at ordinary wages and others to be schooled and cared for in return for light services rendered. For particulars address W. T. Gardner, superintendent Boys and Girls Aid Society of Oregon, Portland, Ore.

WANTED—To buy a light buggy with low wheels, arch axle, see Lents undertaker.

FOR SALE

FOR SALE—Newspapers for wrapping or kindling. Mt. Scott Pub. Co.

FOR SALE—Barred and Buff Rock eggs. Per setting \$1. 314 Foster Road, East.

FOR SALE—R. I. Red eggs \$1.50 per setting of 15. D. W. Ramsey, 2 blocks S. of car line, 9th Ave.

FOR SALE—Cook Stove, \$5 buys it if taken at once. A. Grau, Walden Park, Lents.

FOR SALE—30 S. C. Rhode Island Red pullets, \$1.75 each for all or part. Cockerels, \$3. White Orpington Cockerels, \$3. 20 Black Minorca Pullets, \$2 each. Cockerels, \$3. Indian Runner Ducks, \$2. Drakes, \$2.50. Eggs from above breeds \$2 per setting. Dell Elliot R. D. 1, Montavilla, Ore.

FOR SALE—Black Minorca Cockerels and R. I. Reds from \$1.50 up. Also eggs for hatching 50c. Mrs. F. A. Nebauer, Gresham, Ore., R. D. 2, box 112.

LUMBER—At our new mill 1 1/4 miles southeast of Kelso. We deliver lumber. Jonsrud Bros.

FOR SALE OR TRADE—Wood stumps, four miles Southeast of Lents. L. G. Meyers, R. D. 1 Clackamas.

FOR SALE—One half acre, fenced, east front, some orchard, good location. \$10 down, \$10 per month. Enquire at Mt. Scott Publishing Co's. office.

FOR SALE—One fourth acre, cleared, in Walden Park. Five dollar payments. Enquire at Mt. Scott Publishing Co's. office.

EGGS FOR HATCHING—We have them. Calkins strain of white Leghorns, bred for eggs for 10 years. Set, home or incubator lots. Call Lents Home Phone 2924, or address Calkins Poultry Farm, Lents, Ore., Gilberts Station. Also a few good cockerels left.

MISCELLANEOUS

FOUND—On M. T. Set car New Year's, two photos with this inscription on back: "To Bert from Jennie. Owner may have same by calling at Herald office and paying for this ad."

EGGS—from Single Comb Brown Leghorns, \$1.50 per 15, \$5.00 per 100. Won at Buffalo, Pittsburg, Chicago and St. Louis. Lund's Grocery, east of school, on Gilbert Road.

DIRECTORY

PROFESSIONAL

General Practice. Abstracts made and examined.

Rollo E. Groesbeck

Attorney-at-Law

Phone Tabor 1599

South Main St. Lents, Oregon

W. F. Klineham C. E. Kennedy
Attorney-at-Law 6824 43 Ave., S.E.

Kennedy & Klineham

Real Estate and Rentals, Notary

Public Work

Office Phone T. 2012 Residence 749

Main St. and Carline, Lents, Oregon

E. E. Morland, Dentist

719 Dekum Bldg., Third and Wash.

ington, Portland, Ore.

City Office, Main 5955; Lents Office, 2833

Residence, Tabor 2587

Residence Corner 8th and Marie Sts.,

Lents, Ore. Office Hours 8 to 10 a. m.

Mrs. Janette Gesell

Miss Ruth Gesell

Lessons in China Painting

China decorated to order and firing.

Samples of our work on exhibition at

Lents Pharmacy.

Studio, 59th Ave., S. E., Grays Crossing

Repels Attack of Death

"Five years ago two doctors told me I had only two years to live." This startling statement was made by Stillman Green, Malachite, Col. "They told me I would die with consumption. It was up to me then to try the best lung medicine and I began to use Dr. King's New Discovery. It was well I did, for today I am working and I believe I owe my life to this great throat and lung cure that has cheated the grave of another victim." Its folly to suffer with coughs, colds or other throat and lung troubles now. Take the cure that's safest. Price 50 cents and \$1.00 Trial bottle free at all dealers.

CHURCH DIRECTORY

(All churches are requested to send to The Herald notices, such as the following, for publication each week free.)

ST. PAUL'S EPISCOPAL CHURCH, WOODMERE
Services and sermon at 4 p. m., every Sunday. Sunday School at 10 a. m. Communion service on second Sunday of each month. Dr. Van Water and Rev. Oswald W. Taylor.

LENTS BAPTIST CHURCH—First Avenue, near Foster Road. Rev. J. N. Nelson, pastor. Sunday School 10 a. m. Preaching 11 a. m. and 7:30 p. m. B. Y. P. U. meets at 6:30. Prayer meeting Thursday evening at 7:30.

SWEDISH LUTHERAN MEETING—Held every Sunday at 10:30 a. m. and in the evening at the Chapel at corner of Woodbine street and Firland avenue. Rev. B. B. Nystrom, pastor.

SWEDISH BETHANIA CHAPEL, ANABEL—Scandinavian Sunday School at 11 a. m. Bible study and prayer meeting Friday at 8 p. m. Scandinavian people cordially invited and welcome.

GRACE EVANGELICAL CHURCH, LENTS—Preaching Sunday at 11 a. m. and 7:30 p. m. Sunday School every Sunday at 10 a. m. Young Peoples' Alliance every Sunday at 6:30 p. m. Prayer meeting and Bible study each Wednesday evening. Special music at 11 cordially welcome. Rev. Conklin, pastor.

LENTS FRIENDS CHURCH—South Main St. Sabbath School 10:30 a. m. Service 11:00 a. m. Christian Endeavor 6:30 p. m. Evangelistic service 7:30. Prayer meeting Thursday 7:45 p. m. Myra R. Smith, pastor.

LENTS M. E. CHURCH—Corner of 7th Ave. and Gorden St. Sunday School 10:30 a. m. Services at 11:00 a. m. and 7:30 p. m. Epworth League 6:30. Prayer meeting Thursday evening of each week. All most cordially invited. Rev. W. Boyd Moore, pastor.

TREMONT UNITED BRETHREN CHURCH—62nd Ave. 69th St. E. Sunday School at 10:30 a. m. Preaching 11:00 a. m. Christian Endeavor 6:30 p. m. Preaching 7:30 p. m. Prayer meeting Thursday 7:30 p. m. Mrs. Lynn, pastor.

MILLARD AVE. PRESBYTERIAN CHURCH
Rev. Levi Johnson, pastor. Residence 6921 13. Lovejoy St. Services: Sunday School at 10 a. m., Morning Worship 11 a. m.

EIGHTH DAY ADVENTIST CHURCH—Saturday Sabbath School 10 A. M. Saturday Preaching 11 A. M. Sunday Missionary Meeting 6:30 P. M. Sunday Preaching 7:30 P. M. Wednesday Prayer Meeting 7:30 P. M. All welcome to the meetings. C. J. Cushman, Pastor, residence 95 East 45th St. Phone Tabor 3531.

GRANGE DIRECTORY

(Granges are requested to send to The Herald information so that a brief card can be run free under this heading. Send place, day and hour of meeting.)

PLEASANT VALLEY GRANGE, No. 348
Meets second Saturday at 7:30 p. m. and fourth Saturday at 10 a. m. every month.

ROCKWOOD GRANGE—Meets the first Wednesday of each month at 8 p. m. and third Saturday at 10 a. m.

MULTNOMAH GRANGE, No. 71—Meets the fourth Saturday in every month at 10:30 a. m. in Grange hall, Orient.

FAIRVIEW GRANGE—Meets first Saturday and the third Friday of each month.

RUSSELLVILLE GRANGE, No. 338—Meets in the schoolhouse the third Saturday of each month.

EVING STAR GRANGE—Meets in their hall at South Mount Tabor on the first Saturday of each month at 10 a. m. All visitors are welcome.

GRESHAM GRANGE—Meets second Saturday in each month at 10:30 a. m.

DAMASCUS GRANGE, No. 260—Meets first Saturday each month.

LENTS GRANGE—Meets second Saturday of each month at 10:30 a. m.

CLACKAMAS GRANGE, No. 298—Meets the first Saturday in the month at 10:30 a. m. and the third Saturday at 7:30 p. m.

SANDY GRANGE, No. 292—Meets second Saturday of each month at 10 o'clock a. m.

COLUMBIA GRANGE, No. 267—Meets in all day session first Saturday in each month in Grange hall near Corbett at 10 a. m.

CLACKAMAS GRANGE meets first Saturday of each month at 10:30 a. m. and third Saturday at 7:30 p. m.

RAILROAD TIME CARD

UNION DEPOT, NORTHERN PACIFIC

Phone A 6541, Main 6681

Leaves 7:10 a. m., 10:30 a. m., 2:30 p. m., 11:15 p. m.

Arrives 7:00 a. m., 3:30 p. m., 7:00 p. m., 10:30 p. m.

OREGON WASHINGTON SEATTLE

Phone A 6121, Private ex. 1

Leaves 8:30 a. m., 1:45 p. m., 3:00 p. m., 11:00 p. m.

Arrives 6:45 a. m., 2:30 p. m., 5:30 p. m., 6:30 p. m.

PENDLETON LOCAL

Leaves 7:50 a. m., arrives 8:30 a. m.

THE DALLAS LOCAL

Leaves 4:00 p. m., arrives 10:00 a. m.

OVERLAND

Leaves 10:00 a. m., 8:00 p. m., arrives 12:45 a. m., 8:00 p. m.

SPOKANE

Leaves 9:01 p. m., arrives 11:30 a. m.

SOUTHERN PACIFIC

EUGENE PASSENGER

Leaves 6:30 p. m., arrives 10:45 a. m.

ASHLAND

Leaves 8:30 a. m., arrives 9:50 p. m.

ROSEBURG

Leaves 8:50 p. m., arrives 5:00 p. m.

CALIFORNIA TRAINS

Leave at 1:30