

Women's Page

Household Hints, Fashions and Recipes

Checked blue and white marquisette over blue satin was used for this frock, and the tunic separates in the



MODEL IN BLUE AND WHITE MARQUISETTE.

new way to show a petticoat with buttons down the front. Chenille fringe and lace trim the costume effectively.

The Children's Blackboard. Nearly all children like a blackboard in their playroom. If it is on an easel it is easily knocked down; if it is fastened on the wall it looks unsightly sometimes to the children's mothers. To overcome the untidiness and to please the children at the same time get a blackboard on a roller and spring. It works on the same principle as a window shade.

Chinese Sewing Bag. As today is a day of fancy stitchery, of knitting, of crochet and of embroidery among women who are busy and women who are at leisure, workbags are very important. Hundreds of them are being made for gifts, but the newest idea is the bag of heavy Chinese mandarin embroidery, the top of which is run through a jade bracelet and the sides of which are trimmed with those funny little Chinese ornaments in green wood and beads that are put on the lanterns and can be bought at the oriental shops.

An Innovation in Gloves. The gloveless muff, which has proved such a success during the winter, will be surpassed by an even greater novelty.



THE BRACELET GLOVE.

ty this spring, the bracelet glove. Smart women are ordering gloves with these bracelets attached, and the illustration shows an armlet of turquoise set in gold and another design with coral insets. Some of the new silk gloves for summer have pretty bracelets embroidered in flower designs at the wrists.

When Placing Sleeves. A good rule to follow when determining the proper position of sleeves when placing them in a blouse is to fold the sleeve along the forward seam and crease it at the top of the fold at the opposite side.

This crease marks the point of the sleeve that is to be used to the shoulder seam. After this measure one inch back of the shoulder seam and crease the blouse at a point exactly opposite. On this crease the forward seam of the sleeve is pinned. It is then an easy matter to baste in the under part of the sleeve and, gathering the upper part of the sleeve, baste that in even with the edge of the armhole.

Milady's Mirror

To Improve the Neck and Shoulders.

Every girl cannot have beautiful shoulders, but every girl can do much toward improving the appearance of a scrawny neck and weak, undeveloped shoulders. The carriage of the head has much to do with the appearance of both.

A pair of shoulders curving out from a graceful neck and sloping down to shapely arms will always call forth admiration. And if they are white, with just enough of the rose tint underneath to create the impression of health, so much the more will they be admired. Then, too, their poise must be perfect and their lines graceful.

Balancing the shoulders properly is necessary at all times. If they are well formed it is necessary to walk or sit correctly in order to keep them so. Young women who are engaged for several hours daily at clerical work, sitting at a desk, are apt to lean more to one side than to the other, and this very position has made many uneven shoulders. Of course the position one takes in leaning toward the desk and often the kind of light thrown upon the work are responsible for the uneven positions. Even if you cannot leave the desk for any length of time it is a wise plan to get up and walk up and down the floor once or twice, raise the head high and throw back the shoulders. If you can get to an open window to inhale and exhale a few times properly so much the better.

Lunch hour gives scarcely enough exercise for those whose occupation compels them to lead a sedentary life. Don't call a messenger for every trifling errand. Get up occasionally, stretch the limbs, throw back the shoulders and walk about a few times between morning and noon and between noon and going home in the evening. It will do you a great deal of good, and no doubt you can make up for the few moments taken each time for recreation. If you do not do this you cannot expect to have well formed and nicely rounded shoulders. In taking up work which will necessitate the raising and use of one arm or the other the individual should attempt in some way to equalize the position so that lopsided results may be avoided.

When the shoulders are thin and hollow correct carriage, with daily applications of a good skin food, which should be massaged with a firm, rounding movement of the palm of the hand and rubbed well into the skin, will prove beneficial.

Wash For the Hair. The washing of the hair is especially important now that the hair is worn flat, and hair not properly washed might just as well not be washed at all. Parisian beauty doctors are using a hair washing paste the foundation of which is powdered soap. You cover the powder with boiling water, add some borax and orris root with a little sachet powder of your favorite scent, and you are ready to begin. When it is all of a bubble you take it off the fire and stir in some whole oatmeal. When it cools it is ready for use. If a very high perfume is desired some oil of rose geranium is added. You will then have a jelly, not very clear because of the oatmeal and orris, but smelling delightful.

Ten Rules For Beauty. Lillian Russell in one of her beauty essays gives the following rules: Keep in the open as much as possible. Breathe deeply and regularly while walking. Live on a diet of eggs, fruit, vegetables and milk as much as possible. Take a warm bath daily and a sweat bath once a week. Dress loosely and not too warmly. Wear no heavy clothes or heavy hats. Go to bed early and get up early. Sleep in a dark room with windows open and take from seven to eight hours' sleep. Take one absolutely quiet day every two weeks without reading, writing or flitting. Avoid worrying. Talk or hear no scandal. Marry and be the best friend it is possible for you to be to your husband. Be temperate in all pleasures. Remember, when these things be some habits you are far on the road to beauty, health and happiness.

The Kitchen Cupboard

SAVORY SANDWICHES. THE making of sandwiches is an art. So many persons are content to call two thick slices of buttered bread interlined with a slice of ham, tongue, chicken, etc., a sandwich that it seems some missionary work really ought to be done along this line.

For the making of sandwiches special bread should be used. A kind that is moist yet firm in grain is best. When cutting the slices first butter and then with a very sharp knife shave off as thinly as possible. Then the crusts should be clipped off. If you want your sandwiches in ornamental shapes use a cake cutter or shape them with a thin bladed knife.

For Afternoon Teas. When served for afternoon tea the sandwiches should be prettily arranged on a dish with a dainty beehive tureen.

Lamb Sandwiches.—Nice sandwiches are made thus: Mince cold lamb very fine, moisten with a little cream, add salt and some chopped watercress. Spread on thin buttered slices of bread, cut them into fancy shapes—hearts, squares, ovals, diamonds and stars.

Afternoon Tea Sandwiches.—For afternoon tea sandwiches sprinkle a little minced fresh mint on the butter just before putting the sandwiches together. The mint is especially refreshing.

Substantial Ones. Club Sandwiches.—Toast three half inch slices of bread. Heat four tablespoonsful of milk, add one-fourth teaspoonful of butter, dash of red pepper and thicken with a little cornstarch dissolved in a tablespoonful of water. Into this put two level tablespoonsful of chopped beef. Cut a tomato into half inch slices, season with one teaspoonful of olive oil mixed with one-half teaspoonful of vinegar and a pinch of salt. Put creamed chopped beef between two layers of toast, add the tomato and third slice of toast. Butter the top. Set in the oven several minutes before serving.

Emergency Sandwiches.—A crisp leaf of lettuce between thin slices of bread with a teaspoonful of mayonnaise is a dainty sandwich. Slices of cucumbers in place of lettuce are always favorites of the sandwich plate. Ground cold boiled ham or minced chicken with mayonnaise to complete its flavor is good. Cold boiled eggs chopped fine and made into a paste with dressing are palatable.

A WINDOW GARDEN.

Northern Exposures Ideal For Indoor Blooming Bulbs. People who like to replant and grow hyacinth bulbs indoors will find help in remembering that there is likely to be trouble if the pots are at once brought into a strong light, as many times the bud refuses to come out of the bulb until the flower spike is formed, in which case there will be a deformed flower.

You can prevent this by placing on the pot a paper cone, fitting the top inside its rim, made of any paper which is opaque, as blue, green or red. The cone should have an inch opening at the top, and the effect will be to make the bud draw up toward the light. When it has cleared the top of the bulb remove the cone.

There is no fertilizer to be given the bulbs when they are brought in for blooming, as any given would have no effect on this year's blooms. The flower is made or spoiled in the growing of the roots. If a fine, large mass of fine fibrous feeding roots are grown while the pot is in the dark there will be a large, fine flower; if not, it will be in proportion to the mass of roots. This is why the addition of fertilizer after it has been brought into the light has no effect on the blooming of the bulb.

However, there should be an abundance of water given the bulbs, and it should be kept in mind that for the best effects we must simulate nature's way of growing them as far as we can.

In a state of nature they bloom outdoors early in the spring, when the ground is wet and cool and the sun heat makes little impression on the temperature. In order to reproduce these conditions we give the pots plenty of water and keep them out of the direct rays of the sun. A north window is an ideal place for spring blooming bulbs when being grown in the house.

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MRS. T. BRIGHT
Foster Road East of P. O.

Announcement was made by Governor West that his offer to give a new mail wagon to the rural mail carrier who writes the best 300-word article on the roads over which he travels, has created a spirited contest, and that already many communications are pouring in.

Confronted with a request from State Treasurer Kay to turn all state funds in its possession over to him, the secretary of the state medical association has written Attorney-General Crawford to learn whether he must do so. A law was passed by the last legislature providing that all boards must turn funds taken in by them over to the state treasurer.

Governor West is taking under consideration a petition recently received from over 125 residents in the vicinity of Port Orford, declaring that the creation of the Port of Port Orford is illegal and asking the governor to call upon District Attorney Brown to institute at once quo warranto proceedings to determine the legality of the port and the right of the commissioners to hold office.

CLASSIFIED

WANTED
WANTED—Lace curtains to launder. Quilts and blankets washed; reasonable also work by the day. Mrs. Haskins, phone Home 1111.

WANTED—Good, clean cotton rags at 1/2c a pound. Mt. Scott Pub. Co.

WANTED—Boys may be had and sometimes girls. The older ones at ordinary wages and others to be schooled and cared for in return for -light services rendered. For particulars address W. T. Gardner, superintendent Boys and Girls Aid Society of Oregon, Portland, Ore.

FOR SALE
FOR SALE—Newspapers for wrapping or kindling. Mt. Scott Pub. Co.

FOR SALE—Barred and Buff Rock eggs. Per setting \$1. 314 Foster Road, East.

FOR SALE—Full blood Brown Leghorn eggs for hatching, 75c per 15. 302 8th Ave. N., Lents.

FOR SALE—R. I. Red eggs \$1.50 per setting of 15. D. W. Ramsey, 2 blocks S. of car line, 9th Ave.

FOR SALE—Cook Stove, \$5 buys it if taken at once. A. Grau, Walden Park, Lents.

FOR SALE—White Orpington and White Wyandotte eggs for hatching, \$1 per setting. Williams Bros., 5 blocks South of Gray's Crossing. We manufacture all kinds of Portable Poultry Houses. Visitors always welcome.

FOR SALE—30 S. C. Rhode Island Red pullets, \$1.75 each for all or part. Cockerels, \$3. White Orpington Cockerels, \$3. 20 Black Minorca Pullets, \$2 each. Cockerels, \$3. Indian Runner Ducks, \$2, Drakes, \$2.50. Eggs from above breeds \$2 per setting. Dell Elliot R. D. 1, Montavilla, Ore.

FOR SALE—Black Minorca Cockerels and R. I. Reds from \$1.50 up. Also eggs for hatching 50c. Mrs. F. A. Neubauer, Greesham, Ore., R. D. 2, box 112.

LUMBER—At our new mill 1/4 miles southeast of Kelso. We deliver lumber. Jonsrud Bros.

FOR SALE OR TRADE—Woodstumpage, four miles Southeast of Lents. L. G. Meyers, R. D. 1 Clackamas, tf

FOR SALE—One half acre, fenced, east front, some orchard, good location. \$10 down, \$10 per month. Enquire at Mt. Scott Publishing Co.'s office.

FOR SALE—One fourth acre, cleared, in Walden Park. Five dollar payments. Enquire at Mt. Scott Publishing Co.'s office.

EGGS FOR HATCHING—We have them. Calkins strain of white Leghorns, bred for eggs for 10 years. Settings or incubator lots. Call Lents Home Phone 2924, or address Calkins Poultry Farm, Lents, Ore., Gilberts Station. Also a few good cocks left.

FOR SALE—Fresh dairy and family cows, 1/4 mile east of Lents, on Foster Road, phone Tabor 1192.

CHURCH DIRECTORY

(All churches are requested to send to The Herald notices such as the following, for publication each week, free.)

ST. PAUL'S EPISCOPAL CHURCH, WOODMERE—Services and sermon at 4 p. m., every Sunday. Sunday School at 8:00 a. m. Communion service on second Sunday of each month. Dr. Van Water and Rev. Oswald W. Taylor.

LENTS BAPTIST CHURCH—First Avenue, near Foster Road. Rev. J. N. Nelson pastor. Sunday School 10 a. m. Preaching 11 a. m., and 7:30 p. m. B. Y. F. U. meets at 6:30. Prayer-meeting Thursday evening 7:30.

SWEDISH LUTHERAN MEETING—Held every Sunday at 10:30 a. m., and in the evening at the Chapel at corner of Woodbine street and Firland avenue. Rev. B. S. Nystrom, pastor.

SWEDISH BETHANIAN CHAPEL, ANABEL—Scandinavian Sunday School at 11 a. m., Bible study and prayer meeting Friday at 8 p. m. Scandinavian people cordially invited and welcome.

GRACE EVANGELICAL CHURCH, LENTS—Preaching Sunday at 11 a. m. and 7:30 p. m. Sunday School every Sunday at 10 a. m. Young Peoples' Alliance every Sunday at 6:30 p. m. Prayer meeting and Bible study each Wednesday evening. Special music all cordially welcome. Rev. Conklin, pastor.

LENTS FRIENDS CHURCH—South Main St. Sabbath School 10:30 a. m. Service 11:00 a. m. Christian Endeavor 6:30 p. m. Evangelistic service 7:30 p. m. Prayer meeting Wednesday 7:45 p. m. Mrs. B. Smith, pastor.

LENTS M. E. CHURCH—Corner of 7th Ave. and Gordon St. Sunday School 10:30 a. m. Services at 11:30 a. m. and 7:30 p. m. Epworth League 6:30 p. m. Prayer meeting Thursday evening of each week. All most cordially invited. Rev. W. Boyd Moore, pastor.

TREMONT UNITED BRETHREN CHURCH—42nd Ave. 6th St. E. Sunday School at 10:30 a. m. Preaching 11:30 a. m. Christian Endeavor 6:30 p. m. Preaching 7:30 p. m. Prayer meeting Thursday 7:30 p. m. Mrs. L. I. I. pastor.

MILLARD AVE. PRESBYTERIAN CHURCH—Rev. Levi Johnson, pastor. Residence 627 1/2 Lovejoy st. Services: Sunday School at 10 a. m., Morning Worship 11 a. m.

SEVENTH DAY ADVENTIST CHURCH—Saturday Sabbath School 10 A. M.; Saturday-Preaching 11 A. M.; Sunday Missionary Meeting 6:30 P. M.; Sunday-Preaching 7:30 P. M.; Wednesday Prayer Meeting 7:30 P. M. All welcome to these meetings. C. J. Cummings, Pastor, residence 98 East 45th St. Phone Tabor 822.

GRANGE DIRECTORY

(Granges are requested to send to The Herald information such as brief card can be run free under this heading. Send place, day and hour of meeting.)

PLEASANT VALLEY GRANGE, No. 245—Meets second Saturday at 7:30 p. m., and fourth Saturday at 10:30 a. m. every month.

ROCKWOOD GRANGE—Meets the first Wednesday of each month at 8 p. m. and third Saturday at 10 a. m.

MULTNOMAH GRANGE, No. 71—Meets the fourth Saturday in every month at 10:30 a. m. in Grange hall, Orient.

FAIRVIEW GRANGE—Meets first Saturday and third Friday of each month.

RUSSELLVILLE GRANGE, No. 252—Meets in the schoolhouse the third Saturday of each month.

EVENING STAR GRANGE—Meets in their hall at South Mount Tabor on the first Saturday of each month at 10 a. m. All visitors are welcome.

GREESHAM GRANGE—Meets second Saturday in each month at 10:30 a. m.

DAMASCUS GRANGE, No. 266—Meets first Saturday each month.

LENTS GRANGE—Meets second Saturday of each month at 10:30 a. m.

CLACKAMAS GRANGE, No. 298—Meets the first Saturday in the month at 10:30 a. m. and the third Saturday at 7:30 p. m.

SANDY GRANGE, No. 292—Meets second Saturday of each month at 10 o'clock a. m.

COLUMBIA GRANGE, No. 367—Meets in all day session first Saturday in each month in Grange hall near Corbett at 10 a. m.

CLACKAMAS GRANGE meets first Saturday of each month at 10:30 a. m., and third Saturday at 7:30 p. m.

RAILROAD TIME CARD

UNION DEPOT, NORTHERN PACIFIC
Phone A 654, Main 9681

Leaves 7:10 a. m., 10:30 a. m., 3:30 p. m., 11:15 p. m.
Arrives 7:00 a. m., 3:30 p. m., 7:30 p. m., 10:30 p. m.

OREGON WASHINGTON SEATTLE
Phone A 612, Private ex. 1

Leaves 8:30 a. m., 1:45 p. m., 5:50 p. m., 11:00 p. m.
Arrives 6:45 a. m., 2:30 p. m., 5:30 p. m., 6:30 p. m.

PENDLETON LOCAL
Leaves 7:50 a. m., arrives 5:30 a. m.

THE DALLES LOCAL
Leaves 4:50 p. m., arrives 10:30 a. m.

OVELAND
Leaves 10:00 a. m., 8:50 p. m., arrives 12:45 a. m., 8:50 p. m.

SPOKANE
Leaves 9:50 p. m., arrives 11:30 a. m.

SOUTHERN PACIFIC
EUGENE PASSENGER
Leaves 6:30 p. m., arrives 11:00 a. m.

ASHLAND
Leaves 8:30 a. m., arrives 9:50 p. m.

ROBERTS
Leaves 3:50 p. m., arrives 5:30 p. m.

CALIFORNIA TRAINS
Leave at 1:30 a. m., 5:50 p. m., 7:45 p. m.
Arrive at 7:30 a. m., 7:40 a. m., 2:30 p. m.

WEST SIDE
Corvallis, leave 7:20 a. m., arrive 6:20 p. m.
Hillsboro, leave 7:20 a. m., 11 a. m. 4:00 p. m., 8:40 p. m.
Arrive 8:30 a. m., 10:30 a. m., 2:45 p. m., 4:10 p. m., 6:30 p. m.

JEFFERSON STREET
Dallas, leaves 7:40 a. m., arrives 5:45 p. m.

UNION DEPOT
Dallas, leaves 4:10 p. m., arrives 10:30 a. m.

SHERIDEN-UNION DEPOT
Leaves at 4:50 p. m., arrives 10:30 a. m.

TILLAMOOK
Leaves 8:45, Hillsboro 10:00 Tillamook 4:35, leaves Tillamook 7:30 a. m., Hillsboro 1:40 p. m., arrives in Portland 2:45 p. m.

NORTH BANK
Phone A 6251, Marshall 930

Leaves 8:50 a. m., 6:30 p. m., arrives 10:25 p. m., 12:30 noon.

BANIER LOCAL
Leaves 1:00 p. m., 5:45 p. m., arrives 9:40 a. m., 5:00 p. m.

LYLE-GOLDENDALE
Leaves 8:20 a. m., arrives 10:00 p. m.

SPOKANE EXPRESS
Leaves 9:55 a. m., 7:50 p. m., arrives 8:00 a. m., 7:45 p. m.

COLUMBIA LOCAL
Leaves 5:30 p. m., arrives 9:55 a. m.

ELECTRIC LINES
OREGON ELECTRIC
Batem and way points

Leaving at 7:25, 8:45, 10:45, 2:00, 3:45, 6:10, 7:35, 8:55, 11:15, 1:30, 4:15, 5:25, 8:15, 8:20, 11:00

Hillsboro and Forest Grove
Leaves 6:40, 8:15, 10:35, 1:00, 2:15, 5:45, 8:15, 11:25
Arrives 7:50, 10:30, 12:05, a. m., 2:40, 4:55, 7:40, 9:25, 11:00 p. m.

UNITED RAILWAYS
Third and Stark, Phone A 6661 Marshall 950
Leaving hourly from 6:15 a. m. to 6:15 p. m.

Arriving " " " " 7:55 a. m. to 6:55 p. m.

PORTLAND RAILWAY LIGHT POWER
Alder St. station, A 6131, 6605 Main
Oregon City, arrives and leaves each half hour from 6:30 a. m. to midnight.

Casdro, arrives and leaves 6:25, 8:45, 10:45 a. m., 12:45, 2:45, 4:45, 6:45 p. m., stopping at Frontaine, and Greesham, way points.

Greesham, Troutdale, leaves at 7:45, 9:45, 11:45 a. m., 1:45, 3:45, 5:45, 7:45 p. m.

Vancouver, station Washington and Second, 6:15, 6:30, 7:25, 8:00, 9:15, 9:15, 9:50, 10:30, 11:50 a. m., 12:30, 1:10, 1:50, 2:30, 3:10, 3:50, 4:30, 5:10, 5:50, 6:30, 7:10, 7:40, 8:15, 9:15, 9:30, 10:30, 11:45.

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