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We treat and cure quickly the following ailments, often getting good results after others fail:

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and all disorders of the Stomach, Liver, Kidneys, Bowels and all Female Weaknesses. Eye, Ear, Nose and Throat troubles are quickly reached by our new methods and over 1100 satisfied patients testify to the permanent relief obtained from our treatment which may be taken at our sanitarium or office. For full particulars address or call on

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are the safest and most reliable cathartic and system cleanser. The best remedy for Torpid Liver, Biliousness and Sick Headache.

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planted anywhere, at once and kills all flies, bees, wasps, mosquitoes, etc. Kills all insects. Can be used on all plants. Guaranteed effective. 50¢ per package. 100¢ per dozen. 120 Dr. Kith Ave. Brooklyn, N. Y.

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Most economical and effective for house and school heating.

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Front and Market Sts. Portland, Or.
SEND FOR CATALOGUE.

The Preacher Knew.

When volunteer prayers were called for a man struck in and prayed very earnestly for his poor land, and asked the Lord to give him a good crop.

"What that land of yours needs, brother, is not prayer, but manure," said the preacher, "as he gave out, 'Work, For the Night is Coming.'"

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Can Defy Microbes.

A doctor in Yokohama, Japan, has built himself a novel house with a view to guarding against microbes. The walls of this remarkable edifice are made of blocks of glass. They are hollow, the interstices being filled up with a solution of salts of soda, which is intended to regulate the temperature of the interior. The windows are hermetically closed, and air is only admitted after passing through filters.

Wore Outer Clothing Only.

Centuries ago, as Sir Walter Scott says in "Ivanhoe," men wore one thickness of clothes, whether of wool, leather or velvet. The shirt was invented, but for a long time was worn only by the nobility and gentry. Then followed the waistcoat, breeches and, later on, trousers. The overcoat, which succeeded the mediaeval cloak, was rare until the seventeenth century.

First Meal of the Day.

Breakfast is, before all things, a respectable meal. One cannot imagine a man or woman who is always down punctually to breakfast being other than a highly reputable member of society. A dinner may be frivolous, a supper may be hilarious, but a breakfast is always staid and solemn and conducive to the building up of a sound and sensible character.

Uses of the Aloe.

In Africa the leaves of certain species of aloe provide material for bow-strings, hammocks, fishing lines and ropes. With the Mohammedans the aloe means much. For instance, those who have returned from a pilgrimage to Mecca hang it over their doors, as a sign that they have made the great journey.

IMPORTANCE OF OBTAINING SEEDS FREE FROM ALL WEEDS

Farmers Should Carefully Observe and Study Habits of All Noxious and Injurious Plants in Order to Fight Them to Best of Advantage—Every Effort Should be Made to Get Rid of Them.



A. Wild Carrot. B. Ribgrass.

(By WALTER B. LEUTZ.)

Weeds, weeds everywhere; they thrive in the cornfield, they choke wheat in the field, they annoy the gardener, they thrive in the meadow, they spring up by the roadside, they encroach on the swamp.

Emerson said of weeds that they are "plants whose virtues have not yet been discovered." But a few benefits may be derived from weeds.

They are of some use in the world to induce more frequent and more thorough cultivation, which benefits crops; in occupying the soil after a crop has been removed they prevent the loss of fertility by shading the ground.

Weeds plowed under add some humus and fertility to the soil, though in a very much less degree than clover or cow peas; some weeds furnish food for birds in winter.

In justice to the weeds their advantages have been mentioned first, because the list of the disadvantages is a very long one—too long to enumerate. A few, however, may be given—enough to convince every one that every effort should be made to get rid of them.

Farmers should carefully observe and study the weeds and their habits. In order to fight them to the best advantage.

1. Weeds rob cultivated plants of nutriment.
2. They injure crops by crowding and shading.
3. They retard the work of harvesting grain by increasing the draft and by extra wear of machinery.
4. They retard the drying of grain and hay.
5. They increase the labor of



C. Field Dodder. D. Chickory.

threshing, and make cleaning of seed difficult.

6. They damage the quality of flour, sometimes making it nearly worthless.
7. Most of them are of little value as food for domestic animals.
8. Some weeds injure stock by

a biennial with bristly stem, finely divided leaves, and numerous white flowers in umbels. After flowering the flower stalks bend inward, becoming strongly concave. The seed is flattened with marginal bristles. In commercial seed these bristles are often broken off.

ONE WAY OF SPLICING ROPE



Whether you wish to splice a rope or make an eye, unravel the strands as shown in fig. 1. For an eye bring the unraveled end back upon the rope to the desired size of loop and begin to work the strands into the rope as shown in fig. 2. Strand a goes under b, over c, under c, etc. Strand e goes under c, over b, under d, etc. Strand f goes under d, over c, under b, etc., each strand being gradually reduced in size by cutting out a few fibers. This makes a nice, smooth job.

Fig. 3 is the reverse side of fig. 2.

Draw all the strands tight at one time after the tucking is done then cut off the protruding ends.

For a smooth splice take the two ends unraveled as in fig. 1 and put them together as shown in fig. 4. No two strands should come together in the same space. They are tucked under and over as in making figures 2 and 3, gradually reducing size by cutting out fibers. Four tucks will hold all the rope can stand. Roll the splice under foot and make it fit smoothly together.

Southern Cake.

One and one-half cupsful of sugar, one-half cupful butter (scant), three-quarter cupful of milk, whites of three or four eggs, two heaping spoonfuls of baking powder, about two cupsful of flour, sifted four times, vanilla. Filling—One cupful of brown sugar, one cupful of white sugar, one cupful of milk, butter size of a walnut. Boil all together (add butter when nearly done) until it forms a soft ball in water. Take from the fire and add one teaspoonful of vanilla, one teaspoonful of lemon, chopped raisins, cherries (candied), citron, and pecan nuts. Beat until creamy, and spread between the layers and on top.

THE TRUTH ABOUT BLUING.

Talk No. 10.

Be thrifty on this little thing. Don't accept water for bluing. Think of it, a little dab of bluing in a large bottle of water. Give me 10 cents. Well I guess not.

Buy **RED CROSS BALL BLUE**. Best bluing value in the whole world for the consumer. Makes the whole family smile. Large packages. AT YOUR GROCERS.

Squab Grows Fast.

A squab grows enormously the first 12 hours, and still more rapidly after the third day. Squabs are at first sparsely covered with long filaments of down, the root of each filament indicating the point from which each future feather is to start. The down for a while still hangs on the tips of some of the feathers, during their growth, and is thought by some to be finally absorbed into the shaft of the growing feather.



THE KEYSTONE TO HEALTH IS HOSTETTER'S STOMACH BITTERS

You will find the Bitters a beneficial remedy in every way in cases of Indigestion, Dyspepsia, Costiveness and Cramps.

Try it today and see.

All About the Pig.

A little boy's first composition was about a pig. This is the way he wrote it: "Pigs are very queer animals. The pig has its uses. Our dog don't like pigs. His name is Nero. Our teacher read a piece one day about a wicked king named Nero. I like good men. My papa is an awful good man. Men are very useful. They have a great many uses which I can't stop to tell them all. This is all I can think of about the pig."

SEVEN YEARS OF MISERY

All Relieved by Lydia E. Pinkham's Vegetable Compound.

Sikeston, Mo.—"For seven years I suffered everything. I was in bed for four or five days at a time every month, and so weak I could hardly walk. I cramped and had backache and headache, and was so nervous and weak that I dreaded to see anyone or have anyone move in the room. The doctors gave me medicine to ease me at those times, and said that I ought to have an operation. I would not listen to that, and when a friend of my husband told him about Lydia E. Pinkham's Vegetable Compound and what it had done for his wife, I was willing to take it. Now I look the picture of health and feel like it, too. I can do my own housework, hoe my garden, and milk a cow. I can entertain company and enjoy them. I can visit when I choose, and walk as far as an ordinary woman, any day in the month. I wish I could talk to every suffering woman and girl."

—Mrs. DEMA BETTUNE, Sikeston, Mo.

The most successful remedy in this country for the cure of all forms of female complaints is Lydia E. Pinkham's Vegetable Compound.

It is more wide'y and successfully used than any other remedy. It has cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing down feeling, indigestion, and nervous prostration, after all other means had failed. Why don't you try it?

WOMAN'S ILLS

Many women suffer needlessly from girlhood to womanhood and from motherhood to old age—with backache, dizziness or headache. She becomes broken-down, sleepless, nervous, irritable and feels tired from morning to night. When pains and aches rack the womanly system at frequent intervals, ask your neighbor about

Dr. Pierce's Favorite Prescription

This Prescription has, for over 40 years, been curing delicate, weak, pain-racked women, by the hundreds of thousands and this too in the privacy of their homes without their having to submit to indelicate questionings and offensively repugnant examinations.

Sick women are invited to consult in confidence by letter free. Address World's Dispensary Medical Ass'n, R.V. Pierce, M.D., Pres't, Buffalo, N.Y.

Dr. PIERCE'S GREAT FAMILY DOCTOR BOOK, The People's Common Sense Medical Adviser, newly revised up-to-date edition—1600 pages, answers in Plain English hosts of delicate questions which every woman, single or married, ought to know about. Sent free to any address on receipt of 31 one-cent stamps to cover cost of wrapping and mailing only, in French cloth binding.



Bread Griddle Cakes.

One and one-half cups flour, one cup stale bread crumbs, three teaspoons baking powder, one teaspoon salt, two tablespoons sugar, one-half cup boiling water, three-quarters cup milk, one egg, well beaten, two tablespoons melted butter. Add boiling water to the bread crumbs and let stand five minutes. Add the milk, sift together thoroughly the flour, salt, sugar, and baking powder, and add to the bread mixture; then add the egg and butter. Fry as griddle cakes.

To Breathe in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Umsted, Le Roy, N. Y.

Alfalfa Feed for Flock.

If your hens do not do well, try a small patch of alfalfa. An acre will be enough for a few colonies.

It has been shown that alfalfa can be grown anywhere in the United States and by starting with a small patch of it and gradually widening the area as you get time to lime and inoculate the soil, you will soon have a good-sized field of it. It is excellent feed, both for hogs and poultry.

Alfalfa meal is one of the best of winter feeds for chickens. The meal is semi-green in nature, besides containing a high percentage of lime and protein. Alfalfa meal will cost about as much as wheat bran, and it has about equal feeding value to bran, besides providing green stuff for the hens in winter when grass is dead. Try some of the meal this winter and arrange to grow your own alfalfa for the hens and bees another year.

Basket Creams.

Make a very short, sweetened pie crust, roll thin and cut in squares. Bake them delicately and fasten the two opposite corners together while hot with a toothpick. Serve filled with whipped cream or any kind of filling preferred, and either hot or cold, according to the kind of filling used.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny, granules, easy to take. Do not gripe.

Dr. Wm. Pfunder's Celebrated Oregon Blood Purifier

A Tonic, Alterative and Resolvent. The best remedy for Kidneys, Liver and Bowels. Radicates Pimples, Eruptions and Disorders of the Skin. Purifies the Blood and gives Tone, Strength and Vigor to the entire system.

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Is a deceptive disease—thousands have it and don't know it. If you want good results you can make no mistake by using Dr. Kilmer's Swamp-Root, the great kidney remedy. At druggists in fifty-cent and dollar sizes. Sample bottle by mail free, also pamphlet telling you how to find out if you have kidney trouble.

Address Dr. Kilmer & Co., Binghamton, N. Y.

Fine Self-Denial.

An Albany (N. Y.) lady refuses to speak to others who wear feathers on their hats. Such self-denial should be worthy of a fine reward.—Chicago Record-Herald.

Don't cringe—don't flinch, Should fortune pinch And all seem lost; With might and main, TRY, TRY again At any cost.

MUNYON.

I AM taking the above text for the reason that I want to instill into the people self-reliance, self-mobility, self-sovereignty. I want every person to feel that they are above deception, hatred, selfishness, jealousy, envy or revenge. I want the person who is pinched by poverty, who has suffered great reverses, who is weighed down with some great sorrow to become acquainted with the redeeming power of Hope. I want them to take Hope as a companion, as a counsellor, as a light, as a guide, as a friend, as an ambassador from God. It is a teacher that shows us the beautiful. It fills our souls with songs and our tongues with praise.

"To be hopeful one must be well, and to be well one must be hopeful."

That the lower bowels are responsible for most bodily ills is now being recognized by the leading physicians throughout the world. There is no further excuse for being bilious, for having headaches, for suffering with dyspepsia or indigestion, for putting up with a sluggish or lazy liver, for poisoning the blood as a result of constipation, for Munyon's Paw Paw Laxative Pills are positively correcting all these ailments. They assist in digesting everything that is put into the stomach. They stimulate the liver into activity. They start the secretions of the stomach, which carry off all the bile and poisonous matters through the bowels. They strengthen the lower bowel, so that it empties itself naturally, without the aid of cathartics or foreign substances.

Munyon's Paw Paw Pills for sale at all druggists. Price, 25 cents. Munyon's.

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It makes the shell stronger, surer and safer. It costs you no more to buy.

If you prefer black powder, shoot **New Clubs**—the famous hard-hitting, sure-fire, old "yellow" shells.

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Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send postpaid at 10c a package. Write for free booklet how to dye, bleach and mix colors.

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