Loss of Appetite

Which is so common in the spring or upon the return of warm weather, is loss of vitality, vigor or tone, and is often a forerunner of prostrating dis-

It is serious and especially so to people that must keep up and doing or get behindhand. The best medicine to take for it is the great constitutional remedy

Hood's Sarsaparilla

Which purifies and enriches the blood and builds up the whole system. Get it today in usual liquid form of chocolated tablets known as Sarsataba

AGENTS and SOLICITORS Thave the greatnewly patented article; carried in pocket. Bend Mc in stamps for sample to Pocket Door Lock Co., 20 Mohawk Bidg., Portland, Oregon.

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SICK? If so send today fo book "How to get we and keep well." BR I w FRELZE, Neurologist, 308 Merchants Tract Bidg. Partiand, 0

Bismarck Was Superstitious.

The great Frince Bismarck was not without superstition and this always was noticeable on the eve of the new year. From nine o'clock that night until after midnight he would not take water in any circumstances from a glass. It was an ancient tradition in the chancellor's family that anyone who set the legend at defiance



deed Tomatoes.

Growers having a choice variety of omatoes should select the best and arliest ripe fruit for seed. A dozen ines of this same kind planted in the ame soll and given the same fertilting and culture will show marked fferences in order of ripening and in he yield. Let the fruit get fully ripe; he pulp of the tomatoes should be oft, the seed can then be easily queezed out into a pan of water. Let he seed remain in the water over light; the next day drain off, then wash in several waters to remove the nucilage, strain through muslin, queeze the water out of the seed, hen spread the seed on papers to dry n the sun. The seed should be dry and hard before wrapping up. Mark each variety distinctly, and the date of ripening. Keep in tin box away

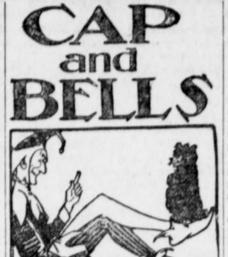
RHEUMATISM

natism Remedy relies

Prepared for Emergency.

'rom mice.

erson Sts., Phila, vice, absolutely free



WIFE'S WAY OF ECONOMIZING

Generously Offers to Cut Her Husband's Hair When He Suggests Cutting Expenses.

"Bills, bills, bills!" cried the distracted man. "They come morning, afternoon and night. But what doesn't come is the money to pay them with." mirror in a new hat. "I expect it'll fully censored by a phylsician. The turn up."

turns up as easily as a handle turns

"But it doesn't. Look here, Julia," he added, firmly, "you and I will have matic poisons from the sys-Prof. Munyon, 53d and Jeff-Phila. Pa., for medical adto economize. Julia stopped pirouetting and looked good things to hold to in the matter

serious. "How, dear?" she asked. "We need everything we have."

"Nonsense! We can surely, each of "What makes you keep giving me fish for dinner day after day?" he in us, make one small sacrifice. For inquired. "Are you particularly fond or stance, in future I shall shave myself. "No," she replied, " I was wholly Now, what will you do?" unselfish. I read a lovely recipe about She considered for a moment. Then how to remove a fish bone when t she exclaimed: "I know, dear! Fill

Evidence of It. Two young women of Wayne were talking about men and things-prin-

cipally men-the other day, when one of them remarked with strange shyness: "You ought to have heard Mr. Elliott's ringing speech to me last night."

Her friend looked more than a little astonished. "Speech," she repeated, "I didn't know he ever made a

speech in his life." "O, but he did," the first maiden insisted; "I-I can't repeat the speech,

Odious Comparison.

Between Friends.

A SAD LOSS.

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5.0

"I'm mighty sorry that pretty little

brown-eyed nurse has got married,"

with her yourself, did you, doctor?"

life of the patient, that was very grat-

Consistency of Criticism.

Trials of Modern Art.

said the visiting surgeon.

asked the chief interne.

ifying and helpful."

"What is that?"

somebody names."

Brown."

but I can show you the ring." All Relieved by Lydia E. Pink-

Sikeston, Mo. — "For seven years I A Boston woman, who atttained suffered everything. I was in bed much prominence in the campaign for A Boston woman, who atttained

"for four or five days woman's suffrage, once said at a pubat a time every month, and so weak I could hardly walk. I cramped and had weak was repeated to Aldrich

backache and head. as a joke, whereupon he very dryly ache, and was so remarked: nervous and weak "Yes, so I am-compared to her."-

that I dreaded to Success. A State see anyone or have anyone move in the

FEW RULES FOR DIETING

These Days and Much Harm Results.

Here are a few rules that the girl who in determined to diet does well o observe. There is too much triffing with our digestion these days, and not he least harm is done by the notion or undereating.

Never diet on the advice of a friend. Her regimen may have done wonders for her and will put you to bed or make you a sorry-looking wreck.

Don't diet to excess at any time. lirls, make sure she knows dietetics. dany physiciuns, good in other things. ave little knowlege of the effect of ood upon the system.

If you want to diet from a cause, as rom diabetes or kidney trouble, do it eligiously; almost better not begin han to do it spasmodically, letting up whenever food temps you.

If you only diet for the sake of figire or complextion, count the cost beore starting. Cutting out the foods of ordinary family meals is hard. Ask ourself, "Which means most to me,

he loss of a few pounds or being a nuisance at mealtime?" Don't keep on dieting if you feel "Never mind, dear," said his wife, that it disagrees with you. This holds sweetly, as she pirouetted before the good even when your food list is care-

best of them will make mistakes. You women seem to think money Find out in time what is wrong. Don't diet to excess at any time. round!" growled the harassed hubby. Women often go to the point of weak-

ening their entire system by injudilously following a doctor's advice. Common sense and moderation are

of food.

ART CREATION

Panama-Pacific International Exposition. Everybody buys Transfer Emblem in twelve tolors, three beautiful maidens representing Com-nerces, Maufacturing and Agriculture, size ten nches, biggrest seliers on Earth, transfers on any-hing. Agents wanted. Sample by mail 60e, bon't delay. Address 1915 Exposition Ad Co., 22 Market St., San Francisco.

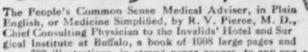
Taking the Rain Cure.

The complexion cure of the Irish soelety belle is the rain cure, according woman puts on her raincoat, and a out for a brisk walk in the hardest on her face as they will. When she wet clothes, rubs her face with a soft, nuscles

TRY MURINE EYE REMEDY for Red, Weak, Weary, Watery Eyes and Granulated Eyelids. Murine Doesn't Smart-Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, \$1.00. Murine Eye Salve in Aseptic Tubes, 25c, \$1.00. Eye Books and Eye Advice Free by Mail. they have had their breakfast long Murine Eye Remedy Co., Chicago.

Love in England. "In England," says the London Daily Mail, "love dwells and remains in the inmost secret recesses of the soul; it That is why the air in England is

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over 700 illustrations, in strong paper covers, to any one sending 21 one-cent stamps to cover cost of mailing only, or, in French Cloth binding for 31 stamps. Over 680,000 copies of this complete Family Doctor Book were sold in cloth binding at regular price of \$1.50. Afterwards, one and a half million copies were given away as above. A new, up-to-date revised edition is now ready for mailing. Better send NOW, before all are gone. Address WORLD'S DIS-PENSARY MEDICAL ASSOCIATION, R. V. Pierce, M. D., President, Buffalo, N. Y.

DR. PIERCE'S FAVORITE PRESCRIPTION THE ONE REMEDY for woman's peculiar ailments good enough that its makers are not afraid to print on its outside wrapper its every ingredient. No Secrets-No Deception.

THE ONE REMEDY for women which contains no alcohol and no habit-forming drugs. Made from native medicinal forest roots of well established curative value.

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SAVE BEST HENS FOR MATING Leg Band and Trap Nest Are Almost

Indispensable for Success-Care of Flock.

The season is approaching when the poultry keeper will be gin to pick out his best birds for the next season's matings. None but the best should be used in the breeding pens, and if the breeder has hatched eggs from his best hens of last season he is reasonably sure of some good birds. If a breeder is trying for perfection in any form, the leg band and the trap nest are almost indispens-

able. The careful breeder can estimate very closely the value of the young stock for future breeders. He knows to the Pall Mall Gazette. The Irish the good and bad points of each of his of cabbage," growls the customer. birds, and has mated to overcome small hat, without vell, and saunters defects and improve points already good. Every year he is nearer perfecdownpour, letting the fresh drops play tion, and every year greater care is taken of the flock, for he has learned returns to her home she changes her the value of cleanliness and proper food. Insects will never sap the life warm towel and rests all her facial of his flock and kill the vitality of his breeders. Tainted food or water never reaches them, everything is fresh, pure and clean. They have plenty of room in their winter quarters, and he provides exercise by throwing the grain in chaff on the before he has had his own morning meal.

After he has learned the right way and got a fairly good start, the work is easy and pleasant, and seems to swing along without any difficulty. does not circulate about in the air. As in everything else, it is the beginner who experiences the difficultics, somewhat cold. And that is why for he has very little knowledge to beclosed up hearts there burn so in- gin with, and often pays dearly for tensely. For the English love is not the knowledge he acquires, but it the delightful occupation of youth, it does not take long to understand the

most essential points in poultry keep-



On Wrong Scent.

Half the world is one the wrong scent in the pursuit of happiness. They think it consists in having and getting and in being served by others. It consists in giving and in serving others .- Henry Drummond.

Too Expensive.

"This cigar tastes like it was made "Huh!" replies the clerk. "If you knew the wholesale price of cabbage this year you wouldn't insinuate that it could be put in a five-cent cigar."

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good health let the Bit-

ters help you to regain it.

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up its merit in cases of

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times, and said that I ought to have an operation. I would not listen to that, "He's furn "He's furnished her with a model nd when a friend of my husband told she's trying durned hard to imitate," im about Lydia E. Pinkham's Vegecame a voice from the rear of the

10

able Compound and what it had done hall. for his wife, I was willing to take it. Now I look the picture of health and feel like it, too. I can do my own housework, hoe my garden, and milk a cow. I can entertain company and enjoy them. I can visit when I choose, and good Hterary taste until he sent me that silly novel. walk as far as any ordinary woman, any day in the month. I wish I could indicate his taste, dear; it merely rep tafk to every suffering woman and girl. resents his opinion of yours.

-Mrs. DEMA BETHUNE, Sikeston, Mo. The most successful remedy in this country for the cure of all forms of female complaints is Lydia E. Pink-

tam's Vegetable Compound. It is more wide'y and successfully used than any other remedy. It has cured thousands of women who have GOLDEN been troubled with displacements, in-flammation, ulceration, fibroid tumors, rregularities, periodic pains, backache, BAKING POWDER that bearing down feeling, indigestion, and nervous prostration, after all other neans had failed. Why don't you try it?

> Desperate Dentistry. An original Hamburg youth, whe had a tough toothache the other day,

got himself posed in front of a mirror, NO DUST and shot out the offending molar with a revolver. Had the bullet not land-SWEEPING COMPOUND ed in the opposite shoulder, and proved more difficult to extract than the tooth would have been, this novel made of home dentistry might have been considered antis a success.



Since May, 1906, Ayer's Sarsaparilla has been entirely free from alcohol. If you are in poor health, weak, pale, nervous, ask your doctor about taking this non-alcoholic tonic and alterative. If he has a better medicine, take his. Get the best



A sluggish liver means a coated tongue, bad breath, and constipated bowels. The question is, "What is the best thing to do under such circumstances ?" Ask your doctor if this is not a good answer: "Take laxative doses of Ayer's Pills." suppose.—Yonkers Statesman. -Made by the J. C. Ayer Co., Lowell, Mass-

With Poor Success. Talk about man!" exclaimed the ease me at those or womap?" "Talk about man!" exclaimed the is the very warp through which the

Dr. Pierce's Pleasant Pellets cure constipation. Constipation is the cause of many diseases. Cure the cause and you cure the disease. Easy to take.

Telephones in Church.

Moriah church of Utica has in- ory too much. Allce-I thought Mr. Smart had stalled a telephone system for the benefit of members of the church who may be afflicted with deafness. Six Kate-Oh, that doesn't necessarily telephones have been placed in various parts of the auditorium, the transmitter being located on the pulpit directly in front of the speaker .--Telephone Rostow

Mothers will find Mrs. Winslow's Soothing Byrup the best remedy to use for their children luring the teething period.

"Atheists" Converted.

A number of Servian conscripts, on entering Belgrade barracks to serve of the carriage way rather than be their time, announced themselves as guilty of the crime of felling them .-atheists so as to avoid attendance in church. The commander got them to

clean out the yard and stables every Sunday morning while their comrades, one wants to do most of all, as it is went to mass. The atheists have to do that which some one else wants now asked to be instructed with a one to do above all else. view to conversion to the national creed.

Blood poisoning is o ten caused by slight uts or waunda. Death may result. Ham-in's Wizard Oil will draw out the poison. eal the wound and prevent serious trou-

Prisoners Do Valuable Work. In England, at Dartmoor, the prisoners have been engaged in reclaim-"You didn't happen to be in love ter. Agricultural prisons have been ing the moorland, working even in winestablished in England, New South "No, but she had a way of prolong- Switzerland, France, Russia and Beling a case, without endangering the gium.

Bad Breath

"There's one thing I don't like about "For months I had great trouble with my stomach and used all kinds of medicines. My tongue has been actually as green as "Why, the confounded, low-browed, grass, my breath having a bad odor. Two alf-baked idiot is always calling weeksago a friend recommended Cascarets half-baked idiot is always calling and after using them I can willingly and cheerfully say that they have entirely cured me. I therefore let you know that I shall recommend them to any one suffer Artist-There! My latest mastering from such troubles."-Chas. H. Hal-pern, 114 E. 7th St., New York, N. Y.

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sieken, Weaken or Gripa, IDc, 25c, 50c, Never sold in bulk, 1% gen-uine tablet stamped C C. Guaranteed to eure or your money back. Patron-Splendid! For the humor-

Very Likely.

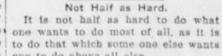
Patience-Peggy says she likes the way Will holds her during a dance." Patrice-That's the reason they sit out so many in the conservatory, I ing. One must keep on learning, however, there should be no standing still; every day something helpful may be learned, and it is well to keep a notebook in which to jot any little item that may prove helpful later on. for it is not well to trust one's mem-



Treasured Trees.

Two trees to be seen in the main street of Thorshavn, the capital of the Farce Islands, have an interesting history. Trees resolutely refuse to grow in these islands, except in some few sheltered spots, and the inhabitants therefore prize them greatly. When the road was made it was decided to leave the trees in the middle

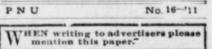
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