

# Blood Humors

Commonly cause pimples, boils, hives, eczema, or salt rheum, or some other form of eruption, but sometimes they exist in the system, indicated by feelings of weakness, languor, loss of appetite, or general debility, without causing any breaking out.

Hood's Sarsaparilla expels them, renovates strength and tones the whole system. This is the testimony of thousands annually. Accept no substitutes, but insist on having Hood's Sarsaparilla.

In usual liquid form or in chocolate tablets known as Sarsatabs. 100 doses \$1.

**Jane Could Cook.**  
"I never understood why Milly failed to land a husband. She was very graceful at the billiard table and the queen of the bridge whist table."  
"Oh, but she couldn't equal her plain sister Jane."  
"Jane? Why, what were Jane's accomplishments?"  
"Why, she was queen of the kitchen table."

## BORAX IS NATURE'S MINE OF PURITY FOR DAIRY UTENSILS

Borax is first, a cleanser that removes dirt and grease with surprising ease; second, it is a sweetener that makes fragrant a surface that has grown musty or stale from neglect; third, it is an antiseptic or destroyer of germs. It prevents the development of bacteria or mouldy growths. With all this it is perfectly free from harm in its resulting effects.

The farm churn is kept free from that stale odor if it is washed with borax in the following proportion—one tablespoonful of borax to a quart of water. The dairy room has nothing about it but the pleasant aroma of fresh milk and cream and sweet butter if it is kept clean with borax. There will be no soapy smell and no lurking hint of something gone wrong.

The cream crocks take on an extra freshness when washed with borax and water in the following proportions—one tablespoonful of borax to a quart of water. This preserves the fresh flavor of the cream.

The farm cream separator can be kept thoroughly sweet and clean by a wash of borax and water in the following proportion—one tablespoonful of borax to a quart of water.

Be sure that you get pure Borax. To be sure, you must get "20 Mule Team Borax" if you are unable to get "20 Mule Team" brand send us your dealer's name and we will arrange to supply you.

Louis Hieb, formerly of Camden, N. J., is now in charge of the Y. M. C. A. work in Colombo, Island of Ceylon.

It is stated that at least 20,000 square miles in Liberia are covered with dense rubber-tree forests.

# Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the **CALIFORNIA FIG SYRUP CO.**  
SOLD BY LEADING DRUGGISTS—50¢ PER BOTTLE.

HOWARD E. BURTON—ANALYST AT CHEMIST, Leadville, Colorado. Specimens gratis. Good silver, lead, tin, gold, nickel, zinc, iron, copper, etc. Cyanide tests. Mailing envelopes and full price list sent on application. Carbonate and iron work solicited. Reference: Carbonate & Iron work, Leadville.

## ENGRAVING Write Us PLATES FOR PRINTING HICKS-CHATTEN

Portland Oregon

## LEARN TO BY MAIL DANCE

Waltz, Two Step, Three Step, etc. Dance complete, taught and guaranteed in four lessons. Prof. Wm. Wilson, 1500 Irving Street, Portland, Oregon.

FREE TO ALL **D. M. FERRY & CO'S DISINFECTANT SEED** FOR 1908

Ferry's Seed is the best known and the most reliable seed grown. Every package has behind it the reputation of a house whose business standards are the highest in the trade.

Ferry's 1908 Seed Annual will be mailed FREE to all applicants. It contains complete lists of all crops, and full descriptions, prices and directions for planting over 100 varieties of Vegetable and Flower seeds. Available to all. Send for it.

**D. M. FERRY & CO., Detroit, Mich.**

## THE MEN WHO KNOW THE SUPERIOR QUALITIES OF TOWERS' SLICKERS, SUITS AND HATS

are the men who have put them to the hardest tests in the roughest weather.

Get the original **Towers' Fish Brand** made since 1838. **CALLING FREE FOR THE ORIGINAL**

A. TOWERS CO. BOSTON, U.S.A. MADE IN ENGLAND. U.S. PATENTED.

P. N. U. No. 1-08

When writing to advertisers please mention this paper.

# THE FIRELESS STOVE.

How to Make an Inexpensive and Economical Device.

Now that the fireless stove for cooking purposes is a concrete fact and not merely a dream of tired woman-kind it is timely to tell how the stove can be made from some article to be found around every house.

The fireless cooker, it may be well to say, is a German creation. The idea was evolved for the sake of economizing on money at the expense of time, there being plenty of the latter to spare and not an excessive surplussage of the former in the average household.

Some bright scientist, searching for a means of using his knowledge in the interest of women, studied the cooking kettles in his own kitchen and came to the conclusion that it was an absurd waste of fuel to cook meats until the last moment, taking them directly from the fire to the table.

He reasoned that after the meat or vegetables had been exposed to the fire for a certain length of time the cooking process ought to proceed without further artificial heat.

The means used was to cover the saucepan as to retain the heat already obtained and let this carry the cooking operation to completion, thus saving all further expense for fuel.

The result of this application of common sense to kitchen economics was that the fireless stove came into use in Germany, the military authorities in that practically militant country being the first to utilize the idea.

Fireless cookers are made of airtight boxes properly insulated to retain heat and the new method of economic cooking is popular all over the Fatherland. It is just beginning to be heard of here and as every woman can make a fireless cooker without much trouble it ought to be in use in every household.

The box must be airtight, so that a trunk with a lid in perfect condition is as well adapted as anything for the purpose. If an old trunk is not available a box can be made by one of the men around the house, or a bread box can be used. Anything of that sort will do, so long as the lid is serviceable and the contents can be kept airtight.

The only accessories to the fireless cooker are an armful of hay and a pillow. The hay must be placed in the box and hollowed out into a nest for the reception of the saucepan. When the saucepan has been boiled over the gas stove for a short time it can be transferred to the nest of hay and covered with the pillow. Then the lid is clamped down and the contents of the saucepan will go on cooking from the heat that is still retained.

It must not be supposed of course that the fireless stove is as rapid a cooker as a stove of the ordinary kind. This is not a miracle stove, but merely one in which natural common sense ideas are combined with a desire to economize fuel.

# WORLD'S OLDEST BRASS BAND

It Was a Feature of Boston's Old Home Parade.

The oldest brass band in the world—the Military band of South Weymouth—was a feature heard in the civic and trades procession in Boston's old home parade, says the Boston Globe. The average of the members is 75 years.

The base drum was played at the dedication of Bunker Hill monument. The double bass fiddle is the biggest thing of the kind in America. The bass viol, the oldest made in this country, dates from 1788 and was played in the Old South meeting house in 1800. The clarinet is 120 years old.

The leader of the band serenaded Jenny Lind at the Revere house on her first appearance in Boston, played at a reception given Daniel Webster in Marshfield in 1852 and at the Kosuth reception in Boston in 1853.

C. Loring Stetson, aged 82, the leader began playing the cornet and bugle in 1845. He has taken part in more parades, concerta, firemen's musters and dances than any other musician in New England.

Mr. Stetson was for several years a member of the Boston Brigade band which serenaded Jenny Lind at the old Revere house, when he played the solo "Wood Up" on his cornet to the delight of the famous songstress.

Two of the surviving members of the famous Bond's band of Boston took part. They are George Rimbach of Roxbury, aged nearly 84, and William W. Raymond of East Weymouth, aged nearly 88.

Mr. Raymond, after having been a member of the Weymouth band, joined Bond's band in 1845. He remained with that band for about five years and made the acquaintance of P. S. Gilmore when he first came to Boston. Mr. Raymond returned to the Weymouth band in 1851 and remained an active member until it was disbanded a few years ago. He took part in the world's peace jubilee in Boston as a member of the big orchestra. He plays the trombone, saxhorn, ophicleide, post horn, alto horn, oboe, French horn and flute.

George Rimbach, the other surviving member of Bond's band, plays the trumpet, as he did in the days of the old band in Boston.

Daniel Vining, aged 84, played the snare drum. He was a drummer in the civil war and still keeps up his practice.

S. Everett Cushing played the barytone horn. He is 73 years old and began to play a violin when he was 7. He began to play with bands in 1853.

**OWNERS OF LIBERTY BELL.**  
It is Not Public Property, But Belongs to Four Sisters.

Contrary to general belief the old liberty bell is not the property of the nation or of the city of Philadelphia, but of four sisters who are the heirs of John Willink, the man who made the new bell shortly after the old bell was cracked, and who took the old bell as part payment. According to the Home Magazine, three of the sisters, Mrs. James B. McCloskey, Mrs. G. D. Emerson and Mrs. S. B. Coward, live in Philadelphia. The fourth, Mrs. S. W. B. Diehl, lives in Washington, D. C.

# My Hair is Extra Long

Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

"My hair used to be very short. But after using Ayer's Hair Vigor a short time it began to grow, and now it is fourteen inches long. I have been using it for several years, almost without any hair."—Mrs. J. H. PIERCE, Concord, N. H.

Made by J. C. Ayer & Co., Lowell, Mass. Also manufacturers of **SARSAPARILLA** and **CHERRY PECTORAL**.

**Ayers**

**One to Follow.**  
"I'll give you a good two-foot rule if you want it," said the painter.  
"Hand it over," rejoined the carpenter.  
"Don't wear tight shoes," said the painter, with a large, open-face grin.

**Little Ambiguities.**  
Very commendable is the zeal displayed in recent years in the effort to put an end to the obnoxious habit of expectorating in places frequented by the public. Still, the offense would probably be classed under the head of "venial"—and it might be well to adjust the punishment to the crime.

After crossing on one of the ferry lines that convey passengers over the North River to New Jersey points, and carefully considering the possible logical connection between the two parts of the "Notice to Passengers" hanging in a conspicuous place, one wonders if perhaps the reforming zeal of the ferry company may not have carried it too far.

The signs read: "Spitting on the floor is prohibited. Life preservers are provided for all passengers."

**PILES CURED IN 6 TO 14 DAYS.**  
FAZO OINTMENT is guaranteed to cure any case of itching, bleeding, soreness or protruding Piles in 6 to 14 days, or money refunded. See.

**Misunderstanding.**  
Mrs. Gashleigh—He's your next husband, is he? Allow me to offer my—  
Mrs. Muckeligh—Oh, you misunderstood me. I said "ex-husband."  
Mrs. Gashleigh—Indeed? Well, I congratulate you on that.

**Impressions.**  
Sharpshoot—I haven't much acquaintance with Spunball, but I'm not favorably impressed with him. How does he strike you?  
Phlat—for a V generally.

Mo men will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

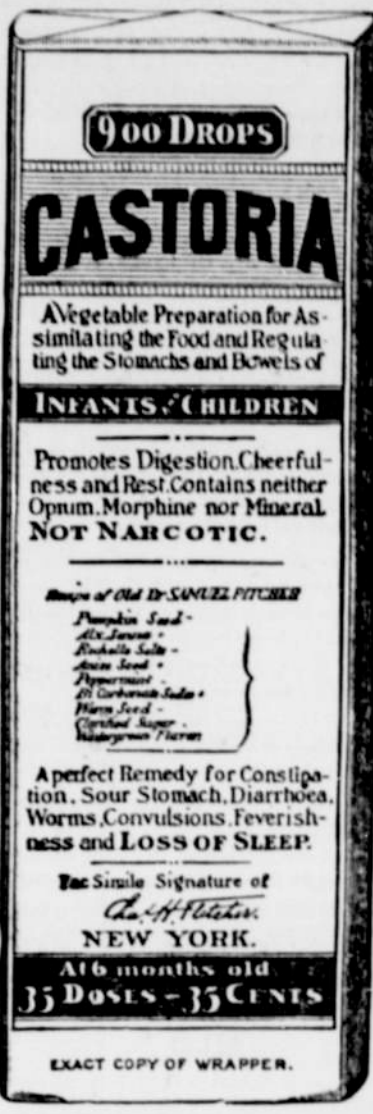
**What is said to be the largest telegraph circuit in the world is that between London and Teheran, the capital of Persia. It is 4,000 miles long and is divided into twelve sections.**

**New Era.**  
Hilker—There's one thing I forgot to ask you about Bilker. What's his religion?  
Spilker—It isn't.

**ETS** permanently cures all Nervous Diseases. It is a powerful tonic for the brain and nerves. It is the only medicine that will cure all cases of Nervous Disease. It is the only medicine that will cure all cases of Nervous Disease. It is the only medicine that will cure all cases of Nervous Disease.

# Physicians Recommend Castoria

CASTORIA has met with pronounced favor on the part of physicians, pharmaceutical societies and medical authorities. It is used by physicians with results most gratifying. The extended use of Castoria is unquestionably the result of three facts: **First**—The indisputable evidence that it is harmless; **Second**—That it not only allays stomach pains and quiets the nerves, but assimilates the food; **Third**—It is an agreeable and perfect substitute for Castor Oil. It is absolutely safe. It does not contain any Opium, Morphine, or other narcotic and does not stupefy. It is unlike Soothing Syrups, Bateman's Drops, Godfrey's Cordial, etc. This is a good deal for a Medical Journal to say. Our duty, however, is to expose danger and record the means of advancing health. The day for poisoning innocent children through greed or ignorance ought to end. To our knowledge, Castoria is a remedy which produces composure and health, by regulating the system—not by stupefying it—and our readers are entitled to the information.—*Hall's Journal of Health.*



## Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. B. Halstead Scott, of Chicago, Ill., says: "I have prescribed your Castoria often for infants during my practice, and find it very satisfactory."  
Dr. William Belmont, of Cleveland, Ohio, says: "Your Castoria stands first in its class. In my thirty years of practice I can say I never have found anything that so filled the place."  
Dr. J. H. Taft, of Brooklyn, N. Y., says: "I have used your Castoria and found it an excellent remedy in my household and private practice for many years. The formula is excellent."  
Dr. R. J. Hamlen, of Detroit, Mich., says: "I prescribe your Castoria extensively, as I have never found anything to equal it for children's troubles. I am aware that there are imitations in the field, but I always see that my patients get Fletcher's."  
Dr. Wm. J. McCrann, of Omaha, Neb., says: "As the father of thirteen children I certainly know something about your great medicine, and aside from my own family experience I have in my years of practice found Castoria a popular and efficient remedy in almost every home."  
Dr. J. R. Clausen, of Philadelphia, Pa., says: "The name that your Castoria has made for itself in the tens of thousands of homes blessed by the presence of children, scarcely needs to be supplemented by the endorsement of the medical profession, but I, for one, most heartily endorse it and believe it an excellent remedy."  
Dr. R. M. Ward, of Kansas City, Mo., says: "Physicians generally do not prescribe proprietary preparations, but in the case of Castoria my experience, like that of many other physicians, has taught me to make an exception. I prescribe your Castoria in my practice because I have found it to be a thoroughly reliable remedy for children's complaints. Any physician who has raised a family, as I have, will join us in heartiest recommendation of Castoria."

## GENUINE CASTORIA ALWAYS Bears the Signature of

*Chas. H. Fletcher*  
**The Kind You Have Always Bought**  
In Use For Over 30 Years.

**PLENTY GOOD WATER**  
TELLS READERS HOW TO CURE RHEUMATISM AND THE KIDNEYS.

Gives Readers Advice; Also a Simple Prescription to Make a Home-Made Mixture Said to Give Prompt Relief.

Now is the time when the doctor gets busy, and the patent medicine manufacturers reap the harvest, unless great care is taken to dress warmly and keep the feet dry. This is the advice of an old eminent authority, who says that Rheumatism and Kidney trouble weather is here, and also tells what to do in case of an attack.

Get from any good prescription pharmacy one-half ounce Fluid Extract Dandelion, one ounce Compound Kargon, three ounces Compound Syrup Sarsaparilla. Mix by shaking in a bottle and take a teaspoonful after meals and at bedtime, also drink plenty of water. You can't drink too much of it.

Just try this simple home-made mixture, and don't forget the water, at the first sign of Rheumatism, or if your back aches or you feel that the kidneys are not acting just right. This is said to be a splendid kidney regulator, and almost certain remedy for all forms of rheumatism, which is caused by uric acid in the blood, which the kidneys fail to filter out. Any one can easily prepare this at home and at small cost. Almost any druggist in the smaller towns can supply the ingredients named as they are commonly used in the prescription department.

**Large Contract.**  
"What are you going to do now, colonel?" inquired the intimate friend.  
"I expect to spend the remainder of my days," said the retired statesman, "living down the lies that have been published about me in fourteen political campaigns."

**Only One "BROMO QUININE."**  
That is LEXATIVE BROMO QUININE. Look for the signature of R. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

**The Villain!**  
"You wish to employ one of our detectives to watch your husband?"  
"I do."  
"May I ask what has aroused your suspicion of him?"  
"He sent me a bunch of violets and a box of candy from town yesterday."  
—Kansas City Times.

A dainty book in colors, called the "Jingle Book," will be sent free to any Mother sending name and address of her baby, and the tops from two one-ounce cartons of "20-Mule-Team" Borax and 5c in stamps. Address Pacific Coast Borax Co., Oakland, Cal.

**Not So Vital.**  
Demosthenes—The idea of your thinking I was listening to what you said, Mr. Ferguson said when you said "him was wrangling!" I didn't hear the first word of your talk!  
Mistress—I wouldn't have minded that so much, Verena. But didn't you hear, the last words of it!

**A Cretarian.**  
Mrs. Chatterton is a perfect talking machine."  
"As a piece of machinery, though, she lacks one detail."  
"What is that?"  
"The exhaust."—Baltimore American.

**Consolation.**  
Mrs. Upson—It's too bad that Prince Wilhelm isn't coming to Chicago.  
Mrs. Highmuss—Why do you mention it? He's only the second son of a crown prince, anyway.—Chicago Tribune.

**Execution.**  
Disappointed Artist—I don't like the way you have hung my painting.  
Member of Committee—Neither do I, but I was outvoted. My judgment was that it ought to be hanged.

**The Artist's Brush.**  
"Mr. De Jones said I was a perfect picture," said the first dear girl.  
"Yes," rejoined dear girl No. 2. "He asked me if your maid wasn't a professional painter."

Within the last four years France has recorded 20,000 suicides, while in Italy the number has been only 8,000.

# SKIN DISEASES HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment until the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and peels; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

**S. S. S. PURELY VEGETABLE**  
because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

**THE SWIFT SPECIFIC CO., ATLANTA, GA.**