

A PRETTY MILKMAID
Thinks Peruna Is a Wonderful Medicine.



MISS ANNIE HENDREN.

Miss Annie Hendren, Rocklyn Wash., writes:
"I feel better than I have for over four years. I have taken several bottles of Peruna and one bottle of Mana lin."
"I can now do all of my work in the house, milk the cows, take care of the milk, and so forth. I think Peruna is a most wonderful medicine."
"I believe I would be in bed today if I had not written to you for advice. I had taken all kinds of medicine, but none did me any good."
"Peruna has made me a well and happy girl. I can never say too much for Peruna."
Not only women of rank and leisure praise Peruna, but the wholesome, useful women engaged in honest toil would not be without Dr. Hartman's world renowned remedy.
The doctor has prescribed it for many thousand women every year and he never fails to receive a multitude of letters like the above, thanking him for his advice, and especially for the wonderful benefits received from Peruna.

Monstrous Hyde.
"M. James Hyde," says the Paris Figaro, "the exceedingly rich American who appertains to the most high society of New York, comes from commanding at Paris a carriage electric. It is to the French industry that M. James Hyde is addressed himself for to have the most comfortable, the most commodious and the most elegant of the vehicles of the city."—Translated by Harper's Weekly.

Wasted Effort.
"It takes time, trouble and infinite patience, of course, to be a good Sunday school teacher, but you have the satisfaction of knowing that you are helping to mold the character of the rising generation."
"Yes, but it makes me sad to think how quickly a year's work is undone when green apple time comes."

TERRIBLE TO RECALL.
Five Weeks in Bed With Intensely Painful Kidney Trouble.

Mrs. Mary Wagner, of 1367 Kosuth Ave., Bridgeport, Conn., says: "I was so weakened and generally run down with kidney disease that for a long time I could not do my work and was five weeks in bed. There was continual bearing down pain, terrible back-aches, headaches and at times dizzy spells when everything was a blur before me. The passages of the kidney secretions were irregular and painful, and there was considerable sediment and odor. I don't know what I would have done but for Doan's Kidney Pills. I could see an improvement from the first box, and five boxes brought a final cure."
Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Carl Schurz.
No other man of foreign birth ever showed such fine command of the English language or used it so felicitously. A man who objected strongly to his politics but admired his talents as a writer once said: "I wish Mr. Schurz couldn't write so well; I could hate him better." In 1877 Carl Schurz visited Boston to make a speech against Benjamin F. Butler, who was running for Governor of Massachusetts. While arguing on the question of the resumption of specie payments, an issue that was paramount at that time, Mr. Schurz likened "inflation" to a balloon filled that had carried the American nation off its feet. At that time he made use of the following expression, which greeted him to his feet: "We have placed our feet on solid ground again and we propose to keep them there."

Quite True.
Miss Boston—They say she's extremely haughty.
Miss Tours—I should say so! The last time I saw her she was sailing down the street in—
Miss Boston—Pardon me; why do you use that senseless expression? How could she go "sailing" down the street?
Miss Tours—Easy enough. I saw her last in Venice.—The Catholic Standard and Times

A NATIONAL EVIL

Tipping Progress from the Bottom to the Top.
Tipping is rapidly becoming a national evil. It began with the payment of small gratuities to waiters in restaurants and hotels. In this form it was an importation from Europe. Of course, the waiter ought to serve the customer faithfully without being bribed to do the work which he had been hired to perform, but the custom has grown to such an extent that unless one fees he is sure not to obtain good service. He submits, therefore, to the imposition, as the less of two evils. The practice has spread to such an extent that the man who blacks your boots, that hands you your hat, that tells you the way, that brings you a glass of water, that shaves your face, or cuts your hair, expects a gratuity in addition to the pay which he receives for performing his work.
The tipping evil has gone higher up than this, and is now beginning to spread itself through all the departments of business and politics. It is the duty of the legislator to pass good laws, but he sometimes has to be tipped to do it. It is the duty of the policeman to protect property from robbery, but he often has to be tipped to do it. If you want to sell a line of goods it is even necessary to tip the butler, the farm superintendent, the purchasing agent. Do you want a switch connection or a prompt supply of cars from a railroad? It may be well to tip the railroad official with a gift of money or of stock.
It is about time to check this tipping abuse. Let us stop it first high up, and work down to the bottom.—Wall Street Journal.

Only the Promisee.
A big sea turtle was sprawling around in the tank in front of the restaurant.
"Look, papa!" exclaimed the little boy.
"Let's go in and have some real green turtle soup!"
"Not yet, Georgie," said the father.
"Wait till some day when you see this tank empty."
Side Lights on History.
The Hessians at Trenton had surrendered.
"Ah, well," they said, "think how much more disastrous it might have been if we had had to make a hurried retreat!"
Later, as if to verify their words, came the Hessian fly.

Bred Contempt.
Girl with the Gibson Girl Neck—Can't you see something familiar in the face of that man sitting on the opposite side of the car?
Girl with the Julia Marlowe Dimple—Yes; it's his eyes. I wish he'd be a little less familiar with them.

STATE OF OHIO, CITY OF TOLEDO, ss. LEUCAS COUNTY.
FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1906.
A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 70c.
Hall's Family Pills are the best.

His Reputation.
Miss Medicus (sister of the new village doctor)—Have you heard of Dr. Medicus about here?
Native—Rather, mum! Do you see that hearse and carriages goin' by over there? That's one of his funerals.—Harper's Weekly.

Usual Dash of Cold Water.
Rorus—I've been nearly dead for sleep during the last week. I could scarcely keep awake while I was writing that story that was printed yesterday.
Naggus—I can easily believe it. It affected me the same way while I was reading it—from sympathy, I suppose.
Life-Saving Service.
In perhaps no other country is the life-saving service as proficient as in the United States.
The system was first established in 1871, and there are at present 277 life-saving stations supported by the government, 192 of which are on the Atlantic coast, 68 on the Great Lakes, 16 on the Pacific coast, and one at the falls of the Ohio River near Louisville.
There were only 365 disasters along the coasts during the year ending June 30, 1905, and out of 4,080 persons involved only twenty-seven were lost.

For that Dandruff

There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions.

The best kind of a testimonial—
"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass.
Also manufacturers of
SANSAPARILLA PILLS.
CHERRY PECTORAL.

APPEAL TO PEOPLE

Russian Parliament Tells Them Not to Pay Taxes.

CZAR MAY IMPRISON LEADERS

Guards Prevent Newspapers From Publishing Revolutionary Manifesto—Much Disorder.

St. Petersburg, July 24.—The great news of today is the adoption of an address to the people by the deputies to parliament, who assembled at Viborg, the language of which, with its revolutionary demands that the people cease to furnish money and troops to the government and repudiate further loans, affords pretext enough for the government to lodge its authors in the fortress if it feels strong enough. A rumor was spread tonight that this course had been decided upon.
Copies of the appeal to the people are in the hands of all St. Petersburg newspapers, but it will scarcely be printed tomorrow, for the reason that a detachment of police is posted at the door of every newspaper printing office in the city, with orders not to permit any papers to leave the building until authorized by the censor. The authorities hope by equally vigorous measures to prevent the publication of the appeal in other cities, and in the meantime to nullify the fears of the people as to the possible effect of the appeal.
Meanwhile the masses of the Russian people, slow of thought and action, have not yet roused themselves to the gigantic upheaval which is sure to follow the dissolution of their parliament. Minor disorders are reported from half a dozen cities. An incipient anti-Jewish outbreak at Odessa has been checked by the police. A sympathetic strike had begun at the Kharkov railroad shops, which may inaugurate a general tieup of communication, but St. Petersburg, Moscow and most of the other great centers are still calm.

SECRETS OF DREADNAUGHT.

British Admiralty Makes Public Her Plan of Armament.
London, July 24.—The first official announcement regarding the battleship Dreadnaught is contained in a white book on naval construction the past year, which was issued tonight. Besides ten 12-inch guns announced, the Dreadnaught will have 27 12-pound quick firing anti-torpedo boat guns and five submerged torpedo tubes. In the arrangement of the armament six of the big guns are mounted in pairs on the center line of the ship, and the remaining four are mounted in pairs as broadsides.
In view of the modern potentialities of torpedo boats, and considering especially the chances of a torpedo attack toward the end of the battle, the anti-torpedo boat guns are widely separated so that the whole of them cannot be disabled by one shell.
The speed is designed to be 27 knots. The bunker capacity is 2,700 tons, with which the Dreadnaught can steam 5,800 sea miles at economical speed and 3,500 miles at 18 1/2 knots.
The estimated cost of the Dreadnaught, including guns, is \$8,987,485.

MANY BURIED ALIVE.

Building in Massachusetts Town Collapses on Workmen.
South Framingham, Mass., July 24.—At least eight and perhaps twice that number of masons, plumbers and Italian laborers were crushed to death today in the sudden collapse of a building in process of erection on Concord street, while ten others were dragged or dug out of the wreck, some seriously injured. At a late hour tonight ten men were missing and a large force of laborers was at work on the ruins, searching for the dead.
Firemen and members of the Ninth regiment of infantry of the state militia, in camp here, succeeded in digging out half a dozen injured, and later found others.

Bay Schools Are Opened.
San Francisco, July 24.—The public schools of San Francisco opened Monday for the first time since the fire, and were well attended. As nearly 30 school buildings were destroyed, the schools in some of the districts were badly overcrowded, and will be conducted on the half-day session plan. The conditions, however, were more favorable than had been expected by the authorities. School Director Oliver estimated that the registration is about 60 per cent of the children registered before April 18.

Bloodshed by Railroads.
Washington, July 24.—The accident bulletin, which has just been issued by the Interstate Commerce commission for the three months ending March 31, 1906, shows the total number of casualties to passengers and employes to be 18,296. The number of passengers and employes killed in train accidents was 274. The total number of collisions and derailments was 3,490, of which 289 collisions and 167 derailments affected passenger trains.

British Express Sympathy.
London, July 24.—A British address of sympathy with the Russian people and parliament is being circulated. Already the signatures of many persons have been obtained.

Uncle Allen.
"It is perfectly natural that we should hate the man who wants to do all the talking," reflected Uncle Allen Sparks. "He prevents us from doing it all."
To Break in New Shoes.
Always shake in Allen's Foot-Ease, a powder. It cures corns, sweating, itching, swollen feet, all druggists, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address: Allen S. Oimsted, Le Roy, N. Y.
Usual Result.
One day, just to try a new pian,
The office went hunting the man;
But it hunted too high,
For the man he was shy—
And it bagged the old boss of a clan.

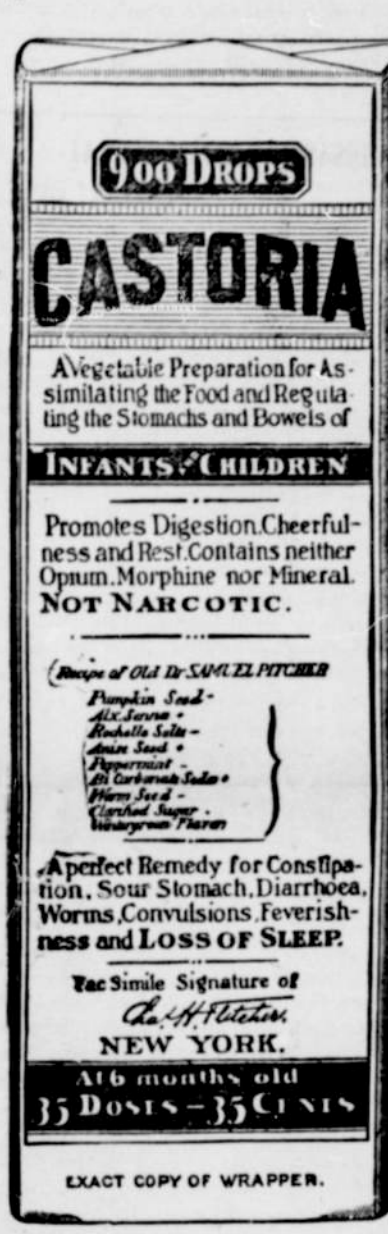
More Like It.
"Grapher is in financial straits, I hear."
"Don't believe it. I'll bet they're financial crooked." — Philadelphia Ledger.
Mother will find Mr. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.
Served It on Her, Anyway.
Mistress (indisposed)—What is it you wish to say to me, Bridget? I am too ill to sit up.
Domestic—Well, mum, ye can take notice widout sittin' up. I lave ye nixt Sath'day, mum.

Baron Takaki says four-fifths of the Japanese boys are now studying English, and that it will soon become the language of Japan, and later of the world.
FITS
St. Y. 's' Dance and all Nervous Diseases permanently cured by Dr. King's Great Nerve Restorer. Send for FREE \$2 trial bottle and certificate. Dr. R. H. King, 101 N. 3rd St., Philadelphia, Pa.
An Appreciation.
"Have you ever seen Hamlet played precisely as you thought it should be?"
"No," answered Mr. Stormington Barnes. "I have often wished I might be a spectator at one of my own performances."—Washington Star.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twentytwo per cent., or nearly one-quarter, die before they reach one year; thirtyseven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."
Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."
Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."
Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children."
Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."
Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."
Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits."
Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher.
The Kind You Have Always Bought
In Use For Over 30 Years.
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

How Good Food may Turn to Poison

DECAY is not digestion, you know, even when it takes place in the stomach.
Food decayed in the body after being eaten is as dangerous to health as food decayed before being eaten.
Food nourishes or poisons, just according to how long it remains in the bowels undigested.
Cascarets are the simplest and surest safeguard against Delayed Digestion yet discovered.

The Intestines are also lined with millions of little suction pumps, that draw the Nutrient from Food, as it passes them in going through.

This Nutrient is then carried into the Blood, and spread over the Body as Brain, Bone and Brawn.
But, when the Bowel-Muscles are weak, the Food moves too slowly to stimulate the little Gastric Mouths and there is no flow, or too little flow of Digestive Juice, to change the food into nourishment.
Then, the food decays in the Bowels, and in the thirty feet of Intestines.
When this Decay begins the little suction pumps draw Poison from the decayed Food, into the blood, instead of the Nutrition it should have drawn.
Now, Cascarets contain the only combination of drugs that Stimulates these Muscles of the Bowels and Intestines just as a Cold Bath, or open-air Exercise, stimulates a Lazy Man.
Cascarets therefore act like Exercise. They produce the same sort of Natural result that a Six Mile walk in the country would produce, without any injurious Chemical effect.
The Vest Pocket Cascaret Box is sold by all Druggists, at Ten Cents.
Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "GCC."

Sold in a thin Enamel Box, half as thick as your watch, which fits into the vest pocket or lady's purse as if it grew there.
In this round-edged Enamel Box are found six small Candy Tablets.
One of these toothsome tablets works wonders for digestion.
Soon as placed in the mouth it starts the Saliva flowing, which at once gets to work dissolving it.
The Saliva becomes blended with the Candy Cascaret tablet, and from the moment they start going down your throat together they start working together.
Now, what do they work at? Bowel-work, of course—Digestion.
Most of the Digestion occurs in the thirty feet of Intestines that connect with the Stomach.
They are lined with a set of little mouths, that squeeze Digestive Juices into the Food eaten.
The Digestive Juices thus mix with the food, just as Saliva mixes with Cascaret tablets, dissolving and changing that food into nourishment, as it passes along the channel.

WISE BROS DENTISTS
Main 2029
3rd Wash St
Portland Ore

Young MEN, Old MEN, Middle-Aged MEN
Send for free pamphlet in plain cover. Tells about an appliance that insures happiness, health and success in life. Free—send today.
PORTLAND APPLIANCE CO.
P. O. Box 25 Portland, Ore.

MULETEAM BORAX
Will produce Whiter, Cleaner Clothes in Your Laundry Than Any other Article without Labor
All dealers. Free Sample Box and Forest Soap, Booklet and 4 Souvenir Pictures in colors, for 10 cents and Dealer's name. PACIFIC COAST BORAX Co., Oakland, Cal.

CLASSIFIED ADVERTISING

Portland Trade Directory
Names and Addresses in Portland of Representative Business Firms.
CREAM SEPARATORS—We guarantee the U.S. Separator to be the best. Write for free catalog. Hazelwood Co., Elm and Oak.
MEN'S CLOTHING—Buffum & Pendleton, sole agents Alfred Benjamin & Co.'s correct clothes. Everything in men's furnishings. Morrison and Sixth streets. Opposite postoffice.
FOULTRY FOOD—If you want your hens to lay more eggs write us for free particulars about FULBINA FOWLRY FEED—Acme Mills Co., Portland, Oregon.
PIANOS & ORGANS—Gustis piano house on Pacific coast. Organs and Pianos on easy payments. Write for list. Let us quote you a price. Allen & Gilbert-Ramaker Co., Portland, Oregon.
P. N. U. No. 30-06

IF FREE TO OUR FRIENDS!
We want to send to our friends a beautiful French-designed, GOLD-PLATED BONDON BOX, hard-enamelled in colors. It is a beauty for the dressing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Cascarets, with which this dainty trinket is loaded. Send 10-day, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.