

Spring-Cleaning

The Human System Needs It.

Mrs. M. Morgan, 411 4th Ave., E., Brainerd, Minn., writes: "I take from one to two bottles of Hood's Sarsaparilla in the spring to purify the blood just as regularly as I do my house-cleaning, and go around light-footed and light-hearted. I believe it is the best blood purifier known."

Hood's Sarsaparilla so combines the curative principles of roots, barks and herbs as to raise them to their highest efficiency; hence its unequalled cures.

Get it today in usual liquid form or tablets called Sarsatabs.

Rare, Please.

After the sermon on Sunday morning the rector welcomed and shook hands with a young German. "And are you a regular communicant?" said the rector. "Yes," said the German. "I take the 7:45 every morning."—Lippincott's.

WELCOME WORDS TO WOMEN

Women who suffer with disorders peculiar to their sex should write to Dr. Pierce and receive free the advice of a physician of over 40 years' experience—a skilled and successful specialist in the diseases of women. Every letter of this sort has the most careful consideration and is regarded as a confidential. Many sensitively modest women write fully to Dr. Pierce what they would shrink from telling to their local physician. The local physician is pretty sure to say that he cannot do anything without "an examination." Dr. Pierce holds that these distasteful examinations are generally needless, and that no woman, except in rare cases, should submit to them.

Dr. Pierce's treatment will cure "on sight in the privacy of your own home. His 'Favorite Prescription' has cured hundreds of thousands, some of them the worst of cases.

It is the only medicine of its kind that is the product of a regularly graduated physician. The only one good enough that its makers dare to print its every ingredient on its outside wrapper. There's no secrecy. It will bear examination. No alcohol and no habit-forming drugs are found in it. Some unscrupulous medicine dealers may offer you a substitute. Don't take it. Don't trifle with your health. Write to World's Dispensary Medical Association, Dr. R. V. Pierce, President, Buffalo, N. Y.,—take the advice received and be well.

A CORKING GOOD SMOKE!
MONUMENTAL
FULL 5¢ WORTH
CIGAR
Write for Prices and Sample
Sig. Sichel & Co.
PORTLAND, ORE.
Wholesale Agents

PLUMBING SUPPLIES
We Sell to All
Help Us Fight the Rust
Bath Tubs.....\$ 8.00
Toilets.....11.00
All guaranteed absolutely first-class.
J. SIMON & BRO.
581-85 Front St., Portland, Ore.

He Still Lives.
Charles Stillwell is the name of a lad at Jackson, Miss., who walked on the railroad track and was struck by a passenger train. He was thrown a distance of 55 feet by actual measurement and he landed on his head in a cornfield. If you think that did the business for him you are greatly mistaken. He shed a few tears, went to bed for a day and then got up and split some wood and feels all right again.

THE EMPIRE LINE
Have you seen the Easy Running Empire Cream Separator or the Lauson Frost-Ring Gasoline Engine? If not, you should, for they are both leaders in their lines, and the prices are right. We will be glad to send you catalogues.
EMPIRE CREAM SEPARATOR CO., Ltd.
326 Flinders St., Portland, Ore.

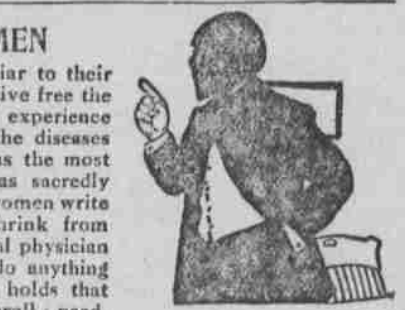
Keeley ALCOHOL CURE
Cure for OPIUM—TOBACCO Habits Positively Cured. Only authorized Keeley Institute in Oregon. Write for limited literature. KEELY INSTITUTE, 214 E. 1ST ST., PORTLAND, OREGON.

NOW IS THE BEST TIME
of the year to have your teeth out and plate and bridge work done and here is the place to get the best possible work possible. Compare our prices with those of other dentists.
We finish plate and bridge work for out-of-town patients in one day if desired. From whom plates or bridge work is ordered. Consultation free.
Malar Crown \$5.00
22-24 Bridge Teeth 4.00
Gold Fillings 1.00
Enamel Fillings 1.00
Silver Fillings 1.00
Good Rubber Plates 5.00
Best Red Rubber Plates 7.50
DR. W. A. WISE, President of Oregon Dental Association, 1500 Commercial St., Portland, Ore.
All work fully guaranteed for fifteen years.
Wise Dental Co., Inc.
Painless Dentists
Fitting Building, Third and Washington, PORTLAND, ORE.
Office Hours: 9 A. M. to 5 P. M. Sundays, 9 to 12 P. M.

Good Word for the Departed.
Here is the kind of an obituary a Georgia editor put up for a man: "Poor Jim Jones along his earthly garments on a limb and swam the river yesterday. He did not stand back because the water was cold, but plunged right in and struck out for the other shore and met the angels smiling. Jim was a poor man, but had his subscription to his home paper paid up and got there in good shape. Peace to his memory."

Petites TRY THE BEST FOR EYE ACES Salve

The London Feather Market.
The London market for the importation of plumage for ladies' hats is the largest in the world and it is estimated that 5,000 persons are employed in the manufacturing and other work incidental to this trade. The value of the imports is said to be \$3,500,000 to \$4,000,000 a year.—Forest and Stream.



Many communications are received by this paper during the year asking for information on the best breeds of live stock. Sometimes these inquiries relate to draft horses, at other times to beef cattle, frequently concerning the breeds of dairy cattle and the last one received asks for information concerning the best breed of hogs.

We have repeatedly stated in these columns that it is strictly impossible to give advice on the question of breeds as applied to any class of live stock, says the Homestead. So much depends upon the tastes of the individual, upon the environment and upon the requirements of neighboring farmers that it would be time wasted to mention specifically one breed and then undertake to prove that it was better than any or all others.

We take it for granted that in this case it is the intention of the subscriber to handle pure-bred hogs and we presume he is a beginner in the business and under these circumstances something may be said on the topic that will throw a little light on the subject for those just starting. The average man will do a little better right from the start if he takes up the breed that is popular in his community. The reason for this is that he will have less difficulty in disposing of his surplus males early in the season than if he starts in with a breed with which his neighbors are unfamiliar. We mean by this that if

I have been a sufferer for years with kidney and bladder trouble and took almost everything a drug store contained, without obtaining any benefit.

I suffered so that I became utterly discouraged, as I could not sleep, was always dizzy and had a headache all the time. I saw one of your advertisements and as a last resort, decided to try your Swamp-Root. I am now taking the third bottle and feel like a new woman, sleep well and have no pains whatever.

I strongly advise all sufferers to take the only real cure for kidney and bladder trouble. Dr. Kilmer's Swamp-Root was a God-send to me.

You may publish this letter if you wish so that it may be the means of bringing some poor sufferers back to health. MRS. MARY O'DONNELL, Lander, Wyo.

Subscribed and sworn to before me this July 14th, 1909.
CHARLEY ALLEN, Notary Public in and for Fremont Co., Wyo.

Letter to Dr. Kilmer & Co., Binghamton, N. Y.

Prove What Swamp-Root Will Do for You
Send to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. It will convince anyone. You will also receive a booklet of valuable information, telling all about the kidneys and bladder. When writing be sure and mention this paper. For sale at all drug stores. Price fifty cents and one dollar.

Celebration Forbidden.

The Rev. Dr. Unger, of Prague, has published the following advertisement in a number of Austrian papers: "Please take notice that because of my deafness any festivity arranged by my friends to celebrate the forthcoming fiftieth anniversary of my activity in the pulpit will have my disapproval, and I hereby forbid any arrangements in it."

Tiles Made by Saxons.

In the north of Staffordshire, within the parish boundaries of Stoke-upon-Trent, lies the district called the Potteries. Though little is known of the earliest days of its history it is certain that tiles were made there by the Saxons, as some have been found during excavations made in recent times, and fragments of cooking and domestic utensils, probably of Roman origin were discovered there also.

DR. COOPER'S COMPOUND DANDELION PILLS
are the safest and most reliable cathartic and system cleanser. The best remedy for Torpid Liver, Biliousness and Sick Headache. At Druggists or by Mail, 25 Cents.
HOYT CHEMICAL CO. PORTLAND, OREGON

FOR YEARS

Housewives have used a cloth to protect their hair while sweeping, but nothing to protect their lungs, causing irritation and inflammation. Dust is both dangerous and annoying. You would refuse water that was not clean, but continue to breathe polluted atmosphere and never complain.

NO-DUST SWEEPING COMPOUND is chemically prepared, absorbs the dust and disease germs, saves doctors' bills. Make your premises "dust clean" by using Sweeping Compound; burn the sweepings.

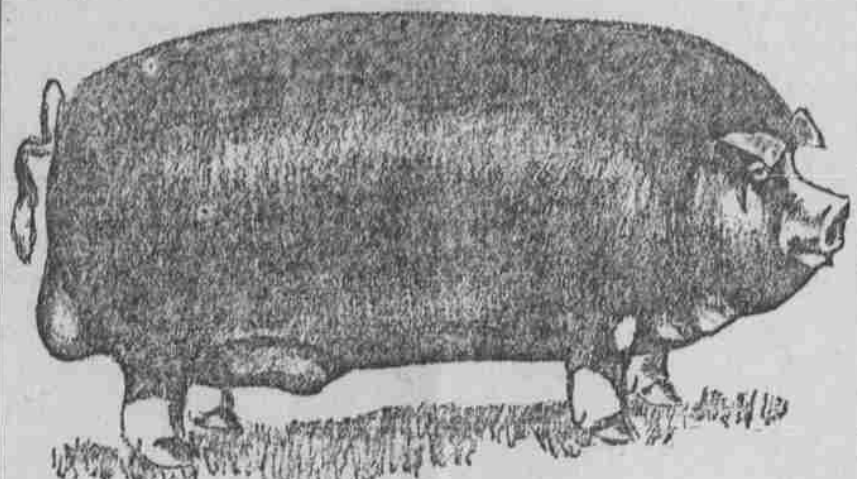
NO-DUST No. 1, for household use, in 5 and 10-lb. cans, 50c and 60c.; grocers; 75-lb. metal drums, \$2.50.

NO-DUST No. 2, for business places, 75-lb. drums, \$2.50; 150-lb. barrels, \$4.00; 300-lb. barrels, \$6.00; 500-lb. barrels, \$8.00. Order by mail or through your grocer or druggist. Send for circulars.

CRESCENT CHEMICAL CO.
525 Washington St., Portland, Ore.

SELECT MOST POPULAR BREED IN COMMUNITY

So Much Depends Upon Tastes of Individual, Environment and Requirements of Neighborhood, Useless to Name One Breed.



Yearling Poland-China Boar.

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the bulk of the hogs in a particular locality were grade Poland Chinas we would by no means take up that breed and likewise if they were Durocs we would start up business as a breeder of the red hog, and the same might be said of the Chester Whites or Berkshires. As a rule the beginner in the pure-bred hog business has his hardest sledding the first two years and many a man becomes disgusted when he finds that he has kept over a big bunch of males that he cannot dispose of, thus making it necessary for him to dispose of them later on as stags and thereby incur an actual loss.

It must be admitted that there are exceptional cases and sometimes the best profits are realized in handling a new breed. A good example of this could be found in popularity of the Hampshire hog. On account of the growthiness of this breed, their prolific character and their general constitutional hardness these hogs have rapidly grown in popularity and in every instance that has been called to our attention where a beginner has started in with the right foundation and handled them properly he has had a brisk demand for his surplus hogs that were good enough to go into the breeding pen.

Salt for the Calves.
Salt should be kept before the calves all the time, the same as before the older stock.

GUINEA HENS ARE PROFITABLE

Bakers Always Glad to Get Their Eggs Because They Can Be Used to Good Advantage in Cake Baking.

By WALTER B. LEUTZ.

There is no doubt that if the guinea hen is properly cared for at all times that it will prove almost as profitable as any of the ordinary breeds of chickens.

Guinea eggs are not always salable to country merchants because many people say they are not palatable and their color is against them, but bakers are always glad to get guinea eggs because it is claimed they can be used to better advantage in cake baking than any other, except duck eggs.

If the eggs can be obtained from guinea hens that have been confined for a season or whose ancestors have been treated as domestic fowls, the birds will, in time, become almost as tame as chickens.

When the hens are left out in the open they make their nests in brush heaps or out-of-the-way places, and when their nest is once located they rarely leave the vicinity, and it is, therefore, easy to find the nests. It is always better to place the eggs under a chicken hen for hatching unless the guinea hen has been confined.

Unless the guinea hen is confined

she will take her brood on long journeys through the damp grass, and many are likely to die from this cause.

One difficulty about raising guineas is that the young birds are very easily killed by mites and lice. They are apparently more tender than the chickens and many will quickly die, particularly if the big head louse attacks them. The utmost care as to cleanliness must be taken if the guineas are raised in confinement.

Feeding Draft Colts.

Feed the draft colts strong for all the growth and development possible in the early maturity to get into the big gelding market as soon as possible, where prices are high, but do not feed corn and oil meal to fatten the colts and young horses as you would to a fat steer. Horses want bone and muscle along with their large size. With the run of the pasture every day for vigorous exercise, and as soon as old enough give them careful work; then you can increase the feed and get them in good show condition, and with work enough to keep them in the best condition the buyers will pay you \$25 to \$50 more than for the thin horse.

Care of Pigs.

Feed and water regularly and see that every pig comes to his feed. If any of the little fellows seem to be sick, put them out and give a small ration for a while, and the chances are that they will come out all right, without any further treatment.

Modes and Madness.

A considerable stir is being caused in scientific circles by a lecture delivered before the Psychological Society of Berlin by Prof. Rudolph Foerster, in which the lecturer declared that insanity can be judged by dress. Especially is this so in the case of women.

Insane women, said Dr. Foerster, nearly always love bright colors, and wear them in disorder. Nearly all women who are extravagant in dress are mentally abnormal, and hover on the verge of mental breakdown.

Whereas, a man's insanity usually begins by excessive anxiety about his professional interests, that of a woman indicates itself by too much attention to personal appearance.

Dr. Foerster added that insanity itself follows fashions. Types of insanity which make their victims violent are decreasing. Nowadays the insane tend to be quiet and harmless.

Making Butter.

Butter should come in 20 minutes of churning, and never longer than half an hour. Good salt should be used, and great care taken that it is well worked in. When butter is gathered in the cream in granular form it is never overworked.

MEMORIES OF MUTINY

SCENES THAT RECALL HORRORS OF INDIAN OUTBREAK.

Massacres by the Treacherous Nana Sahib—Black Hole of Calcutta and Other Places of That Historic Nightmare.

At Cawnpur was a large native garrison, and when they mutinied, Nana Sahib put himself at their head. The Europeans, including more women and children than fighting men, were besieged for two weeks, and then, trusting to a safe-conduct from Nana Sahib, they surrendered. They embarked on boats on the Ganges, the boats were set afire and shot at by the natives from both banks, and only four escaped. The women and children were massacred a few days later, some of them being pitchforked living upon the bayonets of their murderers.

Delhi was besieged for months from the surrounding ridge, over which I have walked and driven, but it was only in September that the Kashmir Gate was blown in, and Nicholson fell at the head of the storming party.

The chief commissioner of Oudh was a Lawrence, and not a Lawrence for nothing. He prepared for a siege in the residency at Lucknow, and was mortally wounded there, but his intelligent provision saved his companions till at last Lucknow was relieved.

It is one of the ghastly nightmares of history to see that Black Hole of Calcutta, that well at Cawnpur, that cellar in the residency at Lucknow, that grave-dotted ridge at Delhi. Women and children outraged, suffocated, pitchforked on bayonets, burnt, stabbed, starved and strangled; it is a horrible tale. Say what one will of all that, it is British business, British vengeance, not ours, but it is a disgrace to the whole white race that British callousness, and lack of taste and reverence, should permit these graves to be overgrown with weeds, should suffer that miserable little graveyard on the ridge above Delhi, should allow the lettering on the Kashmir Gate to become defaced. The only monument in all India that is not a travesty is the statue of John Nicholson, and more than one of the statues of the white empress and the white emperor of India are black!—From "Mughal to Briton," by Price Collier, in Scribner's.

Life Saving Contests for Miners.

Mining men from all parts of the country attended the second annual inter-company meet of first aid teams held recently at Wilkes-Barre, Pa., under the auspices of the National Red Cross society. United States army officers acted as judges in the contests in which various teams demonstrated their skill in rescuing miners under most difficult conditions.

An air-tight mine chamber was built in an open field for the contests and charged with various kinds of fumes, such as are met with in coal mines, and it was in this that the first aid teams did their rescue work, completing their task of restoring the rescued men out in the open air.

Teams from the Lehigh Valley Coal company, Pennsylvania, Hillside, Temple and Delaware, Lackawanna and Western competed in the events, which were in charge of Maj. Charles Lynch of the United States army.

For the first time in the history of the movement there was a display of first aid work by engineers from the government experiment station at Pittsburgh.

How the Spirits Spell.

"Judging by spiritistic communications I have received lately simple spelling must be more popular in the world beyond than it is in this," said a man who patronizes mediums. "Half the messages received from the spirit land nowadays are spelled in a way to bring joy to the hearts of the simple spellers. Not one medium, but many, transmit them thus. Mediums who know the old-fashioned spelling book well enough to spell down a whole room full of folks have gone over to the revised edition."

"Whatever force it is that guides their hands when transmitting messages must be impressed with the utility of the new system. At the last séance I attended I received a communication from a man who fought new-fangled spelling with his dying breath, but since he passed over he must have learned something to make him change his mind, for he now writes like a disciple of Artemus Ward."—New York Times.

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COLDS



GRIP
Munyon's Cold Remedy Relieves the head, throat and lungs almost immediately. Cures Croup, Whooping Cough, Sore Throat, Bronchitis, Asthma, Hay Fever, and all other ailments of the throat, nose, and lungs. Write Prof. Munyon, 53rd and Jefferson Sts., Philadelphia, Pa., for medical advice absolutely free.

Wish I was a horse," said Willie, as he watched his father's horse prancing. Then, after a moment's reflection, he added, "Except at dinner time."

MY DAUGHTER WAS CURED

By Lydia E. Pinkham's Vegetable Compound

Baltimore, Md.—"I send you here with the picture of my fifteen year old daughter Alice, who was restored to health by Lydia E. Pinkham's Vegetable Compound. She was pale, with dark circles under her eyes, weak and irritable. Two different doctors treated her and called it Green Sickness, but she grew worse all the time. Lydia E. Pinkham's Vegetable Compound was recommended, and after taking three bottles she has regained her health, thanks to your medicine. I can recommend it for all female troubles."—Mrs. L. A. JORDAN, 1103 Rutland Street, Baltimore, Md.



Hundreds of such letters from mothers expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for their children have been received by the Lydia E. Pinkham Medicine Company, Lynn, Mass.

Young Girls, Heed This Advice.

Girls who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion, should take immediate action and be restored to health by Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by its use.

Write to Mrs. Pinkham, Lynn, Mass., for advice, free.

In Net Results.

Speaking at the church congress, the Bishop of Bristol expressed the view that motoring had done much for the church. Yes; but not so much as it has done for the churchyard.—Punch.

Heartburn!
DID YOU SAY?
Then you really need
Hostetter's Stomach Bitters

It tones the stomach, aids digestion, prevents after-eating distress.

Don't suffer any longer. Take home a bottle today and be able to enjoy your meals.

It is also excellent for Malaria, Fever and Ague.

Kind of Dog to Own.

For best results one should get a young dog and teach him his future duties gradually. Never allow him to leave the homestead alone and you will never have a dog that strays. Never chain your dog; that is not necessary. Teach him his proper place and make him obey you upon gesture or word and he will not overstep his lines. Treat him like a brother, give him his food and cool water regularly and be kind to him and you will have a noble animal.—Rural Life.

The Average Picnic.

If a man will take a hard-boiled egg, a thin ham sandwich, and a badly fractured glass of lean lemonade out on the lawn and sit down on a rustic bench—if there is one, he will come close to making a noise similar to the average picnic.

Slow.

Mrs. Starven—"I'm surprised to hear you say you're having trouble to get your money out of Mr. Starboard. He always boasted that he paid as he went." Mrs. Board—"Maybe he does, but I can't get him to go."—Stray Stories.