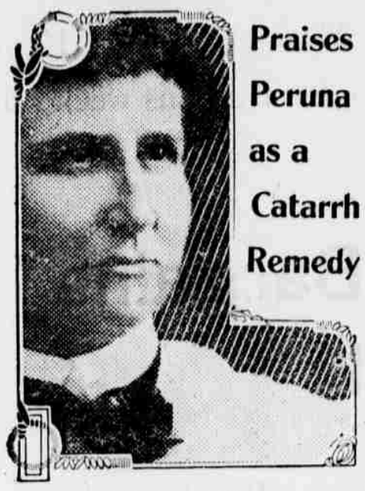
A Talented Writer Praises Peruna as a Catarrh Remedy



MRS. E. M. TINNEY

Mrs. E. M. Tinney, story writer, 325 E. Nueva St., San Antonio, Tex., writes:

"During 1901 I suffered from nasal catarrh, which various other remedies failed to relieve.

"Six bottles of Peruna, which I took, entirely cured me, the catarrh disappearing and never returning.

"I therefore cheerfully recommend Peruna to all similarly afflicted."

Mrs. Ellen Nagle, 414 4th street, Green Bay, Wis., writes:

"I have often heard Peruna praised and it is more widely known here than any other medicine, but I never knew what a splendid medicine it really was until a few weeks ago when I caught a bad cold which settled all over me.

"The doctor wanted to prescribe, but I told him I was going to try Peruna and sent for a bottle and tried it.

"I felt much better the next mornins and within five days I had not a trace of any lameness or any cough.

"I consider it the finest cough remedy."

Peruna Tablets:—Some people prefer to take tablets, rather than to take medicine in a fluid form. Such people can obtain Peruna tablets, which represent the solid medicinal ingredients of Peruna.

Tupelo, a Southern wood, is now being extensively utilized in the place of pine and cypress. It has been heretofore regarded as of little value, but under the pressure of increasing demand it is found available for a great many purposes, but where it comes in contact with the ground it is short-lived.

Contagion a Question of Prevention.

Sinks, drains, eating and cooking utensils, sick room linen and clothing frequently carry the dreaded disease germ unnoticed by the household.

Thorough and hygienic cleansing is the best safeguard against infection, and such a safeguard is found in the universal household necessity Borax.

This simple preventive carries in itself disinfecting qualities which enter the fabric or act upon the article to be cleansed in a hygienic manner, eliminating every unwholesome property, rendering it contagion proof, while at the same time Borax is of itself as harmless as salt.

Unlike most disinfectants who depend upon their strength of odor or harmful-to-the-system qualities to arrest or prevent contagion, Borax is Nature's remedy, being easy to obtain and easy to apply, a simple solution in hot water being all the application necessary and requiring no prescription, it can be obtained from any grocer or druggist in convenient, economical household packages.

In addition to its disinfecting qualities Borax is especially a household necessity, as it can be used for softening water, cleansing and whitening clothes, clearing the skin, whitening hands, makes an excellent dandruff remover and can be used on the finest laces or most delicate fabrics without injury, while as an adjunct to the bath it removes all odor of perspiration and leaves the skin soft and velvety.

Frightful Example.

"What a curious old crank Squire Blood is! He has named his youngest son Good Food. Think of it—Good Food Blood."

"Yes; he says he wants the boy to be an object lesson showing the transcendent beauties of English orthography.

Always at It.

Mrs. Pease—My husband and I never dispute before the children. We always send them out when a quarrel seems imminent.

Miss Sharp—Aw, I've often wondered why they're so much in the street!

No Chance.

He gave an interview and what he said
Was twisted in a manner most capricious;
When he refused ot talk it merely led
To statements that his silence seemed suspicious.
—Washington Star.

Splendid.

Half a century ago the crossing of the Atlantic was an ordeal to appall the stoutest. To-day babies in arms and invalids need not fear it. There is a good deal in fashion, and if it is the fashion to hurry it is also the fashion to hurry splendidly.—Observer.

Broke.

Mrs. A.—When my husband starts on his vacation he always tells me he is coming back shortly.

Mrs. Z.—And does he come back shortly?

Mrs. A.—No, he generally comes back short.

A Terrible Thought.

"I want to be loved for myself," exclaimed the romantic heiress.

"My dear lady," rejoined Baron Fucash apprehensively, "is there any possibility of this being a case of mistaken identity?"—Washington Star.

Tentative.

Nan—Jack seems to be considerably devoted to me, don't you think?

Fan—Yes; he seems to be considering whether to be devoted to you or not.

The Natural Result.

"I saw Blinks this morning and he looks all gone to pieces."

"What's the matter with him?"

"He's broke."—Baltimore American.

About It.

"Pop, what is an immunity bath?"

"A plunge, my son, to tell on the other fellow first."—Baltimore American.

Now Objection to That.

"Go and take your bath, dear," said his mother, "like a little man."

"That's the way I want to do!" howled Johnny. "Little men never take a bath 'ceptin' they feel like it!"

Catarrh
Invites Consumption

It weakens the delicate lung tissues, deranges the digestive organs, and breaks down the general health.

It often causes headache and dizziness, impairs the taste, smell and hearing, and affects the voice.

Being a constitutional disease it requires a constitutional remedy.

Hood's Sarsaparilla

Radically and permanently cures.

In usual liquid form or in chocolated tablets known as **Sarsatabs.** 100 doses $1.

The Face of Him.

"It won't be good for you if you cut my face," remarked the man with the sample case, as he took his seat in the barber's chair.

"Why, what will you do?" asked the barber.

"Nothing," rejoined the other; "but you'll have to get a new razor."

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE $2 trial bottle and treatise. Dr. R. H. Kline, Ld. 931 Arch St., Phila., Pa.

Up to Date.

"Well, well," remarked old Mr. Pastangon, "the young women of to-day are not what they were in my time."

"No?" replied Miss Huskie.

"No, indeed. Why, all you young women nowadays are muscular athletes."

"That's so. In the proud lexicon of feminine youth there is no such word as 'frail.'"—Philadelphia Press.

CATARRH BLOOD DISEASED
AND SYSTEM DISORDERED

Catarrh is not merely an inflammation of the tissues of the head and throat, as the symptoms of ringing noises in the ears, mucous dropping back into the throat, continual hawking and spitting, etc., would seem to indicate; it is a blood disease in which the entire circulation and the greater part of the system are involved. Catarrh is due to the presence of an excess of uric acid in the blood. The Liver, Kidneys and Bowels frequently become torpid and dull in their action and instead of carrying off the refuse and waste of the body, leave it to sour and form uric acid in the system. This is taken up by the blood and through its circulation distributed to all parts of the system. These impurities in the blood irritate and inflame the different membranes and tissues of the body, and the contracting of a cold will start the secretions and other disgusting and disagreeable symptoms of Catarrh. As the blood goes to all parts of the body the catarrhal poison affects all parts of the system. The head has a tight, full feeling, nose continually stopped up, pains above the eyes, slight fever comes and goes, the stomach is upset and the entire system disordered and affected by this disease. It is a waste of time to try to cure Catarrh with sprays, washes, inhalations, etc. Such treatment does not reach the blood, and can, therefore, do nothing more than temporarily relieve the discomfort of the trouble. To cure Catarrh permanently the blood must be thoroughly purified and the system cleansed of all poisons, and at the same time strengthened and built up. Nothing equals S. S. S. for this purpose. It attacks the disease at its head, goes down to the very bottom of the trouble and makes a complete and lasting cure. S. S. S. removes every particle of the catarrhal poison from the blood, making this vital stream pure, fresh and healthy. Then the inflamed membranes begin to heal, the head is loosened and cleared, the hawking and spitting cease, every symptom disappears, the constitution is built up and vigorous health restored. S. S. S. also tones up the stomach and digestion and acts as a fine tonic to the entire system. If you are suffering with Catarrh begin the use of S. S. S. and write us a statement of your case and our physicians will send you literature about Catarrh, and give you special medical advice without charge. S. S. S. is for sale at all first class drug stores.

I had Catarrh for about fifteen years, and no man could have been worse. I tried everything I could hear of, but no good resulted. I then began S. S. S., and could see a little improvement from the first bottle, and after taking it a short while was cured. This was six years ago, and I am as well today as any man. I think Catarrh is a blood disease, and know there is nothing on earth better for the blood than S. S. S. Nobody thinks more of S. S. S. than I do. H. MATSON, Lapeer, Mich.

S.S.S.

PURELY VEGETABLE

THE SWIFT SPECIFIC CO., ATLANTA, GA.

SHOE SHINING MAGNATES.

Much Money Made from Lowly Occupation.

Chicagoans of middle age easily remember the time when the bootblack with his box was conspicuous on nearly every city street. The course of industry has changed all that. The ragged urchin is gone, with the old-time newsboy, the horse car, and other institutions of that day. Chicago has its shoes polished more than ever, but the work is done in the "shoe-shining parlor."

There are captains of industry in the shoe-shining business, as apparently in every other business. There are at least three, and they are Joseph Pacell and Angelo Geocaris of Chicago and P. Smyreis of Grand Rapids, Mich. Their rise and that of the "shoe-shining parlor" is described by Arthur Sears Henning in the American Business Man for September. With Pacell and Geocaris we are most concerned.

Pacell, an Italian from near Brindisi, arrived in Chicago twenty-eight years ago and began selling papers and blacking boots at Adams and State streets. He saw the possibilities of boot blacking among a well-to-do people, careless of its small change, and opened the first "parlor" at the board of trade. He began with two chairs and kept adding chairs until he had fifteen. Soon he opened a second place in the alley that used to open off Monroe street opposite the Inter Ocean. He still has two establishments, one of which is the largest in the city. His income is said to be $15,000 a year, and he is reported to be worth $100,000.

Pacell's success almost immediately revolutionized the "shoe-shining" business, and the passing of the itinerant bootblack began. Imitators established "parlors" by the score. But prices were kept up. Ten cents was the price for an ordinary "shine," and a special polish cost 15 cents, down to seven years ago.

Athens, Greece, is possibly the dustiest city in the world, and it is said to have more bootblacks for its size than any other. Geocaris was born in a village about 200 miles from Athens, and began life as a bootblack at the capital. The price of a "shine" in Athens is one-third of a cent—a fact that is of considerable importance to Chicago.

Geocaris arrived in Chicago fourteen years ago and began blacking boots at Halsted and Madison streets. Within a year he had opened a "parlor" in an alley. The next year he opened two more. In two years more he was known as the "Boss of the West Side Bootblacks." His price was always 5 cents—a sum which looked large to him as compared with one-third of a cent. Therefore, for years the price of a shine was 10 cents down town and 5 cents on the West Side.

In 1897 Geocaris invaded the downtown district by opening two 5-cent "parlors"—one at 75 Van Buren street and the other at Monroe and Clark streets. He secured so much trade that he had to open other places. Gradually he forced his competitors to come to 5 cents. Pacell held out for three years and then came down.

Meanwhile Geocaris was becoming a "shoe-shining" magnet. He opened large establishments in Milwaukee, Detroit, St. Louis, Omaha, and Kansas City. Ten years after he landed at the Polk street depot with 3 cents in his pocket he was the proprietor of twenty-five parlors and the employer of 270 men and boys. His net income was said to be $25,000.

Now he is a rich man with many business interests. You may see him drive up to his offices in Chicago's native building at Halsted street and Blue Island avenue in an automobile any afternoon. There he dictates letters for an hour or so and then drives away again. He has a steamship agency, and handles insurance, real estate and brokerage. He is probably worth $150,000, and retains only the general supervision of his various interests.

The "shoe-shining" business of a big city is quite an affair. In Chicago there are more than sixty "parlors" within the loop, and outside of it more than 400, to say nothing of the business of the barber shops. It is estimated that Chicagoans spend more than than $300,000 a year in having their shoes "shined." Of this $100,000 represents the profits of the business, which includes many sides lines, such as the sale of insoles, laces and foot powder, and the cleaning of hats "while you wait."

Geocaris had never been at school an hour in his life until he became a pupil in a Chicago night school. But he organized his business, systematized it, introduced many small economies, and expanded it in a way that would do credit to the most modern of our native born captains of industry.

Athens has taught the world many things. To these must be added the science of "shining" shoes.—Chicago Inter Ocean.

Vote or Settle.

Austria has passed a law by which its citizens not only receive a vote, but are compelled under penalty to use it. About 40,000 are to be called up and fined for neglecting their duty. This is a revival of the exquisite simplicity of the Athenian legislators, who literally roped in the citizens with a reddened rope. The man who had a red mark was fined.

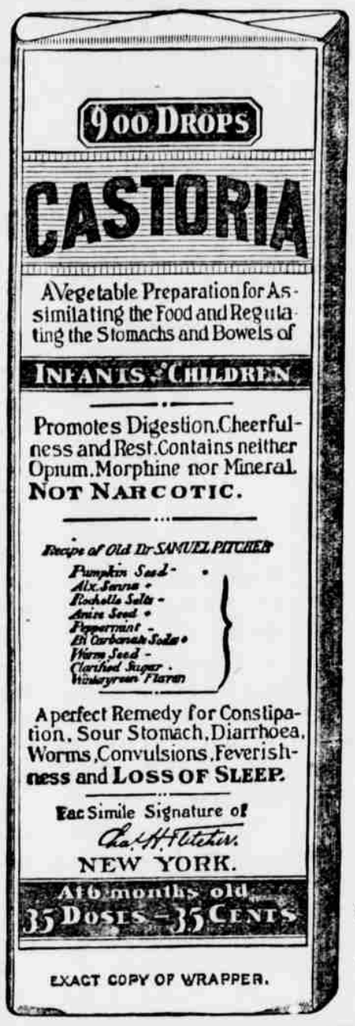
Don't try to beat another's game; the mule can outkick you every jump in the road.

Woman is never made vain by woman; that is man's work.

What is Castoria.

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The children's Panacea—The Mother's Friend.

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.



EXACT COPY OF WRAPPER.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. F. Gerald Blattner, of Buffalo, N. Y., says: "Your Castoria is good for children and I frequently prescribe it, always obtaining the desired results."

Dr. Gustave A. Eisengraeber, of St. Paul, Minn., says: "I have used your Castoria repeatedly in my practice with good results, and can recommend it as an excellent, mild and harmless remedy for children."

Dr. E. J. Dennis, of St. Louis, Mo., says: "I have used and prescribed your Castoria in my sanitarium and outside practice for a number of years and find it to be an excellent remedy for children."

Dr. S. A. Buchanan, of Philadelphia, Pa., says: "I have used your Castoria in the case of my own baby and find it pleasant to take, and have obtained excellent results from its use."

Dr. J. E. Simpson, of Chicago, Ill., says: "I have used your Castoria in cases of colic in children and have found it the best medicine of its kind on the market."

Dr. R. E. Eskildson, of Omaha, Neb., says: "I find your Castoria to be a standard family remedy. It is the best thing for infants and children I have ever known and I recommend it."

Dr. L. R. Robinson, of Kansas City, Mo., says: "Your Castoria certainly has merit. Is not its age, its continued use by mothers through all these years, and the many attempts to imitate it, sufficient recommendation? What can a physician add? Leave it to the mothers."

Dr. Edwin F. Pardee, of New York City, says: "For several years I have recommended your Castoria and shall always continue to do so, as it has invariably produced beneficial results."

Dr. N. B. Sizer, of Brooklyn, N. Y., says: "I object to what are called patent medicines, where maker alone knows what ingredients are put in them, but I know the formula of your Castoria and advise its use."

GENUINE **CASTORIA** ALWAYS
Bears the Signature of
Chas. H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

No Necessity for Haste.

Mrs. Hokey (looking at postmark)—My husband mailed this two days ago, and it has a special delivery stamp on it. How does it happen that it wasn't delivered yesterday?

Messenger—We have to be mighty keerful with them special delivery letters, ma'am. They're gener'ly important, and it won't do to hurry 'em.

Jealous of the Angels.

"She is half frantic since her husband died."

"Yes; she is sure he went to heaven and she has just read that the majority of angels are women."—Houston, Tex., Post.

Not Entirely.

The great flouring mill had stopped.

"What's the matter?" inquired the reporter, finding the proprietor alone in the establishment.

"Strike."

"Are you absolutely idle?"

"No—not absolutely!" answered the miller, grinding his teeth.—Chicago Tribune.

Impossible.

Miss Rinkles—Everything costs so much nowadays! I suppose I'll have to live plainer.

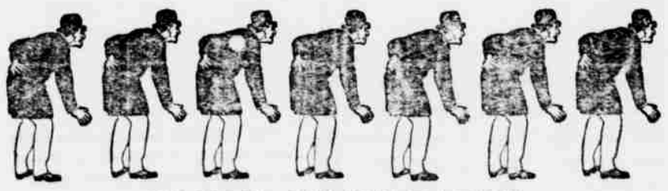
Miss Sharptung—Why, dear, you couldn't be any plainer, and live.

Bulk.

Convalescent—Doctor, do you mean to tell me that's my appendix?

Surgeon—Yes, sir.

Convalescent—Great Scott! It looks more like a comic supplement!



"OUCH, OH MY BACK"

NEURALGIA, STITCHES, LAMENESS, CRAMP
TWINGES, TWITCHES FROM WET OR DAMP
ALL BRUISES, SPRAINS, A WRENCH OR TWIST
THIS SOVEREIGN REMEDY THEY CAN'T RESIST

ST. JACOBS OIL

PRICE 25c AND 50c

One piece is a portion

and a luscious dessert—Preferred Stock Peaches, from the Highlands of California. These mountain peaches are universally conceded to be the finest peaches in the world.

Preferred Stock Canned Goods

Packed Wherever the Best are Grown

In order to secure extra superior quality and flavor for Preferred Stock Yellow Dessert Peaches they are selected, when just ripe, juicy and spicy, plucked in the morning, then hand-peeled and canned right in this mountainous, peach-growing country.

Purity and quality guaranteed—Preferred Stock—at your Grocer's

ALLEN & LEWIS, Wholesale Grocers, PORTLAND, OREGON, U. S. A.

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W. L. DOUGLAS
$3.00 & $3.50 SHOES BEST IN THE WORLD

SHOES FOR EVERY MEMBER OF THE FAMILY, AT ALL PRICES.

$25,000 Reward *To any one who can prove W. L. Douglas does not make & sell more Men's $3 & $3.50 shoes than any other manufacturer.*

THE REASON W. L. Douglas shoes are worn by more people in all walks of life than any other make is because of their excellent style, easy-fitting, and superior wearing qualities. The selection of the leathers and other materials for each part of the shoe and every detail of the making is looked after by the most complete organization of superintendents, foremen and skilled workmakers, who receive the highest wages paid in the shoe industry, and whose workmanship cannot be excelled.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

My $4.00 and $5.00 GILT EDGE Shoes cannot be equalled at any price.

CAUTION! The genuine have W. L. Douglas name and price stamped on bottom. **Take No Substitute.** Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory. Shoes sent everywhere by mail. Catalog free. W. L. Douglas, Brockton, Mass.

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