

BAL BLOOD

THE SOURCE OF ALL DISEASE

Every part of the body is dependent on the blood for nourishment and strength. When this life stream is flowing through the system in a state of purity and richness we are assured of perfect and uninterrupted health; because pure blood is nature's safe-guard against disease. When, however, the body is fed on weak, impure or polluted blood, the system is deprived of its strength, disease germs collect, and the trouble is manifested in various ways. Pustular eruptions, pimples, rashes and the different skin affections show that the blood is in a feverish and diseased condition as a result of too much acid or the presence of some irritating humor. Sores and Ulcers are the result of morbid, unhealthy matter in the blood, and Rheumatism, Catarrh, Scrofula, Contagious Blood Poison, etc., are all deep-seated blood disorders that will continue to grow worse as long as the poison remains. These impurities and poisons find their way into the blood in various ways. Often a sluggish, inactive condition of the system, and torpid state of the avenues of bodily waste, leaves the refuse and waste matters to sour and form uric and other acids, which are taken up by the blood and distributed throughout the circulation. Coming in contact with contagious diseases is another cause for the poisoning of the blood; we also breathe the germs and microbes of Malaria into our lungs, and when these get into the blood in sufficient quantity it becomes a carrier of disease instead of health. Some are so unfortunate as to inherit bad blood, perhaps the dregs of some old constitutional disease of ancestors is handed down to them and they are constantly annoyed and troubled with it. Bad blood is the source of all disease, and until this vital fluid is cleansed and purified the body is sure to suffer in some way. For blood troubles of any character S. S. S. is the best remedy ever discovered. It goes down into the circulation and removes any and all poisons, supplies the healthful properties it needs, and completely and permanently cures blood diseases of every kind. The action of S. S. S. is so thorough that hereditary taints are removed and weak, diseased blood made strong and healthy so that disease cannot remain. It cures Rheumatism, Catarrh, Scrofula, Sores and Ulcers, Skin Diseases, Contagious Blood Poison, etc., and does not leave the slightest trace of the trouble for future outbreaks. The whole volume of blood is renewed and cleansed after a course of S. S. S. It is also nature's greatest tonic, made entirely of roots, herbs and barks, and is absolutely harmless to any part of the system. S. S. S. is for sale at all first class drug stores. Book on the blood and any medical advice free to all who write.

S.S.S.

PURELY VEGETABLE

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Lesson from the Past.
Thomas Jefferson was writing the immortal Declaration of Independence, and had just evolved the revolutionary doctrine that all men are endowed with certain inalienable rights, among which are "life, liberty and the pursuit of happiness."
"Of course," he reflected, "there will be about one week in the year when the boy with the cannon cracker or the toy pistol will be at liberty, in his pursuit of happiness, to take anybody's life."
Smiling as he thought of the havoc the automobilists would play with these principles some day, he proceeded to submit a few facts for the consideration of a candid world.—Chicago Tribune.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

His Change of Front.
"My view of coeducation," he said, firmly, "is that it should be forbidden. It is deleterious to mental development. It leads to—"
"John," said his wife, entering unexpectedly, "are you telling Mr. Smith of the dear old days when we were college classmates?"
"Yes," said John.—Philadelphia Ledger.

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JUST WALKED THROUGH PRISON.

Peddler Who Knew the Law Serves a Day in No Time at All.

The record for shortness of confinement in the Essex Market court prison was broken yesterday afternoon, when Mat Rothstein walked in one door a prisoner and out by another a free man, says the New York Sun.

Rothstein was peddling umbrellas at the corner of Grand and Essex streets when Policeman Frederic Lowe of the Eldridge street station arrested him for not having a peddler's license. Lowe took the peddler around to the Essex Market police court, arriving there at 8:55.

It took two minutes to draw up the affidavit, so it was 3:57 when the case was presented to Magistrate Barlow. Rothstein pleaded that he had only just stopped at the corner and that he had as yet sold no umbrellas.

"One day or \$1," said the magistrate. Rothstein knew that "one" day means until 4 o'clock. It was 3:58 then. The peddler made a break for the door leading to the court prison. Lowe grabbed him.

"What's your hurry?" asked the policeman. "You seem anxious to go to jail."

"Hurry! Hurry!" urged the prisoner. The prison clock indicated 3:59 when the door opened and Lowe and his prisoner entered. Rothstein started in to give his pedigree rapidly, never losing sight of the clock. He said he was 34 years old, born in Russia and that he lived at 106 East Third street. The clock struck 4 as he finished the catechism and a keeper unlocked the street door. Rothstein hurried out and ran up the street in an effort to catch a friend to whom he had intrusted the umbrellas.

WIT OF THE YOUNGSTERS.

Nan—Call that a cow you are dragging? It don't look like a cow. Fred—Huh! This ain't a photograph. It's a work of art.

Visitor—Your new brother is awfully little, Ethel. Ethel (aged 5)—Yes, but he'll get bigger. We're getting him on the installment plan.

Ethel—My papa is a great reader. Is yours? Little Margie—No, he doesn't have to read. He says mamma speaks volumes to him when he comes home late.

Tommy—Say, mamma? Mamma—Well, what is it, Tommy? Tommy—How does a dear and dumb boy say his prayer when he happens to have a sore finger?

Margie, aged 4, caught her small brother in the pantry. "Oh, Tommy!" she exclaimed, "I'm going to tell mamma!" "Better not tell her till I give you a piece of this cake," rejoined Tommy.

Little Helen—Papa, did you ever see an artificial whale? Papa—Of course not, darling. There are no artificial whales. Little Helen—That's funny. Where do they get artificial whale-bone?

Willie—Mamma, why don't chickens have teeth? Mamma—They don't need them, dear; they have bills instead. Willie—Grandma got a bill for her teeth last week. Is that why papa calls her an old hen?

Your Nerves.

The most easily tired nerves in the body are the nerves of smell. They can detect the faintest whiff of perfume. As you pass a rose in the garden the quantity of perfume that gets into your nostril must be many millions of billions of times smaller than the tiniest grain of sand. But rub the strongest perfume on your upper lip and in a few seconds you fall to notice it, the nerve of smell is so quickly fatigued.

The heat nerves and cold nerves, which are quite distinct from the nerves of ordinary sensation, also give over working very quickly. A bath that seems quite hot when you step into it very soon ceases to cause any particular feeling of heat.

Nerves of hearing and sight can go through an enormous amount of work. For sixteen hours a day they work hard and are still willing to do more. The nerves of the heart are the most enduring of all. From the first dawn of life until the last gasp they work without stopping for one instant. And even after death if some salted water is pumped into the heart it commences to beat again, showing that the nerves are still willing.—Pearson's Weekly.

Be Prepared.

In every avenue of life great opportunities are constantly confronting us. Who are ready for them? Who will fill the positions? It is the prepared men, those who are equal to the places, who generally get them.—Success.

Strong Influence.

Friend—You have great influence over your husband. He never left your side all yesterday. How did you manage it? Wife—Oh, I just sat firmly on the tails of his coat; that's all.—Megendorfer Blätter.

His Hard Luck.

"Can't you find any work at all?" "Plenty, sir, but everybody wants references from my last employer." "Can't you get them?" "No, sir. He's been dead twenty-eight years."—Illustrated Bits.

Occasionally there is a man wise enough to think poetry without writing it.

For Coughs and Colds

There is a remedy over sixty years old—Ayer's Cherry Pectoral. Of course you have heard of it, probably have used it. Once in the family, it stays; the one household remedy for coughs and hard colds on the chest. Ask your doctor about it.

"I have had pneumonia three times, and Ayer's Cherry Pectoral has brought me safely through each time. I have just recovered from my last attack, aged sixty-seven. No wonder I praise it."—J. V. Hootch, Stevens Point, Wis.

Made by J. C. Ayer & Co., Lowell, Mass. Also manufacturers of SARSAPARILLA, PILLS, HAIR VIGOR.

Ayer's Pills increase the activity of the liver, and thus aid recovery.

London 101 Parks.
One of the most useful activities of the London County Council has been in the extension of the park system of the metropolis, which now includes, under the management of the Council, nearly 5,000 acres.

The acquirement and development has cost about £8,500,000, and the annual charge for maintenance comes to £565,000, which adds about a half penny in the pound to the rates, or about two-tenths of 1 per cent. The cost includes the salaries of all outdoor staff of 843 men and women.

The Council came into existence in 1889, and succeeded to the metropolitan board of public works in the care of the parks, but of course with larger powers. In all fifty-seven new parks have been added since then out of the total that come under the Council's management.—Park and Cemetery.

That Law Again.
For miles and miles the through passenger train has plodded along in the wake of the slow freight. The travelers grow irksome and even petulant. "Conductor," says one of the boldest of them, "why do you not get that freight to take a siding while we go by it?" "Under the new Hepburn law," explains the conductor sadly, "we are not allowed to pass anything."—Success Magazine.

Making Cloth from Paper.
"To the ingenuity of Herr Emil Claviez, a well-known Saxon inventor and manufacturer, is due the production of a paper yarn termed 'Zyloin,' that has been successfully used in a wide range of textile fabrics." So writes Frank N. Bauskett in the Technical World Magazine.

"The utilization of paper wood fibre in this practical way and the extreme cheapness of the new material compared with other yarns now in use is really a most remarkable achievement. This is not a haphazard discovery, but rather the logical result of years of painstaking study and experimentation. After the final development of the theory at first in mind into tangible material for all manner of uses in textile industries, the paper thread and yarn, loose or tightly spun, of all thicknesses, have since been woven into almost every conceivable fabric and tested and retested until the invention has become an important commercial success. The paper yarn has extraordinary wearing properties, and as the full scope of its usefulness has probably not been determined, it will, in all likelihood, lend itself to other purposes yet to be discovered."

The Judge in Jail.

"I," said an esteemed magistrate, "spent a week in jail before I entered on my judgeship. I ate the prison food. I slept in a cell. I conformed with all the prison rules. I wore the prison clothes. I did the prison work. Thus I learned the value of the sentences I was to mete out later on. I got to know what a week, a month, a year, in jail meant. As a result I am more merciful than most judges. I think it would be a good thing if every judge before taking office would spend a little while in jail as I did. He would then know the value of prison sentences, a thing he doesn't know now. Now he is like a cashier who attempts to pay out money in a coinage of which he is ignorant. In Baden this thing I speak of must be done. Every judge in Baden before he takes his seat on the bench is required by law to pass weeks like a common prisoner in jail."—Cincinnati Enquirer.

His Idea of Water.

At one time the bailiff in charge of an English jury was sworn to keep them "without meat, drink or fire." It was Justice Maule who gave the classic reply to the bailiff, who inquired whether he might grant a jurymen's request for a glass of water: "Well, it is not meat, and I should not call it drink. Yes, you may."

ALL HAIL PE-RU-NA.

A Case of STOMACH CATARRH.



Miss Mary O'Brien, 306 Myrtle Ave., Brooklyn, N. Y., writes: "Peruna cured me in five weeks of catarrh of the stomach, after suffering for four years and doctoring without effect. In common with other grateful ones who have been benefited by your discovery, I say, All hail to Peruna."

Mr. H. J. Henneman, Oakland, Neb., writes: "I waited before writing to you about my sickness, catarrh of the stomach, which I had over a year ago."

"There were people who told me it would not stay cured, but I am sure that I am cured, for I do not feel any more ill effect, have a good appetite and am getting fat. So I am, and will say to all, I am cured for good."

"I thank you for your kindness. 'Peruna will be our house medicine hereafter.'"

Catarrh of the stomach is also known in common parlance as dyspepsia, gastritis and indigestion. No medicine will be of any permanent benefit except it remove the catarrhal condition.

Gained Strength and Flesh.

Miss Julia Butler, R. R. 4, Appleton, W. A., writes: she had catarrh of the stomach, causing loss of sleep and appetite, with frequent severe pains after eating. She took Peruna, her appetite returned, she gained strength, flesh and perfect health.

Stamps costing \$19,500 were recently required for an agreement between two London railway companies.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."

Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."

Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."

Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children."

Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."

Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."

Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits."

Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

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