

Mrs. Mittie Huffaker.



HAD GIVEN UP ALL HOPE. CONFINED TO HER BED WITH DYSPEPSIA.
"I Owe My Life to Pe-ru-na," Says Mrs. Huffaker.

Mrs. Mittie Huffaker, R. R. No. 3, Columbia, Tenn., writes:
 "I was afflicted with dyspepsia for several years and at last was confined to my bed, unable to sit up.
 "We tried several different doctors without relief.
 "I had given up all hope of any relief and was almost dead when my husband bought me a bottle of Peruna.
 "At first I could not notice any benefit, but after taking several bottles I was cured sound and well.
 "It is to Peruna I owe my life today.
 "I cheerfully recommend it to all sufferers."
Revised Formula.
 "For a number of years requests have come to me from a multitude of grateful friends, urging that Peruna be given a slight laxative quality. I have been experimenting with a laxative addition for quite a length of time, and now feel gratified to announce to the friends of Peruna that I have incorporated such a quality in the medicine which, in my opinion, can only enhance its well-known beneficial character."
 "S. B. HARTMAN, M. D."

A Gallant Boy.
 A Bostonian was talking about the late Henry Harland.
 "Harland was a graceful, gallant soul," he said. "Even in his boyhood he turned the prettiest compliment."
 "In his boyhood he studied Latin under a charming young woman."
 "This young lady, calling him up in class one morning, said:
 "'Henry, name some of the chief beauties of education.'
 "The boy, smiling into his teacher's pretty eyes, answered:
 "'Schoolmistresses.'"
 —Philadelphia Bulletin.

FITS. St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE TRIAL BOTTLE and treatise. Dr. R. H. Kline, 141, 3rd Arch St., Phila., Pa.

England's Oldest Peer.
 The only living peer who was a member of the house of lords at the time of Queen Victoria's accession is Lord Nelson. He succeeded to the earldom in 1835. Lord Nelson is not a direct descendant of the hero of Trafalgar, but is only collaterally descended from Horatio Nelson's sister, Mrs. Bolton. He enjoys a good estate and a pension of £5,000 granted to the first Lord Nelson and his heirs.

How's This?
 We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
 F. J. CHENEY & CO., Prop., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.
 WARD & TRUAX, Wholesale Druggists, Toledo, O. WALKING, KINNAM & MARVIN, Wholesale Druggists, Toledo, O.
 Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free.
 Hall's Family Pills are the best.

Copying the Humans.
 Family Cat—I'm not going to eat out of the same dish with you!
 Dog—Why not? Lots of people that scrap worse than we do eat at the same table!
 Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.
Friendship's Tribute.
 Mrs. Welton (trying on her gorgeous bonnet)—How do you like the effect?
 Mrs. Chillico-Kearney—Why, it's wonderful. You have the right idea. There's nothing like contrast, is there?

Scrofula
 Few are entirely free from it. It may develop so slowly as to cause little if any disturbance during the whole period of childhood.
 It may then produce dyspepsia, catarrh, and marked tendency to consumption, before manifesting itself in much cutaneous eruption or glandular swelling.
 It is best to be sure that you are quite free from it, and you can rely on
Hood's Sarsaparilla
 to rid you of it radically and permanently. Accept no substitute, but insist on having Hood's. Liquid or tablets, 100 Doses \$1.

THE PROUD DUKE.
 The author of a book on the British House of Lords, entitled, "The Personal Story of the Upper House," narrates several anecdotes illustrative of the pride of Charles Seymour, Duke of Somerset, which exceeded that of any other hereditary legislator known to history. Seymour not only defied his king on more than one occasion, but originated several entertaining methods of carrying his hauteur into the family circle.
 His second wife, who was Lord Winchelsea's daughter, once playfully tapped him on the shoulder with her fan. His grace drew himself up and looked severe.
 "My first duchess," he said, "was a Percy, and she never dreamed of taking such a liberty."
 A painter named James Seymour, presuming upon the fact that his patronymic was the same as the duke's, drank his health one day to the words, "I have the honor of being of your grace's family."
 The proud duke rose from the table and summoned his steward.
 "Pay Seymour his bill and send him away," were the only words this grand gentleman's rage suffered him to utter.
 Occasionally this flower of ducal chivalry met his match. Several outriders preceded his carriage whenever it pleased him to take the air.
 "Get out of the way!" said one of these to a countryman who was driving a pig along the road.
 "Why?" was the stolid question.
 "Because my lord duke is coming, and he doesn't like to be looked at."
 "But I will see 'un," said the countryman, "and my pig shall see 'un, too!"
 With this remark he held up the squalling animal by the ears in full view till the ducal retinue had passed.

Very Plain.
 "I notice," said the carping critic, "that in this ode to liberty you say: The winds of heaven bore on each word; And hill and valley and plain and strand Were glad for the marvel of what they heard."
 "Yes, sir," replied the hopeful poet.
 "But how in the name of sense can a land hear?"
 "I—er—I suppose a land has frontiers, hasn't it?"—Judge.

Unmoved.
 "What do you think of these plans for exploring the arctic regions with automobiles?"
 "They're none of my trouble," answered Farmer Cornstossel. "Let the Eskimos worry."—Washington Star.

Not Satisfied.
 "I see that Charley Johnson got some notoriety for kissing his stenographer."
 "Yes, the girl yelled for help."
 "Gee! Wasn't Johnson enough?"—American Spectator.

As molasses attracts flies so does a busy man attract loafers.

FLIES CARRY BACTERIA.

Tests Show that They Are Capable of Spreading Disease.
 The story that flies were entirely harmless and were useful in the role of scavengers was prevalent for many years. But with the coming of bacteriology this was exploded and the fly was looked at askance, though the exact amount of harm which the familiar insect did was unknown, says the New York Herald.

There have been many experiments made to ascertain this fact, but the most recent were carried on at Johns Hopkins University. A box which had been divided into two parts was prepared. In one side was exposed some food material, which was infected with a species of harmless bacteria easily recognized. In the other side was placed a dish containing a sterile nutrient, such as is used as a culture medium for bacteria. Common house flies were confined in the first compartment, and as soon as they were seen to alight upon or eat of the food which had been infected they were allowed to go through a small door into the other side of the box so that they might have the opportunity to come in contact with the culture medium. The result was that the bacteria which had been deposited upon the sterile nutrient multiplied there and produced characteristic colonies.

These experiments were further carried out by placing a dish of molasses with which had been mixed yellow bacteria in one side of the box with a dozen flies. Half an hour later the door connecting the two sides was opened and the flies allowed to come in contact with the sterile nutrient. As soon as this was accomplished the dish was covered and put away to develop. A few days later it was examined and over a hundred colonies of yellow bacteria had formed on the sterile nutrient. The same experiment was repeated with red and violet cultures with the same result. It was proved that the germs from which these colonies grew came from the infected material in the first compartment and not from accidental sources. Other groups of flies were allowed to come in contact with the nutrient, but with no infected material, and the yellow, red and violet colonies were not produced. Further proof that the flies were the only means of transmitting the bacteria was made by placing the infected material in the first compartment, but with no flies. The result was that the dishes of nutrient in this case produced no colonies.

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Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. **CASTORIA DOES NOT CONTAIN NARCOTICS**, if it bears the signature of Chas. H. Fletcher.

900 DROPS
CASTORIA
 Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of
INFANTS & CHILDREN
 Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**
 Recipe of Old Dr. SAMUEL PETERLIN
 Pumpkin Seed
 Licorice
 Rochelle Salt
 Sassafras
 Peppermint
 Oil of Peppermint
 Oil of Cloves
 Oil of Nutmeg
 Oil of Sassafras
 Oil of Turpentine
 A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
 The Sincere Signature of
 Chas. H. Fletcher
 NEW YORK.
 166 months old
35 DROPS - 35 CENTS
 EXACT COPY OF WRAPPER.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children."
 Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children."
 Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is, deserves the highest praise. I had it in use everywhere."
 Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."
 Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."
 Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young."
 Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy."
 Dr. J. A. Boardman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."
 Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."

GENUINE CASTORIA ALWAYS
 Bears the Signature of
Chas. H. Fletcher.
The Kind You Have Always Bought
 In Use For Over 30 Years.
 THE CENTAUR COMPANY, 37 MURRAY STREET, NEW YORK CITY.

TOWER'S
WATERPROOF OILED CLOTHING.
 SLICKERS, POMMEL SLICKERS AND HATS.
 FOLLOWING OUR SUCCESSSES AT PHILADELPHIA, CHICAGO AND OTHER EXPOSITIONS WE WON THE HIGHEST POSSIBLE AWARD AT THE ST. LOUIS WORLD'S FAIR.
TOWER'S
FISH BRAND

Dr. C. Gee Wo
WONDERFUL HOME TREATMENT
 This wonderful Chinese Doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, barks, gums and vegetables that are entirely unknown to medicine in this country. Through the use of these harmless remedies this famous doctor knows the actions of over 500 different remedies which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung throat, rheumatism, nervousness, stomach, liver, kidney, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blank and circulars. Send stamp. CONSULTATION FREE.
 Address: THE C. GEE WO CHINESE MEDICINE CO
 162 1/2 First St., S. E. Cor. Morrison
 Mention paper. PORTLAND, OREGON.

GASOLINE ENGINES 3 to 4 horsepower fully warranted. \$125. All sizes and styles at lowest prices. Write for catalog.
REIERSON MACHINERY COMPANY
 Portland, Oregon.

No Trouble.
 "What is the meaning of 'alter ego'?" asked the teacher of the beginners' class in Latin.
 "The other I," said the boy with the curly hair.
 "Give a sentence containing the phrase."
 "He winked his other I."

TWICE-TOLD TESTIMONY.
 A Woman Who Has Suffered Tells How to Find Relief.

The thousands of women who suffer backache, languor, urinary disorders and other kidney ills, will find comfort in the words of Mrs. Jane Farrell, of 606 Ocean Ave., Jersey City, N. J., who says: "I reiterate all I have said before in praise of Doan's Kidney Pills. I had been having heavy backache and my general health was affected when I began using them. My feet were swollen, my eyes puffed, and dizzy spells were frequent. Kidney action was irregular and the secretions highly colored. Today, however, I am a well woman, and I am confident that Doan's Kidney Pills have made me so, and are keeping me well."
 Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

SILVER FILINGS
 Oftentimes a silver filling is more advisable than gold. But some dentists use the material allowing the most profit to themselves. You have to leave this to the judgment of the dentist. Why not go to dentists who have built and maintained a reputation for reliability? Examinations free.
WISE BROTHERS
 DENTISTS
 Cor. Third and Washington Sts.

For a Good Complexion
FOR Clear Eyes
 —Sweet Breath
 —Clean Tongue
 —Calm Nerves
 —Good Temper and
 —Poise
 Eat a Cascaret whenever you suspect you need it. Carry a little 10c Emergency box constantly with you, in your Purse or Pocket.
 When do you need one?
 —When your Tongue is coated
 —When you have Heartburn, Belching, Acid Rising in Throat.
 —When Pimples begin to peep out.
 —When your stomach Grows and Burns.
 That's the time to check coming Constipation, Indigestion and Dyspepsia.
 That's the time to take a Cascaret.
 One candy tablet night and morning, taken regularly for a short time, is warranted to cure the worst case of Constipation or Indigestion that walks the earth.
 One tablet taken whenever you suspect you need it will insure you against 90 per cent of all other ills likely to attack you.
 Because 90 per cent of these ills begin in the Bowels, or exist through poor Nutrition.
 Cascarets don't purge, don't weaken, don't irritate, nor upset your stomach.
 They don't act like "Physio" that flush out the Bowels with a waste of precious Digestive Juice needed for tomorrow's Bowel-work.
 No, they act like Exercise, on the Bowels, instead.
 They stimulate the Bowel Muscles to contract and propel the Food naturally past the little valves that mix Digestive Juices with Food.
 They strengthen these Bowel-Muscles by exercising them.
 This stronger action, producing greater nutrition from food, brings back to the Bowel-Muscles greater strength for self-operation.
 The Bowel-Muscles can thus, in a short time, dispense with any Drug assistance whatever.
 Cascarets are safe to take as often as you need them, while pleasant to eat as Candy.
 Then carry the little ten-cent box constantly with you in your purse, and take a Cascaret whenever you suspect you need it.
 One Cascaret at a time will promptly cleanse a foul Breath, or Coated Tongue.

CLASSIFIED ADVERTISING

Portland Trade Directory
 Names and Addresses in Portland of Representative Business Firms.
PHOTO SUPPLIES: Kodak developing and printing; write for prices. Woodard, Clarke & Co.
MAGIC LANTERNS: Webster Co., Portland. Lowest prices on lanterns and slides.
ELASTIC HO-EEBEE: Supporters, braces; Knit to fit; free measurement blanks; Woodard, Clarke & Co.
HORSES: of all kinds for sale at very reasonable prices. Inquire 275 Front St.
TRUSSES: sent on approval; we guarantee fit in most difficult cases. Woodard, Clarke & Co.
ARTIFICIAL EYES: every shade and shape; assortment sent on approval. Woodard, Clarke & Co.
CREAM SEPARATORS: We guarantee the U.S. Separator to be the best. Write for free catalog. Hazelwood Co., Fifth and Oak.
MEN'S CLOTHING:—Burrill & Pennington, sole agents Alfred Benjamin & Co.'s correct clothes. Everything in men's furnishings. Morrison and Sixth streets. Opposite postoffice.
POLTRY FOOD:—If you want your hens to lay more eggs write us for free particulars about POLINA POLTRY FEEDS—Acme Mills Co., Portland, Oregon.
PIANOS & ORGANS:—Oldest piano house on Pacific coast. Urean and Piano on easy payments. Write for list. Latus quote you a price. Allen & Gilbert-Bannock Co., Portland, Oregon.
TELEGRAPHY TAUGHT FREE. Complete course and job secured when graduated. This offer good only for short time. Write for particulars. PACIFIC TELEGRAPH INSTITUTE Grand Theatre Building, Portland, Oregon.

W. L. DOUGLAS
\$3.50 & \$3.00 SHOES FOR MEN
 W. L. Douglas \$4.00 Gilt Edge Line cannot be equaled at any price.
 W. L. DOUGLAS MAKES & SELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD.
\$10,000 REWARD to anyone who can disprove this statement.
 If I could take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoe.
W. L. Douglas Strong Made Shoes for Men, \$2.50, \$2.00, Boys' School & Dress Shoes, \$2.50, \$2.17, \$1.75, \$1.50
CAUTION.—Beware of cheap imitations. Buy shoes with this name and price stamped on bottom. Fast Color Empire used; they will not wear shabby. Write for Illustrated Catalog.
 W. L. DOUGLAS, Brockton, Mass.
 P. N. U. No. 21-06
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 Every day in every year that comes, more housewives are giving up their exorbitant priced Baking Powders and turning to K. C., the honest and reliable, which has stood so well the test of years. They are finding out that
K C BAKING POWDER
 costs one-third the price of powder anywhere near K C quality, and makes better, purer, more healthful baking. 25 ounces for 25c.
 Send postal for "Book of Presents."
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